

President's Message 2
 Treasurer's Report 3
 Membership Renewal..... 4
 Dinner Meeting 5
 First Fridays Series 6
 News from Other Organizations 13
 Advocacy & Legislation 15
 WWW Wanderings 21
 Clinicians & Money..... 23
 GWSCSW Book Corner..... 24
 Our Online Society..... 25
 Out & About 27
 Continuing Education Courses..... 30
 Committee Reports 32
 Welcome New Members 34
 Classified Ads 35
 Calendar..... 36

Sunday, October 22

Social Work Ethics Guru Frederic Reamer Returns

Conference on Documentation, Reducing Risk

Dolores Paulson, PhD

The evaluations read: "great conference!"... "what a terrific speaker"... "please bring him back next year!" On April 8, 2005, social work ethics guru Frederic Reamer had come to Washington to present a day-long ethics conference, and the evaluations told the story.

It had been a hard sell: the GWSCSW Board doubted if any one speaker could keep an audience interested in a subject as dry as ethics for a full day. Furthermore, Reamer's fee was considerable, and he had to be booked two and a half years in advance. But, several Board members who had heard Reamer speak in

continued on page 28

A Look at the New Clinical Social Work Association

Richard Yanes

Over the past few months, the Clinical Social Work Federation has made the transformation to a national membership association; it is now the Clinical Social Work Association.

A thirty year history of service to the profession

The Federation has had a rich and successful history of service over the past thirty years to clinical social workers, the profession they serve and the societies that represent them. With a renewed commitment, the Association will build on that history as an individual membership organization. Some aspects of the Federation will be retained and some will be changed. As the Executive Director I am excited and optimistic about the changes.

Action by the Board

The new organization adopted the name "Clinical Social Work Association" at its meeting of the Board of Directors in mid-May. Following a full day's discussion of the committee report covering everything from the name, mission, governance structure, dues levels, services and benefits of membership, etc, the Federation's

continued on page 8

GWSCSW Dinner Meeting

Friday, September 29

Far East Restaurant
Nicholson Lane, Rockville Md

6:30 PM ... Reception
7:00 PM ... Dinner
8:00 PM ... Speaker

Topic:
Collaborative Divorce

Presenter: Karen Freed, MSW
(more information on page 5)

www.gwscsw.org
or call GWSCSW at 202-537-0007

Greater Washington Society for Clinical Social Work, Inc.

PO Box 3235, Oakton VA 22124
202-537-0007

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Vice President (Development)...Susan Post
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GWSCSW NEWS & VIEWS

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Martha Horne, Joel Kanter, Susan Post, Connie Ridgway,
Diana Seasonwein, Mary Lee Stein, Ann Wroth

News & Views is published four times a year:
March, June, September and December. The
deadline to submit articles and advertising is
the first of the month prior to publication.

Articles and letters expressing the personal
views of members on issues affecting the social
work profession are welcome and will be pub-
lished at the discretion of the editorial board.

Signed articles reflect the views of the authors;
Society endorsement is not intended.

For advertising rates see page 35

The next issue will be published
December 2006 and the deadline is October 27.

Email articles and ads to gwscsw@gmail.com

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President's Message

Diana Seasonwein, LCSW-C



Here I sit on the first of August, trying to stay out of the heat. But I only mean that literally—I think that perhaps one of the marks of being a leader is having to take a lot of heat.

Actually, I think that this year I will have more fun being president, and have less angst. We have a sparkling new Executive Committee, along with some who are continuing on. Our new members are Susan Post, VP for Development, Ted Billings, Treasurer and Deborah Newmark, Secretary. Tricia Braun, Janet Dante and Connie Hendrickson are new Advisors.

Looking back at my September 2005 message, I see that some of my goals have been met, and some are in development. We have increased our membership, and we do have some new blood. However, the ongoing task is to continue to have current members become more involved, and to reach out to new populations to bring them onboard. This is the work of the Development VP, and Susan has already come up with some very good ideas.

Thanks to the efforts of Sheila Cahill, we will have a Prepaid Legal Plan this year, and I think that the plan will be better than ever. Look for the brochure in your membership renewal packet.

Also, notice in your renewal package that student membership is limited to those pursuing the MSW. But, should there be extenuating circumstances, one can request a dues reduction by speaking with the treasurer.

We will be instituting a new feature in the newsletter. To let our members know of all the postgraduate training programs in our area, we will be publishing a supplement in a later newsletter. While we would have liked to have it in time for this newsletter, that was not possible.

Work was begun last year to create a separate entity as a 501 (c) (3) organization. This would, among other benefits, become tax exempt. Thus, we would not pay taxes on conference sites, meals, and materials, and would be able to seek alternative funding sources. This new status would not mean the removal of our current 501 (c) (6) status, but rather it would establish the addition of an educational foundation. Other associations/organizations have done this: the DC Psychological Association developed the DC Psychological Foundation; the California Society and the Clinical Social Work Federation (now the Association) developed educational foundations.

We are falling down in terms of being recognized as professional health practitioners. A very recent example was the Town Hall Meeting with DC's Mayoral Candidates on July 26. This forum was hosted by Department of Psychiatry, Center for Mental Health Outreach, Georgetown University Hospital (Please see Maya Godofsky's very fine write-up of this event page 18). They partnered with many other groups and agencies, including Wash-

ington Psychiatric Society, District of Columbia Psychological Association and NAMI DC. *Where were the social work organizations?*

We have been trying to set up a program through our outreach committee to provide *pro bono* services to returning soldiers and their families at Walter Reed. This has not moved forward as fast as we had hoped, but we are still working on it; we're also looking into additional outreach opportunities.

I close with an exhortation, and while it is not an original thought, it is as valid today as when John F Kennedy spoke it so many years ago. Ask not what your clinical society can do for you, but what can **you** do for your clinical society? What one task can you contribute, what one contact can you make to increase the community's awareness of clinical social workers, which non-member colleague can you introduce to the society? Healthy, strong relationships are based on mutuality. You are a member because of the benefits that you receive through membership. Please think about giving back, and you will be amply rewarded by your sense of belonging and by the rich friendships that are forged through the process of working together on common goals. ❖

FALL NEW MEMBER GATHERING

Come • Network • Share • Learn

Find out how GWSCSW can help you develop your career in social work

Sunday, November 5, 2006

4:00–6:00 PM

10917 Brewer House Road
North Bethesda, Maryland

Refreshments

Please RSVP by October 31
Carolyn Dozier 301-588-5658
Sue Stevens 301-984-1325

All Members Are Welcome

Treasurer's Report

Ted Billings, LICSW

Thank you for electing me as treasurer of the Clinical Society. I look forward to my next two years of service on the Board. For those of you who may not have seen the ballot biographies, I'd like to take a moment to introduce myself.

For about ten years before becoming a social worker, I worked on Capitol Hill here in Washington in the personal offices of several Congressmen and a Senator. It was a wonderful learning opportunity for me because, as you know, all of life is politics, and the lessons I learned there have served me well. To be able to help people more directly, I entered the social work program at Smith College where I was very involved in student government, serving as the president of the student council.

After receiving my MSW in 1994, I worked with children and adolescents in the therapeutic school at Sheppard Pratt Hospital and with people with serious medical illnesses at Whitman-Walker Clinic, the American Cancer Society and the American Heart Association. Throughout this period, I worked in a specialty private practice for gay men. In 2004, I entered private practice full time and have an office in Washington, DC.

In my role as treasurer of the Society, I will be attending Executive Committee and full Board meetings regularly. I will also be reporting to you in each issue of the newsletter. We are about to enter the new membership year which will mean a large number of financial transactions and I do believe we have good processes in place to ensure everything goes smoothly. However, if you encounter any problems, feel free to contact me directly. ❖

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or
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**SUPPORT GROUP
for Women Over 50**

Monthly meetings (3rd Monday)
9 months beginning Monday, September 18
6:30–8:00 pm, Friendship Heights
Limited to 15 participants

Weekend Workshop

Saturday & Sunday, October 14–15
Friendship Heights

Ruth Neubauer, MSW and Karen Van Allen, MSW

Registration and Information:

www.retirementorwhatnext.com

Renewing Your GWSCSW Membership

The GWSCSW 2006–2007 membership year begins on October 1, 2006.

If you are currently a member, you will receive a renewal statement in September; please return it promptly with your dues.

A grace period will be permitted through the month of October; after November 1, late renewals cannot be assured of inclusion in the 2006 Directory.

Please call the office at 202-537-0007 if you have any questions about your membership.

Privileges of Membership

All members are eligible to participate in all meetings, scientific and general, of the Society and its committees. All members may serve on and vote in committees (unless otherwise specified in the bylaws). *However, only full members may vote for, or serve as, directors or officers of the Society.* In addition, only full members and affiliate members may participate in the Referral Panel.

Categories, Requirements and Rates

GWSCSW offers five classes of membership: Full; Graduate; Student; Affiliate; Retired/Emeritus. In addition, the Society may confer Honorary membership under special circumstances.

Full Membership: To be a full member, an applicant must hold a Master's degree or Doctorate in social work from a graduate school of social work accredited by the Council on Social Work Education, must have two years of full-time or three years of part-time supervised post-graduate clinical social work experience, and must be licensed as an independent clinical social worker (LICSW, LCSW, or LCSW-C) or equivalent level by the appropriate licensing authority, as required for practice in the District of Columbia, Virginia, or Maryland.

Full membership is \$150 at renewal time, October 1, and \$75 to join after April 1 of the following year. *The half-year rate is not available as a renewal to members who have let that year's membership lapse.* Anyone joining as a full member after August 1 will pay full fee (\$150) and become a member starting in October; however, he/she will receive mailings and Society discounts beginning the month joined.

Graduate Membership: To be a graduate member, an applicant must hold a Master's degree or Doctorate in social work from a graduate school of social work accredited by the Council on Social Work Education and must be working toward the post-graduate supervised experience required for professional licensure. The graduate membership is available only until licensure is earned; graduate members are expected to become full members on the October 1 that follows licensure.

Graduate membership is \$75 at renewal time, October 1, and \$40 to join after April 1 the following year. *The half-year rate is not available as a renewal to members who have let that year's membership lapse.* Anyone joining as a graduate member after August 1 will pay full fee (\$75) and become a member starting in October; however, he/she will receive mailings and Society discounts beginning the month joined.

Student Membership: To be a student member, an applicant must be currently enrolled in a Master's program in a graduate school of social work accredited by the Council on Social Work Education. Doctoral candidates should renew as Full Members.

Student membership is \$25 at renewal time, October 1, and throughout the year. Anyone joining after August 1 will pay full fee (\$25) and become a member starting in October; however, he/she will receive mailings and Society discounts beginning the month joined.

Affiliate Membership: To be an affiliate member, an applicant must meet the requirements for full membership and be living abroad or in a jurisdiction that does not have an active clinical social work society, or be a full member of such a clinical society in another jurisdiction.

Affiliate membership is \$75 at renewal time, October 1, and \$40 to join after April 1 the following year. *The half-year rate is not available as a renewal to members who have let that year's membership lapse.* Anyone joining after August 1 will pay full fee (\$75) and become a member starting in October; however, he/she will receive mailings and Society discounts beginning the month joined.

Retired or Emeritus Membership: To be a retired or emeritus member, an applicant must meet the requirements for full membership and be fully retired

from active clinical social work practice. To be listed as “emeritus” a person must be at least 70 years of age, fully retired from active clinical social work practice, and have been a full member of the Society for not less than 10 consecutive years. *A retired clinician would not be expected to have practice information for the Directory.*

Retired or Emeritus membership is \$25 at renewal time, October 1, and throughout the year. Anyone joining as a retired or emeritus member after August 1 will pay full fee (\$25) and become a member starting in October; however, he/she will receive mailings and Society discounts beginning the month joined.

Honorary Membership: Honorary membership is available for persons who have made significant contributions to the profession of clinical social work, persons whom the Society wishes to recognize for their service. There are no professional or educational requirements or limitations for honorary members.

Dues adjustment due to employment circumstances

Full members who currently cannot afford the membership fee due to employment circumstances may request, in writing to the Membership Chair, a dues reduction of one-half. This provision would apply, for example, to members who are unemployed, staying home with children, or who have cut back their work hours to enroll in a doctoral program or other advanced training.

Method of payment

You may pay your dues either by personal check or by credit card (Visa or MasterCard only). Credit card

payments must be accompanied by your signed application.

Not currently a member?

If you are not currently a member and wish to join the Society, please call GWSCSW at 202-537-0007 to request an application form. Alternatively, you can find the information on our web site (www.gwscsw.org) and print the application form to submit with your payment.

Please call GWSCSW at 202-537-0007 with any membership questions.

GWSCSW Dinner Meeting September 29

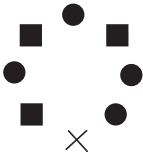
Collaborative Divorce

Collaborative Divorce, the topic of the GWSCSW dinner meeting on September 29, is an approach designed to resolve the issues in a family breakup using cooperative strategies rather than conflict and litigation.

Our speaker, GWSCSW member Karen Freed, LCSW-C, BCD, has been in practice for more than 30 years, working with children, adolescents, and adults, and specializing in couples work. A founding member of the Montgomery County Divorce Roundtable and of Collaborative Divorce Associates, Ms. Freed is also a trained mediator who works on parenting plans with divorcing parents and co-mediate with an attorney for the financial aspects of divorce.

Ms. Freed describes Collaborative Divorce as an open process, mutually respectful, with full disclosure, good faith and a commitment to resolving differences through reasoned and equitable settlement. Both parties pledge not to pursue litigation. Mental health practitioners often serve as part of the collaborative team to help develop parenting plans, assist in dealing with children’s issues, and help the parties deal with emotional roadblocks that may hinder resolution of issues.

Ms. Freed will be presenting with Mary Pence, Esq., an experienced Family Law practitioner and founding member of Collaborative Divorce Associates. The dinner will be held at the Far East Restaurant on Nicholson Lane in Rockville. Watch for details in the mail, or check our website at www.gwscsw.org. ❖



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VIRGINIA SOCIETY FOR CLINICAL SOCIAL WORK

presents

**“The Cutting Edge:
Understanding and Working With Adolescent
and Adult Self-Injurious Behavior”**

with Lisa Ferentz, LCSW-C, DAPA

Monday, October 30, 2006

8:30 a.m. – 4:00 p.m.

Hilton Garden Inn, Richmond Innsbrook

Workshop Description: Many clinicians and helping professionals are challenged and frightened by clients who engage in self-harming behaviors. In an effort to decrease helping professionals' anxieties and increase their knowledge base, this full-day workshop will integrate information gathered from an extensive review of the literature with clinical anecdotes taken from the presenter's work. We will explore the myriad reasons why clients hurt themselves with a special focus on the onset of self injury as it relates to the developmental challenges of adolescence and the impact of neglect, trauma, and abuse. Participants will learn about a specific “cycle of self-harm” and a concrete model for intervention. These treatment strategies are also applicable to other manifestations of self-harm including eating disorders and addictions. Helping professionals will learn specific ways to work with self-injury without engaging in power struggles, increasing the behavior, or relying on ineffective “safety contracts.” A more effective alternative contract, called CARESS, will be presented. Clinical case examples, video, clients' writings and artwork will be incorporated into the workshop.

Presenter: Lisa Ferentz has a BA in Theatre from SUNY Albany, and an MSW from the University of Maryland School of Social Work. She is licensed as a clinical social worker in Maryland and is a Diplomate of the American Psychotherapy Association. She has been in solo private practice for twenty-three years.

Fee is \$125 for VSCSW and GWSCSW members;
\$150 for non-members; \$75 for students.

6 CE hours for LCSWs.

For more information, contact Cathy at cjreiner89@mindspring.com.

To register: Complete and mail this form with a check payable to VSCSW to Cathy Reiner, Administrative Assistant, VSCSW, 10106-C Palace Way, Richmond, VA 23238.

Name _____

Address _____

Phone _____

Email _____

Psychoanalytic Case Conference Series

GWSCSW Co-sponsors 'First Fridays'

Starting in October, GWSCSW will be joining the Baltimore-Washington Institute for Psychoanalysis and the Green Door to co-sponsor “First Fridays,” a monthly Psychoanalytic Case Conference on the first Friday of each month from noon to 1:30 PM. First Friday Psychoanalytic Case Conferences are open to all mental health and social service professionals in the area. Cost is free and brown bag lunches are welcome.

The first speaker will be Bill Stockton, MD, who will be speaking on *How Our Analytic Words Foster Emotional Growth* on October 6. On November 3, Joel Kanter, LCSW-C, will speak on *Boundaries and Ethics in Case Management*. Other speakers from GWSCSW will include Bonnie Gallagher, Golnar Simpson and Marie Hellinger.

Meetings will be held at the Green Door at 1221 Taylor Street NW (near Georgia Avenue, across from the Petworth Metro stop on the Green line). Bonnie Gallagher has taken the lead in organizing this program. “In effect,” she says, “we’re bringing a psychodynamic approach into a community agency. When we needed a venue for monthly meetings, the Green Door welcomed us, and we are very pleased with the collaboration and the mutual benefits.” The Green Door is a clinical program which works with adults suffering serious, debilitating and persistent mental illness.

GWSCSW will provide free CEUs to all social workers attending; professionals from other disciplines can obtain CEUs at a nominal cost from the Baltimore-Washington Institute.

Full information on this program will be available soon on our website at www.gwscsw.org. Websites for our cosponsors are www.bwanalysis.org and www.greendoor.org. ❖

~~~~~  
THANK YOU  
to Jan Freeman and Tricia Braun  
for an excellent Annual Dinner Meeting  
~~~~~

GWSCSW Mentor Program

Sheila K. Rowny, LCSW-C

As the new Coordinator of the Mentor Program, I'd like to explain it to our members, as well as solicit participation.

The purpose of the Mentor Program is to provide a link between a Mentor who is an established member of the profession with a graduating social work student, a recent graduate, a social worker re-entering the field or one new to the area. The program is free of charge and open to all GWSCSW members with any area of concentration or specialty in the field of social work. We will solicit Mentees in coordination with the Membership Committee's outreach activities.

The Mentor program is designed to help the Mentee identify with the profession and to discuss the range of job-related issues: resumes, job adjustment, supervision, agency programs, licensure and testing, plus dealing with the stress of these issues in a tough job market. It is not the intent of the program to provide either case supervision or psychotherapy. A Mentee in need of those services is encouraged to make use of our Referral Panel.

Guidelines

The Mentee is assigned to an individual Mentor upon receipt of an application. The application asks for contact information, educational background, and areas of experience and interest. The Mentor Coordinator will contact the Mentor with information about an assigned Mentee. An attempt is made to link professional interests and geographic proximity. After a Mentee has been assigned, the Mentor will initiate the contact with the Mentee.

It is expected that a Mentee will view the Mentor as someone to turn to with professional questions. It is suggested that face-to-face meetings not exceed six, unless there are special circumstances. Contact may be limited to phone or email, but some personal contact is encouraged.

Groups

If there is sufficient interest, the Mentor Coordinator will organize support groups for Mentees. These can be issue-focused, time-limited groups or ongoing groups which meet at agreed-upon intervals (e.g. monthly). Groups may have "guest speakers" drawn from interested Mentors, on specific topics. These Mentee support groups could evolve into peer supervision groups.

I encourage our "senior" members to sign up to be Mentors, even if you have done so before. This is an opportunity to share your wealth of experience and wisdom with a newcomer to our profession. The role of Mentor requires a minimal commitment of time and reaps immediate rewards.

Anyone interested in becoming a Mentor or Mentee can start by contacting me for an application at 301-365-5823 or srowny@aol.com. ❖

The Grown-Ups

*For the New, Old,
and About-To-Be Retiree*

Grace Lebow, LICSW

Our group of retirees named The Grown Ups has been meeting monthly since September 2005. Our membership is now open to two additional people and we will invite others as openings arise in months to come.

We began as an informal discussion and social support group of our retiree stage of life and shifted to a more structured program in the last three meetings of the season. We developed a study program that qualifies for CEU Credits for each hour and a half gathering. In these meetings people take turns as presenter of the month. So far we have had two book presentations with discussions on aging subjects and a report on a workshop that one of the members attended.

Please call me with questions and interest about joining our program for the fall season. The next gathering is at the home of Joan Weiss in Friendship Heights on September 20. We will read and discuss *The Mature Mind* by Gene Cohen.

Grace Lebow, LCSW-C, is co-author of Coping with Your Difficult Older Parent, serves as liaison to the GWSCSW Board for our retired members and is the coordinator of The Grown Ups. She can be reached at 301-652-4026 or by email at Gracelebow@cs.net.

The New CSWA, continued from page 1

Board, consisting of presidents and representatives of the state societies, adopted the report by a unanimous vote, thus completing the work of transformation that began more than eight months ago.

For more than a decade the Federation struggled with difficulties in communicating with its members, declining membership and a changing health care environment. In the last four years it became increasingly clear that if the Federation was to continue to serve the clinical social work profession, a change of its governance structure was required. In a facilitated session last year, the Federation Board members recognized that the growing demands of their profession and the societies they led made it increasingly difficult to attend to the business of the Federation; the time for change had arrived.

When the final vote was taken, the changes to the organization were met with great optimism and enthusiasm by the Board. Board members are to be congratulated for their willingness to grapple with these difficult issues and make difficult decisions.

What the change means to member social workers

Up until June 30, a member of the Federation was a member through his/her state society, which assessed and collected Federation dues and communicated on our behalf. As of July 1, members have the opportunity to join the Association as individuals. As a member of the Association you will have a direct relationship with us, much as you have with your state society. We will communicate our reports, services, legislative matters, alerts and other activities directly to you. Your membership status with your state society remains unaffected by this transformation.

The malpractice insurance program and the "800" telephone hotline will continue to be available to you whether or not you join the Association. These are services we feel should be open to all clinical social workers. Other services and benefits, such as our newsletter, *Access*, will be available only to those who join the Association. (For more information, check the edition of *Access* you received recently.)

What this means for local societies

One of the more difficult aspects of this decision to change the federation structure was the separation

of the state societies from the national organization. Not only would the Association have individual members but the new board is made up of those individual members and not, as in the past, of society presidents and representatives. In the future, the Association Board will represent 10 regions throughout the country. Each representative will be elected by the individual members within their region and the President will be elected by a vote of all the individual members of the Association.

Recognizing, however, that a strong state society is as important as a strong national organization, the Association has adopted three levels of services and benefits through which the state societies can maintain an affiliated relationship with the Association. A number of societies have already chosen to affiliate and we are optimistic that this mechanism will allow the societies to remain connected with each other and the Association. The affiliation levels allow the Association to provide the societies many of the services and benefits they received in the past including information on national advocacy, legislative consultation on state licensing issues, reports on mental health studies and research, etc.

A national voice for clinical social work

Having a national voice for clinical social work is essential for the health of our profession. No other national organization is focused solely on the issues that strengthen our work and identity, protect those we serve and enhance our profession. The Clinical Social Work Association is that national voice of clinical social work.

Richard Yanes, Esq., is Executive Director of the Clinical Social Work Association.

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Frequently Asked Questions About the CSWA

What is the difference between a federation and an association?

A federation is an organization consisting of other organizations; in our case, the Clinical Social Work Federation consisted of state societies. An association is an organization of individuals with a common interest.

Our past Federation structure meant that the governing board was made up of presidents and representatives from the state societies. Thus, the Federation membership existed, for the most part, through the state societies. Those representatives found it increasingly difficult to find the time to do Federation business as well as take care of their state societies, their practices, and their home lives.

The governing board of an association generally consists of individual members who are elected by individual members and whose only focus is the association. In our case, we will establish 10 regions throughout the country from which representatives will sit on the Board of Directors. Each member social worker of the Clinical Social Work Association will be able to vote for the representative from your region, run as a candidate for that position and vote for the future presidents of the Association.

What is the name of the new organization?

The name of the new organization is the "Clinical Social Work Association."

What is the Vision of the Association?

The Association's vision is to be the leading organization that graduate level social work and post-graduate level social work clinicians recognize as providing essential services, products, professional support, and identity required to practice as clinical social workers.

What is the Mission of the Association?

The Mission of the Association is to promote excellence in clinical social work practice through the advancement of the profession for the benefit of clients and the clinicians who serve them.

How will the Association operate?

The new President of the Association is Kevin Host (WA), MSW. A transitional Executive Committee and Board make up the remainder of the governing structure. Currently, the Executive Committee consists of Sid Grossberg (MI), Ph.D., Vice President, Nancy Sachner (CT), LCSW, Secretary, Gail Levinson (DE), LCSW, Treasurer, and Abbie Grant (OH), MSW, as Past President of the Federation.

Transitional Board members include Diane Frankel (PA), LCSW, Jane Hundley (VA), MSW, Alan Levy (IL), Gail Nagle (SC), MSW, Linda Pavic (MN), MSW, Drew Pledger (NC), LCSW, and Kathy Rider (TX), LCSW.

Recognizing that students are our future, we also provide for the appointment of a student member to the board with all the rights and privileges of board membership, including the right to vote. Students who join at the reduced student rate also enjoy all the rights and privileges of membership including the right to vote in all elections.

Laura Groshong (WA), MSW, remains as Director of Government Relations, a position she filled as a volunteer for the Federation but fills now on contract with the Association; Lane Veltkamp (KY), MSW, also remains as the Chair of the CSW and The Law Committee; and Susan Childers (WA), Ph.D. remains as Editor of *Access*. Other committees and work groups will be created as they are needed.

The Executive Director is Richard P. Yanes and the Administrative Coordinator is Linda O'Leary; both have been with the Federation for many years.

Will there be a web site?

A new web site is under construction and will be unveiled in mid- to-late August.

What if I have questions?

Please contact our national office at 703-522-3866 or nfscswlo@aol.com; President Kevin Host at 206-654-4145 or khost@sfseap.org; or Executive Director Richard P. Yanes at 703-560-4042 or cswfed@hotmail.com.

A New Role for Dolores Paulson

Rachael Fried, LCSW

Dolores Paulson, PhD, and Susan Horne-Quattanens, MSW, both longtime GWSCSW members, were appointed this summer to the Board of Social Work of the Commonwealth of Virginia. Ms. Horne-Quattanens, a GWSCSW board member for 25 years and president of the Society from 1991 to 1993, was out of town when the appointment was announced; we hope to interview her for the next issue of *News & Views*.

An exciting opportunity

Dr. Paulson, who has long served on the GWSCSW Board as chair of the Continuing Education Committee, wanted to do even more. Last fall she took on the additional responsibilities, shared with Alice Kassabian, of monitoring legislation in Virginia for the Society's Legislation and Advocacy Committee, and these two worked tirelessly to protect our licensure in Richmond this spring. (See page 14) Then, learning that there were openings on the Virginia Board of Social Work Examiners, she realized she wanted to do even more, and submitted her name. Now, with her appointment to the Virginia social work regulatory board, she admits that her plate is full!

Dr. Paulson's new role will focus on a variety of important issues facing the Commonwealth's social workers, including bills that affect licensure standards, regulatory issues, and continuing education. The Virginia Society for Clinical Social Work nominated Dr. Paulson with the endorsement of the Greater Washington Society of Clinical Social Work. In addition, several of Dr. Paulson's colleagues sent letters of recommendation on her behalf.

Dr. Paulson has been very excited about the appointment: "I am honored and privileged to be permitted to serve both my profession and the Commonwealth in this capacity." The position, which is commissioned Virginia's Governor Kaine, began on July 1, 2006, and will run for four years.

In the social work field for over forty years, Dr. Paulson earned her doctorate at The Catholic University of America in 1988. After earning her doctorate, she completed the Advanced Psychotherapy Training Program at the Washington School of Psychiatry. Dr. Paulson's initial training was in child work, and she continues to

use this training at the Ashford Mental Health Center, which she founded with two other clinicians. In addition to serving as the Center's director, Dr. Paulson works with children from infancy on, and sees adults as well.

Rachael Fried, LCSW, has a psychotherapy practice in Falls Church primarily with children and adolescents; she has a special expertise with trauma survivors.

**Congratulations to
GWSCSW members Dr. Dolores Paulson
and Susan Horne-Quattanens
on their recent appointments
to the Commonwealth of Virginia
Board of Social Work!**

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CAQH: A Shortcut to Insurance Credentialing

Joyce M L Harrison, LCSW-C

Private practitioners applying to join insurance panels can save time by using CAQH (Council for Quality Healthcare). CAQH has created an online universal application service that is free to the provider and can be a real time saver. Instead of filling out lengthy forms for each insurance panel, you may only have to fill out one. (The only problem is, not all insurance companies utilize CAQH.) You can even complete the CAQH application before applying to any insurance companies.

To begin the process, call CAQH at 888-599-1771. They will give you an ID that will enable you to log on to www.caqh.org/cred. Click on "Logging in for the First Time" and create your user ID and password.

The online form is extensive. However, you can save what you have entered and return to it later. Having the following items at hand when you begin will expedite the process: resume, professional references, licenses, malpractice information and applications you have previously filled out for insurance panels.

There are a few required items that must be FAXED to 866-293-0414. They are copies of your license/s, malpractice face sheet, and a signed application release. The release gives permission to CAQH to allow insurance companies to download your information. You can authorize release to specific companies or a blanket release to any company. Be sure to use a CAQH FAX cover sheet. You can print them out from the website.

Next, call insurance companies you are interested in joining. Ask if they use CAQH. If so, they may ask for your CAQH identification number. They can download your application instantly. They will also be able to view your malpractice and license information online, because CAQH scans it in. Then they will send you a contract to sign, but no onerous paper application.

Do not forget about CAQH after completing the initial application. It is important to go online every three months to review your data, make any necessary changes (i.e. phone numbers, office address), and click the re-attest button to verify that everything is accurate. Make sure you FAX new copies of license and malpractice insurance as you renew them. CAQH will send you e-mail reminders prior to the deadline for re-attesting.

I found the online application process fairly user friendly. However, if you are a reluctant online user, it would be helpful to have a savvy user to assist you the first time. Also, the Help Desk *is* helpful, and I have always been able to reach them in a timely manner.

This is time consuming in the beginning but can easily pay off in the long run as more insurance companies sign up for CAQH to provide them this service. ❖

Before starting her private practice in Silver Spring, Joyce Harrison, LCSW-C, was clinical supervisor for the Family Crisis Center of Prince George's County. She is active on the GWSCSW membership committee and the newsletter.



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Announces two exciting continuing education opportunities for mental health professionals...

Sexual Attitude Reassessment

A Two-Day Experiential Workshop

**Saturday, September 16 &
Sunday, September 17, 2006**

Facilitated by Michael Plaut, PhD

Issues of sex and sexuality are ubiquitous in life and psychotherapy. Still, many of us—even the seasoned among us—feel awkward or untrained in dealing with sex and sexual themes in our practices, creating a safe psychological space for sexual ideas to emerge, or in helping our clients with sexual problems. This two-day experiential workshop gives participants the opportunity to examine their sexual values and attitudes in a confidential setting, and to share their thoughts, feelings, and experiences with professional colleagues. Participants should be aware that they will be exposed to explicit sexual material, and that they will be asked to sign an “Agreement of Confidentiality” regarding the process in the small groups.

About the Facilitator:

Dr. Plaut is Associate Professor of Psychiatry and Assistant Dean for Student Affairs at the University of Maryland School of Medicine, where he has directed a required course in Intimate Human Behavior for sixteen years. A licensed psychologist he is certified as both a sex therapist and sex educator, and maintains a private practice. Dr. Plaut is a past president of the Society for Sex Therapy and Research, and has served as editor of the Journal of Sex Education and Therapy. He is the co-author of *Fast Facts: Sexual Dysfunction* (2004).

LOCATION: Offices of IPI Metro,
6917 Arlington Rd., Suite 224, Bethesda, MD 20814

COST: \$150

CONTINUING EDUCATION CREDITS: 12 hours

INFORMATION/REGISTRATION: IPI Metro:
301-951-3782; www.ipimetro.org

The Last Taboo: Money in the Clinical Setting

Saturday, October 14, 2006

**A one-day conference with Dr. John Schott,
Psychoanalyst and Investment Advisor**

As a culture, we place a great emphasis on money. Nothing is more psychologically invested with both value and conflict, yet nothing, including sex, makes us more uncomfortable or is more difficult to talk about. Even experienced clinicians often have trouble setting and collecting fees, or encouraging their clients' exploration of financial attitudes, experiences, and problematic behaviors. Taught by a psychoanalyst/investment advisor (an expert in both “financial issues in psychotherapy and psychoanalysis” and “the psychology of investing”), this exciting conference blends experiential and didactic teaching into a multi-layered learning experience.

About the Presenter:

John Schott, MD is a Clinical Instructor in Psychiatry at Harvard Medical School, and former Chairman of the Department of Psychiatry at the Metro West Medical Center. Dr. Schott was a stockbroker for ten years and is presently a registered investment advisor with the SEC. For many years he pursued a dual career as a practicing psychiatrist/psychoanalyst and a practicing investment advisor. For the past sixteen years, he has published *The Schott Letter*, a monthly national newsletter that recommends stock purchases for individual and Keogh accounts. A feature of the newsletter is his column, *From Behind the Couch*, that analyzes how individual and group psychology affect successful investing. He is also the author of *Mind Over Money*.

LOCATION: NASW National Office,
750 First St., NE, 7th Floor, Washington, DC 20002

TRANSPORTATION: Metro Red Line, First Street Station, or parking at Union Station (exit the station by Dalton books and walk one block down the hill).

COST: NASW Member: By October 1: \$140 / After October 1: \$170
Non-Member: By October 1: \$155 / After October 1: \$185
Student Discount Rate: Student Members of NASW Metro: \$15

CONTINUING EDUCATION: 6 hours / CE Certificate: \$10

REGISTRATION: Call Richard Nash, NASW Metro: 202-336-8395 or register at www.naswmetro.org.
Credit cards are accepted over the telephone as needed.

For more information about these conferences: Call IPI Metro: 301-951-3782, or visit us on the web at www.ipimetro.org

Co-sponsored by the NASW DC Metro Chapter and the International Psychotherapy Institute. The International Psychotherapy Institute (IPI) is approved by the American Psychological Association to offer continuing education for psychologists. IPI maintains responsibility for the program. IPI is recognized by the National Board of Certified Counselors to offer continuing education for counselors (provider #6017). IPI adheres to NBCC Continuing Education Guidelines. Continuing education credit for social workers will be provided by NASW Metro. Application will be made for continuing education credit for social workers.

NMCOP

National Membership Committee on Psychoanalysis

Sarah Pillsbury, PhD

NMCOP has joined with four other organizations to honor Freud's 150th birthday with a symposium to be held at the Austrian Embassy at 3524 International Court NW in Washington, DC on Friday, September 15. Co-sponsors are the American Academy of Psychoanalysis and Dynamic Psychiatry, the American Psychoanalytic Association, Division 39 of the American Psychological Association, and the Austrian Embassy.

The program begins with working sessions on *Psychoanalysis in Practice* and on *Psychoanalysis as a Cultural Theory*. These afternoon sessions are invitation-only; the evening program, however, is open to all.

Symposium on Freud

Freud's Significance in the 21st Century is the focus of the evening program, which begins at 7:30 PM. Eli Zaretsky, Professor of History at the New School for Social Research, will be the keynote speaker. The Austrian Ambassador, Eva Nowotny will chair a panel discussion with speakers from the sponsoring analytic organizations: Sheila Hafter Gray, MD, Judith Chused, MD, Nancy McWilliams, PhD, and (from NMCOP) Miriam Pierce, CSW. August Aichhorn from the Vienna Psychoanalytic Society will also be on the panel.

The evening will conclude with a reception at the embassy hosted by the Ambassador.

I look forward to seeing many of you at this very exciting symposium! There is no charge for the evening program and reception, but registration is required. For information, call 202-895-6714.

NMCOP Study Group

The recently organized NMCOP study group is well under way. We started in late March of this year, meet twice each month, and now have twelve regular members. Participants come from a fairly diverse theoretical and clinical psychodynamic backgrounds, which frequently makes for spirited and lively discussions. Our next meeting is Friday, September 8. Call me at 202-332-9473 for more information. ❖

Sarah Pillsbury is the NMCOP liaison to the GWSCSW Board.

NAMI

National Alliance on Mental Illness

Ann Wroth, MSW

NAMI, the National Alliance on Mental Illness, is a grassroots organization providing support to family members of people with serious mental illness and to those with mental illnesses as well.

Started about 25 years ago by parents of (adult) children with serious mental illnesses, such as schizophrenia, bipolar disorder, and major depression, NAMI has grown from the grassroots up to a national organization with affiliates in all 50 states and the District, some 1100 local organizations. Typically, local affiliates offer support groups for family members of those with serious mental illness, as well as practical information for navigating the often complicated world of services available (or not) to their ill family member. In addition, NAMI offers information and referral services through the NAMI National Information Helpline, based at NAMI headquarters in Arlington.

An adjunct to therapy

Though NAMI does not offer clinical services, its resources can easily be used as an adjunct to therapy for family members, as well as for clients with serious and persistent mental illness.

Clinical social workers treating parents, siblings and partners of those with serious mental illness can find NAMI educational programs and support groups to help family members normalize their experiences and feel less isolated and alone with the challenges they face. Local affiliates can also help family members discover resources in the community. The NAMI Helpline offers publications dealing with the illnesses, medications, as well as coping tips for family members.

In the Greater Washington area, NAMI has branches in Northern Virginia, Montgomery, Prince Georges and other counties, and the District of Columbia. For information about these local affiliates, as well as publications information, clinicians or family members can contact the NAMI National Information Helpline at 800-950-6264. There is a plethora of information on NAMI's website, www.nami.org. Information on local affiliates is on the web at www.nami.org/local. ❖

Ann Wroth, MSW, works with the NAMI National Information Helpline. She is a GWSCSW member and active on the newsletter editorial board.

Washington Center for Psychoanalysis INC.

(formerly the Washington Psychoanalytic Society)

Friday, September 15, 2006 (Register by September 5)

Title: *Nydia Lisman-Pieczanski, MD: An Introduction to Infant Observation and its Applications to Clinical Practice*

Discussant: Sharon Alperovitz, MSW, & Karyne Messina, EdD

- Objectives: 1) Describe how infant and young child observations can help in the development of clinical skills through the understanding of early modes of communication, especially projective identification.
- 2) Describe how this understanding is essential not only in the work with children, but also with adults, families and severely disturbed patients.

Location: Bethesda Marriott, 5151 Pooks Hill Road, Bethesda

Time: 6:30 pm Cocktails, 7:00 pm Dinner
8:15 pm Paper and Discussion

Cost: \$50 members / \$75 non-members

CME/CE: 1.5 hours

Friday, October 13, 2006 (Register by October 3)

Title: *Faye Moskowitz: On the Creation of a Short Story—"Irene"*

- Objectives: 1) Understand how an author creates and develops a work of fiction
- 2) Learn how to listen to the author who has engaged the reader in an ongoing dialogue

CME/CE: 1.5 hours

Call for information about location, time, cost.

Friday, November 17, 2006 (Register by November 7)

Title: *Ethical Issues in Psychoanalysis and Psychotherapy—When the Clinician's Life Intervenes*

Panel: Katherine Brunkow, MSW; David Joseph, MD; Elise Ostroff Blair, LCSW; Ernest Wallwork, Ph.D.; Susan Lazar, M.D.

- Objectives: 1) Delineate a nosology of responses to life's events leading to impairment in the analysts' and psychotherapists' work.
- 2) Develop ways of thinking ethically about issues of the analysts' and psychotherapist's impairment.

Location: Bethesda Marriott, 5151 Pooks Hill Road, Bethesda

Time: 6:00 pm Buffet Dinner
6:30 pm Panel Presentation and Discussion

Cost: \$50 members / \$100 non-members

CME/CE: 3 hours

Prior Registration is Required

The Washington Center for Psychoanalysis, Inc.

4545 42nd St NW #309 • Washington DC 20016

(202) 237-1854 email: center@washpsa.org

www.washpsa.org

GWSCSW Contribution to VA Legislative Effort

Jane Hundley, MSW

Laura Groshong, MSW

We would like to take this opportunity to thank GWSCSW for its wonderful contribution to the successful campaign in preventing the undermining of Virginia's Social Work licensure. Along with the Virginia Society for Clinical Social Work (VSCSW) and the Clinical Social Work Federation (CSWF), GWSCSW was instrumental in stopping the bill which would have created a new "professional social worker" regulatory level without any scope of practice, training standards, experience standards, or supervision requirements.

Social work and clinical social work need to have clear educational, supervisory, and experiential requirements to maintain the standards of our professions. The Virginia bill would not only have created a morass of confusion in these areas, but, we believe, could have led to unethical practice.

GWSCSW, VSCSW, and the Clinical Social Work Association (CSWA, formerly CSWF), are all committed to maintaining high standards of practice for clinical social work and, where there is overlap, casework and generic social work. We were able to turn a potentially harmful situation into a productive one. Thanks especially to Dolores Paulson, and also to Alice Kassabian, Diana Seasonwein, Margot Aronson, and the GWSCSW Board for their participation in this difficult, and ultimately successful, process.

Jane Hundley, MSW, is president of the Virginia Society for Clinical Social Work and serves on the board of directors of the Clinical Social Work Association. Laura Groshong, MSW, is director of Government Relations for the Association.

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in your Society and your profession.*

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ADVOCACY & LEGISLATION

■ VIRGINIA

Christopher J. Spanos

Although the Assembly is not currently in session, there are several major state government initiatives that Virginia Clinical Social Workers should be following: Governor Kaine's creation of a Health Information Technology (IT) Council; Attorney General McDonnell's formation of a Government and Regulatory Reform Task Force; and work of the newly-created Medicaid Revitalization Committee.

Health IT Council to focus on statewide adoption of electronic health records

Governor Timothy M. Kaine has announced the creation, by Executive Order, of a Health Information Technology (IT) Council charged with recommending the most innovative and effective investments for the \$1.5 million appropriated by the General Assembly to encourage the adoption of electronic health records throughout the Commonwealth.

The Health IT Council will be composed of hospital executives; physicians; representatives from the pharmaceutical, insurance, and home health industries; consumers; and members of the General Assembly. It will be co-chaired by the Governor's Cabinet Secretary of Health and Human Resources and the Secretary of Technology.

Healthcare regulations a key study item for McDonnell's Task Force

Attorney General Bob McDonnell's Government and Regulatory Reform Task Force includes leaders from across the political spectrum, government leaders, representatives from business, and representatives from citizen groups. The Task Force is charged with conducting a systematic review of state regulations, with a goal of minimizing the adverse impact on commerce and society while preserving the important public safety, health and welfare protections that many of the regulations provide.

Three working groups made up of industry and issue experts will make recommendations to the Task Force on reform of regulations: the Agriculture Working Group, the Healthcare Working Group and the Small

Business Working Groups. The Task Force will begin its work by focusing on these three areas and will focus on other issues during the course of its business.

Task Force seeks public involvement

In addition, the Task Force is seeking citizen input on this important matter. Any citizen who has a problem with a specific regulation, or a recommendation for the Task Force, is encouraged to email: regreform@oag.state.va.us

Medicaid Revitalization Committee

House Bill 758, passed by the 2006 General Assembly and signed by Governor Kaine on April 5, 2006, sets into motion the self-examination of Virginia's primary healthcare delivery mechanism for the State's most vulnerable citizens – the Medicaid program. The legislation created the Medicaid Revitalization Committee consisting of patient advocates, healthcare providers, and other stakeholders.

The Committee will examine alternative and innovative approaches to healthcare delivery under Medicaid. The focus will be on client-centered planning, individual budgeting, and self-directed quality assurance and improvement.

By December 1, 2006, recommendations developed by the Committee must be submitted by the Director of the Department of Medical Assistance Services to the House Committees on Appropriations and Health, Welfare and Institutions and the Senate Committees on Education and Health and Finance. Recommendations are to include estimates of the costs and cost savings for implementation of the waiver or amendments to the State Plan. ❖

Chris Spanos, government and public affairs counselor for the Spanos Consulting Group, is the lobbyist for the coalition of GWSCSW and the Virginia Society for Clinical Social Work. He can be reached at 804-282-0278 or by email at ChrisSpanos@SpanosConsulting.com.

■ MARYLAND

Betsy Amey, LCSW-C

Margot Aronson, LCSW-C

The MD-LCSWO (Maryland Legislative Council of Social Work Organizations) is the coalition of GWSCSW and the Maryland Society (MSCSW), representing the interests of our member Societies and of the more than 7000 licensed clinical social workers in Maryland. Working with lobbyist Alice Neily, the Council advocates for legislation and government policies promoting greater access to quality mental health care and services to meet the needs of Maryland citizens.

This past year, we have focused on

- expansion of insurance coverage to Maryland's uninsured and underinsured,
- regulation of insurers to clarify their responsibilities to their subscribers as well as to providers in and out-of-network
- inclusion of LCSW-Cs in certain specialized areas of practice.

In preparation for the coming election, the Council has developed talking points and questions for the candidates for the Maryland Assembly. We will share the responses we receive from them on our listserve and website.

Meanwhile, we urge members to raise the following issues whenever you have an opportunity to speak to a candidate or staffer. The more that the candidates hear constituents support these positions, the more likely they are to be responsive when elected.

Expansion of coverage

Efforts have been made to insure more Marylanders by allowing "Association Health Insurance Plans." So far, proposals have allowed such plans to waive state-mandated benefits, such as mental health and substance abuse treatment, in order to make these plans "affordable."

Maryland has taken a leadership role among states in attempting to provide its citizens with needed access to mental health and substance abuse care. We believe that waiving the state-mandated benefits would be a false economy, as there is compelling evidence that the availability of mental health and substance abuse treatment in health insurance plans does not increase

costs to the insurer. *Are you willing to work to support the protection of the state-mandated benefits and find alternative approaches to insuring more Marylanders?*

We have joined the Maryland "Health Care for All" Coalition, working to win all Marylanders access to quality, affordable health care. *What are your ideas about what should be done to expand insurance coverage and/or health/mental health care services to those in our state who are either uninsured or underinsured?*

Regulation of insurers

LCSW-Cs find that many of their clients face a variety of problems of access, choice, and privacy in dealing with their mental health and substance use treatment needs. Meanwhile, insurers have lowered allowable fees to *below* the "reasonable and customary charges" established in 1990. We have supported legislation addressing these issues, including expansions of state regulation of insurance companies and managed behavioral health companies.

Will you be supportive of efforts to: a) expand the networks of highly qualified providers by allowing increased fees and/or reimbursement rates? b) expand coverage in the private sector to include those services currently offered mostly in the public system, such as inpatient rehabilitation, day hospital treatment, community behavioral rehabilitation, etc.? c) assure Marylanders of the privacy of their mental health and substance abuse treatment records?

LCSW-Cs as qualified evaluators of mental health

Licensed Certified Social Worker-Clinical (LCSW-C) is the highest level of social work licensure in Maryland; the LCSW-C is licensed to "evaluate, diagnose, and treat mental disorders as defined in the Health General Article." In addition, legal precedents establish that LCSW-Cs can qualify to serve as expert witnesses in matters pertaining to mental disorders.

Legislation has established pools of professionals on which judges can draw for certain evaluations. Specialized training will be required of all clinicians in this pool, whatever their discipline. In several cases, LCSW-Cs have been excluded from this legislation, thus limiting the pool of qualified professionals available to judges and, in turn, increasing the possibility of delays for those in need of evaluation.

Would you support efforts to include LCSW-Cs with the appropriate specialized training required by any other such clinician in the pool of mental health professionals available to a judge for a) evaluation of a juvenile's competency to participate in legal proceedings? b) evaluation of Permanent Impairment due to mental disorder for purposes of Workers' Compensation? c) participation, with a licensed physician, in verifying a certificate of competency or non-competency of a disabled person, to assign guardianship? d) evaluation of the competency of a patient to select a Health Care Agent through Advance Directives?

Evaluation and Treatment of Mental Retardation

LCSW-Cs are licensed to evaluate, diagnose, and treat developmental disability and mental illness, but the wording of the Maryland law regarding Mental Retardation (ie, that Mental Retardation is not the same as Mental Illness) has led to confusion about whether LCSW-Cs are authorized to evaluate, diagnose, and treat mentally retarded individuals. *Would you support efforts to include LCSW-Cs with the appropriate specialized training required by any other clinician in the pool of mental health professionals available to a judge for evaluation, diagnosis, and treatment of mentally retarded patients?*

And the most appreciated question the legislators-to-be most want to hear

What are the most important concerns you might want us to address with you in the next four years? ❖

Betsy Amey, LCSW-C, of the Maryland Society for Clinical Social Work, and GWSCSW past president Margot Aronson, LCSW-C, are this year's co-chairs of the Legislative Council. Other Council participants are Nancy Cedar Wilson, LCSW-C (GWSCSW), Marsha Carow, LCSW-C (MSCSW), and Maggie Barris, LCSW-C (MSCSW).

Day in Annapolis

Tuesday, September 19
9:30 AM to 1:30 PM

The Maryland Assembly— How It Works and How to Lobby

Expert "hands-on" training
by GWSCSW lobbyist Alice Neily ...

At her office on Duke of Gloucester Street and at the State House.

No charge to members.

For more information, call 202-966-7749



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SYMPOSIUM:

Mind, Matter and Imagination: Transformation in the Creative Arts

a free interdisciplinary symposium

Saturday, October 7, 2006

9:00 AM – 1:00 PM.

GWU Media and Public Affairs Auditorium
805 21st Street, NW
Washington DC

Speakers are Ellen Handler Spitz, PhD, author of *The Brightening Glance: Imagination and Childhood*; Walter Bartman, painter and founder of the Yellow Barn; Ed Herendeen, Founder and Producing Director of the Contemporary American Theater Festival; and Barbara Novak, MD, a training psychoanalyst.

More information:

www.bwanalysis.org

Call 301-470-3635 or 410-792-8060.

*Sponsored by the Baltimore Washington Center for Psychoanalysis
and the GWU Center for Professional Psychology.*

VISIT OUR WEBSITE:

www.gwscsw.org

Maryland Election Debriefing

Wednesday, November 15
5:30–7:30 PM

What the election results mean
for clinical social workers

An informal wine and cheese get-together for all interested members, with a debriefing on the election and expectations for the upcoming Assembly session by Alice Neily.

Location TBA

No charge.

For more information, call 202-966-7749

■ DISTRICT OF COLUMBIA

What If You Held a Town Hall Meeting and...

Maya Godofsky, LICSW

"Our Community's Voice: Mental Health Care for the Underserved in the District of Columbia" was the theme of the July 26, 2006, Town Hall meeting with DC's mayoral candidates at the District's Martin Luther King Library. The panel was to be the five mayoral candidates, whose respective opinions and intentions regarding the state of mental health care in the District were to be discussed.

The room was packed at this event sponsored by the Georgetown University Hospital Department of Psychiatry Center for Mental Health Outreach. Numerous community residents and advocates came to voice concerns about the treatment and prevention of mental health problems among the low-income sector of the District population.

Although the event was scheduled to begin at 1:00 PM, by 1:15 PM only Marie Johns was present. Michael Brown and Linda Cropp arrived very late; Cropp left a half an hour early. Adrian Fenty arrived moments before the meeting's conclusion, much to the crowd's disappointment, and Vincent Orange did not make an appearance.

Attendees seemed to represent a cross-section of the community, ranging from District residents who were grappling with their own experiences of the dearth of mental health services available to them in DC, to mental health practitioners from the greater Washington area, to advocates from various local mental health outreach organizations.

GWSCSW president Diana Seasonwein voiced concern about the erosion of the pool of experienced providers due to dwindling reimbursement rates and also noted the Society's concern about CareFirst's lack of follow-through in meeting its charitable obligation to local citizens. Other topics included the interplay between psychiatric problems and the overcrowded criminal justice system, co-morbidity of psychiatric problems and substance abuse, and the perception that there has been misappropriated spending on the part of the District government, resulting in a lack of public funding for mental health services.

Ms. Johns seemed to be the only candidate intent on understanding and responding to the questions asked, and she was in agreement that the District has done an inadequate job of providing effective mental health care to its low-income residents. She spoke of the need for greater public understanding of the connection between poverty, childhood trauma, and mental illness, and the connection between inadequate mental health care and the overcrowded criminal justice system in light of the recent resurgence in crime. Other candidates present adhered to their own agendas rather than speaking directly to the issues raised.

The general consensus seemed to be that DC suffers from a lack of vision, and future District leadership will face the responsibility of partnering with the community in effort to establish a more effective treatment, education, and prevention program, and reduce discrimination against mental illness. With the election of a new mayor this Fall, the city will be called to task in redefining its values and priorities in its approach to treating and preventing mental illness in Washington, DC - perhaps catalyzing change in our city. ❖

Maya Godofsky, LICSW, comes to us from New York City, where, after earning her MSW from Columbia University in 1997, she worked with couples and families until her recent move to the District of Columbia. We look forward to her participation in GWSCSW legislative activities, and to reading more of her articles in GWSCSW News & Views.

The DC Mayoral Election: What We Can Do

Margot Aronson, LICSW

Clearly, mental health issues are taking a back seat in District politics, but we have an opportunity to make a difference if we act now. The Primary is September 12, and here's what each of us can do now:

1. Read about the Town Hall Meeting on Mental Health, in this issue. Note that although the candidate showing was disappointing, the room was packed. This was an important meeting for constituents, and the absence of front-running candidates was significant.
2. Call the headquarters of Marie Johns, and thank her for her attention to the important mental health issues in the District. We want her to know that responsiveness to mental health concerns pays off.

continued on page 19

3. Call the headquarters of the other candidates, or, at a minimum, the candidate you are considering supporting. Say, "There are major problems involving mental health care in our city. As a clinical social worker, I want to support a candidate who is concerned, committed, and knowledgeable about critical mental health issues. Frankly, I was disappointed in your lack of responsiveness at the Town Hall on mental health. I hope you will be demonstrating some understanding of these issues before the Primary so that I can be supportive."

4. Every time you meet up with a candidate or staffer, campaigning door to door or handing out leaflets on street corners, say the same thing.

Why is this important? If candidates and their staffs hear about this from a number of us, we can, at the very least, get them to understand that the mental health community does not like to be stood up, to realize that mental health is not a brush-aside concern. We want to educate them about issues, and, hopefully, get them to make some commitment to responsiveness on: mental health problems in the city.

5. If you possibly can, volunteer to join the nascent DC section of our Legislation and Advocacy Committee as we put together a statement of what we would like our next mayor to do for the mental health in the city... and then visit to the Council offices in person, speaking with staffers, and delivering our statement to educate them.

Issues we might want to address with mayoral candidates include: the need for attention to the homeless in need of treatment and benefits; attention to the continuum of care that had been St. Elizabeth's purview; funding for and staffing of group homes, monitoring of group home programs that seem to be functioning more like shelters; monitoring of agencies who reportedly are refusing to serve their mandated clients, claiming that these clients "don't want therapy"; identification of mental health needs of infants and young children, and for supportive therapeutic early childhood programs; steps to stop the erosion of the pool of experienced providers due to dwindling reimbursement rates; and monitoring of CareFirst's follow-through in meeting its charitable obligation to local citizens.

Every voice counts! Call 202-537-0007 to volunteer. ❖

Contact the Candidates

Michael Brown
www.brownformayor.com
202-249-2905

Linda Cropp
www.croppformayor.com
202-842-2006

Adrien Fenty
www.fenty06.com
202-667-2006

Marie Johns
www.johnsformayor.com
202-339-0669

Vincent Orange
www.orangeformayor.com
202-289-2111

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WWW Wanderings

Joel Kanter, LCSW-C

The Journal of Social Work Practice is a British journal with excellent clinical content. Two special issues are available free online through the Journal website at www.tandf.co.uk/journals/titles/02650533.asp

The Journal is soliciting contributions for two special issues.

The first is *Dialogues and Developments in Social Work Practice: Applying Systemic and Psychoanalytic Ideas in Real World Contexts*. Following the very successful conference of the same title, the Journal is planning a special issue to be published in Issue 2, June 2007 which will bring together papers presented at the Tavistock & Portman last November.

The Journal is inviting additional contributions on this theme to complement and expand the dialogue

between these two theoretical perspectives which have often been seen to develop in opposition to each other but which are currently seeing a rapprochement in the psychotherapy field.

The second special issue will be *Bio-psycho-social Perspectives: Psychodynamics and the Embodied Person*, which will out in late 2007 or early 2008. The Journal is looking for proposals and suggestions from practitioners, academics, and researchers which address psychotherapeutic approaches to health and welfare using a 'bio-psycho-social' model as an object of research and as a determinant of psychodynamically-informed theory and practice.

For more information on these special issues, visit www.tandf.co.uk/journals/cfp/cjswcfp.pdf. ❖

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"The Last Taboo: Money in the Clinical Setting"

with
John Schott, MD
Clinical Instructor of Psychiatry,
Harvard University Medical School

Saturday, October 14, 2006

Money in the Unconscious
Money in Transference and
Countertransference
Gaining Comfort with Money and
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Continuing Education:
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"Finding a Weigh In: Clinical Work with Eating Disorders Across the Life Span"

with
Deborah Blessing, MSW &
Jeanne Magagna, PhD

3 Sunday Afternoon Sessions

October 15, 2006

February 11, 2007

May 6, 2007

Infancy & Early Childhood
Childhood to Adolescence
Late Adolescence to Early Adulthood

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Nancy McWilliams, PhD
Author, Editor, President-Elect
of Division of Psychoanalysis, APA

Saturday, February 24, 2007

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or call for registration: **202.336.8395**

NASW DC Metro Chapter is accessible by the Metro at Union Station (Red Line)

NASW Headquarters, 750 First Street NE, 7th Floor, Washington DC 20002

Speaking Out for Psychotherapy

from the Washington Post, Letter to the Editor, July 17, 2006

On July 9, 2006, Richard Moe's article "What My Son Couldn't Tell Us—Mental Illness and Suicide Must Not Be Taboo Topics" appeared on the Op-Ed page of the Washington Post. Reproduced below is the letter to the editor from GWSCSW Vice President Joel Kanter published in the Post on July 17.

Rx: The Human Connection

Richard Moe's July 9 op-ed column, "What My Son Couldn't Tell Us," eloquently described his son's tragic suicide despite psychiatric diagnosis and medication. Unfortunately, the biomedical orientation of much of contemporary psychiatry overlooks the psychological and social concerns of many suicidal persons. Although biological issues undoubtedly play a role in depressive disorders, the suicidal patient's experience of being reduced to an array of symptoms treated by one or more medications often exacerbates feelings of hopelessness and despair. Many, if not most, suicidal patients want their pain to be heard by others who can provide empathy and support—to have their suffering appreciated for its unique characteristics, not just to support a specific diagnostic categorization or medication choice.

And, as Mr. Moe points out, they need safe places where they can begin to address important issues of concern, not merely an all-too-brief hospitalization on a chaotic psychiatric ward. While managed care has limited psychiatric care to 15-minute monthly medication checks, skilled psychotherapists, often clinical social workers, can provide the human connection that helps suicidal persons overcome their despair and seek solutions to the very human problems that triggered their feelings of hopelessness.

Joel Kanter
Silver Spring

The writer is Vice President of the
Greater Washington Society for Clinical Social Work.

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CLINICIANS & MONEY

Financial Boundaries and Your Psychotherapy Practice

Peter H. Cole, LCSW, Chartered Financial Consultant

We psychotherapists put a great deal of thought and energy into maintaining appropriate boundaries with our clients. We are bound by professional ethics and sound clinical practice to maintain boundaries that support the deeply intimate work that our clients undertake in therapy. In this month's column, I will examine the elements of financial boundaries that support the work of psychotherapy. I propose three principles of sound financial boundaries in psychotherapy. I will briefly discuss each in turn.

1. Non-exploitation
2. Clarity of the therapeutic contract
3. Ongoing attention to the financial frame

Non-Exploitation

This is the most basic of financial boundaries. This means that the psychotherapist must not get entangled with the patient financially. Financial entanglement would include scenarios such as loans (from client to therapist or from therapist to client), insider stock tips (if the client is an insider in a public company and tips the therapist about upcoming deals that will affect the stock price), trades for services (treating a plumber who then trades for the therapy by fixing the therapist's plumbing), real estate deals, etc. The basic rule of non-exploitation is that the patient pays an hourly fee for services (or a third party payer does so) and there is no further financial entanglement between therapist and client. This comes under the heading of non-exploitation because it is all too easy for the therapist to exploit his/her powerful position with the client. Once the financial boundaries start to slip, it can be a slippery slope to unethical, unprofessional behavior.

Clarity of the Therapeutic Contract

The therapeutic contract need not be a written document, although some therapists do utilize a written agreement. Whether written or not, the contract refers

to the agreement between therapist and client. The contract should be simple and clear. The client should know the therapist's policies about the fee, cancellations, insurance billing, co-pays, and past due payments. A clear contract at the outset of therapy sets the frame for sound financial boundaries over the entire course of treatment.

Ongoing Attention to the Financial Frame

The financial frame is set with a clear therapeutic contract. As the therapeutic relationship develops, it is important to maintain the financial frame. The therapist should be attentive to any acting-out around prompt payment of the bill and other forms of financial boundary crossing. Most clients have ambivalent feelings about having to pay for therapy - and there can be great value in discussing these feelings in therapy. If the client acts out around paying the bill, it is vital to the therapy that the therapist set limits with the behavior while exploring its meaning with the client.

A strong financial frame lends resilience and structure to the therapeutic relationship. It lends safety to the therapeutic enterprise and helps foster effective treatment. ❖

Peter Cole is an LCSW, Chartered Financial Consultant, director of Insight Financial Group, and author of Mastering The Financial Dimension of Your Practice: The Definitive Guide to Private Practice Development and Financial Planning. Peter can be reached at 800-426-139 or through the website www.insightfinancialgroup.com.



The GWSCSW Referral Panel

The GWSCSW Referral Panel provides practice information on participating Clinical Society members in DC, Maryland and Virginia. Population, specialty, groups, insurance participation, theoretical orientation, languages spoken and lots more!

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GWSCSW Book Corner

.....

Our Book Corner celebrates the works of GWSCSW member authors. The series began in December 2005 with a spotlight on Coping with Your Difficult Older Parent, co-authored by longtime members Grace Lebow and Barbara Kane, with Irwin Lebow. Next in the series was Jon Frederickson and his book Psychodynamic Psychotherapy: Learning to Listen in Multiple Perspectives, in June 2006.

Please contact us at gwscsw@gmail.com with information about your publications—and those of your too-modest colleagues.

Erin Gilbert, MSW

Rob Scuka, LCSW-C, PhD, told me, in our interview this summer, that working with couples is his passion. Following this closely is his enthusiasm for the relationship enhancement (RE) model, which he has been using since 1993. He was fortunate, he said, that early in his clinical training, he encountered Bernard Guerney Jr., PhD, leading authority in RE therapy; this experience helped shape much of his practice.

One of Guerney's key insights involves the skills training approach. The therapist helps each of the partners to learn more effective interpersonal skills that can be incorporated into daily life and used continuously in the couples' daily life. Scuka describes the goal as the restructuring of the relationship and patterns of interaction in order to help the couple address the issues at hand and future issues as well. Therapy using this perspective, he says, can have a profound effect on couples.

As a result of his twin passions for couples work and for the RE model, and in keeping with the skills training approach, Scuka authored *Relationship Enhancement Therapy: Healing through deep empathy and intimate dialogue*. He describes the book as a working manual for clinicians interested in using the RE model in their practice with couples. Someone inexperienced with the model can read this book, he says, and be able to implement RE afterward.

Scuka's book includes an overview of the RE therapy process, including theory, research, methods and techniques. There are step-by-step descriptions of each of the various phases of the RE model, from intake to skills teaching to the dialogue phase.

Six clinical vignettes are interspersed throughout the text. Three of them focus on using the RE model for the treatment of infidelity. Extensive case descriptions and dialogue are included.

Relationship Enhancement Therapy: Healing through deep empathy and intimate dialogue, published by Routledge in 2006, is available on amazon.com for \$39.95. Learn more about the RE model on the National Institute of Relationship Enhancement's website at www.nire.org. ❖

GWSCSW Book Corner author Erin Gilbert, MSW, is a residential counselor with the Board of Child Care of Maryland.

Our Online Society

This column reports on questions that have been raised on the GWSCSW listserv, with some of the responses.

Topic: I'm looking for books on step-parenting for a client who is struggling with her new teenage step-daughter.

... She might find *Making Peace in Your Stepfamily*, by Harold Bloomfield useful. I also like *Stepfamily Realities* by Margaret Newman. You might want to check out *Stepfamilies in Therapy*, by Dan and Maggie Martin to better understand her family situation even if you are seeing her individually.

Topic: Does anyone have or use any of the structured dissociation interviews or self-report instruments for dissociation?

... I've used the questions at the end of each chapter in Marlene Steinberg's book *The Stranger in the Mirror*, to help in this regard, as well as the DES instrument which is available through the Sidran Foundation at www.sidran.org/pro.html.

Topic: Reading materials for survivors of sexual assault.

... *Secret Survivors: Uncovering Incest and its Aftereffects in Women*, by E. Sue Bloom, *Invisible Heroes: Survivors of Trauma and How they Heal*, by Belleruth Naparstek, *The Courage to Heal*, by Ellen Bass and Laura Davis, *The Sexual Healing Journal*, by Wendy Malz, and *Lucky*, by Alice Sebold, a memoir that gives a gripping account of the experience, survival, and recovery from sexual assault.

Topic: Reading materials for an adult with ADHD.

... The best book on stigma issues is *Delivered from Distraction*, by Ned Hallowell. Also, books by Kathy Nadeau are great.

... Brian Doyle, a DC psychiatrist, has written *Understanding and Treating Adults with Attention Deficit Hyperactivity Disorder*. I ordered mine through Politics and Prose.

... I find clients prefer *ADD in Adults*, by Lynn Weiss, PhD, to Hallowell's books.

... You could suggest that your client join CHADD (Children and Adults with ADHD), a self-help group. They put out a very good magazine, *Attention*, that is geared

to parents and adults. They also run free adult support groups and offer seminars and activities for adults with ADHD. They can be reached at 800-233-4050 or www.chadd.org.

Topic: Reading materials on narcissistic families, loss (not necessarily death)

... Some of my clients have liked *Heartwounds*.

... I have found *The Forgiving Self*, by Robert Karen to be helpful as well.

... I found *Ambiguous Loss: Learning to Live with Unresolved Grief*, by Pauline Boss to be helpful.

... Your request reminds me of the insidious impact of parental emotional neglect. In contrast to abuse, it is difficult for the children of such parents to mobilize a constructive sense of outrage. (When someone is beaten, he knows he has been beaten, but a child who is neglected is often not aware of what he has missed). Two films illustrating narcissistic mother-daughter pairings are *Anywhere but Here*, with Susan Sarandon and Natalie Portman (which is also a powerful novel) and *Postcards from the Edge*, with Shirley MacLaine as the mother and Meryl Streep as the daughter. (*Postcards* is also a novel, by Carrie Fisher.)

... I have had clients who reported finding readings on narcissistic parents helpful. Amazon lists the following, which I have not read: *Children of the Self-Absorbed: A Grown-Up's Guide to Getting Over Narcissistic Parents*, paperback.

... Try this book: *The Narcissistic Family: Diagnosis and Treatment*, by Stephanie Donaldson-Pressman and Robert M. Pressman, Jossey-Bass Publishers, www.josseybass.com. ❖

Ann Wroth, LCSW-C, who prepared *Our Online Society*, works at NAMI, the National Alliance for the Mentally Ill. She recently joined GWSCSW and our newsletter committee.

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in your Society and your profession.
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Using Principles of Bodywork to Enhance Skills in Psychotherapy (and in Life)

Constance Ridgway, LCSW, LMT

I am privileged to straddle two worlds in my work, that of psychotherapy and massage therapy. The government sees these two professions as very different, but my experience is that they are part of a larger, less divided realm of the "healing professions."

Quantum physics tells us that our body and our thoughts are simply part of a continuum of energetic manifestation. The more I practice, the more I see healing on this continuum. We all feel the energetic presence of another person in our therapy room, but may not have a context in which to put this awareness. The body can be the medium in which we literally can feel that energetic presence in another. We can register it in our own bodies and we can know, through our sensed awareness, what is going on in another person.

Using Our Bodies to Sense the Therapeutic Environment

We all have heard the words "grounded" and "centered". These terms refer to the state of being when we feel ourselves fully in the present, aware of our internal state and our external environment. The body is a perfect vehicle for this sense of presence or centeredness. Cultivating our own centeredness is a profound gift we can give to ourselves and our clients.

We all have felt the sense of emptiness at the end of the day when we have "spent" ourselves for our clients. Cultivating centeredness, on a

body level, can renew us, not just at the end of the day but throughout the day by making us more tuned in to our needs in the present.

Many people are using their bodies in the therapeutic environment without necessarily calling it such. Any form of mindfulness or meditation is rooted in body awareness. Any breath work is as well. My hypothesis is that intuition is actually an awareness of energy that flows from a person's body—it is a subtler form of awareness that can be sensed as well in the body.

Cultivating a Neutral Presence through the Body

The most important thing that I have learned, for both psychotherapy and massage therapy, has been the ability to hold a neutral space. This term may sound uncaring or unfeeling to some, but I have found that it is the deepest way of being centered I have ever experienced. My energy is not going out to the client. I am not giving or receiving anything. I am in neutral. I am able to observe myself and the other at the same time. It is the container in which I can hold us both.

One exercise to cultivate neutral presence:

Sit in a comfortable position. Allow yourself to let go of outside distractions. This may be done with closed eyes or with eyes open, yet unfocused. Sense where you feel relaxed, and where you don't. See if you can ask that less relaxed part of your body what it needs to relax.

Find the place in your body that feels as though it is neither giving out nor receiving energy, but simply is there. Observing. Aware. Aware not just of inside the body, but of the room as well. Simply observe this state for about two minutes.

One can cultivate this neutral state for longer periods, and in the presence of others. It is wonderful to do when there is strong emotion present—it calms a situation without words.

Our bodies are natural allies in helping us and our clients establish boundaries, know what we need and want, stay centered, and explore new territory. It is an exciting process to let the field of bodywork and energy work inform us as psychotherapists.

For more information, read *Developing Therapeutic Presence* by Suzanne Scurlock-Durana, found on the web at www.Upledger.com. Click on "Healing from the Core," then on "Articles."

A 3-hour GWSCSW workshop on this topic will be offered in October. See page 30. For more information, you may contact me at kaniru@aol.com. ❖

Connie Ridgway, LICSW, LMT, is a licensed clinical social worker and a licensed massage therapist in Washington DC and Alexandria VA. Her practice, called Full Circle Creative Healing, integrates mind and body therapies, encouraging our natural state of wholeness. She has been a member of GWSCSW since 1992.

Volunteer Opportunity

Our thanks to Deborah Zatz, LICSW, for her service as GWSCSW liaison to the Consortium for Psychoanalytic Research. Debbie served as Consortium Treasurer and was instrumental in the incorporation of the organization; she also worked on the annual Consortium conference. She describes her two-year term as "a fulfilling experience with an academic group of professionals."

The Consortium represents fifteen area organizations interested in building a bridge between clinicians and clinically relevant research. The group meets one Sunday morning each month to review the literature on research in psychoanalytic psychotherapy and to plan the annual Consortium conference.

In addition to GWSCSW, Consortium members are American Society of Psychoanalytic Physicians, Baltimore-Washington Institute for Psychoanalysis, Clinical Social Work Institute, Columbia Academy of Psychodynamics, Institute for contemporary Psychotherapy and Psychoanalysis, International Institute of Object Relations Therapy, Jungian Analysts of the Greater Washington Metropolitan Area, New York Freudian Society, Washington Psychoanalytic Society, Washington Professionals for the Study of Psychoanalysis, Washington Society for Jungian Psychology, Washington Society for Psychoanalytic Psychology, Washington Psychiatric Society, and Washington School of Psychiatry.

If you are interested in the liaison role, please call 202 537 0007. ❖

Out & About

This column shares news about members' professional accomplishments—our publications, speaking engagements, seminars, workshops, graduations—as well as our volunteer projects and special interests or hobbies. Here is what some of us have been up to....

In June, **Peg Cahill**, LICSW, presented a paper entitled "Performing Retirement: Different Pathways to Retirement for Clinical Social Workers" at the 45th Annual International Conference for the Advanced Professional Practice of Clinical Social Work (ICAPP) in Colorado Springs. The oldest clinical social work organization in the world, ICAPP brings together clinical social workers with varied theoretical orientations, diverse clinical experiences, and from many different practice settings; conference proceedings are lively, collegial, and challenging.

Livia Bardin, MSW, has had an article published in the *Cultic Studies Review* (2005) Vol. 4, No. 3, entitled "Child Protection in an Authoritarian Community; Culture Clash and Systemic Weakness." She has also presented on "Child Abuse and Child Protective Work in Two Isolated Authoritarian Communities" at the June 2006 conference of the International Cultic Studies Association in Denver.

Wendy Zack, LICSW, has joined the Department of Psychiatry of the Georgetown University School of Medicine as a Clinical Assistant Professor of Psychiatry on the Clinician Track. Wendy will continue her specializations in women's mental health and eating disorders. She will be teaching psychodynamic psychotherapy to the residents. Wendy is also completing her PhD at the Clinical Social Work Institute. Her dissertation topic is "The Collaborative Relationship between the Clinical Social Worker and the Medicating Psychiatrist."

Alice Kassabian, Connie Hendrickson, Pat Baker, and Dolores Paulson were honored in June at a wine and cheese reception by Catholic University's school of social work. Dean James Zabora presented all four with floral bouquets and specially designed gilded PhD diplomas to highlight their role in the retroactive conversion from DSW to PhD degree to all 239 DSW graduates.

Our thanks to Pat Driscoll, LICSW, for compiling and editing Out & About. Pat has long been active in the Society and has served on the Board as a GWSCSW Advisor.

VISIT OUR WEB SITE: www.gwscsw.org

About Dr. Reamer

Frederic Reamer is known throughout the world as a distinguished ethicist, researcher, scholar, expert witness, professor, and author. Since receiving his PhD at the University of Chicago in 1978, this extraordinary social worker has worked in a wide range of human service settings, particularly in the areas of mental health and corrections.

Dr. Reamer has served as director of the National Juvenile Justice Assessment Center of the US Department of Justice (1979–81); as senior policy advisor to the Governor of Rhode Island (1986–1990); as a commissioner of the Rhode Island Housing and Mortgage Finance Corporation (1987–1995), and, since 1992, as a member of the State of Rhode Island Parole Board.

Currently a professor in the graduate program of the School of Social Work at Rhode Island College, Dr. Reamer has also served on the social work faculty of the University of Chicago and of the University of Missouri-Columbia. He was instrumental in the development of the NASW Code of Ethics, and later chaired the revision committee. His many publications include books, book chapters, and journal articles reflecting his wide range of interest. Dr. Reamer is series editor for the *Columbia University Press Social Work Knowledge Series* and editor of *AIDS and Ethics*.

A brief bibliography of Dr. Reamer's works can be found at www.gwscsw.org.

Reamer, continued from page 1

Baltimore mounted an all-out campaign. Dolores Paulson, Alice Kassabian, and Connie Hendrickson spoke of Reamer's incredible breadth of knowledge and insight, the way he engages an audience so that everyone is on the edge of his or her seat. Ultimately, their enthusiasm was infectious, and the Board agreed to take the risk.

That Reamer conference was a huge success: on April 8, 2005, over 130 attendees found all of the above and more to be true! Dr. Reamer addressed those issues that clinicians deal with day in and day out in a thoughtful, insightful, tempered way. He focused on the ethical issues that confound clinical social workers in a variety of settings; he responded in depth to his clinically sophisticated audience, with particular focus on those "gray areas where reasonable people will disagree".

Person after person leaving the auditorium, appreciative of his knowledge of clinical ethical dilemmas, asked, when will he return? Could he talk more about the confounding ethical issues social workers live with, and, especially, could he talk about documentation? We are very fortunate to have Dr. Reamer return since he has significantly curtailed his travel schedule.

Space is limited—sign up early

The Clinical Social Work Institute is co-sponsoring the conference, which will take place in the Sibley Memorial Hospital auditorium at 5255 Loughboro Road NW, Washington, DC, from 8:30 AM to 4:00 PM on Sunday, October 22, 2006. Parking is available in the hospital parking lot (fee); there is some street parking; and the Metro bus stops at the hospital. Continental breakfast and lunch are included. We are fortunate to be able to hold the fee to \$120 for members, non-members \$150, for this full day seminar. After October 1, the fees increase. As with all GWSCSW programs, scholarship funds are available in cases of need.

Six continuing education credits in ethics

Attendees will receive six Category I Continuing Education Units (CEUs) in Ethics for this conference, more than fulfilling the ethics requirements of Maryland and Virginia licensees and completely filling the District of Columbia requirement. In fact, this is a perfect opportunity for Maryland licensees to meet their ethics requirements for the October 30 license renewal deadline; Virginia and DC licensees will meet their requirement well in advance of the spring and summer deadlines.

Alice Kassabian, Audrey Thayer Walker, Connie Hendrickson, and Golnar Simpson are serving with Dolores Paulson, Chair, on the conference committee. The committee welcomes assistance, and in particular volunteers to help at the door. To volunteer, call Dolores at 703-448-9711.

For more information and to register, call the GWSCSW office at 202-537-0007; details can be found at www.gwscsw.org. This is an ideal time for non-members to join the Society and enjoy the member discount for the conference. We urge you to encourage colleagues to join! ❖



present

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on

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"He brings in all the audience, keeps them engaged and participating throughout."

"He responds to questions with profound insight and an extraordinary breadth of knowledge."

"Who would have thought an ethics conference would have us at the edge of our seats?"

Sunday, October 22, 2006

8:30 AM Registration / 9:00 AM – 4:00 PM

Sibley Hospital Auditorium, 5255 Loughboro Road NW, Washington DC
Park in Sibley lot or street parking available. On the Metrobus line.

Registration includes continental breakfast and lunch

Includes 6 Category I CEUs

Limited seating! Make your reservations early!

Questions? Call 202-537-0007

Please reserve a space for me at the Reamer conference

By 9/30/06 10/1 or later

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GWSCSW and CSWI are approved sponsors for Category I Continuing Education activities for Social Workers in Maryland, Virginia and the District of Columbia. This conference will satisfy the Continuing Education requirements in Ethics for Maryland, Virginia, and DC.

2006–07 GWSCSW Continuing Education Courses

■ Jungian Psychology and Its Use in Treating the Borderline Client

In his book, *The Borderline Personality*, Nathan Schwartz-Salant describes how he applies a Jungian archetypal approach to the therapy of borderline and difficult patients, especially in the area of transference and counter transference. The plight of one such person, Eva, is demonstrated in Krzysztof Kieslosakis' film *Decalogue3*, which will be shown and discussed. The disturbed effect Eva has on her social environment is presented within the film's mythical as well as poetic context. This course will present a challenge to therapists to reflect more deeply on symbolic issues as they intersect with clinical dynamics.

Jane Yoder, MFA, MSW, LCSW
4001 Harris Place
Alexandria, VA 22304
703-751-7836

Saturday, September 30, 2006
10:00 AM – 1:00 PM
Member: \$45 / Non-Member: \$75
3 Hrs.

■ Creating a Psychotherapy Group in Private Practice

Group therapy is a proven way to help patients. There are many obstacles to creating therapy groups in private practice: not every patient is a good candidate, not every patient functions at the same level, insurance companies rarely pay for groups. In addition, patients often find it hard to believe they can be helped by "strangers with problems."

This course will provide effective ways to overcome some of these obstacles. It will help therapists define the goals of the group, find appropriate patients, set workable norms and deal with some common difficulties group therapists face. The material is relevant for beginning group therapists as well as those who are struggling to create more groups as part of their private practice.

Susan Lieberman, MSW, LICSW
3931 Morrison Street NW
Washington, DC 20015
202-797-9000

Fridays, October 6, 13, 20, 27
1:00 – 2:30 PM
Member: \$90 / Non-Member: \$150
6 Hrs.

■ Using Principles of Bodywork to Enhance Psychotherapy Skills

Much has been said about the interface of body, mind, and spirit with respect to how we heal and how we can conduct therapy. This seminar will look at a few aspects of dealing with the body that can be applied to psychotherapy. Not only will these exercises help the client, but also will help the psychotherapist to be more grounded, and more able to use his or her own body awareness to help himself and his client.

Constance G. Ridgway, MSW, LICSW
Licensed Massage Therapist
4115 Wisconsin Ave. NW, Suite 203
Washington, DC 20016
202 966 8230

Friday, October 6, 2006
10:00 AM – 1:00 PM
Member: \$45 / Non-Member: \$75
3 Hrs.

■ Transforming the Legacy: Couple/Family Therapy with Survivors of Childhood Trauma

This five-hour course focuses on a couple/family therapy practice model that is focused primarily on the issues facing couples where one or both partners have experienced childhood trauma. This particular clinical social work practice model is designed to serve culturally diverse client populations who have suffered relational trauma (i.e. childhood abuses, domestic violence in adulthood) and/or trauma related to political conflict and warfare. How some adult survivors harness their resilience and benefit from this phase-oriented practice model is discussed. The practice model is thoroughly explicated in *Transforming the Legacy*, co-authored by Basham and Miehl (2004).

Kathryn Basham, PhD, LICSW
4416 Q Street NW
Washington DC 20007
(202) 331-1547

Saturday, November 11, 2006
9:00 AM – 2:00 PM
Member: \$75 / Non-Member: \$125
5 Hrs.

📖 A Home at the End of the World

Michael Cunningham's 1990 novel beautifully portrays the adolescent friendship of Bobby and Jonathan and later, as adults, the unconventional "family" they establish with Clare. Using the relationships Cunningham has carefully constructed, the group will discuss traditional and contemporary thoughts on marriage, family and divorce and their impact on the development of the individual throughout the life span. Group members will also explore how debates on current topics such as gay and lesbian marriage and the effects of divorce on children influence how we practice clinical social work.

Kathryn Chefetz, MSW, LICSW
and Ted Billings, MSW, LICSW
4612 49th Street, NW
Washington, DC 20016
Falls Church, VA 22043
(202) 362-4938, (202) 232-2001

Friday, March 16, 2007
1:00 – 3:00 PM
Member: \$30 / Non-Member: \$50
2 Hrs.

■ Children and Adolescents in Separating and Divorcing Families: Needs, Tasks, Assessments and Treatment

Children and adolescents in separating and divorcing families must navigate the same developmental tasks as the children of "intact" families. They also carry the extra burden of doing so through the disruptions and losses associated with the rupture of their parents' marriages and the consequent split of the primary bond to the parents. This course will consider the impact of separation and divorce on the developmental journey of children and adolescents. It will then address our roles as professionals in the assessment and treatment of emotional and behavioral problems that may occur in the context of separation and divorce.

Diane Rainey, PhD, LCSW
7700 Leesburg Pike, Suite 425
Falls Church, VA 22043
703-734-1103

Friday, April 20, 2007
11:00 AM – 2:00 PM
Member: \$45 / Non-Member: \$75
3 Hrs.

■ Borderline Personality Disorder Revisited

Borderline Personality Disorder has been diagnosed in various ways with differing theories and etiology. This course will attempt a thorough study of history, research and theories about BPD. Case presentations are encouraged.

Marilyn Austin, PhD, LCSW-C
3000 Connecticut Ave., NW
Washington DC 20008
(301) 570-9143

Fridays: October 6, 13, 20, 27
12:30 – 2:00 PM
Member: \$112.50
Non-Member: \$187.50
7.5 Hrs.

■ Ethics

This course raises and reviews ethical questions the clinician faces in the course of practice. Questions are analyzed and understood based on the Clinical Social Work Association's Code of Ethics. Students are encouraged to bring into class ethical questions they encounter. **THIS COURSE MEETS THE VIRGINIA, MARYLAND, AND half of the DC LICENSING REQUIREMENTS.**

Carolyn Gruber, PhD, LICSW
6129 31st Street NW
Washington DC 20015
(202) 686 2139

All classes meet on Tuesdays
12:00 NOON – 3:00 PM
Member: \$45 / Non-Member: \$75
3 Hrs.

Choose one:

September 19, 2006
September 26, 2006
October 3, 2006
May 8, 2007
May 15, 2007
May 22, 2007

Register Your Study Group with GWSCSW for CEUs

Study Groups promote ongoing social work education, collaboration, peer leadership, and the exploration of a wide range of clinical interests. The GWSCSW Continuing Education Committee has developed procedures to make it possible for GWSCSW members in Study Groups to be granted Continuing Education Units (CEUs).

A study group can be a wonderful resource for Society members, since no fee is charged for participation and members themselves can establish the size, time, place, frequency, content and learning objectives of the group. Generally these groups are led by peers, though they may be leader-led. Group discussion may utilize resources such as books, articles, films, case examples, or even call upon relevant outside expertise. The chair of the Continuing Education Committee and the vice president for Educational Affairs are available for consultation if needed. Each study group should select a coordinator to record attendance and document educational content for each session.

Complete the following information about your Study Group:

1. Learning objectives
2. Education content, including a bibliography
3. List of participants
4. List of attendees for each meeting
5. Evaluation forms from each attendee at the end of the academic year.
6. A check for \$15 per person, payable to GWSCSW.

Submit all materials to Dolores Paulson. The appropriate number of CEUs will be sent to each Study Group member.

For more information, contact Dolores Paulson at 703-790-0786.

GWSCSW COURSES REGISTRATION FORM

Name _____ Social Security No. _____ - _____ - _____

Address _____

City _____ State _____ Zip _____

Home Phone (_____) _____ Office Phone (_____) _____

E-Mail _____ Number of Years in Practice _____

Courses Desired:	Date:	Member Fee	Non-Member Fee
_____	_____	\$ _____	\$ _____
_____	_____	\$ _____	\$ _____
_____	_____	\$ _____	\$ _____

TOTAL \$ _____ \$ _____

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you may fax to 703-938-8389

COMMITTEE REPORTS

Annual Conference

Joel Kanter

Attachment Theory and Clinical Social Work will be the theme of the GWSCSW Annual Conference planned for Spring 2007. Commemorating the centenary of birth of John Bowlby, the conference will highlight Bowlby's close relationship with the social work profession.

In an unpublished interview, Bowlby recalled his early work "with two social workers who were analytically-oriented and who were interested to understand the problems of the parents in terms of their own psychological histories... I learned a hell of a lot from them... far more from those two social workers than I learned from my psychiatric colleagues."

The conference will explore both the historical issues and how attachment theory can be applied in contemporary practice.

We are seeking volunteers to work on the planning of the conference. Please email me at joel.kanter@gmail.com if you'd like to get involved.

Continuing Education

Dolores Paulson, PhD

The Continuing Education committee is pleased to present the 2006-2007 course offerings which are contained in this Newsletter and are also being mailed to you separately in glossy brochure form. We invite you to use our offerings to meet your continuing educa-

tion obligations, which are as follows: VA: 30 hours; MD: 40 hours; and DC: 40 hours. Coursework in Ethics must be included in the total hours: VA requires 2 hours, MD 3 hours, and DC 6 hours. As you can see on page 31, we are offering several 3-hour ethics workshops, and the Frederic Reamer conference on documentation (page 1) will provide 6 CEUs in ethics.

We are especially privileged this fall to have Kathryn Basham travel from Smith College School of Social Work to present a course that carries the same title as her book: *Transforming the Legacy: Couple/Family Therapy with Survivors of Childhood Trauma*. Her 5-hour seminar will focus on the issues that childhood trauma can cause in adult relationships, and includes a treatment model for clinical work.

Legislation & Advocacy

Margot Aronson, LICSW

Congratulations to Dolores Paulson and Susan Horne-Quatannens, who both received appointments to the Virginia Board of Social Work Examiners! Dolores and Alice Kassabian are our GWSCSW legislative liaisons in Virginia, with help from Karen Welscher-Enlow. (Their activities this spring are described in the letter of thanks from Jane Hundley and Laura Groshong on page 14.) Susan, GWSCSW president from 1991 to 1993, also served for several years as the Society's legislative liaison in Virginia.

In the District, Danille Drake represents us on the Coalition for Con-

fidentiality, and Mary Lee Stein is our representative on the steering committee of the CareFirst Watch Coalition. Now, with the upcoming election, there seems to be a groundswell of interest in reviving a full DC advocacy contingent. See page 18 and watch for breaking news on the GWSCSW listserve!

The Maryland liaisons on our committee have been busy over the summer, developing strategy with our lobbyist for the next session, and Nancy Cedar Wilson continues to represent us in the ongoing fight for the Health Care for All bill. However, we need a few more Maryland members to join the committee and share in the extremely interesting work of our Legislative Council. If you are even just a little bit interested, do plan to take the excellent advocacy training being offered (without charge) by our Maryland lobbyist Alice Neily on Tuesday, September 19.

Call Margot Aronson at 202-966-7749 for information about the GWSCSW Legislative and Advocacy Committee and/or to register for the training.

Membership

Melinda Salzman, MSW

This year our Ambassadors welcomed some 20 new members to the Society, helping new members form the personal connections that are so important to feeling at home in the organization and becoming personally involved in our programs. We want to thank the following members who served as Ambassadors this year:

Carol Auletta, Pat Baker, Janet Dante, Ellen Eule, Judy Gallant, Joyce Harrison, Kitty Harold, Laurie Kaslove, Susan Horne-Quatannens, Hani Mileski, Liz Miller, Gloria Mog, Dalal Musa, Nancy Nollen, Roger Rothman, Sheila Rowny, Tom Ver-ratti and Audrey Walker.

On November 5, we will be welcoming all members, new and old, at a fall New Member gathering at the home of Sue Stevens. You'll have a chance to tell us what you want out of the Society and to learn more about our programs and committees. Please reserve this date on your calendar!

Very soon you will receive your renewal letter. Please send in your renewal application and dues by October 1.

The Membership Committee includes Melinda Salzman, Chair, Carolyn Dozier, Joyce Harrison, Susan Marks and Sue Stevens.

Mentor

Sheila K. Rowny, LCSW-C

As the new coordinator of the GWSCSW Mentor Program, I welcome your involvement; please call me at 301-365-5823 or email srowny@aol.com for information or to request an application. A full description of the program is featured on page 7 of this issue of *News & Views*.

Newsletter

Margot Aronson, LICSW

Special thanks to GWSCSW president Diana Seasonwein, who always helps with newsletter editing but on this issue stepped in for me and took a major role in getting things started. Thanks also to

Martha Horne, Shoba Navar, Beth Altman, and Emily Brown who all responded to a last minute request and volunteered to pitch in.

Several new writers are joining our editorial board with this issue: Maya Godofsky, new from New York City, has hit the ground running with an insightful description of the DC political scene relating to mental health issues (page 18). Ann Wroth describes NAMI, where she works, on page 13, and also prepared *Our Online Society*. Rachel Field's feature on Dolores Paulson (page 10); she's planning to focus her articles on introducing us to one another.

In our next issue, Connie Ridgway will resume her *Presidential Profiles* series chronicling the history of the Society through interviews of the presidents; Connie writes in this issue about her work in holistic health. And Erin Gilbert has interviewed member-author Rob Scuka for her ongoing *Book Corner* column.

Thanks as always to Susan Post for editing the committee pages, to Pat Driscoll for the *Out & About* column, and to Mary Lee Stein for her sharp eyes in proofreading. And of course, anyone tempted to join this wonderful committee is welcome; contact me at 202-966-7749 or email malevin@erols.com.

Outreach

Tybe Diamond, MSW
Susan Post, MSW

It has been an educational experience for this committee to attempt a volunteer project with the military. For several years we have been collaborating with the Department of Psychiatry at Walter Reed Medical Center to organize a program

in which experienced psychotherapists would volunteer time to work with soldiers returning from Iraq and Afghanistan. Many members have been enthusiastic about this project and have pledged up to half a day each week of precious clinical hours. Our clinicians would do individual, group and family therapy at Walter Reed with patients and their families.

We have found that the wheels of a system like Walter Reed are slow. Each time we meet with the department chief, there is enormous energy and appreciation. Several service chiefs have declared a huge need for such supplemental clinical service. Our members have provided their resumes and agreed to go through Red Cross volunteer training as well as the Walter Reed credentialing process. But...there has been turnover at the hospital (the Chief of Psychiatry retired) and as of this writing our volunteers are still waiting for the call to actually come in and interview and begin work.

The Outreach Committee has been very gratified by the enormously supportive response of our membership, and dismayed by the difficulty of getting this effort through the final steps and turning it into an active, ongoing program. We will continue to make every effort to do so, and will also begin considering other projects.

Meanwhile, as we begin a new year, we are looking to expand the committee's active membership. The purpose of outreach is to make connections between GWSCSW and our community, which includes other mental health groups, schools, nonprofit organizations, local governmental service

continued on page 34

Committees, from page 33

providers, and many other entities. Through our outreach efforts, we make a contribution and spread information about social work and GWSCSW.

We welcome new members to the committee, and hope you will contact us if you have the time and interest. Tybe Diamond is at tybe.diamond@rcn.com and Susan Post at rspost@speakeasy.net.

Referral Panel

Eileen Ivey, LCSW-C
Pat Garcia Golding, LCSW-C

We are continuing to explore the potential of the new Referral Panel website, as both an internal tool for members and a referral service for the public. We have just purchased an upgraded software system to track the amount of traffic that the web site is getting. It is heartening to see that the number

of web pages visited on our site doubled between May and June and increased 25% from June to July. This software tool also gives us the ability to see how the web traffic is coming to us (from Google searches, primarily) and provides much more data which we will be working with to market the site more precisely.

We have also purchased promotional pens with the web address on them. Referral panel members should have already received theirs; the rest of our members will be getting theirs as part of a larger mailing in the very near future. We will also be sending the pens out to community referral sources. If you know of a doctor, EAP, university or community agency which you think should receive a pen along with a description of the web site, please drop me an email (e.ivey.lcswc@verizon.net) with their name and address. Other contributions of time, energy and ideas are very welcome. ❖

DUPLICATES?

Occasionally for some of our larger mailings (conferences, continuing education offerings, membership drives) we use mailing lists from sources other than the GWSCSW membership list in order to reach a wider audience.

Your name may be on more than one list and you might receive more than one copy of the mailing.

It is less expensive to send multiple copies to GWSCSW members than to search manually through many thousands of records to eliminate duplicates.

Please give your extra copy to a friend who might be interested in GWSCSW activities!

Welcome New Members!

Full Members:

Maya Godofsky, Claudia James,
Meredith McEver, Mary Ellen Vesprini

Graduate Members:

Joan Fishbein, Gregory Salerian, Jack Tawil

Student Members:

Walter Knauff, Cornelia Tietke

Need an extra GWSCSW Membership Directory?

Is your Directory at home when you're in the office, or in the office when you're at home?

Extra copies of the GWSCSW Membership Directory may be purchased for \$10 (includes S&H).

Send a \$10 check
made payable to GWSCSW
to:

GWSCSW
PO Box 3235
Oakton VA 22124

or call

202-537-0007
and pay with Visa or MC

ADVERTISEMENTS

Advertisements, accompanied by full payment, must be received by the GWSCSW by the first of the month preceding publication. Material should be sent to GWSCSW, PO Box 3235, Oakton VA 22124 or gwscsw@gmail.com. For questions about advertising, call 202-537-0007.

Classified Ads: 75¢ per word	Display Ads: Full page 7 x 9½	\$300	Half page	\$175
Minimum price \$15 (20 words)	Quarter page 3¾ x 4½	\$100	Horizontal: 7 wide x 4½ high	
	Eighth page 3¾ x 2¼	\$ 50	Vertical: 3¾ wide x 9¼ high	

Size of display ads indicated above is width by height. These are the only sizes that will be accepted. Electronic submission (PDF) preferred. Publication does not in any way constitute endorsement or approval by GWSCSW which reserves the right to reject advertisements for any reason at any time.

OFFICE SPACE AVAILABLE

ALEXANDRIA/OLD TOWN: Office (11.5 x 14) available. Great wall of windows & beautiful atrium. Garaged rental parking & visitor parking. Waiting room & kitchen in suite. Please contact Robyn Brickel, 703-518-8883 or robyn@robynbrickel.com

BETHESDA: Lovely offices to sublet, Topaz House, downtown Bethesda. Two spacious quiet offices both overlooking lovely courtyard. Full kitchen and bath. Free parking for you and clients. Available half and whole days. Call for more information: Brandy Solomon 301-656-0438 brandysol@aol.com or Jan Freeman 301-657-2292 vjfree@comcast.net

BETHESDA: Office in shared suite in downtown Bethesda, Metro accessible; public parking garage nearby. Waiting room, congenial group. Very reasonable rent. Call Deborah Newmark, 202-338-1086 or danemark@verizon.net.

GEORGETOWN: Rent full or half time in sunny elegant suite with therapists. Waiting room, kitchen, bathrooms. Near buses. Contact Sheila Resnick, 202-337-3100.

NORTHERN VIRGINIA: Office space in Annandale location near Beltway in established group practice. Rent by the hour or day. Contact Roger Rothman, LCSW 703-642-1112.

RESTON: Fully furnished therapy office space with other established respected therapists available for rent by the hour or by the day. Office for rent is large and bright with operable windows on two sides. It is large enough to hold groups. Conveniently located off of Sunset Hills Rd, by Wiehle Ave in the Sunset Hills Professional Center. Office has a large waiting room, 2 bathrooms and a copy/file room. For more information please contact: Melanie Miller-Civilikas, LCSW, Impresent@aol.com or 703-478-5383.

ROCKVILLE: Near Montgomery College in townhouse complex. Furnished or unfurnished office available full time. Share waiting area and amenities. Available October 1. Contact Barbara Tahler, 301-762-5797.

TYSONS: Perfect Northern Virginia location in Tyson's Corner area inside the Beltway. Windowed, walkout, plenty of parking, available July 1. 703-790-0786.

TYSONS: Furnished office in lovely office park. Available by the day or hour. Tysons area on Route 7, inside the Beltway. Prime location. Plenty of free parking. Call 703-790-0786.

TYSONS: Interested in developing a practice? Large, sunny, furnished office to sublet Mondays, Fridays, and weekends with opportunity to expand days. Hourly or daily rates. Call 703-506-1424.

WOODLEY PARK : Office to share. Lovely furnished offices in a charming townhouse available for part-time rental by the hour, half-day or full day to therapists, counselors or coaches. Across from Metro. Therapist parking possible. Call Don Zuckerman at 202-483-2660 Ext 6.

WOODLEY PARK: Small office facing garden courtyard available full time. Ideal for new clinician or as a second office. Shared waiting room, bathroom, microwave/fridge in therapy suite. Near Metro. \$500/month. Call 202-265-5855 or 202-328-9055.

OFFICE SPACE WANTED

BETHESDA/CHEVY CHASE/DC LINE: Seek one 10-hour day per week to see clients. Constance Hendrickson, 301-469-5169.

FALLS CHURCH/ARLINGTON: Looking for full time office space beginning January, '07. Will consider renting earlier if space is available now or later in fall. Please call Carolyn Dozier at 301-588-5658.

NW WASHINGTON: Prefer Wisconsin Ave corridor/Tenleytown area. Office in suite; would like shared lease, windows, Metro accessible. Call Deborah Newmark, 202-338-1086 or danemark@verizon.net.

POSITION AVAILABLE

Social Worker, Maryland license, part-time position in private psychiatric office, Rockville area. Experience with children, LD, CBT. FAX cover and resume: 301-983-8327.

TRAINING

MINDFULNESS AND BURNOUT PREVENTION FOR SOCIAL WORKERS. Four two-hour sessions October 5, 12, 19 and 26. Approved for 8 CEUs. Call Meredith McEver, 703-820-6732. www.a-new-perspective.com.

SOCIAL WORK LICENSING: Prep Courses and Home Study Materials. For sample questions, schedule, and information call Jewell Elizabeth Golden, LCSW-C, LICSW, BCD, 301-762-9090.

GROUPS

MIND BODY SKILLS GROUPS: Time limited groups integrating the use of imagery, meditation, stress reduction, autogenics, breath work, journaling and more. Training and self exploration groups for therapists and groups for general population. Call Barbara Blitzer, LCSW-C, 301-588-6461.

MINDFULNESS BASED STRESS REDUCTION GROUP: Eight-session group starting 9/13/06. Call Meredith McEver; 703-820-6732. www.a-new-perspective.com.

SEXUALITY CONSULTATION GROUP FOR THERAPISTS: Alternating Tuesdays, beginning September 12, NW DC. Deborah Fox, Certified Sex Therapist. For more information, call 202-363-1740.

ADOLESCENT THERAPY GROUPS: Ongoing psychotherapy groups for adolescents 11-22. Call Britt Rathbone, LCSW-C, 301-230-9490. www.rathboneandassociates.com.

FREE PEER SUPPORT GROUPS: For children or adolescents who have experienced significant loss (death, divorce, other separation) in Silver Spring. Call RAINBOWS MD/DC Chapter at 301-495-0051.

EVENTS

PHOTOGRAPHY SHOW: Ruth Neubauer, MSW, will be having a small photographic show and sale at Modern Times Coffeehouse at Politics and Prose Bookstore, from September 4-October 6, 2006. The title of the show is: WITNESS TO IMPERMANENCE. The subject is Christo's Gates in Central Park, New York City.

UPCOMING EVENTS & IMPORTANT DATES

September 19 Day in Annapolis (Hands-on advocacy training)

9:30 AM to 1:30 PM, Annapolis MD (See page 17)

September 19 Ethics*

12 NOON to 3:00 PM, Washington DC

September 26 Ethics*

12 NOON to 3:00 PM, Washington DC

September 29 GWSCSW Dinner Meeting

6:30 PM, Rockville MD (See page 1, page 5)

September 30 Jungian Psychology and Its Use in Treating the Borderline Patient*

10:00 AM – 1:00 PM, Alexandria, VA

October 3 Ethics*

12 NOON to 3:00 PM, Washington DC

October 6 First Friday Psychoanalytic Case Conference

Presenter: Bill Stockton (See page 6)

12 NOON to 1:30 PM, Washington DC

October 6 Using Principles of Bodywork to Enhance Psychotherapy Skills*

10:00 AM – 1:00 PM, Washington DC

October 6, 13, 20, 27 Borderline Personality Disorder Revisited*

12:30 to 2:00 PM, Washington DC

October 6, 13, 20 27 Creating a Psychotherapy Group in Private Practice*

1:00 - 2:30 PM, Washington, DC

October 22 Ethics and Documentation Conference

Co-Sponsor: CSWI (Clinical Social Work Institute)

Presenter: Frederic Reamer

9:00 AM – 4:00 PM, Washington DC (See page 1)

November 3 First Friday Psychoanalytic Case Conference

Presenter: Joel Kanter (See page 6)

12 NOON to 1:30 PM, Washington DC

November 5 Fall New Member Gathering

4–6 PM, North Bethesda, MD (See page 3)

November 11 Transforming the Legacy: Couple/Family Therapy with Survivors of Childhood Trauma*

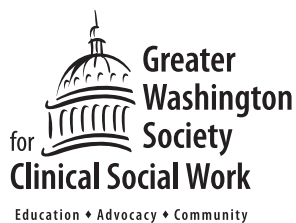
9:00 AM – 2:00 PM, Washington, DC

November 15 Maryland Election Debriefing

5:30–7:30 PM, Location TBA (See page 17)

* GWSCSW continuing education courses.

See page 30 for more information, call GWSCSW at 202-537-0007 or see Web site at www.gwscsw.org



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