



# news&views

## GWSCSW Annual Dinner - A Spectacular Night of Community

Steve Szopa



Mary Moore, GWSCSW President and Steve Szopa, GWSCSW Past President

This year's annual dinner was held on Sunday, June 3rd. Mary Moore and her Annual Dinner committee: Bev Magida, Nancy Harris, Irene Walton, Phil Callahan and Catherine Lowry did a great job of finding a beautiful venue, hiring a new caterer and arranging the enjoyable raffle that ended the event on a cheerful note.

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The evening featured a tribute to Nancy Harrington and the presentation of two brand-new awards. Sue Stevens spoke warmly and eloquently about Nancy's many strengths and how her death affected us all. Sue also informed the attendees that the society had purchased a grove of trees in a national forest in Minnesota, the state in which Nancy was born. One key aspect of Nancy's character was her tendency to go above and beyond the call of duty. It was in this spirit that the "Nancy Harrington Above and Beyond Award" was created. Cristy Novotney, our active and generous Volunteer Coordinator, was the perfect inaugural recipient of this award.

The second new award was the "Francis Thomas Award for Legislative Excellence." Fran Thomas was our Society's fifth president. She was instrumental in helping social workers in the Metropolitan area get licensure and vendorship so that clinical social workers could be recognized and reimbursed by insurance companies. Marilyn Stickle presented the award to our unanimous choice, Margot Aronson. Margot has been actively involved in legislation and advocacy work for many years, both in our Society and in our national group, the Clinical Social Work Association.

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Steve Szopa, the outgoing president, presented awards to all members of the Executive Committee as well as to some members of the Board who had served multiple terms.

A special thank you to Grace Lebow who generously donated a print of one of her own paintings as a raffle prize. ❖

## GWSCSW News & Views

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Articles expressing the personal views of members on issues affecting the social work profession are welcome and will be published at the discretion of the editorial board. Signed articles reflect the views of the authors; society endorsement is not intended. Articles are subject to editing for space and clarity.

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# President's Message

Mary Moore



MARY MOORE

As many of you know, I began my presidency of GWSCSW on July 1 of this year. I have enjoyed volunteering with other members over the past four years, and look forward to continuing to participate in this new role. I started out helping Susan Post on the Annual Dinner, transitioning into coordinating it a couple of years ago. I also joined the Membership Committee and co-chaired with Cindy Crane, helping with the New Member Brunches and University Outreach. I benefited from attending the Private Practice Mentor groups for about a year before opening my own practice.

My positive experiences in these capacities influenced my decision to step up and take on this new role. One thing I can say about the people I have worked with on these committees, is that when they say they will do something, they do; and they are fun to be with. I have made some good friends. I also want to say a thank you to our former president, Nancy Harrington, who I miss very much. She always seemed like a mother to us all, giving praise and encouragement.

A little bit about my background: clinical social work is my second career. The first one was 17 years in Northern Virginia as an accountant in a CPA firm which transformed into a software firm. We made and supported accounting software for government contractors. There were three of us when I started in 1981, and 500 when I left in 1998. We went public in 1997 and there are 20,000 employees at the company now. My last position was as VP Marketing. So I bring some business experience which may help in my new role.

I decided to take a break and change careers to something that would feel more purposeful to me. I returned to college and earned an MSW in 2008. Over the past 10 years, I have worked for a Medicaid agency, a drug treatment center, a VA Hospital, an air force base, two group practices, and finally, 3 years ago, I opened my own private practice in Annapolis, Maryland. My clinical focus is trauma, using EMDR, dementia caregiver support, and LGBTQ+ issues. I specialize in DID and have worked with a number of transgender clients of various ages. I helped found PFLAG Annapolis 3 years ago and have served as their president since.

As someone early in her own career, I would like to bring additional focus and support to our early career members. We have, in the past few years, made efforts to reach out to clinical social workers working in agencies and hospitals. Many of us started there, getting valuable experience that later enabled us to practice privately; and many stay there, providing clinical social work in those settings. I would like to see us continue this effort and provide important support to these members.

We have a team of university liaisons who work with local college faculty to reach out to graduating MSW's. Our new vice president, Chrissy Wallace, who is also early in her career, is going to be working with them going forward. The Early Career Committee, headed by Katie Smeltz and Karin Lee, has been very active and I expect they will continue to be so. Chrissy co-chaired with them until taking on the VP role this year. If you are early in your career, let us know how we can be of more use to you!

For our more seasoned members I am very interested in hearing your thoughts on how the society can improve and be of service to you. Please don't hesitate to let me know. Thank you for this opportunity; I look forward to our work together. ❖

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## Annual Dinner Photos



Judy Gallant and Judy Ratliff



Steve Szopa and Susan Post



Grace Lebow, Sue Stevens, and Mary Moore



A wonderful night of camaraderie.

# MARGOT ARONSON RECEIVES THE FRANCES THOMAS AWARD FOR LEGISLATIVE EXCELLENCE

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*Marilyn Stickle and Judy Gallant*

The first Frances Thomas Award for Legislative Excellence was presented to Margot Aronson at the Society's Annual Dinner, in recognition of her years of legislative leadership. Margot has dedicated herself to DC, Maryland and Federal legislative efforts, working tirelessly on behalf of clinical social work. She has been in the right place at the right time, advocating for mental health legislation for years, participating in coalition-building, and developing relationships.

The Board created the award in 2018 to be given to a member who demonstrates outstanding leadership in achieving the society's legislative goals. It honors Frances, the fifth president of the society, who participated in the successful passage of social work licensure in Maryland in 1977, in Virginia in 1978, and in the District of Columbia.

In October of 1983, a Health Occupations bill was proposed in DC that neglected to include the social work profession. The bill could have prohibited independent practice in the District, and Fran saw it as an opportunity to organize the social work community and work toward social work licensure. As the chairperson of the District of Columbia Coalition of Social Work Health Care Providers, she successfully lobbied for a licensure bill that was passed by the DC Council in 1987. The law has been described as the best social work licensing law in the country. Fran's legendary coalition-building and legislative skills reflected her tireless commitment to achievement of parity in mental health and social work practice.

## **About our recipient:**

Margot Aronson embodies the criteria set forth for the award; she has been one of our society's most committed leaders of the goals Frances Thomas held dear.

After working in Asia, for the Peace Corps and raising a young family, Margot earned her MSW from the University of Maryland in 1985. She spent four years in Child Protective Services, and then a dozen as a therapist for troubled adolescents at RICA, a state residential treatment center in Rockville.

Margot retired from public service and started a private practice around the same time that the GWSCSW sought new leadership in 2001. She saw the need for greater involvement and stepped forward, volunteering to keep the newsletter going and become its editor. She became president of the society from 2002-2005.

During her presidency, it became apparent that The Legislative Council of Social Work, our longtime Maryland coalition of five social work organizations, was on the verge of failing. Margot and the Maryland Society for Clinical Social Work president Pat Baker pooled our two societies' resources to preserve our clinical social work voice in the Maryland Assembly. Energized by their determination and by a new and dynamic lobbyist, Alice Mutch, this GWSCSW/MSCSW coalition was the pre-cursor to our current Maryland Legislation & Advocacy Committee . . . and it reignited GWSCSW's advocacy efforts in Virginia and DC.

In the District, issues around CareFirst brought together a coalition of health care stakeholders to form the CareFirst Watch Coalition. Over the years, we have signed letters, provided testimony to the Insurance Commission, and kept members informed of progress. (The end result will hopefully be that the District would benefit from more than \$50 million of CareFirst "excess surplus", focused on public health issues. Stay tuned.)

As previously mentioned, being in the right place at the right time is useful. The CareFirst Watch stakeholders were known and respected when the ACA was passed, and we were invited by the DC Health Authority to assist in the development

of the DC Essential Health Benefits package. As the only mental health organization in the group, GWSCSW was a welcome participant; Margot provided the concept of network advocacy, which became part of the law, so those covered through the ACA in DC could have easy accessibility to providers.

Over the years, Margot has developed relationships with DC council members and their staffers. She lets them know how specific bills will affect us and our clients, and how the bills may be improved. Margot creates more visibility for our organization, and can slip in ideas about increasing reimbursement rates, for example, that plant seeds that may grow at a later time.



Steve Szopa presents the Frances Thomas Award to Margot Aronson

Margot makes a point of attending DC Board of Social Work open meetings, making sure our members know what's happening on the Board. She shares information with the Board about proposed legislation that could affect our profession and about potentially relevant Board activities in Virginia and Maryland.

In response to a proposed bill on cultural competency training requirements, Margot organized the schools and programs of social work at Gallaudet College, Catholic University, UMD and Howard, together with the Office of Minority Health and Health Disparities, to invite MSW educators for a full day of discussion and training. The colloquium looked at issues of minority health and how educators can impact future clinicians to increase awareness and to learn how to decrease health outcome disparities for minorities.

As the CSWA Deputy Director for Policy and Practice, Margot also advocates for clinical social workers on a national level. When Representative Tim Murphy's 119-page mental health reform bill came before Congress during President Obama's administration, Margot saw that its focus was on the mental health workforce development of psychiatrists and psychologists. Margot was able to explain to staff that clinical social workers provide the majority of treatment services, and also presented a detailed mark-up of the bill with clinical social workers inserted at all the appropriate points. The bill that ultimately passed had every one of her additions in it.

CSWA is a member of the Mental Health Liaison Group, a respected coalition of 70 national organizations with a major interest in mental health. Legislative staffers and healthcare administrators present proposed bills and policies to monthly MHLG meetings and learn from the group's discussions. Margot has long been active on the steering committee, and recently was elected to the MHLG Board. Increasing the visibility of clinical social work with this group and in other settings is an important part of Margot's CSWA role.

We are grateful for all Margot has done to advocate on our behalf. We think she is the most qualified recipient of this first annual award in Frances Thomas' memory. ❖

**REGISTRATION FOR EDUCATIONAL EVENTS IS OPEN**  
**Check the Schedule of Events and Register online at [www.gwscsw.org](http://www.gwscsw.org)**

# THE INSIDE SCOOP ON RETIREMENT

.....

Grace Lebow, Senior Representative



Grace Lebow

In the June issue of News & Views, retiring and retired members of our society were asked to participate in a survey about their retirement journey. The purpose of the survey was to offer membership the benefit of retirement experiences from senior social workers who are currently in the process of retirement and from those who have accomplished the task. Forty-three people responded to the survey with so much rich information that it will take more than one issue of News & Views to share the data and insights. In this issue, the information and focus is on the earlier stages of the retirement process, the planning and decision stages.

## Let's begin with Marge Coffey's story:

***Marge was 72 when she realized that if she wanted to follow her priority to spend more time with grandchildren, it wasn't wise to wait any longer to stop working. She had had a private practice for 38 years and had full time jobs for 30 of those years, in addition to a fairly full private practice .***

***Marge says, "I valued the impact my retirement would have on my patients, many of whom were trauma survivors ; some had diagnoses of Borderline Personality Disorder; many had been seen for a long time. After reading the few existing books on planning retirement, I made the following plans: I gave everyone one year's notice (telling all of them the same week) and told them my plans for transitioning them to new therapists; four months before my retirement date, I gave each of my patients carefully selected names of younger therapists whom I thought would be good matches them. I requested that they schedule appointments that month. I was surprised that some of them did not not feel they and the new therapist were a good match. In two cases, the patients had to meet with three therapists before they felt there was a good match. One month before my retirement date, meetings were set with me, the new therapist and the patient. One therapist declined to meet. Another was hesitant but the patient insisted; that therapist later said it was definitely the right thing to do for this particular patient. While some of the new therapists were a bit puzzled with my request, they all agreed, and stated it helped them begin to work with the patients."***

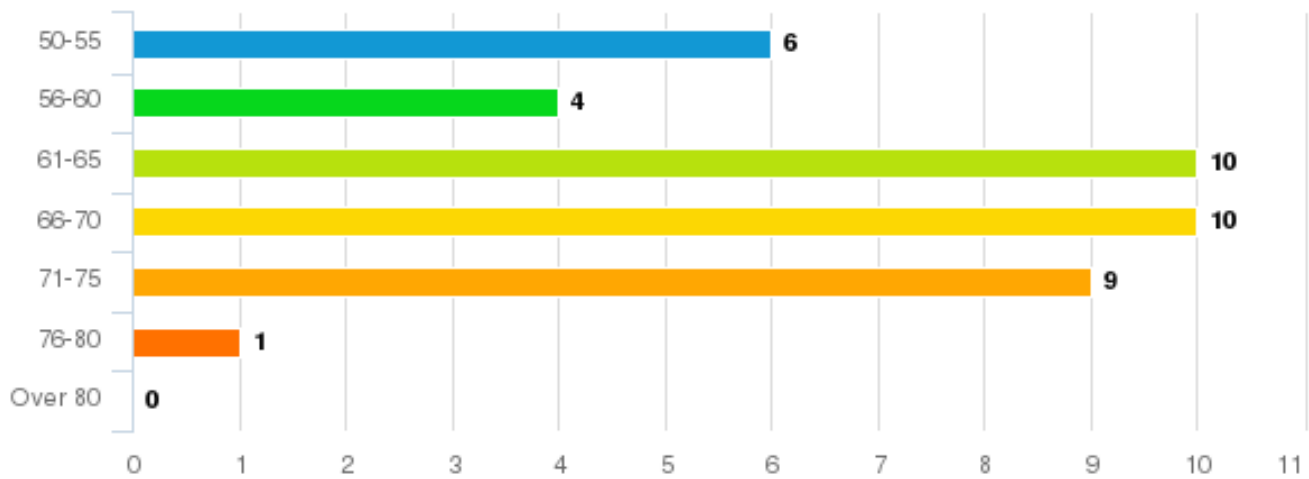
***Marge says that she was apprehensive about how SHE would handle this big change. She was afraid she would worry too much about her patients; that she'd have nightmares about something happening to them; that even though she felt she had planned well, she wondered if she'd have enough to fill her time. All her concerns were for naught. Marge now says, "I love retirement; there is plenty of very pleasurable things for me to do. I'm seeing my grandchildren more. I felt very comfortable with the way I prepared my patients for this transition and I don't worry about them. I do not hear from any of them and I think that is due to some extent to how clear the transition was."***

***Marge realizes she was fortunate to have the time to plan and recommends that others take the time to thoroughly plan and prepare their patients and themselves for ending work together.***

Now let us move on to look at the charts and discussion of the 43 responses to survey questions. A brief review: the survey is divided into 4 stages: Decision Stage; Planning Stage; Actualization Stage; and Done Deed Stage.

## Decision Stage Data

### What was your age when you began thinking about retirement?



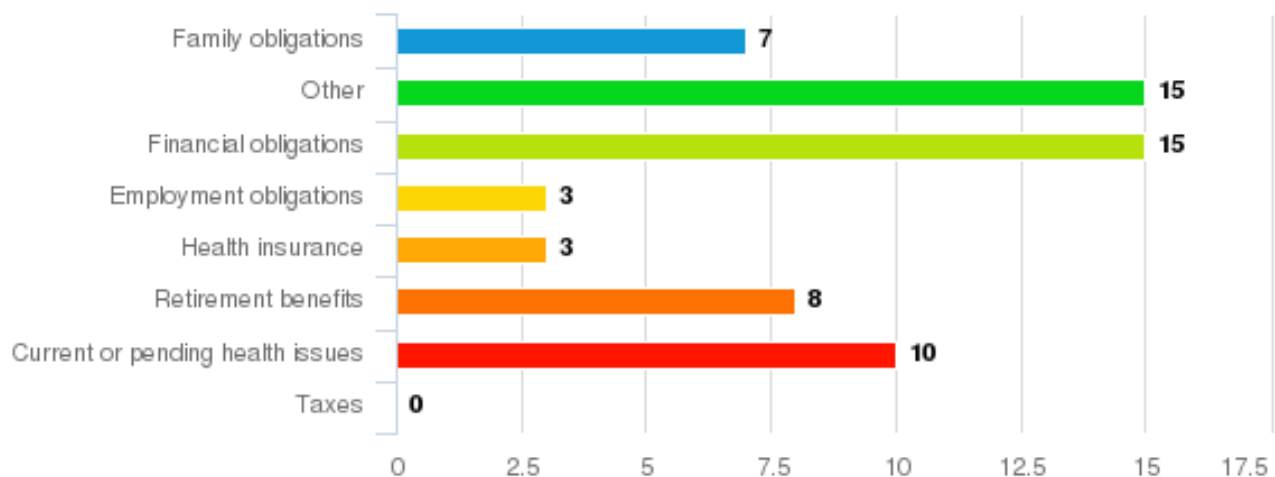
Ten people in our survey indicated that they started thinking about their retirement future in their 50's while 29 people (including Marge) in our study were between the ages of 61 to 75, with one person retiring between 76 and 80. Three people were not given the choice about retiring.

**Age was listed the most times as the decision trigger to take steps to retire.** Age was interconnected to responses about eligibility for financial benefits, health issues, stress and burnout, change in professional circumstances, changes in personal circumstances, and as a factor in wanting freedom to pursue other interests such as hobbies and spending more time with grandchildren, wanting time to travel, and to be with a retired spouse.

**The Main Considerations about retiring weighed heavily on financial matters, about retirement benefits, health insurance, and health issues.**

## Planning Stage Data

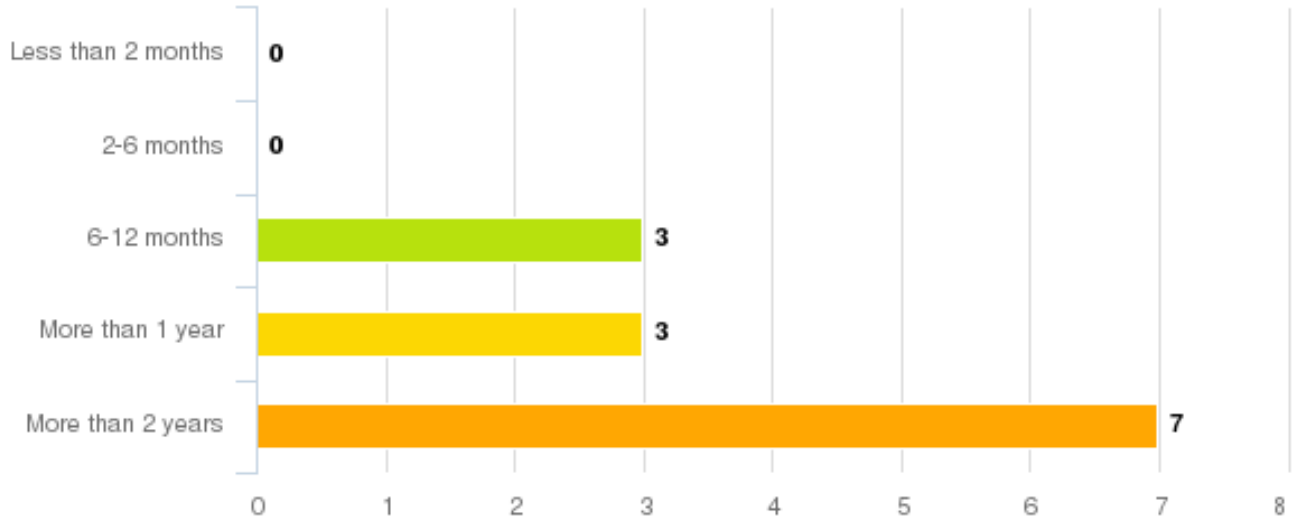
### What were your main considerations when planning retirement? (check all that apply)



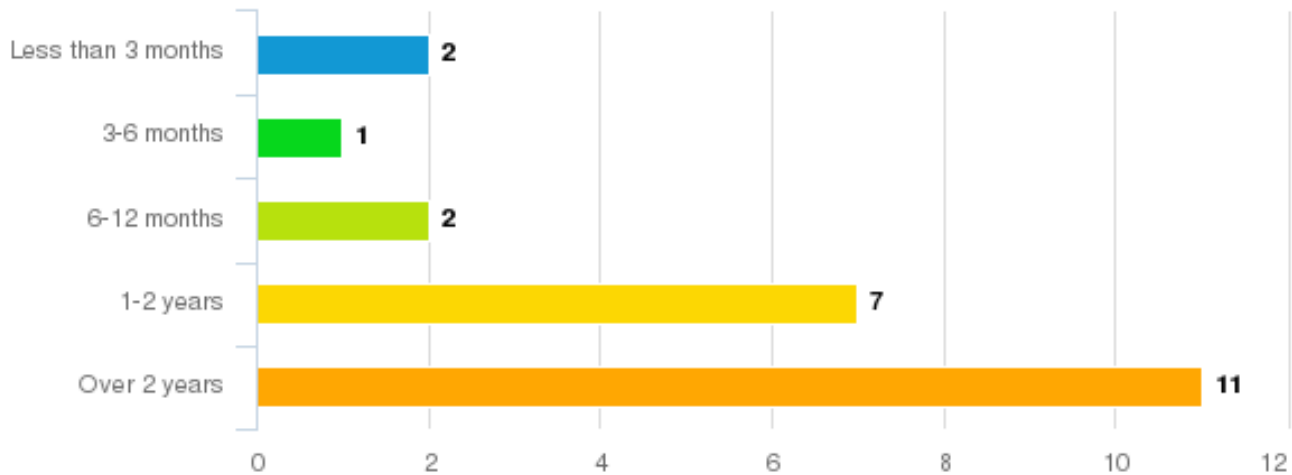
### Other responses included:

- Would miss therapy too much
- How to keep busy
- Constructing my life with meaningful activities
- How to handle the lack of structure

### How long did the process take?



### How long did it take to implement the decision and take first actual steps?



The next News & Views issues will cover the Actualizing, and Done Deed Stages of this study on the Inside Scoop On Retirement. Our 43 members who answered the survey did a fine job in giving thoughtful answers to the many questions in the survey. Thank you so very much to each and every one of you for sharing your retirement journey. I hope that the information will be of help to our younger and mid-career membership as they think ahead to their retirement chapter.

**If you are interested in participating in a Retirement Seminar, the sixth group is now forming under the leadership of Sydney Frymire. It is meeting in Bethesda on September 17th at the Bethesda Library at 3:30. For more info., phone Sydney at (301) 233-7612.**



# GWSCSW STANDS IN SOLIDARITY WITH IMMIGRANT FAMILIES

Beth Dowell Pascoe, LCSW | Volunteer Coordinator

**Judy Gallant (Chair of Legislation & Advocacy for GWSCSW) and Cheryl Aguilar (member of GWSCSW and founder of Social Workers United for Immigration) combined their energies recently to organize social workers to march at the recent Families Belong Together Rally in Washington DC. Social workers, many of whom care passionately about the issue of immigration and the treatment of children and families who come to this country, often do not have a united presence at rallies or protests. The recent news that children, many of whom are very young, were being detained apart from their families was the impetus that propelled MoveOn.org to organize a protest in Washington, DC and many cities around the country.**

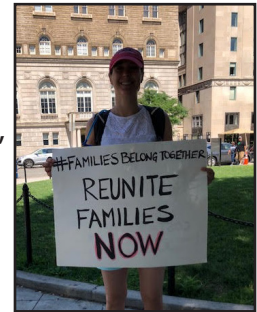
On June 30, members of GWSCSW joined with NASW-DC and Social Workers United for Immigration to show their solidarity with immigrant families torn apart by the current administration's policies.

The rally itself was preceded by a sign-making event at El Tamarindo Salvadoran Restaurant on July 29, organized by member Cheryl Aguilar. Members of GWSCSW, NASW-DC and Social Workers United for Immigration made signs for the protest rally while eating delicious papusas and other food prepared by the welcoming staff of *El Tamarindo*.

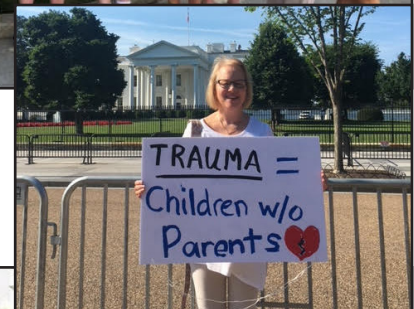
They came together to express their outrage at the horrific and traumatic treatment of refugees and immigrants by the Trump Administration. Their simple demand, that families be reunited immediately to avoid further traumatization to the children and parents, and to end family separation and detention, is rooted not only in basic humanity, but the science of attachment theory and what we, as professionals, know about the effects of trauma on both individuals and family units.

It was an exceedingly hot day in Washington. (In fact, it was so hot that Beth Pascoe personally

took care of four people who fainted or were on the verge of fainting from the heat.) Despite the heat, the crowd, estimated at about 30,000, was enthusiastic and passionately committed to changing the way these immigrant families are being treated.



Although busy with jobs, families and many other commitments, many social workers felt compelled to advocate for others who by virtue of their circumstances cannot speak for themselves. This issue, was, for many GWSCSW members, such a time. ❖



# LEGISLATION & ADVOCACY

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## ❖ FEDERAL

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*Laura Groshong, Director for Government Relations, Policy and Practice*

### **Campaign to Reunite Immigrant Children and Families**

For the past two months, CSWA has been actively involved in the crisis that emerged from the “zero tolerance” policy that led to the separation of immigrant parents and almost 3000 children and adolescents. These immigrants were held in “shelters” that were sometimes described as inadequate, if not harmful; children were given psychotropic medication without parental permission; and the very poor record-keeping system led to parents being deported without knowing where their children were, and/or children being sent to foster families without notifying their parents. CSWA was an early signer to the letter crafted by Dana Sinipoli, PhD, of the Psychotherapy Action Network, a new advocacy organization, which was ultimately signed by over 12,000 mental health clinicians and groups. We are developing an ongoing relationship with PsAiN, led by CSWA Deputy Director of Policy and Practice, Margot Aronson, LICSW, and continuing our mutual efforts to reunite the approximately 500 immigrant children who remain in shelters.

Many thanks to all CSWA members who signed on to the letter. Below is Dr. Sinipoli’s response to those who signed on to the petition.

Dear Petition Participant,

I want to thank you for your support of my letter, which was written in opposition to the Zero-Tolerance Policy. Within four days, this letter was signed by over 1100 mental health professionals and was posted publicly on the

Child’s World America website. Within one month, from all across the country, over 13,000 mental health professionals, 75 mental health organizations, and over 8,000 members of the general public had signed on in support. This administration received an outpouring of resistance and opposition to the Zero-Tolerance Policy and an Executive Order was signed on June 20, 2018 to stop any further separation of children from their parents at the border. Your signature and support of this letter and any additional effort you made to oppose this egregious and inhumane policy was without a doubt a part of why this policy was ended.

In addition to an individual email being sent to Secretary of Homeland Security Kirstjen Nielsen at the time of the signature-gathering, from everyone who authorized it, a copy of the petition and the entire set of names gathered in support of the petition was mailed or presented to:

- President Trump
- Attorney General Sessions
- Secretary Nielsen
- Speaker of the House Paul Ryan
- Senator Mitch McConnell
- Senator Chuck Schumer
- Representative McCarthy
- Representative Nancy Pelosi

However, our work is not done. As of July 29, 2018 hundreds of children remain separated from their parents, who have been labeled “ineligible”, with absolutely no plan in place for reunification. We must continue putting pressure on this administration and reminding those in power that we have not forgotten these children or families. We can also do this by making sure we are registered to vote (<https://www.usa.gov/>

register-to-vote) and by assisting with voter registration efforts if we can (<https://www.lwv.org/elections/increasing-voter-registration>). Additionally, please consider adding your name to the Child's World America mailing list by subscribing to their newsletter, free of charge, at this link: <http://childsworld.news/subscribe/>. Thank you again for your participation and for your continued activism.

In solidarity,  
Dana L. Sinopoli, PsyD, Clinical Psychologist  
Author of the Petition ❖

*Laura Groshong, LICSW, is the Clinical Social Work Association (CSWA) Director for Government Relations, Policy and Practice. Laura writes The Aware Advocate, those informative CSWA reports on legislation, Medicare, and insurance issues that appear frequently on our GWSCSW listserve. In addition to her advocacy, Laura maintains a private psychotherapy practice in Seattle, Washington. Information about CSWA (including how to become a direct member) can be found at [www.clinicalsocialworkassociation.org](http://www.clinicalsocialworkassociation.org).*

## ❖ District of Columbia

Margot Aronson

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I am so honored to have received the Frances Thomas Award! My deepest thanks to GWSCSW outgoing president Steve Szopa, to the GWSCSW Board, to L&A Director Judy Gallant, and to Marilyn Stickle and her award committee: Dolores Paulson, Golnar Simpson, Audrey Walker, Mary Dluhy, Marcie Solomon, Susan Horne-Quatannens, Charlotte McConnell, and Gretchen McKnew. The gift – a beautifully engraved Waterford crystal platter – is exquisite, and I shall treasure it.

### “Here We Go Again”

As I sit down to update you on what's happening in DC, I am faced with this morning's Washington Post headline: “Senate effort to kill city's individual mandate is defeated.” (8/3/18) The good news is that the rider to kill the individual mandate was, indeed, defeated - 54 to 44, with five Republicans joining the Democrats in opposition.

For those not familiar with the intricacies of Congress, a “rider” is an addition made to a bill during the legislative process, generally not related to proposed legislation but instead addressing some issue not likely to stand on its own. Traditionally, various legislators from around the country have felt comfortable adding riders that meddled with DC's policies in ways they would never tolerate in their own home districts. (Most famously, for years an annual rider prevented the District from spending its own funds on a needle exchange program...thus exacerbating an already serious HIV/AIDS crisis.) The bad news is that some – in this case Senator Cruz - continue to do so.

The ACA (Obamacare) has been a success in the District, and, contrary to statements made by Senator Cruz, the individual mandate is not a tax on the poorest residents, who are in any case exempt. Cruz's plan to eliminate the mandate would have significantly undermined the District's health insurance program.

Two additional riders proposed in the House remain on this budget bill as it heads from the Senate to Conference. One would prevent DC from instituting taxation and regulation of recreational marijuana; the other would forbid spending our local funds on medical treatment for low income women seeking abortion care. No matter where you may stand on these issues, these are DC policies, and surely DC voters should have the right to self-governance!

Looking for an opportunity  
to volunteer your time and talents?  
**VOLUNTEER**  
We need you!  
Contact [volunteer@gwscsw.org](mailto:volunteer@gwscsw.org)



Yes, we feel pride in our savvy and highly effective delegate Eleanor Holmes Norton, who will step into the fray and hopefully succeed in keeping those two riders from making it into the final spending bill. But that sigh you hear? That's us – DC residents – rolling our eyes and saying "here we go again."

**Reminder from the DC Board of Social Work:**

DC Continuing Education HIV/AIDS units are no longer required for license renewals, but we will need two hours of LGBTQ training beginning with the current cycle. See the June 2018 issue of News & Views for information how these requirements came about. ❖

*Margot Aronson, LICSW, chairs the GWSCSW L&A committee for DC. A past GWSCSW president (2002 to 2005), she has also served as GWSCSW newsletter editor and as director of Legislation & Advocacy. At the national level, Margot currently is an advocate on mental health and LCSW practice issues for the Clinical Social Work Association.*

**Please join us - All Members are invited to this FREE Lunch**

The 4th Annual Legislation & Advocacy Luncheon  
Saturday, November 17, 2018 | 11:30-2:30

**Passing the Right Laws Does Matter:  
The Increased Importance of  
GWSCSW's Participation in  
Legislation and Advocacy**

Normandie Farm | 10710 Falls Road  
Potomac, MD 20854

**Presenters:**

Sue Rowland, GWSCSW Lobbyist, Virginia  
Pam Metz Kasemeyer, JD, GWSCSW Lobbyist,  
Maryland

Margot Aronson, Chair, DC L&A Committee  
Judy Ratliff, Chair, VA L&A Committee  
Judy Gallant, Chair, MD L&A Committee

**To register, and for more information,**

**go to [www.gwscsw.org](http://www.gwscsw.org)**

Ride sharing will be available

**Washington School of Psychiatry  
THE CENTER FOR THE STUDY OF AGING & CLINICAL APPLICATIONS  
The Impact of Longevity on Ourselves & Our Clients**

Exploring the social, psychological & biological aspects of life's longest developmental stage



**Venus Masselam, PhD, LCMFT, CGP, Chair  
September 15 & 16, 2018; 9:30 AM - 5:30 PM**

**Special Sunday Afternoon Event:**

**JUDITH VIORST, renowned author "Life Lessons From Under Eight Till Over Eighty"**

~ Separate registration allowed ~

**SEE: [WWW.WSPDC.ORG](http://WWW.WSPDC.ORG) FOR ALL DETAILS REGARDING  
THE CONFERENCE & AFTERNOON KEYNOTE ADDRESS BY JUDITH VIORST**

**ADDITIONAL UPCOMING PROGRAMMING:**

**December 8 & 9, 2018: We Are Never Too Old to Change: Perspectives on Psychotherapy with Aging Adults;** Chair, Kathryn Chefetz, MSW, Psychoanalyst

**March 16 & 17, 2019: Vulnerability & Decline Vs. Creativity & Resiliency: From Just Age-Ing to Joyful Sage-Ing;** Chair, Joseph A. Izzo, M.A., LICSW

**September 14 & 15, 2019: Medical & Psychiatric Challenges To Successful Aging,** Chair, George Saiger, MD, CGP, FAGPA

**December 14 & 15, 2019: Factors Influencing The Aging Process: Sexuality & Gender; Race, Ethnicity & Immigration & Loneliness,** Chair, Anya Parpura, MD, Ph.D.

**March 14 & 15, 2020: Overview of Ethics, End of Life, Legal Issues & Spirituality;** Chair, Tybe Diamond, MSW

**See: <http://www.wspdc.org/0312aging.html> for "Certificate" details and options for participation. Or, contact Washington School of Psychiatry at 202.237.2700 or Tybe Diamond, MSW, Program Chair, at [tybediamond@gmail.com](mailto:tybediamond@gmail.com); 202.966.1381 | Program Location: WSP, 5028 Wisconsin Ave., Ste. 400, WDC, 20016-4118**

## ❖ Maryland

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*Judy Gallant and Pamela Metz Kasemeyer, JD*

As promised in our lengthy article in the June newsletter, some additional information about bills passed during the 2018 Maryland General Assembly Session follows.

### School Safety and Violence Prevention

**SB1265: MD Safe to Learn Act of 2018** – County school boards are now required to file a report with the State which specifies which public high schools have a school resource officer, or the plan the system has created to have adequate police coverage for each public high school in lieu of a dedicated school resource officer. The bill includes \$10 million funding to offset the costs of expanded police coverage.

Additionally, each local school system must appoint a mental health services coordinator to coordinate existing mental health services and referral procedures, in order to address mental health concerns that could threaten student safety. The coordinator is responsible for ensuring that students referred for mental health services obtain the necessary services; and for developing plans for delivering behavioral health and wraparound services to students who exhibit behaviors of concern. Grants from the Safe Schools Fund may be used to develop these plans.

### Stabilizing the Individual Health Insurance Market

**HB1782/SB387: MD Health Care Access Act of 2018 and HB1795/SB1267: MD Health Benefit Exchange-Establishment of a Reinsurance Program** - Both bills passed and seek to stabilize the individual health insurance market. The State is now able to apply to the federal government to develop a reinsurance program under the Affordable Care Act (ACA). Should the application be successful, it will primarily be funded through a 2.75% health insurance

provider fee (an estimated \$375 million). The bills also require the current MD Health Insurance Coverage Protection Commission to study and make recommendations for individual and group health insurance and market stability.

### More Action Needed

The last two bills that our state proactively passed in an effort to stabilize the ACA will unfortunately not be enough to protect the current market. On August 1, the Trump administration passed a rule to allow “short-term” health insurance to be sold for long periods of time. Frequently, these plans cover NO mental health or substance use treatment, and undermine mental health parity. They also may not cover pre-existing conditions. **However, state insurance commissioners alone or in partnership with legislators- have the power to further regulate these plans to protect consumers.**

As I write this article, this is a quickly-developing issue. Our lobbyist and our committee will be examining the best way for us to proceed and may be asking you to take action. Stay tuned!

As always, do not hesitate to contact Judy Gallant at [judy.gallant@verizon.net](mailto:judy.gallant@verizon.net) with input on the laws discussed above, or other issues in Maryland mental health policy. ❖

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*Judy Gallant, LCSW-C, is the director of the society's Legislation & Advocacy program, as well as chair of the Maryland Clinical Social Work Coalition, our GWSCSW legislative committee in Maryland. She maintains a private practice in Silver Spring.*

*Pamela Metz Kasemeyer, JD, and her firm of Schwartz, Metz & Wise, PA, represent us in Annapolis and guide our advocacy strategy. Ms. Kasemeyer is an acknowledged authority on Maryland's health care and environmental laws and has represented a variety of interests before the Maryland General Assembly and regulatory agencies for more than 25 years. This report is based, in part, on Pam's multi-page summary of this year's legislative session.*

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Email your request to  
[gwscsw@gmail.com](mailto:gwscsw@gmail.com)

## ❖ Virginia

Judy Ratliff

Good news! Legislation has been passed without opposition that separates the LSW into LBSW and LMSW, allotting each the appropriate educational requirements and testing level.

### Mid-level licensure

HB 614, establishing new policy for mid-level licensure of LBSWs and LMSWs, became law on July 1, 2018. This new law does not change the LSW to the LBSW or LMSW: it simply provides definitions that will enable the Virginia Board of Social Work to do so. The VBSW has not yet adopted changes to its regulations to conform with the changes to the code.

### Nurse Practitioners' practice agreements

HB 793 represents the first major step to certify nurse practitioners practicing without the supervision of physicians and billing directly for their services.

### Authority to suspend licenses

HB 1114 prevents the DHP from rescinding the license of anyone in default or delinquent in payment of federal or state educational loans/scholarships.

### QMHP Definition

HB 1375 broadens the definition of QMHPs to include some employees of the Department of Corrections.

### Licensed Mental Health Professional definition

SB 762 broadens the definition of LMHP to include behavior analysts.

### A reminder that you need 15 CEUs, including one ethics CEU, for this year's license renewal.

Governor Ralph Northam vetoed two bills related to voter registration that would have unnecessarily burdened the registration and voting process. He vetoed a bill that would have allowed legislators to change legislative district lines between the federal census dates. Also pertaining to the legislative process in VA, the percentage of bills "killed with no recorded vote" declined from 54% in 2017 to 28% in 2018.

Congratulations are in order to GWSCSW member Delores Paulson. Governor Ralph Northam has reappointed Delores to the Virginia Board of Social Work for a second term. Equally important, she is now the vice president of the Board. Delores has devoted many years of service to GWSCSW and is a valued member of our organization. Congratulations, Delores.

I will continue in the position of Chair of the VA Legislative & Advocacy Committee until June, 2019. Hopefully, other members will step forward so that we can reconstitute this committee in a way that it can continue. ❖

*Judy Ratliff, LCSW is chair of the Society's Legislative Committee for Virginia. In addition to her years of GWSCSW service, Judy has served on the Fairfax County Long Term Care Coordinating Council and in Leadership Fairfax. She began her professional life as a medical social worker, has taught medical and social work students for the University of Maryland, and is currently in private practice in Fairfax.*



## To "Like" the GWSCSW Facebook Page

1. Log into your own personal or professional Facebook page (you must have a Facebook account in order to view our page)
2. Type "Greater Washington Society for Clinical Social Work" in the Facebook search window
3. Click on "Greater Washington Society for Clinical Social Work" in the drop down box
4. Click on the "Like" button (top right, under the GWSCSW logo)



# Another Amazing Kassabian Conference

Save the date of Saturday, November 3, 2018 for this year's conference honoring GWSCSW past president Alice Kassabian. This year's lecture, "When LGBTQ+ 'Cured' Psychiatry: The DSM History You Never Knew: An Ethical Retrospective," will explore the psychiatric diagnosis of homosexuality as a treatable psychopathology and the civil rights struggle that got it deleted from psychiatry's official nomenclature. Over the years, many people suffered severe psychological injury by the very people who were ostensibly there to help them. Some of this tragic legacy continues today. This multi-media presentation begins in the 1950's and takes the audience through the tumultuous 60's and 70's up to the present to demonstrate the legacy and implications of psychiatry's once implacable position that "homosexuality is treatable psychopathology."

As most of you are aware, Alice was not only an extraordinary clinician, educator, speaker and Society leader, but was devoted at the deepest level to social justice. That is why the annual Kassabian lecture has always had justice and the needs of the underserved as its primary focus. Society members

young and old, new to social work or highly experienced, have always felt inspired and fortified by this exciting conference.



Our presenter, William S. Meyer, MSW, is Director of Training for the Department of Social Work and an Associate Clinical Professor in the Departments of Psychiatry and Ob/Gyn at Duke University Medical Center. He is the recipient of numerous awards, including Duke's Equity, Diversity and Inclusion Award for exceptional leadership and commitment, and a Lifetime Achievement Award from the American Association for Psychoanalysis in Clinical Social Work. He has presented for the military and at universities all over the country and is recognized as an outstanding teacher and supervisor. ❖

**If you attend only one clinical society presentation yearly, it should be this one. Watch for more information and for special rates for students and new graduates.**

## SAVE THE DATE

**GREATER WASHINGTON SOCIETY FOR CLINICAL SOCIAL WORK ANNOUNCES THE SEVENTH ANNUAL ALICE KASSABIAN MEMORIAL CONFERENCE**

**"When LGBTQ+ 'Cured' Psychiatry:  
The History You Never Knew!: An Ethical Retrospective"**

**Saturday, November 03, 2018 | Cosmos Club -- Washington D.C.**

Continuing education credit: This Conference provides 3 LGBTQ+ and 3 Ethics CEU credits.

GWSCSW honors the memory of Dr. Alice Kassabian, a former president of our society, clinician, advocate for social justice and excellence in clinical practice. Dr. Kassabian was an active member of the Diversity/Otherness Committee of American Association for Psychoanalysis in Clinical Social Work (AAPCSW) which promotes excellence in clinical practice by providing opportunities for expanded conversations regarding the centrality of focused attention to culture and issues of diversity.

# POETRY MUSINGS

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## Building Bridges

Wendi R. Kaplan



### ***Build bridges with your breath...***

I began my tenure in 2016 as poet laureate of Alexandria, Virginia, with the idea that I needed a theme. I decided that the theme would be “Building Bridges with Poetry and Art.” Alexandria, like many places, is a smorgasbord of people from diverse races, cultures, incomes, sexual orientations, spiritual affiliations, and political coalitions. And often, as in many places, there is little socializing or sharing. People tend to stay in their comfort zones. It takes a courageous willingness to leave our comfort zones. It takes thought and consideration to build bridges.

As a poet, I tell stories and share observations. Something has moved me, surprised me, soothed me, or affected me in some way and I want to write about it. For me it is the allowing of something outside of me to be heard by the inside of me. Therefore, I look for the bridge that connects the unique and the ordinary, the quotidian with the remarkable, which creates another perspective. This describes the poetry I am moved by and the process of writing poetry.

As therapists, we meet each day with people who have chosen to seek out challenge and growth. People often come to us when they have been forced to change or have been pushed to their limits and need to find options. For some reason, they are unable to remain in their metaphorical shells. The first bridge they cross is to find a therapist, someone who will journey with them. It is in the process of therapy that we assist them in building the bridges to who they are, what they want and how they want to progress in their lives. Therapists build bridges of insight with our questions and observations. We help them develop curiosity to find out about different and new parts of themselves, and construct bridges

to enable them to visit their many selves and be the authors of their own stories.

The therapy process is a bridge to connection, connection with a therapist and connection with themselves. Sometimes people come with a specific destination in mind. They want to build a bridge to healthier relationships for instance. We help them look at the relationship bridges in their lives. Which bridges are sturdy and strong? Which bridges are broken and which are unsafe? How did they learn to build relationship bridges? Which bridges might they want to repair, build anew and explore?

I wonder with patients, what are the bridges in your life that you notice: bridges in need of repair, bridges that allow you access, bridges that you wish for, bridges that you dream about?

Together we do what poets do, we look at the ordinary, really look at it, and we bring meaning and understanding that lead us to build bridges with our experiences, intentions, and hopes.

So many things can help us bridge and connect. I, like many of you, have been influenced by different psychological perspectives. As a meditator for over 44 years, I have often studied the effects of meditation on psychological well-being. A key component of meditation is conscious awareness of breathing. That is the “work” of breathing, an otherwise automatic process. Thich Nyat Hanh’s wisdom is paramount to understanding breath as a bridge:

***“Breath is the bridge which connects life to consciousness, which unites your body to your thoughts.”***



I practice breath work in my life as well as teach breathing techniques to clients. Over the years, breath work has been studied and validated as a bridge to psychological ease. For me breath is a bridge to awareness and connection.

## Bridges of Breath

**Build bridges  
with your breath.  
Inhale love for yourself.  
Exhale love for others.  
Build bridges inside.  
Invite the parts of you  
you have exiled,  
whom you have cut off,  
whom you fear,  
who do not "fit"  
to sit with you,  
to tell their stories.  
Listen until you hear.  
Look until you see.  
Do it again.  
When you are tired,  
rest.  
Breathe a bridge  
to a safe place.  
Go there.  
Lie down.  
Rest.**

**-Wendi R. Kaplan**

Think of your associations with bridges. Then write for two minutes, listing kinds of bridges. And another two minutes listing the ways you as a therapist build bridges. And another listing ways that you build bridges in your personal life. What do you notice about your bridge writing?

I would love to hear about the bridges in your life. Please feel free to share at [wendi.kaplan@verizon.net](mailto:wendi.kaplan@verizon.net).

## DID YOU KNOW ... WHEN YOU ARE A MEMBER OF THE SOCIETY YOU ARE PART OF SOMETHING BIGGER THAN YOURSELF?

The benefits of GWSCSW MEMBERSHIP far outweigh the obvious rewards such as access to training and education, access to networking and mentoring, and access to professional resources including trends, new legislative rulings and advances in the field.

**As a society, community is key for members.** GWSCSW offers more than just collegiality and shared commitment to the profession. GWSCSW members are **bonded together** as advocates for the profession and one another, members share their challenges and triumphs, and friendships and partnerships are made.

**MEMBERSHIP ...  
The best way to keep up  
with the profession ...  
and SO MUCH MORE!!**

**RENEW MEMBERSHIP BY  
OCTOBER 1**

A GROUP  
*of people*  
banded  
*together*  
— for a —  
PURPOSE



# REGISTER ONLINE 2018/2019 EDUCATIONAL OFFERINGS

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**Clinical Significance of Caffeine**  
Monday, September 11, 2017 | Silver Spring, MD

**The Therapist's Guide to Divorce Mediation: Supporting Clients**  
Friday, September 28, 2018 | Bethesda, MD

**Trauma Informing the 12 Steps:  
Empowerment in Substance Misuse & Addiction Recovery**  
Saturday, October 13, 2018 | Washington, DC

**Effective Tools for Working with Clients  
Diagnosed and Treated for Cancer**  
Tuesday, January 9, 2018

**Medical Marijuana:  
Ethical Decisions for Mental Health Professionals**  
Saturday, October 20, 2018 | Silver Spring, MD

**Emergency Instructions: Alumni Session**  
Friday, October 26, 2018 | Silver Spring, MD

**One Couple Two Faiths: Working with Interfaith Couples**  
Thursday, November 1, 2018 | Washington, DC

**CBT for OCD -- Practical Techniques and Usable Insights**  
Thursday, November 15, 2018 | Silver Spring, MD

**You Don't Have to Be a Sex Therapist to Talk about Sex**  
Monday, December 3, 2018 | Bethesda, MD

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GWSCSW is committed to helping our members meet their professional development needs and is an authorized provider of CEUs for DC, MD, and VA licensure requirements.

**DON'T DELAY - REGISTER FOR AN UPCOMING  
WORKSHOP AND EARN YOUR CONTINUING ED CREDITS!**

REMEMBER TO CHECK THE ONLINE CALENDAR FOR UPDATES AND ADDITIONAL INFORMATION

**<http://gwscsw.org/Calendar>**

# OUT & ABOUT

*This column shares news about members' professional accomplishments—our publications, speaking engagements, seminars, workshops, graduations—as well as our volunteer projects and special interests or hobbies. Send your Out & About info to [newsletter@gwscsw.org](mailto:newsletter@gwscsw.org).*

**Mike Giordano** had an essay on on-line dating as a therapist in the most recent issue of "Voices" - the journal of the American Academy of Psychotherapists. He also presented in June at the American Association of Sex Therapists, Counselors, & Therapists' annual conference in Denver on gay men, PrEP, and therapist biases. Finally, he also presented in July at the Integrative Sex Therapy Institute on sexual expression and gay male culture.

**Leila Jelvani** just completed a four-day exposure therapy and response prevention training at the Center for the Treatment and Study of Anxiety at the University of Pennsylvania.

In May, **Sheri Mitschelen** became the President of the Virginia Association for Play Therapy. If anyone is interested in learning about the association or about play therapy, please contact Sheri at [info@vaptplay.org](mailto:info@vaptplay.org). Sheri is very excited about her new role in this organization.

**Cecilia McKay** has been accepted into the Psychoanalytic Study Program at the Washington Baltimore Psychoanalytic Institute. The program begins Fall 2018.

**Adele Natter** was appointed Clinical Instructor in the George Washington University Medical School. She is responsible for supervising a third-year psychiatry resident in the practice of psychotherapy.

**Tamara Pincus** is speaking on Fat Activism at the Woodhull Sexual Freedom Summit on August 4 and gave talks on Coming Out as Polyamorous at Poly Millennium Dallas and AASECT (American Association of Sex Educators, Counselors and Therapists).

**Nancy Pines** attended a five-day seminar entitled Complex Psychological Trauma and Recovery, sponsored by the Harvard Medical School. The presenter was Dan Brown, PhD, who has been working in this field for 47 years: he shared both his knowledge and experience very effectively. The event was most worthwhile. It took place on Cape Cod, which was an added benefit and we had great weather. ❖

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# COMMITTEE REPORTS

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## Continuing Education

Beth Levine and Barbara Hill, Co-Chairs  
[cecommittee@gwscsw.org](mailto:cecommittee@gwscsw.org)

We are pleased to announce that we have a full calendar of events through December, posted on our website. However, **we are now accepting applications for winter and spring of 2019.** Do you have a topic that you know others are interested in learning about? Would you like to share your expertise? This is a great opportunity to highlight your experience while promoting your practice. For shorter presentations, consider offering a Brown Bag lunch topic, typically lasting 1 ½ hours.

**Visit the GWSCSW website [www.gwscsw.org](http://www.gwscsw.org) under the Education tab for information about submitting a proposal.** Once submitted, the proposal will be reviewed by the Education Chair and the Continuing Education Committee. Donna Dietz, GWSCSW's Administrator, will work with planning/logistics regarding dates and location. Please Note: We are looking to run more events in PG County and in Virginia!

## Other Matters of Importance

The Continuing Education Committee is seeking a few committed individuals to join us! We will meet approximately 5 times per year. Bring your ideas and help shape what presentations are deemed timely and relevant for clinical social workers today. The Diversity Committee recommends that CEU presenters incorporate some discussion about diverse, non-mainstream populations during their presentation. We are also looking for presenters on ethics. We are committed to providing trainings for new graduates and social workers in agencies.

## Study Groups:

Information about existing study groups, as well as how to form new ones, is on the website under Education. The focus is on both learning and collegial support. CEU credits are offered.

**SAVE THE DATE:** The Alice Kassabian Memorial Conference: "When LGBTQ+Cured Psychiatry: The History You Never Knew!: An Ethical Retrospective." Saturday, November 3, 2018. This event is held at the Cosmos Club | 9AM-12:30PM.

## Legislation & Advocacy

Judy Gallant, Director  
[dirlegislation@gwscsw.org](mailto:dirlegislation@gwscsw.org)

Join us for the **4th Annual L&A Luncheon - "Passing the Right Laws Does Matter: The Increased Importance of GWSCSW's Participation in Legislation and Advocacy"** The L&A Committee will host a FREE luncheon on Saturday, November 17, 2018 | 11:30-2:30 at Normandie Farms Restaurant in Potomac, MD. Sue Rowland (our Virginia lobbyist), Pam Metz Kasemeyer (our Maryland lobbyist), Margot Aronson (DC Chair), Judy Ratliff (VA chair), and Judy Gallant, (MD chair and program director), discuss potential new laws and how our voice can make a difference. This is your opportunity to speak about topics you think GWSCSW should be addressing with lawmakers and to find out about issues likely to come up in the next legislative sessions. You will leave the program informed about current issues in each jurisdiction, the impact our local elections have and how you can participate to support our Society, your profession and your principles. Come learn and help educate us about what's on your mind!

A delicious meal, with vegan options, will be served! Two Category 2 CEUs will be offered for \$40. Registration on our website is necessary for both the luncheon and the CEUs.

## Membership

Nancy Harris | Catherine Lowry | Cindy Crane  
[membership@gwscsw.org](mailto:membership@gwscsw.org)

Please join the membership committee in welcoming new members at the Fall New Member brunch on Sunday, November 11 in Bethesda.

**Who:** Any GWSCSW member who has joined in the past 2 years is warmly invited to join us! And all current members are invited to come meet new members!

**What:** A chance to learn more about what the GWSCSW can provide you, how you can get involved, plus a chance for us all to get to know each other better and enjoy a beautiful brunch!

Remember you can find past issues of  
GWSCSW News & Views at  
<http://gwscsw.org/Newsletters>

## Mentoring Program

Nancy Harris  
[mentoring@gwscsw.org](mailto:mentoring@gwscsw.org)

The mentor program is thriving and well. I have placed 19 so far this year, and it's only July! I really don't want to strain the wonderful mentors who are meeting with those 19 new, early career social workers, so volunteers would be welcome.

Being a mentor is fun, it only takes as much time as you're able to give, and it allows you to remember what it was like to be starting out in the field.

I'd be happy to answer questions you may have about the program and there's a pretty good description of the program on the website as well.

<https://www.gwscsw.org/Mentoring>

## Newsletter

Nancy Pines  
[newsletter@gwscsw.org](mailto:newsletter@gwscsw.org)

Your newsletter welcomes ideas and articles about clinical social work and practice. We are also very interested in hearing from members who have specialized knowledge or adjunct therapy practices they want to share.

Lastly, consider your own life experiences and how they may have affected how you practice. One of the things I love about our profession is how we are always learning. Why not share your expertise and life lessons with fellow members? Send an email with your story/article ideas to [newsletter@gwscsw.org](mailto:newsletter@gwscsw.org). Thanks!

## Social Media

Chana Lockerman  
[socialmedia@gwscsw.org](mailto:socialmedia@gwscsw.org)

The Social Media Committee tips its hat to Sara Feldman, with appreciation and thanks for her five years of service chairing this committee. We thank Sara for her many contributions to GWSCSW as well as her tech savvy know-how.

The new Social Media Committee chair, Chana Lockerman, is excited to take on this position. Chana is in private practice in Silver Spring, and previously served as an editor for News & Views from 2013-15. The Committee is excited to improve our community by helping people connect through social media. We are continuing to update the GWSCSW Facebook page with articles, events, and photos. Please visit the page, like/comment on the posts, and remember to email

us photos of GWSCSW events to add to the page! Let us know if you have an idea about how to make the page more relevant to YOU. We are working on getting more traffic to the Facebook page. Please like the page if you haven't already, and share the page with your fellow colleagues! Feel free to email us at [socialmedia@gwscsw.org](mailto:socialmedia@gwscsw.org) if there is something you would like us to post about on the listserv. We are also available to field any personal questions you may have about your own social media pages and accounts. Contact Chana Lockerman: [chana@rockcreekcounseling.com](mailto:chana@rockcreekcounseling.com) with any questions or suggestions for future Tech Tips columns.

## Volunteer

Christy Novotney  
[volunteer@gwscsw.org](mailto:volunteer@gwscsw.org)

If you are interested in volunteering, we need you! Check out our website to see all the committees and details on what they do. Getting involved with GWSCSW is the best way to enjoy all the benefits it has to offer. ❖

## UPCOMING BROWN BAG WORKSHOPS and BOOK MEET-UPS

**Tips for Treating Anxiety: New tools from the Mindfulness-Based "3rd Wave" of CBT**  
Friday, September 14, 2018 | Greenbelt, MD

**BOOK MEETUP: Discuss *Unchain My Legacy***  
Friday, September 21, 2018 | Largo, MD

**BOOK MEETUP: A Discussion of Emma and Her Selves: A Memoir of Treatment and a Therapist's Self-Discovery**  
Friday, October 5, 2018 | Silver Spring, MD

**Equine Assisted Psychotherapy: Accentuating Bond Between Horse and Human**  
Friday, November 2, 2018 | Greenbelt, MD

Watch for emails  
announcing  
additional  
educational events  
and check the  
GWSCSW online  
calendar!



# TECH TIPS | SETTING A VACATION MESSAGE

Brought to you by GWSCSW's Social Media Committee  
socialmedia@gwscsw.org

Most of us have been in the situation where we email a colleague and get back an automated message stating that the person is on vacation. Fantastic idea, colleague! Setting vacation messages on your email and even phone lets clients and colleagues know that you're away, and sets the expectation for when communication will resume.

To set the vacation mode in Gmail, go to the Settings page and click on "General". Once there, scroll to the vacation reminder area. There you can turn the vacation reminder on, set the dates, and craft your vacation reminder message. If you click on "only send a response to people in my contacts" Gmail will send the reminder to people on your contact list but not to unknown addresses. This choice has pros and cons. Limiting the responses to your contact list means that spammers will not get the message that you're out of the office.

However, it also means that new clients will not get the message either.

Email services other than Gmail also offer vacation reminder options. Looking through your settings options will lead you in the right direction. If you are not sure how to do this, use the help option to get the vacation reminder started.

You can also change the outgoing message on your phone to let callers know that you are out of the office. Some phone systems may have an option for a temporary outgoing message, while others may require you to change the regular outgoing message. Just remember to change it back when you get home!

Happy and safe travels! ❖



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[www.gwscsw.org](http://www.gwscsw.org)

1. **LOG IN** USING YOUR EMAIL ADDRESS AND PASSWORD
2. **CLICK ON YOUR NAME** IN THE UPPER RIGHT CORNER.
3. CLICK: **VIEW PROFILE**
4. CLICK: **EDIT PROFILE**
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6. SCROLL TO THE BOTTOM AND **HIT SAVE**

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# ADVERTISING

Advertisements, accompanied by full payment, must be received by the GWSCSW by the first of the month preceding publication. Material should be sent to [gwscsw.ads@gmail.com](mailto:gwscsw.ads@gmail.com). For questions about advertising, call 202-537-0007.

Classified Ads: 75¢ per word	Display Ads: Full page 7 x 9¼ .....\$325	Half page .....\$250
Minimum price \$15 (20 words)	Quarter page 3¾ x 4½.....\$125	Horizontal: 7 wide x 4½ high
	Eighth page 3¾ x 2¼.....\$ 75	Vertical: 3¾ wide x 9¼ high

Size of display ads indicated above is width by height. These are the only sizes that will be accepted. Electronic submission (PDF) preferred. Publication does not in any way constitute endorsement or approval by GWSCSW which reserves the right to reject advertisements for any reason at any time.

**North Bethesda Office Sublet: Spacious office** (windowed, looking out into woods, 15 ½ x 13') available to sublet effective November 1, 2018. Suite shared by 3 other mental health professionals. Conveniently located in North Bethesda, right off 270 at Montrose Road. Shared kitchenette and free parking. If interested, please contact Cecilia McKay at [ccmckaymsw@gmail.com](mailto:ccmckaymsw@gmail.com) or 301-770-7677.

**Ellicott City - Sound proof furnished and/or unfurnished offices available.** Full and/or shared daily offices in a very congenial, multi-disciplinary Mental Health professional environment. Includes workroom (photocopier & fax available) and full kitchen. Handicapped access, ample parking, private staff bathrooms, convenient to Route #40, 70, 29, and 695. Contact Dr. Michael Boyle: 410-465-2500

### Office to Rent - Bethesda

I am a LCSW-C looking for a mental health colleague to share my modern, comfortable office in a 4-therapist townhouse suite in Bethesda. The office is large enough to accommodate families or small groups and is conveniently located next to the Davis Library - close to shopping, restaurants, Montgomery Mall. Easily accessible from I-270 and I-495, there is ample free parking, with handicap parking and accessibility. The suite has a spacious shared waiting room, bathroom, and separate kitchen with refrigerator, microwave, water cooler and storage cabinets. The office is available 5-10 pm weekdays, all day Friday and Saturday, and some mornings. Monthly rent of \$600 includes all utilities, cleaning, maintenance, and Wi-Fi. Licensure, references, and adequate office and malpractice insurance are required. Office space in this location rarely becomes available so call now to be the first to see it. Please email me at [emm.lcswc@gmail.com](mailto:emm.lcswc@gmail.com) or call 301-309-8077.

## NEWS & VIEWS FEEDBACK

Do you have thoughts or feedback about something you read in our latest issue? Perhaps something struck a chord?

We want to hear from you! Your opinions about clinical and legislative articles, practice building tips and regular columns are most welcome.

**Send your feedback to:**

[newsletter@gwscsw.org](mailto:newsletter@gwscsw.org)

**Questions?**

Contact Nancy - [npines12@aol.com](mailto:npines12@aol.com)

## CLINICAL SOCIAL WORK ASSOCIATION THE NATIONAL VOICE OF CLINICAL SOCIAL WORK



As the national voice for clinical social work, **CSWA is committed to elevate advocacy efforts at the federal level to help all social workers survive and thrive in this fast-changing world and to spearhead initiatives raising awareness for the profession.** CSWA strengthens clinical social work as a profession and provides a place for members to be informed about advocacy priorities, new technologies, and guidance for clinical practice.

**GWSCSW members are encouraged to JOIN or RENEW membership with CSWA so the work being done at the federal level continues to be strong.** The profession and the crucial work being done for all social workers needs to continue; without strong membership, that will not be possible.

[www.clinicalsocialworkassociation.org](http://www.clinicalsocialworkassociation.org)

### NEWS & VIEWS SUBMISSION GUIDELINES

**Articles** – Focus on your area of expertise and practice, ethical dilemmas, responses to events in the media or other topics relevant to clinical social work. Articles should be 500–700 words.

**Out & About** – Share news about you: an article you've written, if you've been in the news, taught a class, earned a new certification or are a singer, artist or writer. Submissions should be 50 words or less. **Send all submissions to [newsletter@gwscsw.org](mailto:newsletter@gwscsw.org)**

Submissions will be reviewed and are subject to editing for space and clarity.



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