

NEWS

CONTENTS

President's Message 2
 Referral Panel 4
 Consortium for Psychoanalytic
 Research Conference..... 6
 CareFirst Watch 7
 News from CSWF and
 Other Organizations 8
 Legislative News..... 10
 Presidential Profile 12
 Out & About 13
 Committee Reports 18
 Welcome New Members 19
 Reflections..... 20
 Course Offerings 24
 Referral Panel Application 26
 Classified Ads 27
 Upcoming Events..... 28

A New GWSCSW Prepaid Legal Plan

Diana Seasonwein & Margot Aronson

In any practice, legal questions are likely to arise: how do I handle this subpoena? is this a case I have to report to Child Protective Services? how long should I be keeping these records?

Having access to a lawyer who can provide prompt expert advice, who is familiar with HIPAA requirements and privacy issues, and who is not prohibitively expensive, can provide peace of mind. Additionally, the assistance of such a lawyer can prevent clinicians from being tied up by the demands of the legal system, thereby preserving those valuable clinical hours.

A Prepaid Legal Plan to make legal consultation affordable

To make the option of affordable legal representation available to members, the Society has retained the law firm of Regan Associates, Chartered, a nationally recognized leader in prepaid legal services, with over twenty-years of experience, practicing in the Washington DC metropolitan area. The lawyers assigned to work with the Society are each licensed in at least two of the three jurisdictions in which our members practice (Maryland, Virginia, District of Columbia).

continued on page 16

GWSCSW Quarterly Meeting

**Friday, January 28
Dinner Meeting**

Location: TBA in Virginia

6:30 P.M. ... Reception

7:00 P.M. ... Dinner

8:00 P.M. ... Lecture

**Speaker: Carol Tosone
on Relational Social Work**

Followed by Saturday Workshop
see page 7 for details

For more information:
www.gwscsw.org
or call GWSCSW at 202-537-0007

GWSCSW Annual Conference April 8

Frederick Reamer on Ethics

GWSCSW members and guests will have a rare opportunity at our Annual Conference on Friday, April 8, 2005, when Dr. Frederick Reamer, a dynamic speaker and the guru of social work ethics, will discuss such issues as the challenges we face in protecting our clients and ourselves, common and uncommon ethical dilemmas, and what happens when ethics and the law collide.

Sign up early for a super-special discount for this sell-out event!

To ensure that GWSCSW members will be able to take advantage of this extraordinary chance to hear Dr. Reamer, a special early members-only registration (with a significant early-bird discount) will be available to members

continued on page 23

**INDIVIDUAL WEB PAGES FOR GWSCSW REFERRAL PANEL PARTICIPANTS!
APPLICATION ON PAGE 26 • DUE FEBRUARY 1**

Greater Washington Society for Clinical Social Work, Inc.

GWSCSW Board of Directors

President...Margot Aronson
 Vice President (Education)...Joel Kanter
 Vice President (Development)...Tricia Braun
 Secretary...Judy Ratliff
 Treasurer...Janet Dante
 Past President...Marilyn Austin, Ex Officio

Committee Heads

Continuing Education: Dolores Paulson
 Consortium for Psychoanalytic Research:
 Beth Altman & Debbie Zatz
 Directory: Constance Hendrickson
 Email Host: Joel Kanter
 Ethics: Janet Dante
 Legislation & Advocacy:
 Danille Drake, Mary Lee Stein, Carol Santucci
 Membership: Maurya Brenneman & Melinda Salzman
 Newsletter: Diana Seasonwein
 NMCOP: Sarah Pillsbury
 Outreach: Tybe Diamond & Susan Post
 Referral Panel: Eileen Ivey & Patricia Garcia Golding
 Advisors:
 Pat Driscoll, Alice Kassabian, Nancy Lithgow,
 Audrey Thayer Walker, Karen Welscher-Enlow

-- ♦ --

GWSCSW NEWS

Diana Seasonwein, Editor
 Margot Aronson, Tricia Braun,
 Carol Santucci, Mary Lee Stein

The News is published four times a year: March, June, September and December. The deadline to submit articles and advertising is the first of the month prior to publication; late copy cannot be accepted.

Op-ed articles expressing the personal views of members on issues affecting the social work profession are welcome and will be published at the discretion of the editorial board. Letters to the Editor may also be submitted. Maximum length for these articles is 300 words.

Signed articles reflect the views of the authors; publication does not in any way constitute endorsement or approval by the Greater Washington Society for Clinical Social Work.

For advertising rates see page 27

**The next issue will be published
 March 2005 and the
 deadline is January 28.**

Please email all text for publication as an MS Word attachment to gwscsw@yahoo.com

Contents copyrighted © 2004

President's Message

Margot Aronson

When I worked at Peace Corps headquarters in the '70s, I turned down a generous offer by a major computer company that wanted to outfit our volunteers with personal computers. I had lived in third world countries long enough to realize that where power frequently went down, computer dependency was more likely to cause frustration than satisfaction. I was also concerned that the volunteers' increased access to information could be offset by increased isolation from the country nationals they were there to support. And maybe I was just a little leery about the whole computer idea.

That was then. Some years later, with battery backups and more stable electricity, PCs became part of Peace Corps volunteer gear. In the meantime, I became reasonably comfortable with the whims of a computer, used the Internet, sent and received email.

It's time to face the demon PC

I understand that mastering this wild beast, with its mysterious headstrong ways, its viruses and spam, can seem like a Herculean task. But because our Society—and our society!—increasingly use the Internet for basic communication, I want to urge those of you who aren't yet “into” computers to face the demon.

Who here hates computers and the Internet...?

Do you cringe at the thought of the Internet and look for any excuse to avoid checking your email? Well, I have a story that may inspire you. The hero, my mother, is 91 years old and legally blind.

Mom was unquestionably a pre-computer gal. Before she retired to Sarasota in the early '70s, she used the hunt and peck technique on an old Remington manual typewriter to prepare study sheets and tests for her high school students. She never wavered as computers became more popular: “not for my generation, thank you.”

Then, a few years ago, a severe case of macular degeneration stole all but her peripheral vision. At first, she was overwhelmed with depression—little surprise, since she had been a lifelong book lover. Eventually she took a class at the Lighthouse for the Blind, and learned practical techniques for coping with low vision.

A support group, a grant, a computer

At the end of the Lighthouse class, Mom was convinced it would be good to be in a low vision support group, but also knew she didn't want to have to travel all the way to the Lighthouse for meetings. Lots of others in her retirement community, as she said, “had to hold the dinner menu up to their noses;” surely a support group could be started right there.

When she talked about her idea, everyone denied vision problems, telling her, “Oh, no, it's nowhere near that bad for me.” But Mom is nothing if not persistent, and at last she convinced a friend—a minister's wife with all the charm and organizational skills that ministers' wives are known for—to “just put out a flyer, just to see what happens.”

What happened? Some forty residents showed up. And after the first few meetings, one of the participants (a retiree from around here, wouldn't you

know!) suggested applying for a small government grant. Soon they were able to buy equipment to use for magnifying reading material and listening to Talking Books—plus a large-screen computer complete with “Jaws” (which reads aloud as you move the cursor) and “Zoom Text” (which magnifies the text until it’s readable). And the grant provided enough so that the group could subsidize lessons and get everyone on Hotmail. At that point, they convinced management that they needed a quiet space, and ended up with their own Plymouth Harbor Low Vision Support Group Center!

The frustration and the fun

Mom was one of the slowest to learn to use the computer, and quickest to become frustrated. Think of it: she could see only out of the corners of her eyes, and images had to be so magnified that only a tiny portion of the image appeared on the screen at a time. She had no concept of what the screen looked like as a whole, and had to root around with the mouse just to look for “send” or “delete.” Troubleshooting was impossible. And it took quite a while to convince her (she’d been an English teacher, after all) that, since she couldn’t proofread what she wrote, sending email with typos would be okay.

Nonetheless, she persevered, to the point where, when my beloved Red Sox took the Series, her response to my multicolored celebratory 48-point “hurray!” was prompt. She emailed, “Whoopee! Remember that game when the score was five to zip at the end of the 6th inning? Fans were all leaving for home, but you said ‘NO’ very firmly... and so we saw Ted Williams hit a three-run homer to the left...and a grand slam to the right... and when the game was over, the score was 11 to 5 in favor of the Sox...and we drove home rejoicing!”

What’s baseball got to do with me? And now, here’s the pitch!

How could I resist telling this story? It was Yankee Stadium; I was maybe ten; how could I not remember! The point, of course, is that if my mom could start learning in her late 80s with almost no vision, and is checking her email every day at age 91, surely, surely you can do it! In fact, I firmly believe that this frustrating, confusing technology has wonderful potential to keep us active and in tune with family, friends, and our profession as we age.

Our GWSCSW e-group, website, webpages, and more

Our GWSCSW e-group (also known as the e-list or the listserv) is like a private club, where members drop in to share information about clinical issues, make referrals, learn about what’s happening in our field. Some members let the rest of us know about openings in their therapy groups or about available office space, some ask

questions about managed care or medical assistance rules; others answer.

Officers and committee chairs use the e-group to make announcements, as for example when we learned that Cardinal Hickey’s funeral would be the same morning in the same area as our conference on divorce. We ask questions, such as whether Northern Virginia members have suggestions for a good restaurant for dinner meetings.

Our website, www.gwscsw.org, includes meeting dates, the education brochure, information about committees and how to reach committee chairs, and much more. We’ll even be adding individualized webpages this year for the Referral Panel. (See page 4)

Signing on...

Much as I love hard copy and personal communication, I urge you to take advantage of our online community.

Our GWSCSW e-group generates about four messages a day. You can receive them in digest form once a day, or throughout the day as they are sent. You can, of course, delete any message with a touch of the delete button. And our listserv moderator Joel Kanter has even set up a special e-group for those who want only announcements and none of our interactive chatter. (Indicate which list you want when you email gwscsw@yahoo.com with your request to sign up.) Personally, though, I’d rather have you join the active list; exchanging thoughts, information, and referrals is a way for us to get to know one another. To me, that’s what the Society is all about. ❖

For those inspired by Margot’s story, let’s get started! Maybe it would be easier if we didn’t have to do it all by ourselves?

The Apple Store in Tysons is offering a free class to GWSCSW members featuring an overview of user-friendly Mac computers and software including setting up e-mail, surfing the web, and sending and receiving photos!

The workshop will be held on a weekday at lunchtime or early evening. Please contact me to indicate your preference for days and times. We will contact you (by phone) about the time as soon as we have a critical mass.

This isn’t scary at all—if I can do it, so can you. It’s easy and fun, and you will be amazed and astounded at how quickly you will feel comfortable with computers.

Diana Seasonwein
202-244-0794

Referral Panel Makes Its Electronic Debut

Eileen Ivey & Pat Garcia Golding

As we reported several months back, the Referral Panel is poised to enter the twenty-first century by developing an interactive referral website. We have shared the concern of GWSCSW members about the ever-decreasing effectiveness of our phone line and the modest amount we can invest in advertising. Sharing our referral panel listing with health agencies has brought additional referrals, but our hope is that an interactive website can make us much more visible and give a focus to all our PR endeavors. I hope that even those members who have not recently participated in the Referral Panel will consider joining in this new undertaking, which for a modest fee can enhance the professional visibility of each of us.

Participating in the Web Site is as easy as (and is synchronous with) filling out the Referral Panel application. You will find the application in this month's bulletin. Please complete it carefully and send it to Pat and Eileen, along with a copy of your license(s), your malpractice face sheet and a check for \$95. This fee will set up your individual webpage; we expect to be able to maintain it for an annual renewal fee of \$50. If you wish to be included in the paper Referral Panel Listing, but not be on the Website, there will be no fee. There is a box to check if you wish to opt out of the online referral panel. Please indicate as well if you wish to handle a weeklong phone rotation of handling those calls that come in to the phone line.

Joel Kanter, who has been instrumental in putting this new program into operation, will describe some of the features of this website below.

Beginning in early 2005, GWSCSW will offer its referral panel over the Internet. Each participant will have his or her own webpage, which can be reached from a referral panel home page (www.gwstherapy.org). This home page will inform potential clients about clinical social work, the meaning of licensing, our Code of Ethics and other relevant information. It will also provide links to various subdirectories where interested parties can locate a clinical social worker by name, location, insurance affiliations, client populations served, languages spoken and other factors.

These subdirectories will have lists of names which, when clicked on, will lead to each participant's webpage (i.e. www.gwstherapy.org/aronson). On these webpages, all designed with a common format, searchers can find the same sort of information that has been in our current print directory: office locations, phone numbers, treatment modalities, client populations served, insurance

accepted, languages spoken and so on. If desired, participants can have a link to their email address and a link to a personal webpage designed by the members themselves. For a sample of how this webpage might look, go to <http://mysite.verizon.net/vzeej2pn/sample/>.

How will this web-based referral panel benefit our members?

- We plan to advertise this referral web page via Google and other search engines. A simple web address is a useful way to disseminate information via other advertising venues, including small print ads or giveaways (i.e. pens) to likely referral sources (i.e. schools, hospital social workers).
- In contrast to the print directory, which currently is only disseminated to referral panel members and a limited number of health agencies, the referral panel website will be prominently featured on our society website (www.gwscsw.org) and will be easily accessible to our complete membership. We will also inform other Clinical Societies about this feature which will lead to referrals from other states.
- All members will have a website and address which they can use in their own personal marketing efforts. Participants can put this web address on their business cards and stationary.
- We can offer this service at a fraction of the cost of commercial services while minimizing the confusion of establishing these websites. The link from our Society may also reassure potential clients about the professional *bona fides* of participants.

We encourage all members considering this service to visit the sample website at <http://mysite.verizon.net/vzeej2pn/sample/> and sign up for this service by February 1, 2005. ❖

Reston Office for Rent

Furnished office in a suite with an established psychotherapy practice. Phone, fax, photocopier and kitchen available. Handicapped accessible.

Located in a professional office park adjacent to public transportation and minutes from the Dulles Toll Road in Reston.

Call Tom Simpson, PhD (703) 435-7063

Report from the Vice President Development
We're on the Move!

Tricia Braun

Efforts continue to enhance our organizational performance, reinvigorate our projects, and better meet member needs for professional development. We have been working on restructuring our programs and streamlining our processes to maximize volunteer time and effort, and to energize our committees. We are identifying opportunities for collaborating with other organizations, and are exploring non-traditional ideas and activities to keep pace with change in the social work field. We continue to work on an effective vision that will reflect our dreams for the Society and provide a direction for the future that is desirable, feasible, focused, and flexible. ❖

Study Group Forming

Marilyn Austin

I am forming a new study group in which the focus will be on some of the new research being reported in journals and publications from the American Psychological Society. There is a wide range of subjects to read and discuss! To list but a few: the difference between men and women under conditions of "fight or flight," further delineation and treatment of PTSD, responses within the brain of patients diagnosed with bipolar disorder, a retrospective view of *Psychology's Greatest Experiments*, and a study which suggests that there is a relation between fear of death and political preferences.

Several people have already expressed an interest in this study group, but it will be limited to 6–8 people. Please call Marilyn Austin at 301-570-9143 (home) or 301-261-0722 (office). A mutually agreeable time and place is yet to be established, but I am hoping for somewhere in DC. You may e-mail me at maustin@erols.com. Please give your preference of time, day, and location. It is possible that this group will be eligible for CEUs. ❖

log on and experience

soothing, evocative, contemplative

photographs

for your office, waiting room and home

by Ruth Neubauer

www.liminalspace.com

301-652-7884 RuthNeubauerMSW@aol.com

Children's Psychotherapy Project Recruiting Therapists

The Children's Psychotherapy Project was founded ten years ago in San Francisco. It has three embedded purposes: to provide free, long-term, individual psychodynamic psychotherapy in private practice settings to foster children; to help early- and mid-career child therapists develop professionally and become part of a community of like-minded child therapists; and to influence the foster care system by having psychodynamic psychotherapists work collaboratively with child protective services workers, foster families, and the biological families of foster children.

The structure of the project is in some ways very simple. Licensed therapists in private practice are asked to see one foster child at a time, for as long as the therapy takes. In return, they receive weekly consultation from a senior therapist. The project also offers free continuing education, networking opportunities (often leading to referrals), and other kinds of support.

A chapter has been organized locally and working in Montgomery County for the past two years. We currently have a collaborative working relationship with the Montgomery County Department of Health and Human Services, and several children are in treatment. We are interested in recruiting additional therapists who might be interested in working with us, and also welcome inquiries from others who are interested in our work. For more information, please contact Richard Ruth, PhD, Clinical Director, at 301-933-3072 or rruth@erols.com. You can also learn more about us by looking at our parent organization's website, www.ahomewithin.org. ❖

Early Morning Short Term

Seeking Client Referrals Therapist returning to practice seeks referrals for early morning, short term, goal-oriented, eclectic, individual adult psychotherapy appointments at 6:00, 7:00, 8:00 and 9:00 AM, at very reasonable sliding scale rates, to build up new practice. Cleveland Park NW DC. I would be happy to come to your office and meet you if there is a possibility of receiving referrals.

Jim Present, MSW 703-864-6447

Also interested in discussing part-time group practice or employment possibilities for Eclectic or Cognitive Behavior Therapy work with adults.

DID YOU KNOW... A purchase from Amazon.com made through the GWSCSW website results in a contribution to your Society!

Consortium for Psychoanalytic Research presents

Capturing Clinical Knowledge: Transforming Therapist Experience into Scientific Evidence

The Consortium for Psychoanalytic Research represents thirteen Baltimore-Washington area organizations interested in building a bridge between clinicians and clinically relevant research. To this end, it sponsors yearly conferences that bring researchers and clinicians together to share data and ideas. The Greater Washington Society for Clinical Social Work is one of the members of the Consortium.

The evidence-based mental health movement poses a serious challenge to clinicians who use interventions that have not been established in large clinical trials. It has spawned an evidence industry that places a premium on elaborate studies, such as randomized controlled trials, of a sort that have little immediate relevance to daily clinical practice. These experts tend to devalue what ordinary good clinicians know and do, and the accumulated clinical intelligence of generations of dedicated psychotherapists is approaching the status of an endangered species.

On March 6, 2005, Sheila Hafter Gray, MD of Washington, DC and Lee David Brauer, MD of Hartford, Connecticut will be featured speakers at the 12th annual conference of the Consortium to be held at the Ernst Auditorium of Sibley Hospital in the District of Columbia. It will begin with registration and a continental

breakfast at 9:30 AM and conclude at 4:00 PM. The breakfast and box lunch are included in the \$50 registration fee. The registration fee for full time students is \$25. The conference will offer five CEUs for physicians, psychologists and social workers.

Drs. Hafter Gray and Brauer, both clinicians, will present their conceptualization and implementation of their study of *Factors Affecting Outcome of Psychoanalysis*. Their work used an instrument available in any clinician's office: the GAF scale. They will give information about length of treatment, frequency of sessions, and demographic data about therapists to arrive at some surprising answers to questions about what makes for a good therapeutic outcome. Part II will consist of two training sessions: the first on how to do comprehensive and reliable Axis V scores and to use these to track outcome, led by Kristie D. Mitchell, MD; and the second, how to design a study one can do in one's own practice or with colleagues. The presenters will emphasize how to preserve privacy and confidentiality of the individual patient/client. After the presentation, discussants Elizabeth H. Thomas, PhD and Richard C. Fritsch, PhD, both clinicians, will comment and involve the audience in the discussion.

For information call Beth Altman at 202-686-6307 or Debbie Zatz at 202-265-4440. ❖

REGISTRATION FORM

Consortium for Psychoanalytic Research
Capturing Clinical Knowledge:
Transforming Therapist Experience into Scientific Evidence

Sunday, March 6, 9:30 AM – 4:00 PM

Ernst Auditorium, Sibley Hospital
5255 Loughboro Road NW, Washington DC

General Registration \$50 / Fulltime Student Registration \$25
Registration includes continental breakfast and box lunch.

Name _____ Degree _____

Address _____ Phone (_____) _____

City _____ State _____ Zip _____

Mail Registration Form and check made payable to **Debbie Zatz** to: Debbie Zatz
3000 Connecticut Avenue NW #202
Washington DC 20008

CareFirst Watch Coalition Update

Mary Lee Stein

GWSCSW participated in a public health needs assessment this summer for a study commissioned by the DC Appleseed Center investigating how our local BlueCross BlueShield affiliate, CareFirst/GHMSI*, might define and implement a community service mission in the Washington metropolitan area. The study will be issued at the end of November; the CareFirst Watch Coalition Steering Committee met in October for a briefing on study findings.

Urgent Public Health Issues are HIV/AIDS for Men, Obesity, and Depression

Researchers began with a review of the legal obligations of CareFirst, as a non-profit charity, to serve the community, then examined how it fulfills those obligations. A survey of the public health needs of the metropolitan area identified the following issues as urgent: HIV/AIDS infection for men, heart disease for women, and major depression. Some of those surveyed called for health education centers to address HIV/AIDS, obesity and depression; some called for better quality of care, coordination of care and emergency preparedness training for professionals. GWSCSW members Bonnie Gallagher, Margot Aronson, and Mary Lee Stein prepared the Society's survey response.

Elsewhere: Innovative Programs and Strong Commitment to Community

The researchers looked at comparable insurers in other parts of the country to examine how they as nonprofits met their public health obligations to the communities they serve, and discovered many innovative programs and a strong commitment to community by these insurers. Their comparison of CareFirst/GHMSI finances with the rest of the insurance industry in this area showed CareFirst/GHMSI to be a monopoly, and all smaller insurers "shadow price"—that is, if CareFirst/GHMSI lowered its prices, then the other companies would follow suit.

Huge Surplus Could Help Fund Community Programs

Further, while all insurers are required to operate with a 200% surplus of risk-based capital, CareFirst/GHMSI has 800% surplus. The report will suggest use of some of this surplus for programs to serve community needs; it will also make recommendations and suggestions reflecting the findings of the assessment of public health needs.

Through continued participation in the CareFirst Watch Coalition, the Society will bring pressure to bear on CareFirst/GHMSI to embrace its statutory responsibility; we will advocate for mental health programs as an integral part of the compliance efforts. Watch for the public announcement of the release of the final report. ❖

*Group Hospitalization and Medical Services, Inc., or GHMSI, has operated as a non-profit health insurer since 1939, and serves the District, Montgomery and Prince Georges County, and Virginia (North of Route 123). In 1997, GHMSI affiliated with BlueCross BlueShield of Maryland to form a Maryland holding company, CareFirst, Inc.; they were joined in 1999 by BlueCross BlueShield of Delaware. All three companies are organized and operated as nonprofits.

Mary Lee Stein is our GWSCSW representative on the CareFirst Watch Coalition steering committee.

Carol Tosone to Speak on Relational Social Work

Joel Kanter

On January 28 and 29, Carol Tosone, associate professor at the New York University School of Social Work, will present a Friday evening lecture at a dinner meeting and conduct a Saturday morning workshop. The Friday evening lecture is entitled *Relational Social Work: Honoring the Tradition* and the Saturday morning program will be on the *The Clinical Social Work Narrative: Empathy for the Professional Self*. To accommodate our long-suffering Virginia members, we will hold the dinner meeting at a restaurant (TBA) in Northern Virginia and the Saturday workshop will be held at the Alexandria campus of the VCU School of Social Work.

Professor Tosone is a dynamic and dedicated teacher who has published on a broad range of topics including anticipatory grief and bereavement, short-term treatment and women's issues. She is a Distinguished Scholar in the National Academy of Practice in Social Work; she is co-editor of *Love and Attachment: Contemporary Issues and Treatment Considerations* (Aronson, 1999) and *Doing More With Less: Long-Term Skills in Short-Term Psychotherapy* (Aronson, 2001). Additionally, she is on the editorial boards of several other professional journals. Immediately after September 11, Professor Tosone coordinated volunteer counselors in the aftermath of the World Trade Center disaster and successfully encouraged MSW students to publish articles on trauma in relationship to tragedy.

CEUs will be available for both events. More detailed information on these exciting programs will be mailed soon. ❖

For All Members

Call the
Federation Hotline

(800) 270-9739

your link to our...

- **Managed Care Specialist**
for advocacy, information and assistance with managed care and insurance
- **Forensic Specialist**
for consultation regarding clinical social work and the law
- **Public Relations Specialist**
for assistance with press, radio, TV and media issues and the professional image of clinical social work
- **New Clinicians Specialist**
for mentorship, advisement and other issues for new clinicians

Call for...

•
Information on
Membership

•
Latest information on
our competitive
Malpractice Insurance

•
Everything NON-clinical
that clinicians need to know!

(800) 270-9739

ALL CALLS ARE CONFIDENTIAL

CSWF

Clinical Social Work Federation

Richard Yanes

The Federation Board met this month in Alexandria, Virginia, and adopted measures to provide additional financial support for the Federation, expand its membership, and commit to a yearlong membership drive in the states.

Having adopted a bare-bones deficit budget of more than \$32,000 last May, the Board returned to Alexandria this month prepared to take action to begin to reverse the situation. Presented to them was a report detailing services provided to members of state societies who were not members of the Federation and for whom the Federation received no financial support. With only two dissenting votes, the Board adopted a motion making these society members Federation members and added a dues structure to support the services the Federation will continue to provide to them. Because of this action, more than 1,800 new members have been officially added to the Federation rolls. (For more information, see the Federation newsletter, *access*, published at the end of November.)

Immediately following that action, the Board received a report on a dues increase survey it had requested its Finance Committee to undertake over the summer. With a spirited debate in which all recognized the need for increased support and acknowledged the low level of dues now paid to the Federation per member (\$33), the Board, in a close vote, adopted a dues increase that will bring the total dues per member to \$43 beginning next year. (Again, see *access* for more information.)

Because the core problem is membership development, the Board adopted a goal to increase its membership by 10% and provided training for membership development during one full morning of the Board meeting. The goal carries with it the requirement that the societies develop a membership development plan, remain in consultation with the Federation Membership Committee, and report the results at next October's meeting.

The training, presented by Margie Howe (Chair, CSWF Membership Committee) and myself, gave the Board detailed information on membership recruitment skills, techniques and perspectives. At the Board's request, plans are being developed to make the training available to membership chairs of all societies.

(Note: GWSCSW was represented at the Federation Meeting by Society president Margot Aronson, and by Tricia Braun, Vice President for Development. Tricia and Diana Seasonwein, newsletter editor, participated in the membership development training.)

Richard Yanes is executive director of the Clinical Social Work Federation.

Be on top of what's happening in your society and your profession.

SIGN UP FOR THE GWSCSW LISTSERV

EMAIL YOUR REQUEST TO:

gwscsw@yahoo.com

CSWI

The Clinical Social Work Institute

Golnar Simpson

This academic year, things are quite busy at CSWI. After a successful summer of academic courses for the students and workshops open to the larger professional community, we began the fall semester by welcoming our new students, going through leadership transitions and moving forward with the application for accreditation.

New students

Our new group of students comes to us with diverse and rich professional backgrounds in clinical social work and brings much enthusiasm and commitment to their doctoral studies. We are particularly pleased that several of our new students are willing to travel long distances from North Carolina, Pennsylvania, Norfolk and Richmond to attend our program.

Former and new leadership

On October 1, 2004, we also witnessed a leadership transition at CSWI involving the positions of president and

dean. We bade farewell to Mr. Phillip Rosenblum, who served as president for two years; and Dr. Carolyn Gruber who served as the first president and then dean during the first six years of CSWI's growth and development. Their dedicated service to CSWI, our profession and our community, is much appreciated by our students, faculty and the Board of Trustees. They will continue their involvement with CSWI in other roles and they will be honored at a dinner on November 12, 2004.

We are pleased to announce that Dr. Patricia DeLorme has joined CSWI as our new interim president. Dr. DeLorme, a much-respected clinical social worker, administrator and educator in our social work community is a past-president of NASW Metro Chapter, a former chair of the National Council on Clinical Social Work in NASW and has served on many other Washington DC boards and commissions. I would also like to tell you that I have accepted the position of interim dean at CSWI. My own professional administrative background includes past-president of GWSCSW, past-president of the Clinical Social Work Federation, immediate past-chair of National Academy of Practice in Social Work and CSWI founding dean. Dr. DeLorme and I look forward to working with our energetic students, our highly skilled faculty and our hard working Board of Trustees.

Accreditation and program news

This past June, we received a full three-year renewal of our license to operate from the Education and Licensure Commission of the District of Columbia. With this important achievement behind us, we are now fully engaged in the accreditation process with the Middle States Commission of Higher Education, which has jurisdiction over our region of the country.

On December 11, 2004, we are presenting another exciting program in our series on *The Feeling of Otherness: Experiencing Immigration and Trauma*. Dr. Maurice Apprey a well-known Professor of Psychiatry at UVA who emigrated from Ghana will speak on *Reflexive Intersubjectivity: Adding a Social Dimension to Individual Inquiry and Intervention*. Dr. DeLorme and I would like to invite you to join this and our other activities at CSWI and share in our excitement of learning together and promoting excellence in clinical social work education and practice. For further information call us at 202-237-1202. ❖

Golnar Simpson, DSW, is the interim dean of the Clinical Social Work Institute.

THE CLINICAL SOCIAL WORK INSTITUTE

❖ Position Opening ❖

CSWI is seeking qualified applicants
for the position of

PRACTICE CHAIR

Effective January 2005

The responsibilities for this position include the development and implementation of policies that govern the advanced clinical practice part of the curriculum; teaching; and liaison work with the participating social work agencies in the community.

Qualified applicants must have a doctoral degree in social work from an accredited program and extensive clinical practice experience.

CSWI is an Equal Opportunity Employer

For further information, please contact:

The Clinical Social Work Institute, Inc.
5028 Wisconsin Avenue, NW, Suite 404
Washington DC 20016

Phone: 202-237-1202

Email: cswi@mindspring.com

Fax: 202-364-0435

Website: www.wdc-cswi.org

Legislative News

■ MARYLAND

Alice J. Neily

The bad news is that we can expect the upcoming January 2005 legislative session to be highly influenced by political maneuvering. The good news is that this will afford social workers opportunities to make a difference.

This summer and fall the primary focus has been on the Department of Health and Mental Hygiene's (DHMH) new proposal. This proposal is for a managed care system to provide long-term care, primary services and acute care services for Medicaid recipients and for those who are eligible for both Medicare and Medicaid.

The proposed system includes all specialty mental health services (inpatient psychiatric services, community mental health programs and prescription drugs) and all long-term care services (nursing home, chronic hospital, personal care and medical day care, and hospice care).

2004 legislation with consumer-driven safeguards vetoed by Governor

You may remember that the Governor vetoed the very popular 2004 legislation that provided consumer-driven safeguards for any future managed long-term care system. Since then, DHMH, despite ongoing concerns raised at stakeholder sessions and regional testimony, has moved forward with a proposal that ignores the critical safeguards specified in the legislation.

Consumers, consumer advocates and providers alike have expressed their concerns that this DHMH proposal, which includes removing the mental health "carve out", is being processed far too fast and leaves too many issues unresolved. The unintended impact could be irrevocable harm to many individuals with serious mental health issues, removing their access to the residential programs, rehabilitation programs and other services on which they rely.

More than 5,000 people with dual eligibility currently use the public mental health system (PMHS) and are currently living in the community with the help of services such as psychiatric rehabilitation. Thousands more, age 65 and over, are eligible for Medical Assistance and also use mental health services. They *are already in* the PMHS, which *is* a managed care system with extensive mechanisms in place to pre-approve care and determine type, frequency and duration of services based on medical necessity and available resources. Current PMHS community services are very effective in deliver-

ing lower cost alternatives to institutional care to highly vulnerable individuals.

Forcing individuals into new "community care organizations" would not only increase fragmentation and duplication but would endanger the very community tenor the new system hopes to promote. How ironic that instead of what Senate Bill 819 called the "Community Choice" program, we may create a program that denies choice to thousands of Marylanders with psychiatric disabilities.

There seems to be interest among legislators in overriding the Governor's veto or pressuring the Executive branch to make this managed care proposal into a pilot study that would take place in Baltimore city and one rural area. At the same time, however, now that the issue has come on the radar screen, managed care companies have hired lobbyists and instituted a full court press supporting the DHMH plan.

Our Maryland Legislative Council of Social Work Organizations has joined with the Coalition for Real Community Choice in recommending that DHMH withdraw the proposal for the time being and assess other possibilities for fiscal savings. We've also joined the Medicaid Matters-Maryland Coalition to advocate actively for protection of the affected consumers under the DHMH plan.

Your Legislative Council lobbies in Annapolis, but it is equally important that concerned clinical social workers speak up on this issue and let DHMH know you protest these changes. Urge that PMHS users be exempted outright, or at least be given the choice to opt out.

On Medical Malpractice

A Special Senate Committee on Medical Malpractice Liability Insurance continued hearings throughout the summer. Rumor is that a special session to deal with this issue is to take place immediately. The Council is represented on the Health Provider Coalition (health care lobbyists and leaders of professional organizations who have historically taken an active part in legislative reform), which will be focusing attention on proposed malpractice legislation.

Access to Health Care for All Consumers

Legislation to cover the uninsured died in the final minute of the 2004 session, but legislators intend to

bring access to health care for all consumers back in the 2005 session. Funding for this initiative would come from cancelling the tax exemption for managed care companies.

The *only* provider organization testifying in favor of this bill in the 2004 session was the Legislative Council of Social Work Organizations, represented by Kate Berman; this scored many "points" with the bill's sponsor, Chairman Sheila Hixon.

As issues arise, I will email Action Alerts and hope that you will be prepared to ***act fast to register your concerns with your legislators***. Detailed information and resources are available for you at www.capitalconsultant-sofmd.com. ❖

Alice J. Neily of Capital Consultants is the lobbyist for the Legislative Council of Social Work Organizations for Maryland. Carol Santucci is our GWSCSW representative to the Council.

■ VIRGINIA

Christopher Spanos

The Virginia General Assembly convenes January 12, 2005 and adjourns on February 26, 2005.

Clinical Society Day at the General Assembly is tentatively planned for February 14 (subject to adoption of the General Assembly calendar.)

Coverage for anorexia nervosa and bulimia nervosa

In the last session, HB 294 proposed requiring health insurance coverage for anorexia nervosa and bulimia nervosa as biologically-based mental illnesses. Changes in required health insurance benefits proposed during the General Assembly session are regularly referred to the Advisory Commission on Mandated Health Insurance Benefits for review; Virginia clinical society member Keitha Austin has addressed the panel with a statement of support.

Access to Psychotherapy Notes

A key issue for clinicians in Virginia is inconsistency of rules governing patient and attorney access to psychotherapy notes. HIPAA protections "carve out" such notes/records, Virginia law is broad and has diverse interpretations, and Virginia Human Rights Regulations govern some patient access to records. Practitioners usually make judgment calls about whether to include or exclude psychotherapy notes in permanent records based on patient safety.

The Virginia Joint Commission on Health Care is studying whether changes to Virginia's health records laws are warranted. Clinical society comments will be sent to the Joint Commission work group. ❖

Government and public affairs counselor Chris Spanos represents GWSCSW and the Virginia SCSW on legislative matters in Richmond. He is with the lobbying firm Spanos Consulting Group.

■ FEDERAL

by Richard Yanes

The re-election of President George Bush, and changes in the House and Senate configuration, including chairmanships, is likely to have a major impact on the development of next year's legislative strategies. It is hard to be hopeful about the prospects for legislation supported by clinical social workers. The federal budget again faces serious problems. Appropriations may not be finalized until next year and the operations in Afghanistan and Iraq complicate the funding picture.

Parity, Patient's Bill of Rights, and Medicare Reform

Mental Health Parity (S 486/HR 953), the Patient's Bill of Rights (HR 597), Medicare Reform (S 646 / HR 1314), and the Privacy Rule (HR 1709) will not be on the Congress' agenda when it returns for a "lame duck" session

in November following the elections. None of these bills cleared their respective house policy committees, so each will have to be reintroduced when a new Congress convenes next year.

Suicide Prevention Bill

The Senate has passed Senator Smith's (R-OR) S. 2634, named after the senator's son Garrett, who died a year ago. The bill would establish grants for suicide intervention efforts directed at youth, assist campus suicide prevention programs, and develop technical assistance centers for local and state program providers. The bill also passed in the House and was signed into law on October 21. The bill appropriates \$82 million over three years for the programs it enacts.

continued on page 16

Presidential Profiles: Carolyn Gruber (1987-1989)

Tricia Braun

Carolyn became president after a politically successful stretch of time for the Society. She says the Society had been on a winning spree, which had lifted the spirits of members. With few political battles on the horizon, the organization could now divert its resources to education. Carolyn had been chair of the Education Committee, putting on yearly conferences, organizing study groups, and designing workshops. Only social workers were featured speakers. Becoming president, this shift of emphasis for the organization was perfect timing for her personally, as she intensely wanted to promote social workers as scholars on a level with psychiatrists and psychologists.

Membership in the late 1980s was rapidly expanding. When you joined the Society, you were asked which committee you wanted to sign up for, so everyone thought this was part of his or her membership commitment. Committees became friendship groups. "We liked working together on projects, and we saw value in joining a community of people in our field with like interests." She believes the context of the time period was important social workers were receiving a respectable salary and professional recognition, and were feeling successful and validated through their political accomplishments. "We weren't as rung out with our practices, as many seem to be today, and had energy to put into building a professional association."

Carolyn ran a very open Board. All committee members were invited to attend Board meetings. A task force to study the possibility of setting up an Institute was organized, but with the clear understanding that there would be a firm boundary between the Institute and the Society. New committees emerged—Community Outreach and Mentoring.

Carolyn readily admits that the expansion of the Society during her tenure could not have happened without the excellent people on her Executive Committee: Golnar Simpson, Janis Colton, Judith Rovner, Susan Horne-Quatannens, and many others, to whom she delegated much of the work. During her presidency, this became especially important as she was finishing her doctorate at Catholic University, which she received in 1989. Carolyn believes her ability to listen and to come up with a synthesis of many viewpoints that people could agree to, served her well in her position. What also helped was her belief in and natural enthusiasm for the Society. As she knew others in the multi-disciplinary community of mental health, she was able to make connections and build partnerships.

Carolyn was born in New Jersey, but grew up in Florida. She attended undergraduate school in Ohio and received her Masters in Social Work from Smith College in 1966. She moved to Washington and began working at Christ Child Institute for Children in Rockville, a residential treatment center. She worked with individuals, families and groups there for three years. She took a sabbatical to have children, and then worked part time for 10 years at the Bethesda Naval Hospital in child psychiatry. As her children grew, she gradually added more and more private practice hours. During those years, she says she was a member of the social work "guinea pig class" in the child psychotherapy program at the Baltimore-Washington Institute for Psychoanalysis. At the time, social workers were rarely accepted into psychoanalytic programs. One of the reasons she sought a doctorate was that it was a pre-requisite for formal analytic training.

Carolyn taught social work classes for ten years at Virginia Commonwealth University. After the Clinical Social Work Institute obtained its license, she served as president from 1998 to 2003, was both president and dean in 2003 and dean in 2004. She recently stepped down from this position. While the task force put together a governance structure and developed a curriculum, she had never run a non-volunteer group before, and therefore was challenged by setting up a small business on a tight budget. She says she is very proud of the quality of the curriculum, and the expertise and commitment of the faculty and graduates. Unlike other doctoral programs, the Institute training is practice-oriented. It is a way to receive advance psychotherapy training and a doctorate all in one program. Carolyn believes it promotes intellectual discipline as a foundation for practicing as a psychotherapist.

Presently, Carolyn has a private practice specializing in children and adolescents; she teaches at the Institute, she is on both a national committee to accredit psychoanalytic programs, and on the Editorial Board of the *Clinical Social Work Journal*. She has written book reviews for and published articles on treatment and research in the *Child and Adolescent Social Work Journal* and the *Clinical Social Work Journal*.

Carolyn believes it is critical that social workers who are developing their careers obtain good supervision and continue to reach out for basic mental health training such as using the DSM-IV. She notes, "It is important to understand that this profession calls for a lifetime of learning...Though many social workers do not use psychodynamic principles in treatment, a basic knowledge is helpful in understanding clients...The theory is

invaluable in reading clues more effectively, and knowing what hypotheses to test. A clinician may decide to do cognitive behavioral work for psychodynamic reasons. Such a background helps in assessing whether a client is able to do insight-oriented work." Carolyn thinks many social workers forget that therapy is only one part of a repertoire of skills. Knowing resources in the community adds value to the service provided to clients.

Carolyn would like the Society to reach out to agency social workers and work towards membership diversity to enrich the membership experience. A unifying goal would be working towards attaining mental health parity. Other ways the Society could be helpful to members would be to find ways to deal with expanding paperwork, and to obtain authorization for more sessions.

Carolyn says she became a social worker during the height of the Civil Rights movement, working in settlement houses with all the passion of the time. This energy was later channeled into political reform. The question is not whether social workers have passion and energy, but how they want to use it to make a difference in people's lives in today's world. ❖



Kudos to Grace Lebow

Congratulations to Grace Lebow, a longtime GWSCSW member, on receiving the 2004 NASW Knee/Wittman Lifetime Achievement Award for her pioneering work in elder care. Along with Barbara Kane, she co-founded Aging Network Services, one of the first programs to provide care management and psychotherapy services to older people and their families. Grace also helped establish a national network of social workers who had geriatric and clinical expertise. Through this network, adult children residing here could find help for their aging parents in distant locations. She and Barbara Kane co-authored *Coping with Your Difficult Older Parent: A Guide for Stressed-Out Children*. ❖

Out & About

Tricia Braun

This column shares news about members' professional accomplishments—publications, speaking engagements, seminars, workshops, graduations, volunteer projects and special interests or hobbies. Here is what some of our members have been up to...

Marilyn Austin has written a piece of music for a children's chorus, which will be sung this Christmas season at St. Mark's Episcopal Church in Maryland.

Donna Oberholtzer sings with the Capitol Hill Chorale, an SO-voice ensemble that gives six major performances a year. The next is the Christmas concert, *Chorus Angelorum: Angels Above, Angels Below, Angels All Around* on Saturday, December 4 at 7:30 PM and Sunday, December 5 at 4:00 PM. The concert will be held at St. Joseph's Church, 2nd & C Streets, NE, on Capitol Hill. For more information and tickets, go to www.capitolhillchorale.org.

Ruth Neubauer had a photography show and reception at The Red Dog Cafe in Silver Spring, Maryland on November 15. The restaurant donated a portion of food costs to a charity, which supports children in poverty working in the arts.

Connie Ridgway is singing in *The King and the Fool*, a medieval winter solstice tale, with the Washington Revels. The show will be performed December 3–5 and 10–12 at Lisner Auditorium, Washington, DC. Connie will be singing a duet for the opening number of the show. For more information go to www.RevelsDC.com.

In June, **Marilyn Stickle** presented *The Healing Power of Connection in Psychotherapy: Transforming Individual, Social and Global Consciousness* at the Ninth Annual Conference of the Society for Spirituality and Social Work at the State University of New York at Binghamton.

Peggy Osna Heller, PHD, LCSW-C, RPT and **Judith Andai**, PsyD, LCSW presented an all day Continuing Education workshop at the University of Maryland School of Social Work on October 29. In the highly experiential workshop—*Embodied Poetry Therapy: Movement and Words for care of Self and Others*—poetry therapy merged with sacred circle dance to provide participants with a blend of two powerful healing modalities.

Please send information about your accomplishments to Tricia Braun at gwscsw@yahoo.com. Notices of upcoming events should be directed to the classified page, in care of the newsletter editor, at the office address.

Families trust Sunrise as their choice for senior living.

Sunrise Senior Living can help. We know that families searching for senior living options for the seniors in their lives can be faced with an overwhelming number of options and questions. Our professional team at each of our communities can lead families through the process of choosing the right option, and can help answer the many questions they may have.

It's been over 20 years since Sunrise Senior Living started serving seniors and their families. Our resident-centered approach to senior living puts the senior first, giving them options to meet their individual needs and wishes.

Sunrise can help you and your client find the answers that best fit their specific needs. Please call one of our communities in Northern Virginia to find out more about senior living at Sunrise.



Sunrise applauds your commitment to enhancing the lives of seniors and welcomes the opportunity to be your partner.



<i>Alexandria</i> Sunrise at Mount Vernon 703-780-9800 AL, ALZ	Sunrise of Arlington 703-524-5300 AL, ALZ	Sunrise of Fairfax 703-691-0046 AL	<i>McLean</i> Sunrise of McLean 703-734-1600 AL, ALZ	<i>Springfield</i> Sunrise of Springfield 703-922-6800 AL, ALZ
Sunrise of Alexandria 703-212-9192 AL, ALZ	The Jefferson 703-516-9455 IL, AL, ALZ, NC	<i>Falls Church</i> Sunrise of Falls Church 703-534-2700 AL, ALZ	<i>Oakton</i> Sunrise at Hunter Mill 703-255-1006 AL, ALZ	<i>Sterling</i> Sunrise at Countryside 703-430-0681 IL, AL
<i>Arlington</i> Brighton Gardens of Arlington 703-294-6875 AL, ALZ	Sunrise at Fair Oaks 703-264-0506 AL, ALZ	<i>Leesburg</i> Sunrise of Leesburg 703-777-1971 AL, ALZ	<i>Reston</i> Sunrise at Reston Town Center 703-834-5994 AL, ALZ	<i>Metro DC Area</i> At Home Assisted Living 703-786-7473 HC
Sunrise at Bluemont Park 703-536-1060 IL, AL, ALZ	Sunrise at George Mason 703-934-5069 AL, ALZ	<i>Lorton</i> Sunrise at Lorton Station 703-550-2400 AL, ALZ		

IL=Independent Living AL=Assisted Living ALZ=Alzheimer's Care NC=Nursing & Rehabilitative Care HC=Home Care

www.sunriseseniorliving.com

In Case You Thought HIPAA Regulations Don't Matter...

The final set of HIPAA standards, the Security Rules, take effect next April for "covered entities" employing more than 50 employees *and for everyone else in April 2006*.

It is estimated that more than 6,000 HIPAA related complaints have been filed with the Office of Civil Rights, Department of Health and Human Services. Here are a few examples:

- A private advocacy group has filed suit in San Diego alleging Albertson's Supermarkets violated their pharmacy patients' privacy rights by sending them letters that may have been written by drug companies urging them to try a different medication. It is alleged Albertson's received \$4.50 for each letter and \$15 for each telephone call. A number of drug companies are named as "co-conspirators" in the suit. (The Privacy Clearing House, San Diego, CA)
- A patient suing to discover the identities of witnesses in a New York medical center accident received an appellate court ruling in March denying access to those identities based on HIPAA. The court held that such disclosure would "breach the physician-patient privilege." (Dunn v. Sound Shore Medical Center, NY)
- In a Maryland District Court malpractice case in February, the Court held that plaintiffs do not automatically waive their right to privacy. Holding that while it may be argued that patient disclosure of medical information is inferred by the filing of the suit, such inference does not satisfy the intent of HIPAA. (Law v. Zuckerman, MD)

Privacy attorneys across the country are looking at the initial cases as the development of case law that will not only fill the gaps in HIPAA but also lead to the establishment of the concept that HIPAA is a minimum standard and will eventually apply to every practitioner dealing with private health information whether or not he or she is a "covered entity." ❖

Our thanks to Richard Yanes, Executive Director of the Clinical Social Work Federation (CSWF), for providing this information.

Please report change of address/phone/office
to the GWSCSW office:

5028 Wisconsin Avenue, NW, Suite 404
Washington, DC 20016
202-537-0007 • Fax 202-364-0435

WPSP Offers Educational Series

Ruth Neubauer

Washington Professionals for the Study of Psychoanalysis (WPSP) has been in existence since 1980. A Division 39 Chapter of the American Psychological Association, WPSP was originally named Washington Psychologists for the Study of Psychoanalysis but was changed as a result of the number of clinical social workers who became members and active in the organization. Our membership has remained close to 100 over the years.

I am proud to be president of WPSP this year. We have just begun our regular events which include a Fall Event Workshop on November 14, with Polly Eisendrath speaking on Buddhism and Psychoanalysis; CEU/study/seminars on topics ranging from aging to film viewing; and monthly Monday evening meetings which are free and available to all our professional colleagues.

This year's monthly meetings (the first Monday of each month except January, 8:00-9:45 PM) are very special and unusual in that they are more in the form of discussion and lecture-demonstration than didactic presentations. The theme for this year is *Being an Artist and Working as a Therapist: Impact and Interface*. Our speakers are colleagues who are deeply involved in both activities and will share the impact and interface as they experience it:

- October 4 – Susan Kulp, LICSW, acting and directing
- November 1 – Steve Shulman, PhD, painting
- December 6 – Kathy Hepler, MA, writing the narrative
- February 7 – Sy Rubinfeld, PhD, poetry
- March 7 – Christine Erskine, LCSW, music
- April 4 – Molly Donovan, PhD, photography
- May 2 – Eileen Ivey, MSW, working with clay

We welcome your attendance! We meet at 5028 Wisconsin Avenue NW, Suite 400, in the conference room. You need not call! Just come! ❖

"Retirement"
or
WHAT NEXT™



NEW
6-week Discussion Group
for Women over 50
in transition

Begins February 9, 2005
7-8:30 PM

See web-site for full schedule and to register...
www.retirementorwhatnext.com

Ruth Neubauer, MSW
301-951-8630

Karen Van Allen, MSW
240-893-2410

E-mail: retiremtwhatnext@aol.com

Prepaid Legal Plan, continued from page 1

In brief, for an annual enrollment fee of \$85, the Plan covers up to one hour of legal consultation or representation related to the subscriber's practice of clinical social work during the year of coverage. Consultation may take place in person or by telephone, fax, or e-mail, at the members option; the law firm tracks consultation time in intervals of 0.10 of an hour for the attorney's time.

Less than half the current market rate

After the initial hour has been used up, Regan Associates will provide plan members with additional legal services related to clinical practice at a rate of \$110 per hour, plus necessary and reasonable expenses. (That's less than half the current market rate for attorney time in this area!)

The attorneys assigned to work with Society members are listed below, with the jurisdiction in which they are licensed and the areas of their greatest previous experience:

- Joseph H. Beale: Virginia and DC; family law litigation including contested divorces, custody, visitation, support, family abuse protective order matters
- Jeffrey M. Ford: Maryland and DC; domestic relations, probate, civil litigation, premises liability, civil forfeiture, special education law
- James L. Heiberg: Virginia and DC; family law, collections, criminal defense
- David E. Kindermann: Maryland and DC; insurance (claimant and defense) litigation, criminal defense
- Andrew P. McGuire: Maryland and DC; criminal and civil litigation, appellate practice, domestic violence law

December 10 is the deadline for subscribing

December 10, 2004 is the deadline for signing up for a year's coverage beginning on January 1, 2005. The next opportunity to join will be for the year beginning July 1 and ending June 30, 2006; that deadline will be June 10, 2005.

Watch for the brochure, and call GWSCSW at 202-537-0007 if you have questions. ❖

*Be on top of what's happening
in your society and your profession.*

SIGN UP FOR THE GWSCSW LISTSERV

EMAIL YOUR REQUEST TO:

gwscsw@yahoo.com

Federal Legislation, continued from page 11**Funding the Government**

Failing to pass the remaining nine appropriations bills necessary to fund the government by the October 1, the start of the new fiscal year, both the House and the Senate agreed to adopt a continuing resolution just short of the deadline to prevent government services from shutting down. The continuing resolution will remain in effect through November 20. Both houses will return for a "lame duck" session after the elections in an effort to finish the appropriations process. But congressional aides are now stating out loud what were whispers just weeks ago—that at most only seven of the nine bills will be successfully addressed and these may be wrapped-up in an omnibus bill.

Left out of the package may be the Labor, Health, and Human Services appropriations and the Veterans, Housing, and Urban Development funds. These appropriations are annually the subject of intense negotiations prior to passage and with the short timeline of the "lame duck" session, the predictions are that they will not be passed and will be left for next year's new Congress—the third year in a row if it happens.

Further complicating the picture is the anticipation that the White House will be asking for special supplemental funds to support the war in Iraq and the Afghanistan operation immediately after the elections. Expenditures are now running about \$5 billion per month for both and at that rate existing funds will run out by February. While no official dollar figure has been communicated to the Congress by the Administration, fiscal committee staff expects the request to be "huge."

The concern here by mental health organizations as well as other major interest groups is that the fiscal situation will drive both the dollars and policy considerations of the new Congress. No one is saying it yet, but we will probably be looking at severe limitations in both areas when Congress reconvenes in January. ❖

Richard Yanes is Executive Director of the Clinical Social Work Federation (CSWF)

Wanted: GWSCSW Legislative Liaison for Virginia

Carol Santucci has taken on the role of GWSCSW Legislative Liaison for Maryland, and Danille Drake and Mary Lee Stein both advocate for clinical social work issues in the District, but we have no liaison for Virginia. For more information or to volunteer, please call Margot Aronson at 202-966-7749 or email malevin@erols.com.

Legislative Alert! Mandatory Mental Health Screening

Laura Groshong

President Bush this summer presented an initiative promoting a comprehensive national policy to screen children for mental illness. While attending to the mental health of children is desirable, critics complain that the program, as currently designed, does not require parental consent for screening, is likely to marginalize therapy for children while increasing usage of psychotropic drugs, and may result in stigmatizing children with diagnostic labels.

The initiative, which is based on the Texas Medication Algorithm Project (TMAP), has passed in the Senate; in the House, however, a campaign has been mounted in the House by Rep. Ron Paul (an MD) and others to block financing.

For more information, see <http://www.news-medical.net/?id=3084> and <http://psychrights.org/Drugs/AllenJonesTMAPJanuary20.pdf>. Please write or call your representatives; sample letters can be found at www.gwscsw.org. ❖

Laura Groshong is chair of the Legislative Committee for the Clinical Social Work Federation (CSWF).

A Brief Sample of References on Facilitating a Good Divorce

Our thanks to Dr. Cathleen Gray for providing the following listing of references she recommends for clinicians working with clients in the midst of divorce. Dr. Gray, a professor at Catholic University's school of social work and longtime GWSCSW member, is nationally recognized for her work in this field. She was a presenter with Emily Brown and Kate Scharff at the recent GWSCSW conference on treatment of divorce.

- Baum, W., (2003) The male way of mourning. *Clinical Social Work Journal*. 31 (1).
- Bonach, K. & Sales, E. (2002) Forgiveness as a mediator between post divorce cognitive processes and co-parenting quality. *Journal of Divorce and Remarriage* 38 (1/2).
- Braver, S.J., (2003). The news about divorce for family psychologists. *The Family Psychologist*. 19(2)
- Coates, B. A. (1999). *Divorce with Decency*. Honolulu. University of Hawai'i Press.
- Cowley, A. (1999). Transpersonal theory and social work practice with couples and families. *Journal of Family social Work*, 32(2).
- Davila, J., Bradbury, T. (2001) Attachment insecurity and the distinction between unhappy spouses who do and do not divorce. *Journal of Family Psychology*. Vol 15(3).
- Emery, R. (1999). *Marriage, Divorce, and Children's Adjustment*. Thousand Oaks, CA. Sage
- Ford, D. (2001). *Spiritual Divorce*. San Francisco. Harper
- Gray, C., (1995). Divorce or a room of your own: Options for troubled marriages. *Family Therapy*. 22 (3)
- Gray, C. (1995). When therapy is not in the client's best interest: Adapting clinical interventions to the stages of divorce. *Journal of divorce and Remarriage* 25
- Gray, C. Koopman, E., & Hunt, J. (1991). The emotional phases of marital separation: An empirical investigation. *The American Journal of Orthopsychiatry*. 61(1).
- Hetherington, E.M., & Kelly, J., (2002). *For Better or For Worse*. NY. W.W. Norton
- Isaac, M., (2000). *Therapy of the Difficult Divorce: Managing Crisis, Reorienting Warring Couples, Working With the Children*. NY. Jason Aaronson
- Lucan, R. (2003). Reexamining adaptation and the set point model of happiness: Reactions to changes in marital status. *Journal of Personality & Social Psychology*. Vol 84(3). ❖

Earn your PhD degree at

THE CLINICAL SOCIAL WORK INSTITUTE

Interested in joining our 7th class for the
2005–2006 Academic Year?

You are invited to attend one of our
INFORMATION SESSIONS

12:30 PM – 2:00 PM

January 8, 2005

February 5, 2005

Come learn more about our cutting-edge clinical
social work curriculum, our expert faculty and
highly motivated and diverse students.

Please RSVP to the office:

The Clinical Social Work Institute, Inc.
5028 Wisconsin Avenue, NW, Suite 404
Washington DC 20016

Phone: 202-237-1202 Email: cswi@mindspring.com
Fax: 202-364-0435 Website: www.wdc-cswi.org

COMMITTEE REPORTS

Annual Conference

Connie Hendrickson

The Conference Committee is focusing on planning and publicity for *Frederick Reamer on Ethics*, this year's Annual Conference to be held on April 8. See page 1 for more about the conference, and please call me at 202-322-0134 if you would like to help out!

Continuing Education

Dolores Paulson

This winter we are offering four courses: Danille Drake will lead an *Ethical Dilemmas* class in December, and in February Elise Ostroffwill discuss Anna Freud's *The Ego and Mechanisms of Defense*, Doris Snow will present a three-session class on *Couple Complementarity (or Having a Good or Bad Fit)*, and Kathryn Chefetz will lead a discussion of Wally Lamb's moving novel *I Know This Much Is True*. (See GWSCSW Course Offerings on page 24.)

Continuing Education Committee members Alice Kassabian, Connie Hendrickson, Audrey Walker, Catherine Chefetz, Diane Rainey, Nancy Nollen, Marion Usher, Chip Fenton and I have already begun meeting to plan for the 2005–2006 year. If you have ideas for courses or seminars, please bring them to my attention (703-790-0788), and see page 25 for information about how to become an instructor for the Society.

Directory

Connie Hendrickson

With new memberships, renewals, and practice updates in hand, we're putting together the 2005 GWSCSW Member Directory. For those who have missed the deadline for inclusion, we will periodically distribute

new member information on pages that can be stapled into the back of your Directory.

If you have any feedback or suggestions, please let me know at 202-322-0134.

Ethics

Janet Dante

It is with regret that I am resigning as Chair of the Ethics Committee. Since I first took it on, I have also become the Treasurer of GWSCSW. As well, this September I started psychoanalytic training at ICP&P.

GWSCSW is now actively looking for a committee Chair. The Reamer conference for this spring is moving along smoothly under the direction of Connie Hendrickson, but getting involved there could be a good way to get your feet wet. I was just new to the clinical society when I became Chair, so this message goes to both new and old members alike.

If you think you might be interested, call Margot Aronson at (202-966-7749).

Membership

*Maurya Brenneman and
Melinda Salzman*

The Society attracted the attention of over 40 Catholic University social work students in August when Nancy Nollen, Katie Miner and Maurya Brenneman set up a table at their fall orientation. Several students showed interest in joining the Society. The Membership Committee is interested in continuing outreach efforts at other universities as well. We plan to set up a table at the VCU Spring Job Fair. If you know of other opportunities at social work schools in the area, please contact us.

Joel Kanter has created a second listserv. *GWSCSW-Info* will regularly post updates informing members about the activities of the Society. Nonmembers are welcome to join this listserv. Please e-mail Joel at joelssmd@aol.com.

The committee is continuing to develop our Ambassador program to help new members feel connected to the Society. We are seeking current members who are willing to make a one-year commitment. The role of an Ambassador is to welcome the new member and connect the new member to programs and activities within the Society.

Please contact us to get involved: Maurya Brenneman, 301-681-2282, kevmaur@ragingbull.com or Melinda Salzman, 301-585-7352, salzmanmsw@starpower.net.

Mentor Program

Tricia Braun

Since we are just getting the revitalized Mentor Committee off the ground, we need volunteers to fill out the mentor list; we hope to provide good matches for those who want to be mentored. Contact Tricia Braun at 301-258-9444 or patriciabraun@comcast.net. See the GWSCSW website www.gwscsw.org to download a mentor application.

Newsletter Committee

Diana Seasonwein

Good news! Carol Santucci has joined the Newsletter Committee and will be managing the advertising. Carol brings much enthusiasm to the task, and we look forward to some innovations in advertisements.

The Committee is always looking for more help with writing, edit-

ing, and/or proofreading. Our work takes place during the first two weeks of the month before each of our four issues. We'd welcome your help during that busy time.

Outreach

Tybe Diamond & Susan Post

The outreach committee is a new and active part of the Clinical Society and we welcome and need the participation of our membership. The committee was formed to deepen the connection between the Society and the communities in which we work and live by developing a pro bono arm of our organization. We are exploring ways to meet this goal. Some of our thoughts include possible involvement in meeting the needs of soldiers returning from Iraq, of our local schools, and of a variety of other populations who might benefit. If you are at all interested in becoming involved in this project, please contact either one of us by email or phone. We would appreciate your interest, input and assistance!

Referral Panel

*Eileen Ivey and
Patricia Garcia Golding*

As you'll see from the article on page 4, we have been planning some exciting changes for 2005. Fill out your application (pull out or copy page 26 of this newsletter) and be sure to send it before the cut-off date, February 1, 2005. ❖

**SUPPORT YOUR
SOCIETY...
JOIN A
COMMITTEE!**

Letter from the Editor

Diana Seasonwein

I have received much positive feedback about the newsletter. And I have received requests to write for the newsletter. For these I am grateful. Please continue to generate ideas for articles that you would like to write or topics that you would like to see written about. And all of you, when submitting articles, they must be submitted electronically. Except for our wonderful layout and design person, Jan Sklennik, this newsletter is an all-volunteer operation, and we do not have the person power to type in hard copy. To assist those of you who are computer phobic, see our notice on page 3 about a computer overview training class. One last thing. In our next newsletter, we will be adding the credentials of each author. Please, when submitting articles, let us know if you are an MSW, a PhD, a PsyD, MD, or any combination. Submissions can be sent to drseasonwein@verizon.net.

Wanted: MSW Student Liaison to the GWSCSW Board

Traditionally, an MSW student member has served on the GWSCSW board of directors, bringing a fresh viewpoint on Society issues and advising the board on how to best interest and involve students in their soon-to-be-profession's clinical society. At present the Student Liaison position is vacant.

If you are interested in serving as Student Liaison or in learning more about the position, please contact Margot Aronson at 202-966-7749 or malevin@erols.com.

The Society hopes to forge a strong alliance with the social work schools of Catholic University, Howard University, Virginia Commonwealth University, and University of Maryland. MSW students are encouraged to join the Society, with dues at the reduced rate of only \$25 per year to cover expenses of printing and mailings.

Welcome New Members!

Full Members: Judith Asner, Sheila Cahill, Sacha Emerson, Joan Fox, Joyce Harrison, Jeanine Lamb, Cynthia Loeper, Mona Mendelson, Shoba Nayar, Barbara Nelson, Joan Pedersen, Carmen Baughan, Dorothy Wine

Graduate Members: Ellen Murphy, Sheri Rosenfeld, Caron Trout

MSW Student Members: Lindsey Clarke, Peter Folger, Erin Gilbert, Patricia Jensen, Lisa Larrabu, Cynthia McPherson, Kathleen Nicol, John Siegel

Honorary Member:
Richard P. Yanes, CSWF Executive Director

Reflections...

As the years and clients go by, our techniques and thinking evolve. We encourage members to share their experiences in this regard in our occasional "Reflections" column, as Sara Lieberman has below.

On Leading a Support Group for the Huntington's Disease Society

Sara Lieberman

As a consultant for the Washington Chapter of the Huntington's Disease Society, I have been leading support groups for the past five years.

Huntington's Disease (HD) is a hereditary degenerative neurological disorder resulting in a devastating loss of mental capacity and physical control. The disease transcends sex, race and ethnic backgrounds. The age of onset and rate of progression differs from individual to individual; the first signs of the illness are usually involuntary movements (chorea) or psychological changes. At present, there is no way to stop or reverse HD's relentlessly debilitating course.

I started by leading an existing group attended by patients, caregivers and those who were at risk for developing HD. One of the most powerful experiences for me was during a session attended by a woman who'd recently learned that her husband was at risk for HD. As various caregivers spoke of the physical and mental symptoms of their loved ones, the newcomer stood up and bolted towards the door, unwilling to face her fears. What moved me most was the incredible sensitivity of the group in answering her questions after we convinced her to stay.

Shortly after that incident, I started a group for individuals who were at risk of developing HD. I learned that some parents, overwhelmed by the sense of stigma associated with the disease, couldn't bring themselves to disclose their own illness to their children. This was such a burden for a parent to carry...and for the child as well.

Some adult children whose parents were diagnosed with HD found the group a safe place in which to share painful childhood memories: one group member recalled running home from school to make sure his mom was okay.

As this group developed, some members decided to be tested. The gene that causes HD is dominant; those who have the gene are destined to develop the illness and, in addition, have a 50 percent chance to pass the gene on to their offspring. The decision whether or not to learn if one is carrying the HD gene is excruciatingly difficult. The group members were respectful of each person's decision regarding the decision to test or not to test for the gene.

Over time, the composition of this group has shifted and it is now made up of members who know that they are carrying the gene, as well as those who are currently experiencing an active form of the disease. Various speakers present to the group; physicians who are doing research regarding HD always bring a large turnout.

Tears may be shed, but every session includes laughter as well. Most important is the powerful bond that has developed among group members.

As the leader, I leave feeling enriched by the resilience of the human spirit. ❖

THE INSTITUTE OF CONTEMPORARY PSYCHOTHERAPY & PSYCHOANALYSIS

presents

The Usefulness of Silvan Tomkins' "Script Theory" of Affects in Clinical Work

Virginia Demos, EdD

Saturday, December 11, 2004

8:30 am to 12:30 pm

Holiday Inn of Georgetown
2101 Wisconsin Avenue, NW

Three CE credit hours will be awarded to participants

This event is FREE to members of ICP&P.

Non-members may register by sending a check for \$75,
along with name, email address, post address and
phone number to: ICP&P, 3000 Connecticut Avenue NW,
Suite 108-A, Washington, DC 20008.

For information, call 202-686-9300 ext 4

**VISIT OUR WEBSITE:
www.gwscsw.org**

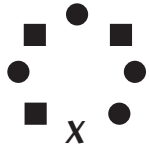
Thank You to Our Speakers

A special note of appreciation to GWSCSW members who have given their time and shared their expertise with the Society this fall:

Ruth Neubauer: *What Next? Women at 50* workshop

Emily Brown, Cathleen Gray, and Kate Scharff: *New Developments in Treatment of Divorce*.

We are honored; thank you!



Intervention Center
Helping People Accept Help

Vaughn J. Howland LCSW-C, MAC

301 588-4558
800 422-3213
301 563-4058 Fax

Howland@Intervention.com
www.Intervention.com

PO Box 253 Kensington MD 20895-0253

**THE INSTITUTE OF CONTEMPORARY
PSYCHOTHERAPY & PSYCHOANALYSIS**

presents

**Kohut Then and Now:
Joseph Lichtenberg, Paul Ornstein,
Marian Tolpin, and Ernest Wolf**

Saturday, January 29, 2005
8:30 am to 4:00 pm

Holiday Inn of Georgetown
2101 Wisconsin Avenue, NW

4.5 CE credit hours will be awarded to participants.
Conference Fee: Free to ICP&P members; non-members: \$110
Optional Luncheon at Busara Restaurant: \$25.

Register by sending a check made out to "ICP&P" in the appropriate amount, along with your name, email address, post address and phone number to: ICP&P, 3000 Connecticut Avenue NW, Suite 108-A, Washington, DC 20008.

For information, call 202-686-9300 ext 4

Clinical Trial Openings at GW

The Clinical Psychiatric Research Center at George Washington University is currently conducting a number of clinical trials, and we thought that information on these trials might potentially be of interest for you and your patients. Individuals who qualify to participate receive investigational medication and study-related physical exams and laboratories at no cost.

Patients 65 and older may qualify to participate in a depression study. All participants receive the investigational drug, and there is no placebo. We are currently enrolling patients with bipolar disorder who are suffering from a depressive episode. There is an eight-week placebo controlled phase followed by an optional 26 week open label phase in which all patients receive the investigational medication.

Another study in which all patients receive treatment with an active drug is for patients with treatment resistant depression who have not done well on at least one antidepressant medication for their current episode of depression.

Patients with schizophrenia may qualify for a study that focuses on the negative symptoms of the illness. There is no placebo, and all patients receive active drug. Patients may participate in this study for up to a full year.

Patients who worry a great deal about minor matters, and also experience physical symptoms of anxiety may suffer from generalized anxiety disorder, and be eligible for a study that is researching a medication that was recently approved by the FDA for depression. This is a placebo controlled study.

Patients who are currently receiving psychotherapy are usually able to continue the therapy during the study if it has been stable for a period of time that varies based on the study.

Daniel Z. Lieberman, MD, Assistant Professor of Psychiatry and Behavioral Sciences, is Director of the Clinical Psychiatric Research Center at George Washington University. To learn more about current studies please call (202) 994-CARE, or visit on the web at www.gwcare.org. ❖

Our thanks to GWSCSW member Wendy Zack, Chief Social Worker in the GWU Medical Faculty Associates Department of Psychiatry, for alerting us to these studies.

*Be on top of what's happening
in your society and your profession.*

SIGN UP FOR THE GWSCSW LISTSERV

EMAIL YOUR REQUEST TO:
gwscsw@yahoo.com

Infant Massage Classes

Infant Massage, a "language" for parent-child bonding, may now be learned in four one-hour sessions with a Certified Infant Massage Instructor. (The instructor demonstrates with a doll; only the parents actually touch their child.)

Infant Massage classes gives parents a tangible sense of their own power to soothe, comfort and nurture their babies. It teaches how to read the cues their babies are using to express their emotions, and how to engage in loving, tension-easing patterns of touch. Parents report that after a massage, their babies sleep better, have an easier time with feeding, and experience fewer stomach upsets.

Studies show that a regular program of infant massage can

- ~ Relieve baby's tension
- ~ Improve baby's digestion
- ~ Increase muscle tone and coordination
- ~ Stimulate circulation
- ~ Stimulate nervous system and brain functioning
- ~ Stimulate the immune system
- ~ Promote longer and deeper sleep patterns

The touch in Infant Massage communicates love and acceptance, helping the child's emotional and physical growth.

Eunice Dubuque-Aronson
 Certified Infant Massage Instructor
 301-728-6281



The Imagery Training Institute announces its
 2004-05 courses and weekend imagery workshops.

Workshop topics include:

- Ego State Psychotherapy: Introduction – December 3/4
- Ego State Psychotherapy: Advanced – February 4/5
- Imagery with Couples and Groups – March 4/5
- The Mind/Body Connection – May 6/7

Course topics include:

- Inspiring Your Practice and Your Life Through Imagery
- Ego State Psychotherapy Clinical Case Seminar
- Imagery Clinical Case Seminar.

For information and a brochure, please call 703-821-0761
 or visit our website at www.imagery-training-institute.com

Enjoy the Rewards of Your Job Without the Risks



It's Easy With Our Professional Liability Plan

You have a challenging job counseling a variety of clients with diverse needs and expectations. It can be very rewarding. But also risky – unless you have the right protection.

Our Professional Liability Insurance Plan takes the worry out of being a Clinical Social Worker:

- "Occurrence" protection with lifetime reporting for incidents that occur during the policy period.
- Added coverage for personal and bodily injury and property damage.
- A+ rated carrier.

The plan, sponsored by the Clinical Social Work Federation, has exceptional benefits to ensure comprehensive coverage.

Enjoy the rewards of your job without the worry. Call today.



BERTHOLON | ROWLAND CORP.

Call: 800-727-2525 ■ Email: cswf@brcorp.com

Visit: www.brcorp.com/cswf

Reamer on Ethics , *continued from page 1*

until February 1, 2005, after which there will be open registration.

Distinguished researcher, professor, author, and more

Recipient of the 1995 Council on Social Work Education's award for distinguished contributions to social work, Dr. Reamer is currently a professor of social work at Rhode Island College. He is also active on the Rhode Island Parole Board, chair of the Committee on Inquiry for NASW-RI, series editor for the Columbia University Press Social Work Knowledge Series, and editor of AIDS and Ethics. Reflecting his broad range of interests, his publications include journal articles and book chapters on professional ethics, social work ethics and values, risk management, criminal justice, affordable housing, and mental health policy. Among his books are *Ethical Dilemmas in Social Service*, *The Philosophical Foundations of Social Work*, *Ethical Standards in Social Work*, *Social Work Malpractice and Liability*, and *Tangled Relationships: Managing Boundary Issues in the Human Services*.

A wealth of experience

Dr. Reamer's past experience includes serving as Director of the US Department of Justice National Juvenile Justice Assessment Center, as senior policy advisor in the Rhode Island Governor's Office, as Commissioner of the Rhode Island Housing and Mortgage Finance Corporation, as editor-in-chief of the Journal of Social Work Education, and as chair of the NASW Code of Ethics Revision Committee. He received his BA from the University of Maryland, and his AM and PhD from the University of Chicago.

Known worldwide as dynamic speaker

Dr. Reamer is sought after as a speaker throughout the USA and around the world, and must be booked several years in advance. The Society is honored to feature Dr. Reamer at this year's Annual Conference. The Conference will be held at Catholic University, which is co-sponsoring the event.

To volunteer to help out with this event, contact Connie Hendrickson, chair of the Conference Committee, at 202-332-0134. For more information on the conference, contact GWSCSW at 202-537-0007. ❖

GWSCSW Office
5028 Wisconsin Avenue, , Suite 404
Washington, DC 20016
202-537-0007 • Fax 202-364-0435

EARLY REGISTRATION FOR GWSCSW MEMBERS ONLY

GWSCSW Annual Conference
Frederick Reamer
on Ethics

Friday, April 8, 2005
8:30 AM – 4:00 PM

Catholic University
 Washington DC

Registration includes
 continental breakfast and box lunch
 Includes 6 Category I CEUs

After February 1, if any seats are still available,
 registration will open to non-members and the
 Member registration will be \$100
 / \$35 for member MSW students

Until February 1, GWSCSW Members
may register at a special rate of
only \$75
(MSW student members \$25)

Please reserve a space for me at the Reamer conference at the special GWSCSW members only rate of \$75 \$25 MSW student

I enclose a check for \$ _____.
 Make checks payable to GWSCSW.

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone (_____) _____
 Email _____

Mail registration form and
 check made payable to **GWSCSW** to:
 Greater Washington Society for Clinical Social Work
 5028 Wisconsin Avenue, Suite 404
 Washington DC 20016

Questions? Call 202-537-0007

GWSCSW Course Offerings 2005

This year we are offering courses which have been especially designed for recent MSW graduates as well as members beginning a new interest. These courses are starred (☆). Please note, fees are reduced by 50% for members who received their MSW within the last five years. Some scholarship funds are available. Participants will be issued a Certificate of Attendance at the conclusion of each course which will document the hours attended. CEUs are available.

Many of the courses fill up quickly. Priority in registering is given to GWSCSW members. In the event that a course is being offered for the second time, preference will be given to first time registrants. If you have any questions regarding a particular course please contact the instructor. Please call the Dolores Paulson, 703-790-0786, for scholarship information.

☆ Classics Revisited

This year we invite you to return to the classics. We are pleased to offer you an opportunity to study with several of our analytically trained practitioners as they explore clinical papers which have become a part of the canon of psychotherapy literature. How seminal theoreticians think about topics such as depression, defenses, the Oedipus complex and envy is discussed. Experienced and novice practitioners are sure to find the discussion of these papers relevant to their current clinical practices.

The Ego and the Mechanisms of Defense: The Ego and the Id at Puberty

Anna Freud's book, *The Ego and the Mechanisms of Defense*, is discussed. The book deals with the ways and means by which the ego wards off unpleasure and anxiety and exercises control over impulsive behavior, affects, and instinctual urges. The ego was seen on par with the processes in the unconscious id, a novel way of thinking 38 years ago.

Elise Blair Ostroff, MSW, LCSW
5116 Lowell Lane, NW
Washington, DC 20016
202-331-1013

Friday, 10:00 AM – 12:00 NOON
February 25, 2005
Members: \$30
Non-members \$50

The Interpretation of Dreams

The Interpretations of Dreams was Freud's seminal work on primary and secondary mental process, that formed his framework for the workings of the mind, conscious and unconscious. Freud's proposed single theory of dreams contained in *The Interpretations of Dreams* has been fraught with ambiguity, contradiction and inconsistencies. This work is discussed through the lens of Michael Robins' article, *Another Look at Dreaming*.

Diane L. Rainey, PhD, LCSW
7700 Leesburg Pike, #425
Falls Church, VA 22043
703-734-1103

Friday, 2:00 – 4:00 PM
March 18, 2005
Members: \$30
Non-members \$50

**GWSCSW courses meet requirements
for VA, MD and DC license renewal
and board certification renewal.**

■ Ethical Dilemmas

This course raises and reviews ethical questions the clinician faces in the course of practice. Questions are analyzed and understood based on the *Clinical Social Work Federation's Code of Ethics* and texts of Frederic G. Reamer. Students are encouraged to bring into class ethical dilemmas they encounter. *THIS COURSE MEETS THE VIRGINIA AND MARYLAND LICENSING REQUIREMENTS.*

Danielle S. Drake, PhD, LCSW
1364 Beverly Road, #304
McLean, VA 22101
301-320-5659

Friday, 12:00 NOON – 3:00 PM
December 10, 2004
Members: \$45
Non-members \$75

■ Couple Complementarity or Having a Good or Bad Fit

This course focuses on assessing the reciprocity of interaction between couples—the marital therapist not only takes into consideration the past in the family of origin, and introjects, but also works in the present interaction because mates constantly reorganize each other by their ongoing involvement. Course work involves strategies for intervening in couples' patterns of mutuality or collusion.

Doris J. Snow, DSW, LCSW
7643 Leesburg Pike
Falls Church, VA 22043
703-471-0508

Sundays, 5:00 – 7:00 PM
3 sessions: February 6, 13 & 20, 2005
Members: \$90
Non-members \$150



I Know This Much is True

In Wally Lamb's epic novel *I Know This Much is True* (Regan Books, 1998), we jump mid-stream into Dominick Birdsey's life, which includes his conflicted relationship with his paranoid schizophrenic twin brother at a moment when he commits an unthinkable act which threatens to unbalance both of them. The lessons he offers us—a conviction that power misused defeats not only the oppressed but the oppressor, and the imperative need to struggle to find ways to forgive the unforgivable—are the challenges of our work with our patients, as well as being pertinent globally at this point in history. The novel resonates with issues of intergenerational trauma, and potential for forgiveness in one's clinical practice.

Kathryn J. Chefetz, MSW, LCSW
4612 49th Street NW
Washington, DC 20016
202-362-4938

Friday, 3:00 – 5:00 PM
February 25, 2005
Members: \$30
Non-members \$50

☆ **When You Get Old, You Don't Get Too Many Hugs: Psychotherapy with Seniors**

Working with the older adult in treatment offers special challenges and gratifications to the therapist. The effect of aging-related physical and mental changes and losses on self-esteem, self concept and coping ability as the adult grows old will be explained. The unique transference and countertransference experiences and techniques for identifying and dealing with them will be examined. In some ways, therapy with seniors offers another, or perhaps first, opportunity to sort out past from present, to come to terms with their lives and prepare for death, providing some of the most intimate and poignant moments in a therapist's practice.

Judy Ratliff, MSW, LCSW
7643 Leesburg Pike
Falls Church, VA 22043
703-758-1660

Fridays, 11:00 AM – 1:00 PM
2 sessions: April 14 & 21, 2005
Members: \$60
Non-members \$100

■ **Introduction to Intensive Short-Term Dynamic Psychotherapy**

This course familiarizes therapists with the theory and technique of ISTDP. Davanloo's theory is based on the understanding that what gets people into trouble in life are the defenses they erect to avoid experiencing their feared unconscious feelings. This approach is about getting to those feelings as quickly and deeply as possible. Video tapes will be used to illustrate various concepts.

Barbara Cristy, MSW, LICSW
Kathleen Kenyon, MSW, LCSW-C
2801 New Mexico Avenue NW #617
Washington, DC 20007
301-565-0021

Saturday, 10:00 AM – 1:00 PM
May 7, 2005
Members: \$45
Non-members \$75

GWSCSW COURSE REGISTRATION FORM

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone (_____) _____

Office Phone (_____) _____

Social Security No. _____ - _____ - _____

Years in Practice _____ GWSCSW Member

Courses:

_____ \$ _____

_____ \$ _____

Payment Enclosed: *(make check payable to GWSCSW)* \$ _____

Please return to:
Dolores S. Paulson DSW
The Ashford Center
7643 Leesburg Pike, Falls Church, Virginia 22043

GWSCSW Continuing Education Seeks Instructors

Dolores Paulson

Approximately 15 years ago, the GWSCSW's Continuing Education Committee formed the Continuing Education Courses Committee. Its goal was to develop an annual curriculum of course offerings taught by social workers for social workers. Our members are talented, accomplished clinicians. Many have developed an expertise or are pursuing studies that are also of interest to other members. If you meet the criteria listed below and would like to participate as an instructor, we invite you to submit a course proposal and become a member of the continuing education courses faculty.

There are some formal requirements for faculty selection as stated in the Faculty Handbook:

- Evidence of expertise in the proposed course topic based upon a combination of training, clinical experience, teaching and/or supervisory experience and publications
- Current clinical social work license, at the highest level
- Board Certified Diplomate or equivalent
- Membership in the Clinical Society
- Commitment to the CSWF Code of Ethics (in our annual GWSCSW Directory)
- Current malpractice insurance.

Exceptions to these criteria can be made on an individual basis by the Continuing Education Courses Committee.

From the beginning, fees for GWSCSW continuing education have been set at an artificially low per-class-hour rate, in order to ensure that courses would be readily affordable. The instructor pay rate of \$50 per class hour for a class of six or more (pro-rated for fewer than six) has remained the same since the Committee was formed fifteen years ago, but we have requested an increase, and anticipate a decision within a few weeks. Some instructors choose to donate their pay to the Society.

Call me at 703-790-0786 and I will send you a *Continuing Education Courses Faculty Handbook* which spells out the application process. Deadline for course proposals is February 1, 2005. ❖

VISIT OUR WEBSITE:
www.gwscsw.org

GWSCSW 2005 REFERRAL PANEL APPLICATION

For current and new applicants – must be submitted each year. Deadline: February 1, 2005.

- Are you currently a FULL MEMBER of GWSCSW? Yes No *If no, stop here; only full members can be placed on the Referral Panel. To contact a Membership Committee representative, call 202-537-0007.*

Name _____

Office Address

Note: If you wish to list more than one office, please submit a separate application for each.

Street Address _____ Phone _____

City / State / Zip _____ Fax _____

Email _____ ► Internal GWSCSW use only Okay for client use

Please check (Please be as specific as possible about your specialties or other unique aspects of your practice.)

Office Hours: Day Evening Saturday Sunday Handicap Accessible

Adjustable Fees: Yes No Do you have a student rate? No Yes

Population: Child Adolescent Adult Geriatric Mental Retardation

Modalities: Individual Group Family Couple Supervision Consultation Case Management

Specialties: Depression/Affective Disorders Anxiety/Phobia Alcoholism/Substance Abuse Loss/Bereavement
 Divorce/Separation/Transitions Other _____

Types of ongoing groups _____ Foreign Language(s) _____

Theoretical Orientation(s): Cognitive Cognitive/Behavioral Eclectic Family Systems Integrative
 Psychoanalytic Psychodynamic Other _____

Give a brief (25–50 words) description of your practice and your orientation which would be useful to a client considering working with you:

List all insurance panels from which you accept referrals _____

Licensed in: Virginia (LCSW) Maryland (LCSW-C) DC (LICSW)

Have you ever been sued for malpractice? No Yes (please attach an explanation)

Have any of your state licenses expired, been revoked, suspended or denied? No Yes (please attach an explanation)

Have you ever been charged with an ethics violation? No Yes (please attach an explanation)

All of the above information is true to the best of my knowledge.

Signature _____ Date _____

► PHONE ROTATION

- I would like to volunteer for a one-week phone rotation for the Referral Panel
- Anytime
 - Anytime except the week(s) of _____
 - Sometime, but my schedule is complex; call me to discuss times (_____) _____

► WEB SITE / WEB PAGE:

This form will also provide data for your individual page on the new GWSCSW referral panel web site. You will be automatically listed unless you ask not to be.

If you do **not** wish to participate in this online listing, check here:

I would also like to have a *link to a private web page*. The web address is: _____

I would also like an *email link* on my web page, enabling clients to contact me. Use this email address: _____

► INCLUDE WITH YOUR APPLICATION:

- A copy of each state license where you wish to list an office
- A copy of your current malpractice liability insurance policy showing a minimum of \$1,000,000 coverage
- A check for \$95 for your online listing with personal web page

► AND MAIL TO:

Eileen Ivey
5480 Wisconsin Ave., Suite 227
Chevy Chase, MD 20815

FAXES WILL NOT BE ACCEPTED

ADVERTISEMENTS

Advertisements, accompanied by full payment, must be received by the GWSCSW by the first of the month preceding publication. Material should be sent to GWSCSW Newsletter, 5028 Wisconsin Ave. NW, Suite 404, Washington DC 20016 or gwscsw@yahoo.com. For questions about advertising, call 202-537-0007.

Classified Ads: 75¢ per word	Display Ads: Full page 7½ x 9¼	\$300	Half page	\$175
Minimum price \$15 (20 words)	Quarter page 3½ x 4½	\$100	Horizontal: 7½ wide x 4½ high	
	Eighth page 3½ x 2¼	\$ 50	Vertical: 3½ wide x 9¼ high	

Size of display ads indicated above is width by height. These are the only sizes that will be accepted. Electronic submission (PDF) preferred.

Publication does not in any way constitute endorsement or approval by GWSCSW which reserves the right to reject advertisements for any reason at any time.

OFFICE SPACE AVAILABLE

FRIENDSHIP HEIGHTS: Full time or part time. Group room, kitchen, internet access. Contact Jennifer Crumlish, 202-364-1575.

FRIENDSHIP HEIGHTS: Full time. Parking, Metro. \$900/month. 202-244-8855 x2.

TYSONS: Furnished office in lovely office park. Available by the day or hour. Tysons area on Route 7, inside the Beltway. Prime location. Plenty of free parking. Call 703-790-0786.

GROUPS

COGNITIVE BEHAVIOR THERAPY: Participants and leaders wanted for a new training/supervisor group. Jim, 703-864-6447 or jpno@exciteyoursite.com

ADOLESCENT THERAPY GROUPS: Ongoing Psychotherapy groups for adolescents, grades 6–12 and college. Call Britt Rathbone, LCSW-C, at 301-230-9490. www.rathboneandassociates.com.

MS SUPPORT GROUP: Short term support group for individuals who have recently been diagnosed with MS will be starting March 2005. Contact Sara Lieberman, LCSW, at 301-439-6141.

PROGRAMS & EVENTS

SOCIAL WORK LICENSING: Prep Courses and Home Study Materials. For sample questions, schedule, and information call Jewell Elizabeth Golden, LCSW-C, LICSW, BCD, 301-762-9090.

GWSCSW Directory Update / Change of Address, Office Info, Email, etc.

In addition to your name, please enter only information that has CHANGED since the last directory.

Name _____

Remove Office: located at _____

Home Address _____

Add Office:
Address _____

City/State/Zip _____

City/State/Zip _____

Home (_____) _____

Office (_____) _____

Home Office (_____) _____

Other: _____

Fax (_____) _____

E-Mail _____

Fax to: 202-364-0435

**Mail to: GWSCSW
5028 Wisconsin Avenue NW, #404
Washington, DC 20016**

UPCOMING EVENTS & IMPORTANT DATES

December 10 **Deadline: for joining
Prepaid Legal Plan**

December 10 **Ethical Dilemmas ***

Time: 12 NOON – 3:00 PM
Location: Beverly Rd, McLean, VA
Presenter: Danille Drake, PhD

January 28 **Quarterly Dinner Meeting**

Time: 6:30 PM
Location: TBD
Speaker: Carol Tosone, Prof., NYU SSW
*Relational Social Work: Honoring
the Tradition*

January 29 **Workshop Follow-up**

Location: VCU SSW, Alexandria campus
Speaker: Carol Tosone, Prof., NYU SSW
*Clinical Social Work Narrative:
Empathy for the Professional Self*

February 1 **Deadline: Referral Panel
Applications**

February 13 **GWSCSW Board Meeting**

Time: 12:30–2:30 PM
Location: Drews Court
Potomac, Maryland

February 6-20 **Couple Complementarity or
Having a Good Fit ***

Time: 12 NOON – 3:00 PM
Location: Leesburg Pike, Falls Church VA
Presenter: Doris J. Snow, DSW, LCSW

February 25 **I Know This Much is True ***

Time: 3:00 PM – 5:00 PM
Location: 49th Street NW, Washington DC
Presenter: Kathryn J. Chefetz, MSW, LCSW

February 25 **The Ego and the Mechanism
of Defense: The Ego and the
Id at Puberty ***

Time: 10:00 AM – 12 NOON
Location: Lowell Lane NW, Washington DC
Presenter: Elise Blair Ostroff, MSW, LCSW

March 6 **Consortium for
Psychoanalytic Research
Annual Conference**

Time: 9:30 AM – 4:00 PM
Location: Ernst Auditorium, Sibley
Hospital
Speaker: Sheila Hafter Gray MD
& Lee David Brauer MD
*Capturing Clinical Knowledge:
Transforming Therapist Experience
Into Scientific Evidence*

March 18 **The Interpretation
of Dreams ***

Time: 2:00 PM – 4:00 PM
Location: Leesburg Pike, Falls Church VA
Presenter: Diane L. Rainey, PhD, LCSW

April 8 **GWSCSW Annual Conference
Frederick Reamer on Ethics**

Time: 8:30 AM – 4:00 PM
Location: Catholic University (tentative)
Speaker: Frederick Reamer, PhD

April 14 & 21 **When You Get Old, You
Don't Get tToo Many Hugs:
Psychotherapy with Seniors***

Time: 11:00 AM – 1:00 PM
Location: Leesburg Pike, Falls Church VA
Presenter: Judy Ratliff, MSW, LCSW

May 7 **Introduction to Intensive
Short-Term Dynamic
Psychotherapy***

Time: 10:00 AM – 1:00 PM
Location: New Mexico Ave NW,
Washington DC
Presenter: Barbara Cristy, MSW, LICSW
Kathleen Kenyon, MSW, LCSW-C

* *GWSCSW continuing education courses.
See pages 20–22 for more information*

*For more information on these events, call GWSCSW
at 202-537-0007 or see web site at www.gwscsw.org*

Greater Washington Society for Clinical Social Work

5028 Wisconsin Avenue, NW
Suite 404
Washington, DC 20016

PRSR-STD
US POSTAGE

PAID

Permit No. 6559
Fairfax VA