Greater Washington Society for Clinical Social Work

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GWSCSW Quarterly Meeting

Friday, October 1

Dinner Meeting

Location: TBA

6:30 P.M. ... Reception 7:00 P.M. ... Dinner 8:00 P.M. ... Lecture

Speaker: Abigail TraffordWashington Post Columnist

Topic: My Time – Life Begins After 50.

For more information: www.gwscsw.org or call GWSCSW at 202-537-0007

October 1 GWSCSW Dinner Meeting Abigail Trafford to Speak

Abigail Trafford, the noted columnist and former Health section editor of the *Washington Post* will be the guest speaker at the year's opening GWSCSW general membership Dinner Meeting on Friday, October 1, 2004.

Ms. Trafford's experience includes teaching aborigines in the Northern Territories of Australia; doing research for National Geographic; covering the Apollo space program for *Time* magazine; and editing (and winning awards for) the Health section of the *Post* for fourteen years. Her topic for our dinner, however, will not focus on past experience but on issues of later life: *My Time: Life Begins After 50*.

To earn three Category 1 CEUs, attend both the dinner meeting and the workshop

Ms. Trafford, known by many for her best-selling book on divorce, *Crazy Time*, recently published *My Time*: *Making the Most of the Rest of Your Life*. Her talk will be of interest not only to

continued on page 17

October 30 GWSCSW Conference What's New with Divorce?

How can a family constructively manage the issues stirred up during divorce? How can individuals develop personally through the divorce process? How can social workers assist families in high-conflict divorce?

These topics will be among those covered in a half-day conference, *New Developments in Divorce* from 9:00 AM to 12:00 NOON on Saturday, October

30, sponsored by GWSCSW. Speakers will include Cathy Gray, Emily Brown and Kate Scharff. Dr. Gray has written and lectured extensively on treating divorcing adults. A professor at

Maryland LCSWs: Get Your Last-Minute CEUs!

Catholic University, Dr. Gray maintains a private practice; she is a long-time member of GWSCSW.

Also long a member of GWSCSW, Emily Brown, LCSW, is known nationally for her couples work focused on the underlying issues of divorce and continued on page 17

Membership Renewals are due October 1, 2004. Watch for your notice!

Greater Washington Society for Clinical Social Work, Inc.

GWSCSW Board of Directors

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Vice President (Development)...Tricia Braun
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GWSCSW NEWS

-- & --

Editorial Board

Diana Seasonwein, Editor Tricia Braun, Stephanie Aronson Loayza, Susan Post, Adina Shapiro, Mary Lee Stein

The News is published four times a year: March, June, September and December. The deadline to submit articles and advertising is the first of the month prior to publication; late copy cannot be accepted.

Op-ed articles expressing the personal views of members on issues affecting the social work profession are welcome and will be published at the discretion of the editorial board. Letters to the Editor may also be submitted. Maximum length for these articles is 300 words.

Submit articles to GWSCSW. Email is preferred (gwscsw@yahoo.com). All hard copy must be typed and double-spaced and may be mailed to 5028 Wisconsin Avenue NW, Suite 404, Washington DC 20016.

Signed articles reflect the views of the authors; publication does not in any way constitute endorsement or approval by the Greater Washington Society for Clinical Social Work.

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For advertising rates see page 23

The next issue will be published December 2004 and the deadline is October 29.

President's Message

Margot Aronson

We have so much to look forward to!

Kicking off our new year will be Abigail Trafford, whose columns we've been reading in the Washington Post for years. Ms. Trafford will be speaking to us at a dinner meeting October 1 about life after fifty and the issues that surface after middle age.

Later in October, Society member Ruth Neubauer, together with Karen Van Allen, will facilitate a follow-up workshop on issues of aging and post-retirement transitions. (You've seen their ad, "Retirement or What Next", in each issue of our newsletter.)

GWSCSW Fall Conference: New Developments in Divorce

At the end of October, our half-day conference on how to help divorcing couples focus more on mutual problem solving and less on making one another crazy will feature three superb speakers. Author and lecturer Emily Brown is known nationally for her clinical work in complicated divorces. Catholic University professor Cathy Gray specializes in treating divorcing adults and has lectured nationally and published articles on this topic. Emily and Cathy, both active in our Society, will be joined by Kate Scharff from the International Psychotherapy Institute (formerly IIORT); Kate's experience involves complex custody cases.

Kudos to Joel Kanter for organizing these October events. Kudos, too, to Dolores Paulson and her Continuing Education Committee for once again providing an assortment of interesting educational offerings—with several opportunities to catch up on one's ethics CEUs before the deadline. (See page 20)

Ethics Guru to Speak at Annual Conference

Speaking of catching up on ethics CEUs, you might want to plan ahead for April and our Annual Conference, when Dr. Frederick Reamer of Rhode Island University will be sharing his expertise on ethical issues confronted by clinical social workers. It is often said that ethics is a dry, uninteresting topic—but not so with Dr. Reamer, a dynamic speaker who has lectured worldwide on this topic and is always in demand.

I hope you'll plan to come to all these events—to learn, of course, but also to visit with friends and expand your professional network. (Not to mention the CEUs and member discounts!)

I hope, too, that you'll consider getting involved more deeply this fall in our Society's other activities. At a summer retreat spearheaded by Tricia Braun, the Society's board gave a jump-start to a new Ambassador Program, to a revitalized Mentor Program, and to Outreach initiatives—three programs that will not only provide opportunities for but in fact will depend on member participation.

Member-to-Member Ambassadors

The Membership Committee has proposed an Ambassador Program: volunteers would reach out to make sure each new member meets other members,

learns about what's available through GWSCSW, and feels at home. (See page 5)

Mentors and Mentees

The Mentor Program has been revived, and already the committee has some requests. Volunteering to be a Mentor doesn't mean supervising or providing therapy; the focus is on helping new social work clinicians get their professional bearings. (See page 6)

Outreach Initiatives

The Outreach Committee will explore ways to connect with the community, whether through contacts with social service agencies, or local schools, through a revived GWSCSW Speakers Bureau, through joint efforts with other professional groups, and maybe even through volunteering as a resource to returning servicemen and their families. (See page 9.)

Whether you give a few hours or many, your contribution can lead to a stronger, more relevant Society, and provide meaningful professional connection and involvement for you. Please volunteer! (And for more about the retreat, see "We're On Our Way" on page 7.)

Finally, thanks to Charles Rahn for...

I can't end without sending outgoing Membership Chair Charles Rahn a huge thank you. Charles took over an inactive committee; he made numerous calls, put out all sorts of fires, recruited volunteers, ran a Lapsed Member Drive, won the Society \$500 from the Clinical Social Work Federation (for biggest increase in membership), found a fabulous pair of co-chairs to take over the committee, and is leaving only after getting Maurya Brenneman and Melinda Salzman started with lots of ideas and materials, a viable committee, and the beginnings of an Ambassador Program initiative. Charles, thanks so much! �

To the Editor:

Apparently use of the code 90806 has, until recently, been considered acceptable to use with various treatment strategies including EMDR, biofeedback, relaxation, and hypnosis. Now, however, I've read that some insurance carriers are asking for return of payments because of "fraudulent CPT coding." I'd like to see the Society—and the Federation—take a stand in favor of a definition of 90806 that's inclusive of appropriate adjunctive treatments. Thanks.

Anne Aukamp, LCSW-C

Report from the Treasurer

Ianet Dante

The GWSCSW financial year ended June 30, 2004. To those of you who belonged to the Society during the crisis in 2001 when we lost \$6,000 and our balance at the bank was less than \$10,000, I believe that we can now say that the financial crisis is behind us. The bank balance has grown each year of the last three, and is now just over \$60,000.

Printing, mailings, Federation dues, and various other expenses draw upon that balance; a portion is set aside for our Reserve Fund, a necessary element of good fiscal discipline. Happily, with the crisis passed, we can now get the main focus back on the programs and services that we provide to you, keeping track of the money each activity involves so that our spending is in alignment with the goals of the organization and member needs. ❖

DID YOU KNOW... A purchase from Amazon.com made through the GWSCSW website results in a contribution to your Society!



The Imagery Training Institute announces its 2004-05 courses and weekend imagery workshops.

Workshop topics include:

- Inspiring Your Practice and Your Life Through Imagery — October 1/2
- Adding Ease to Your Worklife Through Mindfulness October 30
- Ego State Psychotherapy: Introduction December 3/4
- Ego State Psychotherapy: Advanced February 4/5
- Imagery with Couples and Groups March 4/5
- The Mind/Body Connection May 6/7

Course topics include:

- Inspiring Your Practice and Your Life Through Imagery
- Ego State Psychotherapy Clinical Case Seminar
- Imagery Clinical Case Seminar.

For information and a brochure, please call 703-821-0761 or visit our website at www.imagery-training-institute.com

DC Confidentiality Coalition Update

Danille Drake, PhD

Co-chairs of the DC Confidentiality Coalition met with the DC Insurance Commissioner Lawrence Mirel on July 30 to affirm an understanding about a viable interpretation of the first part of the DC Law protecting patient/client confidentiality. The next step in this round will be the Commissioner's presentation of this interpretation to the insurance company representatives involved in these discussions.

The DC Law has become increasingly important locally, as well as nationally, particularly since the HIPAA privacy law was enacted. The DC law is divided into two parts. The first part indicates the limits of information that may be disclosed in a routine claims review. The second part of the law indicates an independent review process that can be used if the insurance company believes it needs a more comprehensive assessment than would be possible in a routine claims review. If the insurance companies agree with our interpretation, we can then move forward to work toward an understanding of the second part of the law, the definition of Independent Review.

Those of you who have been following this matter over the past two-plus years may recall that our conversations with insurance industry representatives have been characterized by disagreement over interpretation of the first part of the DC law regarding client/patient information allowed:

- 1. Administrative Information (Name, address, etc.)
- 2. Diagnostic Information (the five DSM Axes)
- 3. Status of Patient or Client (voluntary or involuntary)
- 4. Reason for Beginning or Continuing Treatment
- 5. Prognosis (limited to estimated duration of treatment)

The Coalition has differed from insurance company representatives over one main point: The definition of item 4, *Reason for Beginning or Continuing Treatment*. Insurers would like this heading to include information about medication, discharge criteria, and progress. After much deliberation, the Coalition has accepted the inclusion of medication and discharge criteria, defined as Purpose or Overall Goal of Treatment, which has been an additional category that insurance representatives want included in a routine claims review. We believe, though, that the inclusion of progress as part of the definition of Reason for Beginning or Continuing Treatment could open the door to increasingly intrusive reviews by the insurance companies.

We are hopeful that the Commissioner's presentation to the insurance companies will be accepted. We can then move the discussion forward to the most important part of the law pertaining to Independent Review. •

Danille Drake, PhD, is the GWSCSW representative to the DC Confidentiality Coalition. Questions and comments should be emailed to danilledrake@aol.com.

VOLUNTEERS!

GWSCSW needs you!

No matter how small the amount of time you have, we can use you!

Please call GWSCSW at 202-537-0007

Training in Supervision for Counselors and Social Workers

September 17-18, 2004

Washington Assessment and Therapy Services 15944 Luanne Drive, Gaithersburg, Maryland (Parking is free)

This workshop will meet the continuing education needs of counselors and social workers who would like to become supervisors or are already supervisors who may want additional training. The topics to be covered include:

- Day 1: Introduction; Function and Models of Supervision; Finding your Style; The Supervisory Relationship; Different Approaches to Evaluation of Supervisees and Supervisors
- Day 2: Group Supervision; Multi-Cultural Issues; Supervision for Different Work Environments; Legal and Ethical Issues in Supervision; Panel Discussion

This workshop provides 12 hours of face-to-face instruction and is approved for licensed counselors and social workers. (12 CEUs)

Friday, September 17: 9:00 AM – 5:00 PM Saturday, September 18: 8:30 AM – 4:30 PM

Cost: \$225 Student/Retired: \$150

Call for information (301) 990-0085 x412

Space is limited, so sign up early!

The Ambassador Program Initiative

Ambassadors – To One Another

In GWSCSW's proposed new Ambassador Program, volunteers will serve as member-to-member Ambassadors, greeting new members, one to one, then introducing them to other Society members, and linking them to membership benefits and committees of potential interest.

Designed to make new members feel at home and to facilitate their involvement in the work of the Society, the Ambassador Program actually had its impetus in the experiences of those who had let their membership lapse.

Lapsed Member Drive Leads to New Approach

Over the past year, the GWSCSW Board launched a number of initiatives in order to increase membership. These included heightened Society visibility at our programs, outreach to the universities, review of our Society brochures and other materials, and, perhaps most significantly, a Lapsed Member Drive.

We took on the drive quite reluctantly: we knew it would be a lot of work. But a contest proposed by the Federation Membership Committee, offering a prize of \$500 to the Society with most new members from December 2003 to May 2004 was just enough to get our competitive juices flowing.

The logistics of the drive involved contacting (first by letter, then by phone) thirty-six former members who had dropped out of the Society in the past eighteen months. Our goal was not to convince them to rejoin, but rather to find out what we could be doing better or differently, what might have kept them interested.

Maurya Brenneman, Melinda Salzman, and Shirley Scribner made the phone calls and took notes for a final report. In most instances lapsed members were grateful to hear from the Society, and a number rejoined. Others had moved out of town or retired. A few mentioned the number of professional associations competing for their time and their dues. A few mentioned the cost as the only issue. An annoying administrative hassle drove one away.

The Importance of the Interpersonal Connection

All in all we learned a great deal from these conversations. What came through loudest and clearest was that those who didn't feel interpersonally connected—whether or not they appreciated the legislative work, the programs, the Newsletter and Directory, and so on—found it easy to drop out.

The corollary, we think, is that members are more likely to stay members, and more likely to convince colleagues to become members, if they feel a personal connection to others in the Society.

While the Society's board will be looking at other issues such as cost and administrative glitches, the Membership Committee is initiating the Ambassador Program, as a reflection of our sense of the importance of the interpersonal connection, of personal involvement to make membership meaningful.

If you would be interested in serving as an Ambassador, a one-year commitment, please contact Maurya Brenneman or Melinda Salzman. ❖

This article was prepared by Charles Rahn, Melinda Salzman, Maurya Brenneman, Margot Aronson, and Tricia Braun. To volunteer, please contact the co-chairs: Maurya Brenneman's phone is 301-681-2282 and her email is kevmaur@ragingbull.com. Melinda Saltzman's phone is 301-588-3225 and her e-mail is salzmanmsw@starpower.net.

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Follow the Leader: Join the Mentoring Program

Ellen Murphy and David Tyson

men*tor: a wise and trusted counselor and teacher

If you are a recent MSW graduate, resuming your practice, new to the Washington Metro area or contemplating changing your area of clinical focus after years of practice, your first thoughts, naturally, might be "I wish I didn't have to figure this out all by myself. I'd like the opinion of someone more experienced in my direction in clinical social work." You may want a mentor. You are in luck because the GWSCSW is reenergizing its mentor/mentee program and likely can help you. The committee is currently recruiting those interested in becoming mentors as well as mentees.

For new social workers, it is important to have someone who understands one's goals and can act as a sounding board providing guidance and advice. In Greek mythology, Mentor was Odysseus's trusted guide. Whether we plan on sailing the high seas in search of adventure or merely wish to have some direction in our early career as social workers, there is much to be gained within the mutually respectful mentor/mentee relationship.

What are some common issues for a new or returning social worker? Job search strategies, advice on how to handle tough situations with co-workers or boss in a new job, information about licensure, group support alongside other new or transitioning social workers, assistance with strategies for starting a private psychotherapy practice, and continuing development of a professional self.

(Note: The mentor role does NOT include providing psychotherapy or supervision to the mentee. If these are your needs, the GWSCSW Referral Panel is the appropriate resource.)

Guidelines for Mentees

The following are some guidelines for successfully making the most of your mentoring experience and establishing a mentoring/mentee relationship as a mentee (Wolter, 2004).

- Acknowledge that you would like some help.
- Be clear about your unique challenge (What do you desire from the experience?)
- Talk to your mentor to ensure s/ he is expert in the area you are seeking help.
- Make an appointment convenient to your mentor (meet for lunch or coffee)
- Clearly state your goals, your main challenge, and what steps you have taken to attain them.
- Ask questions that can be answered in a few minutes: What are three action items I can take to resolve this issue? What mistakes can I avoid given your experience? Brainstorm and share ideas and strategies that have worked. Are there any pertinent articles or books on the topic you can recommend?
- Show appreciation for your mentor (i.e. send a thank you note or email; keep him/her informed as to how the guidance was helpful).

Guidelines for Mentors

How does one know if he/she is an effective mentor? When a mentee presents an issue, problem or question, this forms the basis of what is to be explored or resolved professionally (Green, 1997). The main indicator of success is a positive and productive experience for the mentee. Whether it takes only one meeting or phone call (or even emails), the initial visit can present the groundwork for the tasks, obsta-

cles and success indicators for the mentee/mentor relationship. Mentors bring their clinical experience including insight, decision-making skills, and knowledge of professional activities and behaviors. Being experienced as a part of the metropolitan area's clinical social work culture offers advantages, including a "big picture" perspective oftentimes not evident to newcomers or novices to the profession. Nonetheless, mentors must determine their competence and the relevance of their experience as it relates to the individual case interests and goals of their prospective mentee.

It may be that newcomers' needs are best served by a short group experience. Mentee support groups will be formed to supplement individual mentoring opportunities.

Introducing the Co-Chairs

Ellen and David have recently taken responsibility for reorganizing and administering the GWSCSW Mentor Program. David's first career was in the military as a Naval Aviator and senior leader. His last job was as a post-graduate professor of behavioral sciences at the Industrial College at Fort McNair in DC. Ellen's first career included sales, marketing and management within the regional healthcare industry including managed care, hospital, pharmaceutical and healthcare consulting experience. She spent several years in faith-based management and program development while completing her Master of Social Work at the Catholic University. We are both 2004 MSW graduates from National Catholic School of Social Services at The Catholic University of America. We appreciate the opportunity to serve the profession and organization through this important function. If you are interested continued on page 10

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Report from the Vice President for Development We're on the Move!

Tricia Braun

Nineteen Society Board members attended a Strategic Planning Retreat this July. The goals of the retreat were:

- To revisit the present Mission Statement
- To develop organizational goals for 2004–2005
- To develop process and next steps to complete the plan, and
- To increase team identity and cohesion.

The group worked in a focused and disciplined way to develop a strategic direction for our organization.

Starting off with a discussion of prior meaningful volunteer experiences, Board members considered what they hoped to gain through volunteering with the Society. Similar themes emerged: broadening one's perspective through collaboration, the opportunity to give, the "energy" one gets from being in a group, the professional and personal enrichment of meeting new people, the opportunity to develop one's talents and skills, having a place to express creativeness, and the sense of accomplishment as a program or organization grows. While we certainly desire to provide quality services for our members, we also want to think about enhancing the quality of the volunteer experience as well.

The Association as Professional "Family"

Exploration of the current environment and market trends of professional associations reaffirmed that there is a need to belong to professional groups. A professional "family" provides not only networking opportunities but also a "touchstone" as one develops one's career. We talked about our challenges: everyone's busy schedule; how to reach out to a more diverse membership, including agency workers; leadership development; how to integrate new members into the Society more quickly and effectively; and the complex task of collaborating with complementary professional organizations. We will be studying other successful associations and incorporating their "best practices" into our operations.

We identified our Society's strengths as the high level of motivation present in officers, committee chairs and present volunteers; our new fiscal soundness and growing membership; the quality and scope of our programs; the growth in the number of volunteers stepping forward; and our potential for supporting professional development. The group felt confident that the organization has a solid future.

Mission Statement and Goals put us all on the same page

Exploring the Mission Statement and goals helped pull the group together so we were "on the same page." The present Board is a composite of veterans, who bring the value of history, experience, commitment and dedication, with new members who bring a "fresh pair of eyes," curiosity, and a range of talents from marketing, management, leadership development, and "learnings" from other organizations.

The Next Steps involve finalizing our Mission Statement, consolidating and prioritizing our goals, and developing measurable objectives for the year. This will be completed by the fall.

At the end of the day, we re-capped what our time together was like. We appreciated getting to know each other better while getting work done; we liked the feeling that the group was moving on some action items; we saw the large turn-out as symbolic of how valuable the Society is in the lives of its members, and were stimulated by the high level of energy and esprit de corps. As one member said, "We learned we could connect, network, learn something, and be productive all at the same time."

We're on the move!

We have launched into our next year with "can do" spirit and a vision full of "possibilities." Our task will be to take our resources and leverage them into extraordinary results. If there is anyone who can do it, this group can! And we encourage all of you to join in!

A special thank you to Tybe Diamond and Susan Post who provided a delicious lunch for us. *

"Retirement" WHAT NEXT™

NEW 6-week Discussion Group for Women over 50

in transition

Begins October 6, 2004 7-8:30 PM



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Ruth Neubauer, MSW 301-951-8630

Karen Van Allen, MSW 240-893-2410

E-mail: retiremtwhatnext@aol.com

Panel Members to have Individual Webpages

Referral Panel to Enter the Twenty-First Century

Pat Garcia Golding

The GWSCSW Referral Panel is about to get a much-needed technological upgrade. Pen and paper no longer suffice for the growing demands from those wishing to find a referral, and who now desire easier access to therapist information for referrals. To respond to these growing needs, the Referral Panel committee has developed a preliminary plan for an interactive GWSCSW website which will contain a list of participating Referral Panel members, easily accessible by specialty, location and other factors—and will link each member to his/her own individual one-page web page.

Presently the committee prints a Referral Panel Directory each year for the use of panel members. Last year, in an effort to increase visibility and referrals, the Directory was distributed to institutions as well. Unfortunately, under this system there has been no way for someone to update practice information or for a new member to sign up once the annual printing is underway; an online directory can be updated more frequently and easily. Further, a frequent question from end users was, "Do you have a website?"

Each Panel Member to Have a Personal Webpage

We believe that the creation of a GWSCSW referral website will result in increased member referrals, increased GWSCSW visibility, and a jump start to many members who have wanted to use this technology for marketing their individual practices but felt unsure of how to begin. We project an initial infrastructure cost to the Society and an initial cost to individual Referral Panel members of no more than \$100. And, of course, even if you have not participated in the panel in the past, you will be able to join for the 2004–2005 year and receive what we anticipate will be an important new benefit of GWSCSW membership.

Advantages of a Referral Panel Website

Here are some of the advantages a website will provide:

- A link to the GWSCSW website and to the Referral Panel's home webpage, with items of interest to members, and possibly links to such consumerrelevant concerns as our Code of Ethics, the scope of clinical social work training and practice, state licensing boards, articles about what to expect of psychotherapy, etc.
- A networking tool for both the Society as a whole and for individual members; members seeking

colleagues for referrals could have this information instantly.

- A marketing strategy which acknowledges major consumer trends and habits; potential Referral Panel clients could easily locate the website through a Google or Yahoo search.
- An individual webpage and web address for each participating member under the umbrella of the Society; members could use this site on their stationery, business cards and other marketing materials.
- An easy entry into a sometimes formidable, but useful, technology for the technophobes amongst us; participants would not need any technical knowledge to establish these webpages.

We are enthusiastic about this proposed GWSCSW website, which holds the promise of increased referrals and visibility. Please email or phone Pat Garcia Golding at Goldgar202@aol.com or 301-907-7888 or Eileen Ivey at e.ivey.lcswc@verizon.net or 301-652-1030 with your comments or questions. �

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Low Fee Treatment Program, Referrals, Community Outreach

Community Outreach

Tybe Diamond and Susan Post

The Society is forming a new Community Outreach committee co-chaired by Tybe Diamond and Susan Post. Our goal is to broaden and strengthen the Society's presence in the community through a series of initiatives that would benefit both our community and our profession. Currently in the planning phase, the committee is exploring ways in which we might reaffirm ties and joint enterprises with social service agencies; provide support to local schools, community programs, and other professional groups; and possibly become a resource for area military bases and hospitals whose social service arms are stretched thin by the demands of the war in Iraq. We hope to recreate our speakers' bureau through which the deep and varied knowledge of our membership will become available to benefit the greater community.

Many Ways to Become Involved

As this is a new committee, there is a real need for members. A big welcome to Linda Kuzmack and Aimee Shapiro, who have volunteered to help develop community outreach. There are many ways in which Society members can become involved in this endeavor. Social workers with an interest in or background working with organizations such as community agencies (governmental or nonprofit), the military, or schools are needed to enhance our efforts to develop this work. We hope to engage as many members as possible in a renewed effort to connect with the environment we inhabit and the institutions we are concerned with, our goal being a dual one of mutual enrichment and support. Inspired by the social, economic and political developments of our time, we feel there is a vast richness of opportunity waiting to be explored.

An Invitation to All

This is an official invitation to ALL, including new members, to become involved from the start in an exciting Society enterprise. Please contact Tybe at 301-907-6722 or <code>ibtybe@aol.com</code>, or Susan at 301-718-2843 or <code>rspost@speakeasy.net</code>. WE NEED YOU! �

International Psychotherapy Institute

(Formerly the International Institute of Object Relations Therapy)

announces a new program offering for 2004–2005

INTRODUCTION TO PSYCHODYNAMIC PSYCHOTHERAPY

A high quality, affordable grounding in the theoretical and practical aspects of psychodynamic therapy

If you are a new clinician (or new to the practice of psychotherapy) you may be looking for affordable, manageable training opportunities. Perhaps you want to learn more about psychotherapy, but work in a setting where there is limited supervision or opportunity for professional enhancement. Or maybe you want to deepen your knowledge and skill, but are not ready to commit to a long-term academic program with a specific theoretical orientation. This one-year course, designed and staffed by experienced teacher/clinicians, makes an introductory psychotherapy training available to all interested practitioners. Among the topics we will cover: the major theoretical and clinical concepts of psychodynamic psychotherapy; working with transference and countertransference; beginning, middle and end phases of treatment; projective identification; trauma; and the nuts and bolts of clinical practice

LECTURES: Thursday evenings, 7:00–9:00 PM (beginning October 14)

INDIVIDUAL SUPERVISION: One hour per week with a satellite IPI faculty member

COST: \$1200 (including supervision). Payment plans available.

CONTINUING EDUCATION: 56 hours continuing education credit (includes 3 ethics credit hours)

28 hours supervision (can be applied toward advanced licensure for social workers in Maryland, DC,

and Virginia)

TO REGISTER: Call Anna Innes, IPI Administrator, 301-215-7377

FOR MORE INFORMATION: Call Kate Scharff, Program Chair: 301-469-1477

The International Psychotherapy Institute (IPI), formerly the International Institute of Object Relations Therapy, is approved by the American Psychological Association to offer continuing education for psychologists. IPI maintains responsibility for the program. IPI is recognized by the National Board of Certified Counselors to offer continuing education for counselors (provider #6017). We adhere to NBCC Continuing Education Guidelines. Application will be made to provide continuing education for social workers.

Mentoring, continued from page 6

in participating in the program as either a mentor or a mentee please contact either co-chair of the mentoring committee for an application: Ellen Murphy at 703-698-8738 or *ellen.murphy1@netzero.net* or David Tyson at 703-321-8668 or *dstyson@earthlink.net.* �

References

Green, M. (1997). Exploring the psychological boundaries between the individual and the organization in the mentoring relationship. *Career Development International*, 2(1), 28-32.

Wolter, R. (n.d.). Follow your leader: Move forward faster by learning from the experience of a mentor. Retrieved July 18, 2004 from www.entrepreneur.com

How to Renew Your Membership

The GWSCSW 2004–2005 membership year begins on October 1, 2004.

If you are currently a member, you will receive a renewal statement in September; please return it by October 1 with your dues.

If you are not a member and wish to join, please call GWSCSW at 202-537-0007 to request an application form and information about membership categories and rates. Alternatively, you can find the information on our website (www.gwscsw.org) and print the application form to submit with your payment.

Please call GWSCSW at 202-537-0007 with any membership questions.

DID YOU KNOW...

Subscriptions to the Clinical Social Work Journal are available at a 50% discount to GWSCSW members and Social Work Today is free!

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Out & About

Tricia Braun

This column shares news about members' professional accomplishments—publications, speaking engagements, seminars, workshops, graduations, volunteer projects and special interests or hobbies. Here is what some of our members have been up to...

Tarpley Long has been enjoying the study of acting the past four years and now is getting some castings. Her first performance in Washington, DC theatre was in *Far Away* at Studio Theatre where she played a prisoner on a chain gang. (The *Washington Post* ran a feature article in *Style* on the prisoner group, conveying the power of the scene.) Tarpley was also understudy in a principal role in Studio's *The Cripple of Inishmaan:* Mammy O'Dougal, a 90-year-old bedridden alcoholic who has a mutually hostile dependent relationship with her never-married only son. In *Fifteen Rounds with Jackson Pollock*, Tarpley was cast as 45-year old Betty Parsons, a manipulative New York gallery owner who tries to influence Pollack's style by playing to his vanity. *Fifteen Rounds* opened at Warehouse Theatre July 21 and played through August 8.

Ruth Neubauer will have a one-person photography show at the Left Bank Bakery Cafe at 4731 Wisconsin Avenue in the District, beginning August 22. EVERYONE is invited to the opening reception on Sunday, August 22 from 2:00–4:00 PM at the Cafe. All new photographs will be on display for one month.

Judith Wentworth Mullen married Robert A. Luke, Jr. on July 19, 2004. *Best wishes, Judy!*

Vaughn Howland won a raffle and went to Helsinki for several days over May Day. He sailed across the Bay of Finland to Tallinn, Estonia, which was celebrating its entry into the European Union.

Connie Ridgeway taught a class in Ethics for massage therapists. Connie is a licensed massage therapist in DC and VA in addition to her clinical social work. She notes that ethics for this profession, which is new to the health-care licensing arena, is a bit tricky since it involves touch. Connie also will be singing a third year with the Revels, a group that celebrates community and the seasons through music, dance, and ritual. The Revels performs the first two weekends in December at GW's Lisner Auditorium, and this year's theme is a medieval one, called *The King and the Fool*.

Emily Brown has written a chapter titled "Mediating in the Shadow of an Affair" in *Divorce and Family Mediation: Models, Techniques, and Applications,* edited by Jay Folbery, Ann Milne, and Peter Salem, just published by Guilford.

On May 14, **Jewell Elizabeth Golden** taught "Clinical Social Work Code of Ethics" in Columbia, MD for the Maryland Clinical Society.

Please send information about your accomplishments to Tricia Braun at gwscsw@yahoo.com. Notices of upcoming events should be directed to the classified page, in care of the newsletter editor, at the office address.

New Maryland Regulations for Supervisors

As of July 1, 2004, any Licensed Clinical Social Worker (LCSW-C) providing supervision to a Licensed Graduate Social Worker (LGSW) must be approved by and registered with the Maryland Board of Social Work Examiners, if the supervision provided is to count toward advance (clinical) licensure for the LGSW being supervised.

A copy of the new regulations can be requested from the Board (410-764-4788). In terms of training required for the supervisory licensure, one of the following must be (or have been) completed:

- A social work graduate course in supervision from a masters program accredited by the Council on Social Work Education
- 12 hours of agency-sponsored training in supervision, or
- 12 credit hours of continuing education in supervision by a Board authorized sponsor.

The GWSCSW continuing education program (a Board-authorized sponsor) offers a year-long supervision course and will be organizing additional training as the year progresses. •

BSWE Vacancy

A vacancy on the Maryland Board of Social Work Examiners has been opened to the Clinical (LCSW-C) level. The statute calls for all license levels to be represented on the Board, and only the Associate (LSWA) is vacant. However, this past session, the legislature enacted a law permitting the filling of a vacancy with any level after six months. (The only exception is for the two consumer slots, which must be held for consumers.)

Two more slots—one for an LCSW-C and one for a consumer—will become vacant in 2005. Anyone interested in information about the duties, time requirements, and responsibilities should call the Board at 410-764-4788. Contact the GWSCSW office at 202-537-0007 or <code>gwscsw@yahoo.com</code> to make a recommendation for a possible nominee from GWSCSW. ❖

Be on top of what's happening in your society and your profession.

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Saturday, October 16, 2004 8:30 AM – 4:30 PM Park Hyatt Washington (24th at M Street)

This event, honoring the contribution to ICP&P of Rosemary Segalla, PhD, will be a full-day conference in which participants will explore with the presenters, group leaders and one another, a number of perspectives relating to the role of the spiritual dimension in contemporary psychotherapy and psychoanalysis, featuring:

Michael Eigen, PhD Ken Porter, MD Doug Watts, PhD

For information, call 202-686-9300, ext. 4

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CSWF

Clinical Social Work Federation

Richard Yanes

A change in the Federation Bylaws was adopted at the Board of Directors meeting in May, after a yearlong effort studying the ways in which the Federation might best do its business and serve its members. This fundamental change in effect establishes "national authority," binding each state society to the others on matters that are adopted by the board at the national level.

One of the meeting days was a "Day on the Hill"—lobbying for The Patients' Bill of Rights (HR 597), Medicare Reform (S 646 / HR 1314), and the Privacy Rule (HR 1709). Our Board members saw more than 30 legislative representatives, and their very successful efforts produced four additional cosponsors in the House for the Privacy Rule bill (with an additional House cosponsor as the result of a later district visit) and four Senators who are considering introducing the legislation in the Senate.

Before the Board meeting ended, elections were held for the July 2004 – June 2006 term: Abbie Grant (Ohio) will remain as president and Keith Myers (Washington) as past president; Kevin Host (president, Washington) was elected president elect, Gail Levinson (president, Delaware) was elected treasurer, and Nancy Sachner (Connecticut) was elected secretary. Sid Grossberg, a past president of both the Federation and the Michigan Society, was elected Finance chair. This very experienced and able group of officers met in July to begin mapping out a strategic plan for the Federation's austerity budget.

The Federation Web Site

Change continues to be the "watch word" of the Federation's web site, www. cswf.org. Visitors will find information on Federation position papers, legislation, HIPAA, links to other organizations and information. The latest additions are the Members Only Section (MOS) and the past four issues of the Federation newsletter, access, with this latest edition to be added soon. The MOS contains writings by clinicians for clinicians on clinical thought, the law, professional standards, and development of the clinical social worker. To access the MOS go to the Federation web site and click on the Login icon. If you have forgotten your User Name or Password, contact your state society. If you are a member in a state without a society contact the national office.

Executive Director Signs New Contract

In my last newsletter report, I informed you that I would not be renewing my contract when it ended in June. Prior to the Board meeting, philosophical differences related to the Federation's organizational structure made it increasingly difficult to accomplish the work the Board wished me to do. In my 20+ years of working with organizations, I have never witnessed the kind of transformation that took place at the May Board meeting. The Board confronted fundamental and difficult questions, engaged in consideration without conflict, and came to both a resolution of the issues and unity among themselves individually and as a Board. It was clear that they did so based on the sole question of what was the best organizational structure for the Federation. It was truly an inspirational process. I was honored to be a part of it and to be offered and accept a contract to remain. ��

Richard Yanes is executive director of the Cllinical Social Work Federation.

NASW

National Association of Social Workers

Joyce Higashi

NASW's Metro DC Chapter will be offering three clinical programs for fall and a 50th anniversary conference in 2005. First off, on September 24 we will offer a three-hour program titled *Depression as Experienced by a Clinical Social Worker: Spirituality in Treatment*. Peggy Thomas Templeman, LICSW and author of a spiritual autobiography titled *I Bear a Cross: Coming into Oneness with God,* will be the featured speaker. Patricia Martin O'Meally, LICSW, CPM will discuss spiritual issues in the professional treatment process.

On Saturday, October 2, the chapter will sponsor two programs concurrently. In recognition of social workers wanting to satisfy the Maryland and Virginia ethics requirement, Dr. Patricia O'Donnell, LICSW will be presenting a three-hour seminar, *Ethical and Psychosocial Management of Boundary Relationships*. Dr. O'Donnell is Director of the Center for Ethics for the INOVA Health System and is well known by members of Metro Chapter for her superb classes on social work ethics.

On Friday and Saturday, October 1 and 2, Kate Scharff is coordinating a 12-hour course on *Clinical Supervision*, which will be co-sponsored by DC Metro Chapter and The International Psychotherapy Institute (formerly IIORT). Course presenters will include Jaedene Levy, Kate Scharff , David Scharff, Jill Scharff, Carolyn Shank, Mike Stadter, Elizabeth H. Thomas, Dorothy Van Dam, and Tom Wessel. This course will be designed to meet the Maryland requirement for clinical social work supervisors.

Call for Presentations and Papers

A call for presentations and papers will be featured on our chapter website, www.naswmetro.org for our conference on April 21 and 22, 2005, called New Dimensions for Social Work: Transforming Policy and Practice. Conference tracks will include: Leadership and Career Development, Cultural Competency and Diversity, Children and Families across the Lifespan, Living with Trauma, and Cutting Edge and Advocacy Issues. The deadline for submitting a proposal is October 8, 2004. Please visit our website or call the chapter office at 202-336-8395. ❖

Joyce Higashi, LICSW, is executive director of NASW Metro Chapter.



CSWI

The Clinical Social Work Institute

Carolyn Gruber

On June 4, 2004 we held our second graduation ceremony at the American University Kay Spiritual Life Center. Our guest speaker was Dr. Shoshona Ringel from the faculty of the University of Maryland School of Social Work who spoke about the importance of clinical social work doctoral education.

Diane Dowling and Elizabeth Thomas, our newest graduates, were awarded their PhDs in Clinical Social Work, having successfully completed their course work and defended their dissertations. Diane's dissertation gave focus to psychological experiences of immigration and Elizabeth's gave focus to conflict in supervision. Each of these was a comprehensive qualitative research study involving in-depth interviewing of the respective participants, immigrants and supervisees. Congratulations to Diane Dowling and Elizabeth Thomas.

Licensure renewal

On June 24, 2004, we appeared before the Education Licensure Commission of the District of Columbia for our licensure renewal hearing. The Commission gave us a full three-year renewal! Now it's on to accreditation!

We have an excellent new class of about seven people entering the program this fall. All of them have impressive academic and clinical credentials.

The summer has been quite busy. We had two summer seminars, one on psychopharmacology and the other on genetics. We had a workshop for the CSWI community on *Culturally Competent Mental Health Practice*. There were also two electives—one presenting clinical cases from two theoretical perspectives and the other on advanced qualitative research.

Auditing Courses

Did you know that it is possible to audit some of our courses if you are not a doctoral student? Call us at 202-237-1202 or email us at *cswi@mindspring.com* to find out what is available this fall. ❖

Carolyn Gruber, DSW, is the dean of the Clinical Social Work Institute.

VISIT OUR WEBSITE: www.gwscsw.org

Legislative News

■ VIRGINIA

Christopher Spanos

The Virginia General Assembly is scheduled to convene on Wednesday, January 12, 2005 at the State Capitol in Richmond, and to adjourn on Saturday, February 26. Key issues for the upcoming session are HMO Liability, HIPAA Conformities and Virginia Law, and Medicaid Rates/Scope of Work. Most likely we will not see changes in Senate and House committees that focus on areas of interest to clinical social workers.

The Greater Washington Society (GWSCSW) shares the cost of legislative advocacy with its sister society in Virginia (VSCSW). Each year, a legislative program and lobbying agenda is developed at VSCSW board meetings in Richmond; GWSCSW participation is welcomed. Meetings are scheduled for October 23 and December 4, 2004, and January 29, 2005; they begin at 10 AM at the Chippenham Medical Center in Richmond.

Subject to adoption of the General Assembly Calendar, the annual Legislative/Lobby Day for clinical social workers has been tentatively scheduled for February 14, 2005. Please mark your calendars.

Key Legislative and Government Affairs Issues

Health Insurance Coverage for Anorexia Nervosa and Bulimia Nervosa

The Virginia General Assembly's Advisory Commission on Mandated Health Insurance Benefits (Advisory Commission) will meet in September 2004 at the General Assembly Building in Richmond to hold a public hearing on a proposal that would require health insurance coverage for anorexia nervosa and bulimia nervosa. The Societies support this statutory change. At the public hearing, the Societies will be represented by Keitha Austin of VSCSW's Eastern Chapter; she will urge the passage of House Bill 294 introduced by Delegate Lee Ware which provides that anorexia nervosa and bulimia nervosa are biologically-based mental illnesses for purposes of the mandates that state health care plans, health insurance policies and health services plans include coverage for such illnesses. As of this writing, no date has been set in September for the meeting.

HIPAA Privacy Regulations

The Joint Commission on Health Care has been asked to study whether further changes to Virginia's health records laws are warranted to address the requirements of the federal Health Insurance Portability and Accountability Act's (HIPAA) Privacy Regulations. The key item of the Joint Commission's study will be to examine and make recommendations on patient and attorney access to psychotherapy notes as they apply under current Virginia statutes.

Relevant factors include HIPAA protections (which carve out such notes/records), Virginia law (which is broad and has diverse interpretations), and Virginia Human Rights Regulations (which govern some patient access to records). Practitioners usually make judgment calls about whether to include or exclude psychotherapy notes in permanent records based on patient safety; there is some evidence of confusion about the different federal and state laws governing these notes.

Societies represented on Joint Commission Task Force

A task force has been established in the Virginia Attorney General's office to consider questions regarding the interface of Virginia's law and the HIPAA Privacy Rule and, along with the Virginia Bar Association's Health Law Section, provide analysis and recommendations. As legislative advocate for GWSCSW and VSCSW, I am serving on the task force and participating in the larger work group. Chair of the VSCSW Committee on Legislation, Wayne Martin will be the lead contact for clinical society members who would like to offer comments on HIPAA issues, particularly access to psychotherapy records.

Recommendations are to be presented to the Joint Commission's Executive Director by September 15, and the study is to be presented during the Joint Commission's meeting on October 24, 2004. The Joint Commission will vote on the options that it wishes to support with legislation during the 2005 session of the General Assembly, at its November 20, 2004 meeting.

Virginia General Assembly Pre-filed Legislative Proposals

The VSCSW Committee on Legislation will monitor and comment on all legislation filed that will affect the members of the clinical societies. If you have specific concerns about a bill filed, or if you would like to receive Legislative Alerts by email, please contact Wayne Martin at wamnoles@aol.com. ❖

Government and public affairs counselor Chris Spanos represents GWSCSW and the Virginia SCSW on legislative matters in Richmond. He is with the lobbying firm Spanos Consulting Group.

Call your legislator to urge that

users of the public mental health

system be permitted to opt out of

the proposed long-term managed

care initiative.

■ MARYLAND

Alice J. Neily

While Maryland legislators are involved with the upcoming presidential elections, the executive branch staff has been moving forward on its own agenda.

Since the very popular 2004 legislation providing for consumer-driven safeguards for any future long term care managed care system was vetoed the Governor, Sec-

retary Sabatini of the Department of Health and Mental Hygiene (DHMH) is proceeding to develop a program without the critical safeguards which were in the legislation.

This DHMH initiative is intended to address problems with the current long-term care system: lack of incentives for efficiency; inadequate flex-

ibility; a fragmented system of care; increasing costs, and lack of care coordination for the 70,000 people who are covered by both Medicare and Medicaid ("dually eligible").

Initiative Includes Mental Health Services

The program will involve not only the dually eligible, but also Medicaid recipients who qualify for nursing home level of care and all other Medicaid recipients age 65 and over, who will be required to enroll in a "community care organization" which would cover and coordinate all health benefits. Included in the system will be all specialty mental health services—including inpatient psychiatric services, community mental health programs and prescription drugs, all long-term care services including nursing home, chronic hospital, personal care and medical day care, and hospice care.

Mental health advocates have expressed grave concerns about the impact of such a system on long term care populations who use or could use the public mental health system. Advocates are urging that such users be exempted outright or at least be given the choice to opt out.

No Choice in "Community Choice"

More than 5,000 people with dual eligibility currently use the public mental health system, as do thousands more age 65 and over with Medical Assistance eligibility. The current system has extensive mechanisms in place

to pre-approve care and determine type, frequency and duration of services based on medical necessity and available resources. These community services are highly effective in delivering lower cost alternatives to institutional care to very vulnerable individuals.

In short, the goals of the proposed system are already

being met for persons served by the public mental health system. Forcing them into new "community care organizations" would not only increase fragmentation and duplication but would endanger the very community tenor the new system hopes to promote.

How ironic that a "community choice"

program would deny choice to thousands of Marylanders with psychiatric disabilities. Our position is that all persons using or eligible for the public mental health system should be exempt or, at the very least, be given the choice to opt out of community choice.

For a 24-page summary of the Department of Health and Human Services proposal, contact GWSCSW at 202-537-0007 or at gwscsw@yahoo.com.

A Coalition of Health Providers

A coalition of health care lobbyists and leaders of professional organizations who have taken an active part in legislative reform has convened to discuss proposed legislation for the 2005 legislative session. I attend these meetings to represent your interests and have been asked to give feedback on the Maryland malpractice problems as it relates to social work practice. The topic of social workers as expert witnesses has also been a part of these discussions.

Finally, I have learned that legislation regarding access to health care for all will be reintroduced in the 2005 session. Similar legislation died in the final moments of the current session. ❖

Alice J. Neily of Capital Consultants is legislative advocate representing the Maryland Legislative Council of Social Workers, a coalition of the Greater Washington and Maryland clinical societies, NASW-Metro DC, and the Association of Social Work Administrators. Her website is www.capitalconsultantsofmd.com.

■ FEDERAL

by Richard Yanes

After a break for the summer and the Democratic and Republican conventions, the House and Senate will return to the District in early September for a month; then they'll recess to campaign throughout October.

Although decisions are being made on certain funding priorities like homeland security and the military, most spending bills will not get addressed until the "lame duck" session following the elections. In fact, veteran Congress watchers predict that this year will be a repeat of the last two, with no funding for the government's new fiscal year (which begins October 1) until the new Congress convenes in January. Increasingly divisiveness and conflict permeate virtually every aspect of the Congress, making it exceedingly difficult to reach agreement on matters both great and small.

Mental Health Parity

Knowing the House has never been strongly supportive of its parity bill (HR 953), mental health organizations, including the Federation, have banked on the Senate's apparent commitment to the issue as the way to move the legislation to the President's desk. The Senate bill (S 486) now has 68 cosponsors, more than enough for pas-

sage. On the horizon is the sunset of the 1996 legislation authorizing limited parity. Senate Majority Leader Frist has proposed legislation (which the Senate Democrats have accepted) that will reauthorize the 1996 legislation and require mental health parity when the employer offers mental health services. As part of the agreement, Frist will allow a floor vote, limit debate to one hour, and limit amendments to only one. Unfortunately the amendment that all anticipate relates to a cap on premiums and allows businesses to opt out of participation if they anticipate their premiums will increase by one percent or more (a prospective view). The Federation and most mental health organizations in support of parity believe the opt-out provision should not apply until a business can show that its premiums have actually increased by one percent or more (a retrospective view).

Patients' Bill of Rights, Medicare Reform, and Privacy Rule

The Patient's Bill of Rights (HR 597), Medicare Reform (S 646 / HR 1314), and the Privacy Rule (HR 1709) have not moved out of their respective House or Senate policy committees. •

Richard Yanes is Executive Director of the Clinical Social Work Federation (CSWF)

The NASW DC Metro Chapter and the International Psychotherapy Institute (formerly IIORT)

announce a co-sponsored continuing education event... a 12-hour course, open to practitioners of all disciplines

CLINICAL SUPERVISION

October 2 & 3, 2004

COURSE LOCATION: Offices of NASW DC Metro, 750 First Street NE, 7th Floor, Washington DC

COST: \$144 (members), \$180 (non-members),

Pre-registration recommended; registration will be accepted at-the-door as space permits

SCHEDULE: Saturday, October 2, 9:00 AM – 5:00 PM (morning coffee, lunch, and afternoon snack provided)

Sunday, October 3, 9:00 AM – 2:00 PM (morning coffee and afternoon snack provided)

CONTINUING EDUCATION: Social Workers: 12 hours CEU credit from NASW Metro (meets new Maryland requirements)

Psychologists/Certified Counselors: 12 hours CEU credit from IPI

TOPICS WILL INCLUDE: The history and theory of supervision, issues of difference between supervisor and supervisee, boundaries,

transference, countertransference, projective identification, narcissistic issues, group supervision, conflict

in supervision, supervision in various settings, the evaluative process in supervision

FACULTY: Jaedene Levy; Kate Scharff; David Scharff; Jill Scharff; Carolyn Shank; Mike Stadter; Elizabeth H. Thomas;

Dorothy Van Dam; Tom Wessel; Bill Fleming, Executive Director, Maryland Board of Social Work Examiners;

and Gloria Jean Hammel, Staff Social Worker, Maryland Board of Social Work Examiners

QUESTIONS: Call Kate Scharff, Course Coordinator, 301-469-1477

TO REGISTER: Call Joyce Higashi, Executive Director NASW DC Metro, 202-408-8600, ext. 486

The International Psychotherapy Institute (IPI), formerly the International Institute of Object Relations Therapy, is approved by the American Psychological Association to offer continuing education for psychologists. IPI maintains responsibility for the program. IPI is recognized by the National Board of Certified Counselors to offer continuing education for counselors (provider #6017). We adhere to NBCC Continuing Education Guidelines.

As of July 1 2004, all social workers in Maryland who are supervising LGSWs working toward advance licensure must be registered and approved by the Maryland Board of Social Work Examiners. This course is specifically designed to help supervisors qualify for approval.

GWSCSW Aging Workshop, continued from page 1

clinicians working with the aging population, but also to those of us dealing with aging parents and/or experiencing life after 50 ourselves.

Follow-up Workshop with Neubauer and Allen

In conjunction with the dinner meeting, Ruth Neubauer and Karen Van Allen will conduct a two-hour follow-up workshop, later in October, also centered on later life issues. Ms. Neubauer and Ms. Van Allen have developed a specialty working with women over 50 in transition and facing retirement.

Those attending the complementary programs will receive 3.0 Category 1 Maryland CEUs.

More information, including the name and location of the restaurant as well as the date and location of the workshop, will be available soon on the Society's website www.gwscsw.org, or call the GWSCSW office at 202 537 0007. �

VISIT OUR WEBSITE: *www.gwscsw.org*

GWSCSW Divorce Conference, continued from page 1

betrayal. Director of Key Bridge Therapy & Mediation Center, Ms. Brown is the author of *Affairs: A Guide to Working Through the Repercussions of Infidelity.*

Kate Scharff, LCSW-C, has been working with the complicated issues of supervised visitation and related custody issues. Ms. Scharff is Co-Chair of the Washington/Chevy Chase satellite of the International Psychotherapy Institute (formerly IIORT).

The conference venue—tentatively—will be Catholic University (this had not been finalized when the Newsletter went to press). The late-October date will be just in time for Maryland clinicians up for license renewal to complete their CEU requirements.

More information on this program will be forthcoming soon via a mailing and on our website www.gwscsw. org. ❖

GWSCSW Office

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■ GWSCSW Directory Update / Change of Address, Office Info, Email, etc.

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COMMITTEE REPORTS

Annual Conference

Connie Hendrickson

The conference committee has been meeting and our April 8 ethics conference featuring Frederick Reamer is beginning to take shape. GWSCSW members have told us that, having heard Dr. Reamer speak a few years ago in Baltimore, they're really looking forward to this opportunity to hear him again. "He makes ethics really interesting." The December issue of the newsletter will have details about the conference as well as about Dr. Reamer's work.

Continuing Education

Dolores Paulson

The GWSCSW's continuing education courses program is thriving because of your enthusiastic support and participation. This year's *Course Offerings* brochure is now available and we invite you to use our exciting offerings to fulfill your CEU requirements.

The renewal date for many Maryland licensees is October 30, 2004; several courses, including Ethics, are available prior to that date. Please note that Ethics, a required course in both Virginia and Maryland, is offered four times this fall. (Note also that the GWSCSW Annual Conference in April 2005 will feature Dr. Frederick Reamer, a superb speaker, on ethical dilemmas for clinical social workers.)

Maryland has instituted a requirement for 12 hours of coursework in supervision prior to taking on supervisory responsibilities (see page 11 of this newsletter). We will offer a 2-semester course in supervision and will also be adding a supervision course in the spring semester to address the new requirement. We'll keep you posted.

Directory

Connie Hendrickson

Now that membership renewals are underway, we'll begin getting the 2005 Directory organized. Be sure to send any changes in address or other information when you send in your dues. The deadline for membership renewal and inclusion in the new Directory is October 1, 2004.

Membership

Charles Rahn

This will be my last report as chair of the Membership Committee. It has been a very fruitful and fulfilling two years working with the Society, but I feel I must step down so that I can focus attention on my retirement and long-term care planning business.

I leave the committee in very capable hands: Maurya Brenneman and Melinda Salzman, both of whom worked on the lapsed member drive, will be the new co-chairs. Emily Rawsky and Kathleen Miner have volunteered to help out as well.

It has been a pleasure serving on the committee, working with the Board, and building our membership base. I especially want to thank Margot Aronson for all her input, support, suggestions, and help in growing our membership.

Maurya and Melinda will be trying something new for the Member-

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ship Committee—an Ambassador program to encourage new members to become involved in Society activities. See our article on page 5 for more about this exciting development.

Mentor Program

David Tyler and Ellen Murphy

On page 6 of this newsletter, we introduce the revitalized GWSCSW Mentor Program. Please help us get started. If you are interested in participating in the program as either a mentor or a mentee, contact either: Ellen Murphy at 703-698-8738 or ellen.murphy1@netzero.net or David Tyson at 703-321-8668 or dstyson@earthlink.net.

Referral Panel

Eileen Ivey

The Referral Panel committee is making real progress in planning and designing a web referral site. We have great hopes that this will be a more effective group tool than phone advertising and also that it may jump start many of us in our individual quests to be part of current technology. (See article on page 8 for more details.) To be involved in this project or other aspects of the referral panel, call Eileen Ivey (301-652-1030) or Patricia Garcia Golding (301-907-7888). ❖

Welcome New Members!

Full Members: Gwendolyn W. Pla, Carol Santucci

Graduate Members: Katharine Zener Rossier, Nancy Widmer

MSW Student Member: Aimee Shapiro

Letter From the Editor

Diana Seasonwein

As I've worked to put out the last three newsletters I have come to see how many of you it takes to make the Society work. From those of you who are committee heads, to those of you who write articles to keep us connected with our larger community, all the way to our president, it's the involvement of our members that makes the Society work. We are all volunteers, trying to juggle our professional commitments, our personal lives and our many other activities.

As we begin a new season, there are still many opportunities for more of you to become involved in your Society; to volunteer your talents and enthusiasm to ensure the vitality of this organization. We at the newsletter are in some ways the pulse of the Society. We collect and distribute news we think you can use, and we try to keep you connected with each other. We could use the talent of those of you who would like to work on the advertising side of the newsletter, and the talent of those of you who have ideas about more ways that we can stay connected and work together.

Please, take a moment to consider what you can give to the Society and to the newsletter. ❖

CONTINUING PROFESSIONAL EDUCATION Fall 2004

University of Maryland School of Social Work

Workshops held at USM Shady Grove Center

Object Relations Couples Therapy Women, Shame and Resilience Communicating about Sexual Issues **Ethics in Supervision**

DSM-IV-TR - Child & Adolescent Disorders **Embodied Poetry Therapy** Conflict Resolution Values Clarification and Ethics Chronic Disease Model of Addiction

Fall Seminar: Kumea Shorter-Gooden, PhD Author of "Shifting: The Double Lives of Black Women in America", October 15, 2004, Baltimore

Call 410-706-1839 for brochure - 41 workshops visit www.ssw.umaryland.edu/cpe

Washington Psychoanalytic Society, Inc.

Scientific Program of Meetings 2004-05

During this academic year, there are different times, locations, and costs for the scientific meetings. For all meetings, attendees are requested to register for the meeting by Monday of the week of the Friday meeting, either by credit card through the web page only (www.washpsa.org) or by mailing a check, covering the cost for all persons attending. Mail checks, payable to the Washington Psychoanalytic Society, 4545 42nd St., N.W., #309; Washington, D.C. 20016-1856.

This program is directed towards all members; mental health professionals either graduates or in training who use psychoanalytic therapy as a treatment modality; and professionals who are interested in the application of psychoanalytic theory to their area of expertise.

September 10, 2004 (Register by Tuesday, September 7).

Location: Marvin Center, George Washington University

Cost: \$30 per person

Time: 8:00 PM meeting. 8:00 PM coffee and dessert

Speaker: Paul Schwaber, PhD Discussant: Warren Poland, MD

Topic: For Better and For Worst: Romeo and Juliet

Objectives: 1) Explore how psychoanalysis illuminates literature;

2) Explore how literature illuminates psychoanalysis.

October 22, 2004 (Register by Monday, October 18)

Location: One Washington Circle Hotel, Wash. DC

Cost: To be determined. Check web page: www.washpsa.org Panel: Leslie Brown, LCSW; Donald R. Ross, MD; Ms. Sujata Massey; Harvey Rich, MD; Michael Bader, DMH; and Sheldon Roth, MD

Topic: Falling in Love

Objectives: 1) Differentiate the interpersonal manifestations and the nature of the specific intrapsychic difficulties that serve as barriers to falling in love, as they emerge in patients with narcissistic pathology as compared to patients with Oedipal-based neurotic pathology: 2) Describe the process of falling in love as it displays itself within an ongoing psychoanalysis, including transference and countertransference elements.

November 12, 2004 (Register by Monday, November 8)

Location: To be announced. Check web page: www.washpsa.org

Cost: To be determined.

Time: 8:00 PM meeting. 8:00 PM coffee and dessert

Speaker: Paula Bernstein, PhD

Topic: Mothers and Daughters from Today's Psychoanalytic

Perspectives

Objective: 1) Learn about new psychoanalytic developmental

perspectives as applied to mother-daughter relationships.

GWSCSW Course Offerings 2004–2005

his brochure describes the 2004–2005 selections being offered by the Continuing Education Courses Committee of the GWSCSW. Considerable attention has been given to insure that the topics meet the needs and interests of the clinical social work community. The program's focus is clinical. Non-clinicians will be admitted to classes at the discretion of the instructor.

Some courses have small additional fees for educational materials. This year we are offering courses which have been especially designed for recent MSW

graduates as well as members beginning a new interest. These courses are starred ($\stackrel{\smile}{\bowtie}$). Please note, fees are reduced by 50% for members who received their MSW within the last five years. Some scholarship funds are available.

As in the past, the Advanced Supervision course will be taught throughout the academic year. Licensed social workers employed in agencies or in private practice have found this course to be a valuable source of the skills and knowledge needed for supervision. Expanding private practice to include supervision can be a seasoning and enriching experience. Maryland now requires a course in supervision to take on supervisory responsibility. Scholarship funds are available.

Participants will be issued a Certificate of Attendance at the conclusion of each course which will document the hours attended. CEUs are available.

Many of the courses fill up quickly. Priority in registering is given to GWSCSW members. In the event that a course is being offered for the second time, preference will be given to first time registrants. If you have any questions regarding a particular course please contact the instructor. Please call the Chair for scholarship information.

Dolores S. Paulson, DSW, Chair Continuing Education Courses Committee (703) 790-0786

Register Early — Classes Fill Up Quickly!

GWSCSW courses meet requirements for VA, MD and DC license renewal and board certification renewal.

■ The Art of Supervision

This two-semester course provides intensive training in the supervision of social workers. The course provides in-depth understanding of the supervisor-supervisee working relationship. It is designed to improve the knowledge and skills of licensed supervisors who train MSW-level social workers employed in social service agencies, hospitals, community mental health centers, schools, psychotherapy practice etc. The course consists of fifteen 1¾-hour didactic seminar sessions and fifteen 1½-hour individualized experiential consultation sessions. Application deadline is September 15, 2004. *Scholarship funds are available.*

Constance Hendrickson, DSW, LICSW 3000 Connecticut Ave, NW #201 Washington D.C. 20008 202-332-0134

Every other Friday, 9:30 – 11:00 AM Begins October 8, 2004 \$1,200

■ Ethical Dilemmas

This course raises and reviews ethical questions the clinician faces in the course of practice. Questions are analyzed and understood based on the *Clinical Social Work Federation's Code of Ethics* and texts of Frederic G. Reamer. Students are encouraged to bring into class ethical dilemmas they encounter. THIS COURSE MEETS THE VIRGINIA AND MARYLAND LICENSING REQUIREMENTS.

Constance Hendrickson, DSW, LICSW 3000 Connecticut Ave NW, #201 Washington, DC 20008 (202) 332-0134

Danielle S. Drake, PhD, LCSW 1364 Beverly Road, #304 McLean, VA 22101 301-320-5659 Friday, 10:00 AM – 1:00 PM Offered on: September 10, 2004 or October 1, 2004 Members: \$45 Non-members \$75

Friday, 12:00 NOON – 3:00 PM Offered on: November 5, 2004 or December 10, 2004 Members: \$45 Non-members \$75

This course provides some fundamental concepts within attachment theory and ventures into the world of trauma and its impact on attachment. Classic attachment patterns, how infants behave and interact within each pattern, trauma and its meanings as associated with attachment theory and its implications for forming adult attachments with others including the therapist, are discussed.

Eileen Stanzione, MSW, LCSW-C 3000 Connecticut Ave, NW, Suite 201 Washington, DC 20008 (301) 293-6999

Mondays, 12:00 NOON – 2:00 PM 2 sessions: October 11 & 18, 2004 Members: \$60 Non-members \$100

■ Cybersex: Sex on the Internet

This class presents an overview of what cybersex consists of, including specific definitions related to cybersexual behaviors, impact on the individual, relationships and the workplace. Also addressed are bio-psychosocial factors, pedophilia, and treatment issues. Time will be available at each session for case presentation and open discussion.

Carol Hendler, MSW, LCSW-C Suburban Hospital Conference Room Washington, DC 301-718-6298 Sundays, 2:00 – 4:00 PM 2 sessions: October 17 & 23, 2004 Members: \$60 Non-members \$100

■ Couple Complementarity or Having a Good or Bad Fit

This course focuses on assessing the reciprocity of interaction between couples—the marital therapist not only takes into consideration the past in the family of origin, and introjects, but also works in the present interaction because mates constantly reorganize each other by their ongoing involvement. Course work involves strategies for intervening in couples' patterns of mutuality or collusion.

Doris J. Snow, DSW, LCSW 7643 Leesburg Pike Falls Church, VA 22043 703-471-0508 Sundays, 5:00 – 7:00 PM 3 sessions: February 6, 13 & 20, 2005 Members: \$90 Non-members \$150

I Know This Much is True

In Wally Lamb's epic novel *I Know This Much is True* (Regan Books, 1998), we jump mid-stream into Dominick Birdsey's life, which includes his conflicted relationship with his paranoid schizophrenic twin brother at a moment when he commits an unthinkable act which threatens to unbalance both of them. The lessons he offers us—a conviction that power misused defeats not only the oppressed but the oppressor, and the imperative need to struggle to find ways to forgive the unforgivable—are the challenges of our work with our patients, as well as being pertinent globally at this point in history. The novel resonates with issues of intergenerational trauma, and potential for forgiveness in one's clinical practice.

Kathryn J. Chefetz, MSW, LCSW 4612 49th Street NW Washington, DC 20016 202-362-4938 Friday, 3:00 – 5:00 PM February 25, 2005 Members: \$30 Non-members \$50

☆ When You Get Old, You Don't Get Too Many Hugs: Psychotherapy with Seniors

Working with the older adult in treatment offers special challenges and gratifications to the therapist. The effect of aging-related physical and mental changes and losses on self-esteem, self concept and coping ability as the adult grows old will be explained. The unique transference and countertransference experiences and techniques for identifying and dealing with them will be examined. In some ways, therapy with seniors offers another, or perhaps first, opportunity to sort out past from present, to come to terms with their lives and prepare for death, providing some of the most intimate and poignant moments in a therapist's practice.

Judy Ratliff, MSW, LCSW 7643 Leesburg Pike Falls Church, VA 22043 703-758-1660 Fridays, 11:00 AM - 1:00 PM 2 sessions: April 14 & 21, 2005 Members: \$60 Non-members \$100

■ Introduction to Intensive Short-Term Dynamic Psychotherapy

This course familiarizes therapists with the theory and technique of ISTDP. Davanloo's theory is based on the understanding that what gets people into trouble in life are the defenses they erect to avoid experiencing their feared unconscious feelings. This approach is about getting to those feelings as quickly and deeply as possible. Video tapes will be used to illustrate various concepts.

Barbara Cristy, MSW, LICSW Kathleen Kenyon, MSW, LCSW-C 2801 New Mexico Avenue NW #617 Washington, DC 20007 301-565-0021 Saturday, 10:00 AM – 1:00 PM May 7, 2005 Members: \$45 Non-members \$75

☆ Classics Revisited

This year we invite you to return to the classics. We are pleased to offer you an opportunity to study with several of our analytically trained practitioners as they explore clinical papers which have become a part of the cannon of psychotherapy literature. How seminal theoreticians think about topics such as depression, defenses, the Oedipus complex and envy is discussed. Experienced and novice practitioners are sure to find the discussion of these papers relevant to their current clinical practices.

Envy and Gratitude

This class studies Melanie Klein's 1957 classic paper titled *Envy and Gratitude*, which covers the view of envy as an oral-sadistic and anal-sadistic expression of destructive impulses operative from the beginning of life. In this paper, Klein distinguished envy from greed and jealousy. The class then turns to a modern classic by Elizabeth Bott Spillius. The paper makes effective use of clinical vignettes. Participants are welcome to present clinical material for what will undoubtedly be a rich discussion, given the ubiquity of envy in everyday life.

Danielle S. Drake, PhD, LCSW-C 7021 Buxton Terrace Bethesda, MD 20817 301-320-5659 Friday, 12:30 – 2:30 PM October 22, 2004 Members: \$30 Non-members \$50

The Waning of the Oedipus Complex

Loewald's classic article, *The Waning of the Oedipus Complex*, addresses the way in which Oedipal concerns operate over the course of a lifetime. The successful resolution of the Oedipal phase entails the "killing off" of the parent. This "parricide" as Loewald terms it, requires an ability to tolerate our own aggression and a capacity to bear guilt. Come and discuss these important ideas and their clinical application.

Martha Dupecher, PhD, LCSW 1443 Dewberry Court McLean, VA 22101 703-847-0560 Sunday, 7:30 – 9:30 PM November 14, 2004 Members: \$30 Non-members \$50

The Ego and the Mechanisms of Defense: The Ego and the Id at Puberty

Anna Freud's book, *The Ego and the Mechanisms of Defense*, is discussed. The book deals with the ways and means by which the ego wards off unpleasure and anxiety and exercises control over impulsive behavior, affects, and instinctual urges. The ego was seen on par with the processes in the unconscious id, a novel way of thinking 38 years ago.

Elise Blair Ostroff, MSW, LCSW 5116 Lowell Lane, NW Washington, DC 20016 202-331-1013 Friday, 10:00 AM - 12:00 NOON February 25, 2005 Members: \$30 Non-members \$50

The Interpretation of Dreams

The Interpretations of Dreams was Freud's seminal work on primary and secondary mental process, that formed his framework for the workings of the mind, conscious and unconscious. Freud's proposed single theory of dreams contained in *The Interpretations of Dreams* has been fraught with ambiguity, contradiction and inconsistencies. This work is discussed through the lens of Michael Robins' article, *Another Look at Dreaming.*

Diane L. Rainey, PhD, LCSW 7700 Leesburg Pike, #425 Falls Church, VA 22043 703-734-1103 Friday, 2:00 – 4:00 PM March 18, 2005 Members: \$30 Non-members \$50

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Size of display ads indicated above is width by height. These are the only sizes that will be accepted. Electronic submission (EPS, PDF) preferred.

Publication does not in any way constitute endorsement or approval by GWSCSW which reserves the right to reject advertisements for any reason at any time.

OFFICE SPACE AVAILABLE

BETHESDA: Small, quiet sunny office available in shared suite 2½ blocks from Bethesda Metro. Free parking in building. Brian Schulman 301-654-4221.

SILVER SPRING: Sublet spacious therapy office with waiting room to share in downtown Silver Spring. Convenient to public transit and handicapped accessible. Large enough to hold groups. Welcome to mingle your furniture with mine. \$275 for half-time use, or available in blocks of 4 hours. Call Kathi Kopaez at 301-704-3546.

TYSONS CORNER: Windowed walkout office; bright, beautiful. Available by the day/hour. Convenient to NOVA/Tysons area on Route 7, inside the Beltway. Prime location. Plenty of free parking. Call 703-790-0786.

OFFICE SPACE WANTED

DUPONT CIRCLE: Established therapist seeks quiet, congenial space in Dupont Circle area, full time, in suite with other therapists or single office with waiting room, bathroom. Donna Oberholtzer, 202-466-5858; donna. ober@verizon.net.

PROGRAMS & EVENTS

SOCIAL WORK LICENSING: Prep Courses and Home Study Materials. For sample questions, schedule, and information call Jewell Elizabeth Golden, LCSW-C, LICSW, BCD, 301-762-9090.

ADOLESCENT THERAPY GROUPS: Ongoing Psychotherapy groups for adolescents, grades 6–12 and college. Call Britt Rathbone, LCSW-C, at 301-230-9490. www.rathboneandassociates.com.

SUPPORT YOUR SOCIETY... JOIN A COMMITTEE!

DUPLICATES?

Occasionally for some of our larger mailings (conferences, continuing education offerings, membership drives) we use mailing lists from sources other than the GWSCSW membership list in order to reach a wider audience. Your name may be on more than one list and you might receive more than one copy of the mailing. It is less expensive to send multiple copies to Society members than to search manually through many thousands of records to eliminate duplicates.

Please give your extra copy to a friend who might be interested in GWSCSW activities.

UPCOMING EVENTS & IMPORTANT DATES

September 10 Ethical Dilemmas *

Time: 10:00 AM - 1:00 PM

Location: 3000 Connecticut Ave NW,

Washington, DC

Presenter: Connie Hendrickson, DSW

October 1 Ethical Dilemmas *

Time: 10:00 AM – 1:00 PM Location: 3000 Connecticut Ave NW,

Washington, DC

Presenter: Connie Hendrickson, DSW

October 1 GWSCSW Dinner Meeting

Tlme: 6:30 - 9:00 PM

Location: TBA

Speaker: Abigail Trafford

Topic: My Tlme (Life after 50)

October TBA Workshop on Aging

(follow-up to dinner meeting)

Speakers: Ruth Neubauer,

Karen Van Allen see details page 1 October 8 (& ff) Art of Supervision *

Time: 9:30 - 11:00 AM

Location: 3000 Connecticut Ave NW

Presenter: Connie Hendrickson, DSW

Oct. 11 & 18 Attachment Theory &

Trauma *

TIme: 12 NOON – 2:00 PM Location: 3000 Connecticut Ave NW

Presenter: Eileen Stanzione, LCSW-C

Oct 17 & 23 Cybersex:

Sex on the Internet *

Time: 2:00 - 4:00 PM

Location: Suburban Hospital, Bethesda Presenter: Carol Hendler, LCSW-C

October 22 Envy & Gratitude *

Time: 12:30 - 2:30 PM

Location: Buxton Terrace, Bethesda Presenter: Danielle Drake, PhD

* GWSCSW continuing education courses. See pages 20–22 for more information

For more information on these events, call GWSCSW at 202-537-0007 or see web site at www.gwscsw.org

Oct 30: GWSCSW Conference on Divorce

Time: 9:00 AM – 12 Noon Location: Catholic U (tentative)

Speakers: Emily Brown, LCSW; Cathleen

Gray, PhD; Kate Scharff, LCSW-C

see details page 1

November 5 Ethical Dilemmas *

Time: 12 NOON - 3PM

Location: Beverly Rd, McLean, VA Presenter: Danille Drake, PhD

November 14 The Waning of the Oedipus Complex *

Time: 7:30 - 9:30 PM

Location: Dewberry Court, McLean Presenter: Martha Dupecher, PhD

December 10 Ethical Dilemmas *

Time: 12 NOON – 3:00 PM Location: Beverly Rd, McLean, VA Presenter: Danille Drake, Phd

Looking forward to 2005...

April 8 Ethics Seminar

Speaker: Frederick Reamer, PhD

Chair of the national task force that wrote the NASW Code of

Ethics

Greater Washington Society for Clinical Social Work

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