

Greater Washington Society For Clinical Social Work

NEWS

CONTENTS

President's Message	2
Treasurer's Report	3
Women's Issues at NIMH	5
News from CSWF and Related Organizations	6
Save for Retirement	9
Legislative News	10
Book Review	13
Committees	14
GWSCSW Courses	16
Classified Ads	19

2002 GWSCSW Annual Conference

Infant Observation

by Sheila Hill

The nature of infant-caregiver relationships is at the heart of Infant Observation, an intensive training protocol developed by psychoanalyst Esther Bick in the 1940s and now taught in more than thirty countries as an important component—and in some cases as a requirement—in the training of psychotherapists. What we as clinicians can learn from Infant Observation for our work with clients of all ages will be the focus of the Society's 2002 Annual Conference: *The Hidden Baby: How Infant Observation Informs Clinical Practice* on Saturday, September 28, at Catholic University's Herzfeld Auditorium from 8:00 A.M. to 1:00 P.M.

These days it seems that much of the mental health literature centers on the importance of understanding early development, primitive anxieties, attachment issues, and the mind-body connection in the treatment of clients of all ages and diagnoses. Infant Observation encompasses all these topics, and at the conference we'll have the opportunity to explore them with Child, Adult, and Family Psychotherapist Jeanne Magagna, master teacher from the Tavistock Clinic's world famous Infant Observation program (and head of Psychotherapy Services for the teaching/research hospital of the University of London).

Background

Esther Bick qualified as a psychologist in Vienna under Charlotte Buehler, the first—and, in the early 1930s, the only—Professor of Child Development anywhere in Europe. After completing rigorous training in psychoanalysis, Bick became interested in how primitive attachment patterns oftentimes continue into adulthood and emerge in the clinical setting; to study this more deeply, she developed a practice she called Infant Observation.

In 1948, at the invitation of Dr. John Bowlby, she joined the Tavistock Clinic in London, and expanded her Infant Observation theories into a training protocol for clinicians. Weekly hour-long supervised observations of infant and caregiver in the natural setting of the home, over the course of two years, would provide an in-depth encounter with primitive emotional states and attachments. In an accompanying seminar, a trainee could begin to develop language for describing the pre-verbal experiences and relationship patterns, the duet of the infant and caretaker he or she has observed.

continued on page 3

GWSCSW Quarterly Meeting

Friday, October 25

Dinner Meeting

Alfio's
4515 Willard Avenue, Chevy Chase
Friendship Heights Metro
Free Valet Parking

6:30 P.M. ... Reception

7:00 P.M. ... Dinner

8:00 P.M. ... Lecture

Speaker: TBA

Members: \$25
Nonmembers: \$40

Watch for more information on the
list-serve, or call GWSCSW at
202-537-0007.

**GWSCSW MEMBERSHIP RENEWAL DUE OCTOBER 1
RENEWAL FORM ON PAGE 18**

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-- ♦ --

GWSCSW NEWS

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The News is published four times a year: March, June, September and December. The deadline to submit articles and advertising is the first of the month prior to publication; late copy cannot be accepted.

Op-ed articles expressing the personal views of members on issues affecting the social work profession are welcome and will be published at the discretion of the editorial board. Letters to the Editor may also be submitted. Maximum length for these articles is 300 words.

Submit articles to GWSCSW. E-mail is preferred (gwscsw@juno.com). All hard copy must be typed and double-spaced and may be mailed to 5028 Wisconsin Ave. NW, Suite 410, Washington DC 20016.

Publication does not in any way constitute endorsement or approval by the Greater Washington Society for Clinical Social Work.

For advertising rates see page 19.

The next issue will be published
December 2002 and the
Deadline is November 1.

President's Message

Margot Aronson

I want to begin with thanks to you all, for your support of the Society over the years, and particularly the past year, and for the privilege afforded me to serve as your president for the coming year. I believe we can look forward to an eventful year.

Our initial event is the Annual Conference on Saturday, September 28. I had the privilege of meeting Annual Conference keynoter Jeanne Magagna on one of her trips from London. Jeanne is an extraordinarily gifted psychotherapist and teacher, and we can be sure of a lively, thought-provoking morning.

These are challenging times for all of us, and most certainly for those of us working in mental health. We've seen a for-profit health management corporation, in the process of seeking to privatize our local Blue Cross Blue Shield (Carefirst), offer multi-million dollar "golden parachutes" for cooperating BCBS top managers. We've also seen insurance companies pressure the Administration to weaken protections for clients' medical records. We and our clients are forced to jump through hoops erected by managed care firms, with their appallingly-low "usual and customary" reimbursements and their profit-centered focus on cost-saving over care. And we have just watched much-needed mental health reforms—Mental Health Parity, the Patients' Bill of Rights, Medicaid reform, relief from outrageously high costs of psychopharmacologic prescriptions—debated to a fair-thee-well in Congress, then dropped in stalemate to await the November elections. The times are challenging, indeed!

Nonetheless, we social workers are making our voices heard. As a Society, we speak up for mental health issues in Virginia through lobbyist Chris Spanos, in Maryland through lobbyist Steve Buckingham, and on the national level through the Federation. We have been blessed as well with two dedicated and knowledgeable volunteer advocates, who have alerted us when any legislative item needed a bit of grassroots letter writing or some phone calls. Blessed, that is, until recently—Mary Lou Lindquist, for years our superb Legislative Liaison for Virginia, resigned in November, and, after five years of outstanding service, Mary Avery Edwards resigned in June from the Maryland post.

No doubt you can all see where this is going—we need volunteers interested in statewide issues to serve as legislative liaisons for Virginia and Maryland. The role of a liaison is to represent the Society at planning meetings (with either the Virginia Clinical Social Work Society or the Maryland Legislative Council of Social Workers and the respective lobbyist) at which legislative priorities are set; the liaison also forwards important items and alerts to our membership. Since these liaison positions involve a significant commitment of time and energy, perhaps a pair of volunteers, or even three, would want to share or rotate the role. Mary Avery Edwards has offered to provide back-up help, as needed, to whoever takes on the job in Maryland.

October 1 is the beginning of our 2003 membership year. We ask that you fill out and send in the membership renewal form (page 18) with your dues, and urge you to take advantage of conference registration at the same time (and especially the "renew and register by September 14" discount).

So—please consider becoming more involved in our legislative agenda, send in your membership renewal, and feel free to call me (202-966-7749) to volunteer or to share your thoughts about the Society. And as for September 28—reschedule those Saturday morning clients, plan to "sleep in" some other weekend, and join us for an enlightening and enriching Annual Conference! ♦

Report from the Treasurer

by Ann Aukamp

I am writing from one of my favorite places, Woods Hole, Massachusetts, where I get inspiration, personally and professionally, as well as healthy outdoor activity. Not surprisingly, for the moment, not much is going on, "treasury-wise"!

The Society remains solvent, with insurance for the bonding of Board members renewed and paid. This year's insurance policy is billed at about a 10% increase, which I understand is negligible in this year following the September 11th disasters. Our checking account stands at \$337.21 and the Money Manager at \$15,286.16. Obviously, funds will have to be transferred, since first quarter Federation dues remain unpaid. We also have outstanding the July, August, and September bills for our standing expenses for website maintenance, phone, and services from the Clinical Social Work Institute.

Although the Federation is asking that we (and all State Societies) pay for the entire year in advance, that is not possible this year; perhaps it is not advisable in any event. The Board will be discussing our response at its August meeting. ❖

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Annual Conference, cont. from page 1

Whether one works with children, adolescents, or adults...

Mrs. Bick theorized that clinicians trained in Infant Observation would be attuned in therapy sessions to the unspoken background that springs from experiences encoded in the mind in infancy; they would recognize that smile, that look, the shrug of a shoulder, a tone of voice, changes in posture, an odor, and various other signs of the infant—the "hidden baby"—residing in the child, adolescent, or adult.

Mrs. Bick's method, sometimes known as "baby watching", involves a mostly silent, non-intervening stance: value is placed on non-judgmental observation, the intent being to increase the trainee's capacity to bear anxiety until an experience can be named and thought about. Seminars then provide an opportunity for reflection on the observations, and development of hypotheses. (An example might be Bick's own concept of the boundary-setting function of skin and its relevance to problems of dependence and separation, an idea supported and enriched by her detailed observations of ways in which babies who feel threatened for too long develop what she called "second-skin" defenses.)

Ultimately, when applied in a treatment setting, the Infant Observation experience supports the development of the clinician's capacity to comprehend a client's "total experience"—having words to help the client explore the nuances of pre-verbal attachment patterns, as well as being ready to recognize, bear, analyze and work with transference and counter-transference.

"Putting the baby in the room"

The Hidden Baby: How Infant Observation Informs Clinical Practice will provide us with a variety of experiences of infant observation and its clinical application. Jeanne Magagna is known for "putting the baby in the room", for her ability to bring forth adult memories of early experiences and to find words to describe the experience. Her keynote will focus on her development as a clinician and her work with children and families. Jeanne's presentation will be followed by discussion and then case presentations by social workers Jaedene Levy and Carolyn Shank, who will relate Infant Observation to their clinical work with adults.

The Hidden Baby: Infant Observation and Its Clinical Application on Saturday, September 28, 2002, promises a lively and provocative experience. Indeed, you may never think of your client's habits of body, mind, and word in the same way again! We hope to see you there. ❖

See page 4 for information about conference presenters!

Conference Presenters Hail from Here and Abroad

The keynote presentation at the Annual Conference on September 28 is entitled "The Influence of Infant Observation on My Clinical Work with Children and Their Parents." The keynoter will be Jeanne Magagna, head of Psychotherapy Services in Great Ormond Street Hospital for Children, a teaching and research hospital of the University of London. Consultant for the world-famous infant observation program of the Tavistock Clinic in London, she teaches and supervises in Great Britain, France, Italy, and the United States. She conducts a weekly infant observation seminar via video-link from the Tavistock Clinic, for students of the International Institute of Object Relations Therapy (IIORT) here in Washington, DC and in Salt Lake City, Utah.

An American by birth (from Wyoming), Jeanne has spent her professional life in Europe, where she is known for her work with children suffering from psychosis, chronic fatigue, pervasive refusal disorder, and eating disorders, and with their families. Her articles include "Beyond the Infinite: Psychotherapy with a Psychotic Child" and "The Eye Turned Inward: Hallucination in Children." She is also on the Editorial Board of the e-journal *Kleinian Studies*.

Jaedene Levy and Carolyn Shank to present cases

Jaedene Levy, MBA, LICSW and Carolyn Shank, LICSW will be presenting adult cases for discussion at the Conference.

GWSCSW member Jaedene Levy teaches in the clinical program of the Washington School of Psychiatry and is on the Board of the Washington Psychoanalytic Foundation. A therapist in private practice in Friendship Heights, Jaedene is in her third year of infant observation, and has discussed and presented papers internationally on that subject.

The title of Jaedene's case presentation is "Back to the Future: Infant Behavior as an Insight into Adult Personality."

Carolyn Shank is on the faculty of the Washington School of Psychiatry in the Clinical Psychotherapy and Advanced Training Program. In addition, she has a private practice in Northwest DC. Carolyn is about to begin her third year of infant observation training. Her title is "The Shadow of Your Smile: Looking at Mother/Child and Therapist/Patient Non-Verbal Interaction."

Jeanne Magagna will be the discussant for both cases. Questions and discussion from the audience will be encouraged throughout the conference. ❖

Washington Psychoanalytic Society, Inc.

4545 42nd Street, NW #309 • Washington, DC 20016-4623

Scientific Meetings 2002

Location:
Park-Hyatt Hotel
24th & M Streets, NW, Washington, DC

Cocktails 6:30 pm • Dinner 7:15 pm • Meeting 8:15 pm

Registration:

Dinner & Meeting: Send check for \$55 per person, (*payable to Washington Psychoanalytic Society, Inc.*) by the registration deadline as listed below.

Meeting only: Send check for \$5 per person.

These programs are directed towards mental health professionals, either graduates or in training.

September 13, 2002 (Register by Monday, September 9)

Speakers: Harold Blum, MD, and Sara Boxer
(author of *The Floyd Archives*)

Moderator: Elizabeth K. Hersh, MD

Topic: The Floyd Archives and Contemporary Views of Freud's Cases

Objectives: 1) To learn about current perspectives on Freud's clinical cases; 2) To understand the application of psychoanalytic case material to fictionalized treatment.

October 25, 2002 (Register by Monday, October 21)

Speaker: Hannah Segal, MD

Topic: Hiroshima, the Gulf War, September 11th and After

Objectives: 1) To understand why groups exhibit more psychotic views than individuals; 2) To show how psychoanalytic writing since Hiroshima warned against subsequent disasters.

November 8, 2002 (Register by Monday, November 4)

Speaker: Nancy Chodorow, M.D.

Topic: Psychoanalytic Listening from a Feminist Perspective

Objectives: 1) To learn how feminist claims on the part of the patients interact with intrapsychic conflicts; 2) To learn how the analyst balances appreciation of social and cultural constraints upon gender and sexuality with listening for reality as a defense; 3) To learn how the analyst's personalized gender countertransferences interact with her/his socio-cultural understanding; 4) To learn how the 'feminist' analyst uses 'non-feminist' traditional psychoanalytic understandings.

December 6, 2002 (Register by Monday, December 2)

Speaker: David Reiss, M.D.

Topic: Developmental and Genetic Psychology: The Interface Between Psychoanalysis and the Academy

Objectives: 1) To enable participants to outline the differences between developmental psychopathology and genetic psychology; 2) To distinguish between developmental and psychoanalytic research and list areas of integration; 3) To learn the skills required to conduct research in academic clinic settings.

Advancing Research on Women's Issues at NIMH

by Susanna S. Sung, LCSW-C

The National Institutes for Mental Health (NIMH) is currently conducting research into mental health issues specific to women. This research includes hormonal studies with both evaluative and clinical trials, conducted at the Clinical Center in Bethesda, Maryland, and free to participants.

Depression as a major risk factor for osteoporosis

Depression is a common disorder, affecting women at almost twice the rate of men. Depression is also associated with abnormally elevated levels of cortisol and other stress hormones. Increased cortisol levels may decrease bone mass. Due to this correlation, premenopausal women with depression may lose bone mass at a faster rate than women without depression. Past studies have also shown that women with current or past histories of depression have low bone mineral density.

This health problem should be treated, but to date there have been no controlled studies indicating what benefits or risks treatment in this population might be. This study will determine if a drug FDA-approved for postmenopausal osteoporosis can maintain or increase bone mass in pre-menopausal women with major depression and osteoporosis. Participants must be between 21 and 45 years old and medically healthy.

Depression during stages of life unique to women

Women also suffer from postpartum depression, for which no causes have yet been confirmed. One hypothesis involves an endocrine model. The NIMH study looks at the role of elevated hormones, estrogen and progesterone, during pregnancy, and the subsequent rapid drop in hormone levels after giving birth. Confirmation of a biological cause of postpartum mood disorders may lead to better treatments or prevention. The study mimics the hormonal states of pregnancy in a condensed period of time by administering hormones to women who have suffered postpartum depression in the past. Participants must be medically healthy women ages 18 to 40 who have had at least one past episode of depression following a full term pregnancy, and have been well for at least one year. Women should be medication-free, not breastfeeding, and at least 6 months post-delivery.

The role of hormones is also being investigated in menstrual-related mood disorders (MRMD). Again, the elevation and drop of hormones needs further clarification regarding the relationship between the menstrual cycle and mood. Studies at NIMH are looking at various treatment approaches for MRMD while investigating

the reactions to hormones. Participants must be medically healthy women ages 18–45 with MRMD.

When women enter perimenopause, they may experience depression or other changes in mood due to lowered hormonal production by the ovaries. Estrogen has been used as an effective treatment but there are long-term risks. NIMH is studying alternative treatments to perimenopause-related depression, including an herbal alternative. Participants must be medically healthy, medication-free women ages 40 to 65.

For more information or to participate, call 301-496-5645. ♦

Susanna Sung is an Outreach Recruiter in the Office of the Clinical Director, NIMH.

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CSWF

Clinical Social Work Federation

■ *Lobbying activities*

On the Hill, the Clinical Social Work Federation is working with other organizations for passage of Medicare modernization, a prescription drug bill, Mental Health Parity, and a Patients' Bill of Rights. Given that this is an election year and given the intense conflicts over these issues, it is likely that no agreements will be reached before the November elections.

■ *Social workers "missing"*

The Federation has brought a "glaring omission" in representation to the Freedom Commission on Mental Health, which was created by Executive Order at the end of April to conduct a comprehensive study of the US mental health service and delivery system. Chaired by Michael F. Hogan, PhD, Director of the Ohio Department of Mental Health, the Commission has representatives from managed care and drug companies, state agencies and judiciary, and consumer advocacy groups. The Departments of Labor, Education, Justice, and Health and Human Services (HHS) participate as ex-officio non-voting members. "Noticeably absent," notes Richard Yanes, CSWF's Executive Director, "are any representatives from the social work community..."

■ *The Freedom Commission on Mental Health*

The goal of the 15-member Freedom Commission on Mental Health is to recommend improvements to enable adults with serious mental illness and children with serious emotional disturbances to live, work, learn and participate fully in their communities. Some of the areas to be explored are the extent of need and barriers to service; examples of coordinated effective programs; issues surrounding the integration of people and systems as they relate to financing, treatment, and integration into other systems; definitions to be applied; and, expanding the population to be addressed to include those suffering from sub-acute disorders and their impact on individuals, families, businesses, and the community.

The Commission must issue an Interim Report at the end of October and file its Final Report at the end of April 2003. In addition, the Commission may develop white papers on best practices and evidence-based treatments; financing; rehabilitation as it relates to housing, employment, and general integration of the individual into the community; stigma, and the development of a public awareness campaign; at risk children and youth

continued on page 8

NASW

National Association of Social Workers

■ *Get out the vote campaign*

As the November elections draw near, eight field organizers on the staff of the National Association of Social Workers will be arranging a get-out-the-vote campaign. In addition, they will serve as liaisons to campaigns of candidates in Arkansas, Iowa, Illinois, Louisiana, Missouri, Michigan, Minnesota and North Carolina—states in which NASW's Political Action for Candidate Election arm is supporting the federal Senate race. The organizers increase the visibility of NASW and of social workers.

■ *Specialty practice sections added*

This summer, NASW added four new specialty practice sections—health, mental health, child welfare, and social justice and poverty to the current sections of aging, private practice, school social work, and alcohol, tobacco and other drugs. NASW President Terry Mizrahi sees expanding sections as an effective way to serve social work practice interests and needs. (At present, some 10,000 NASW members are participating these in sections.) Plans for section members include the standardization of benefits as well as an increase in administrative services from the national office.

■ *NASW website*

The new NASW website, www.socialworkers.org, offers access to legal updates, legislative briefs, and practice updates in the members-only area. Other areas of potential interest include publications, legislative advocacy, the NASW Foundation, practice, and policy; there has even been an on-line continuing education course. A goal is to integrate chapter websites more closely with the national site.

■ *Hilton elected president of Metro Chapter*

On a local note, congratulations to K. Ivy Hilton, MSW, LICSW, who has been elected president of NASW's Metro Chapter, which serves the greater Washington DC metropolitan area. ♦

GWSCSW Annual Conference

Saturday, September 28

Special Combo Discount...

Limited time offer!

See p. 18

COP

Committee on Psychoanalysis

by Audrey Thayer Walker, Area Chair

The Committee on Psychoanalysis and the Greater Washington Society for Clinical Social Work are jointly sponsoring a continuing education course, "Clinical Practice in the Real World: A Dialogue with the Experts", highlighting psychoanalytically-informed social work practice. Central to the course will be *Fostering Healing and Growth: A Psychoanalytic Social Work Approach*, edited by Jean Sanville and Joyce Edwards (Northvale, NJ: Jason Aronson, 1996).

The deep concern of the National Membership Committee On Psychoanalysis (NMCOP) Study Group about superficial treatment of (and in some cases omission of) psychoanalytic theory in schools of social work was the impetus for publication of this book which has been called a "must read" and "essential" for clinicians, supervisors, and schools of social work. In her review in the NASW journal *Social Work*, Noreen M. Keenan, CSW, PhD, describes *Fostering Healing and Growth* as:

...more than just a book about applying psychoanalytic techniques to social work practice. It is a superb compilation by two master clinicians on how to work most effectively with people of diverse cultural, ethnic, and socio-economic groups, many of whom are often considered "untreatable."

Three of our GWSCSW members who are also NMCOP members contributed chapters to *Fostering Healing and Growth*, and all three have agreed to discuss their work in this course. Audrey Thayer Walker will coordinate the lectures. What a special and rare opportunity to dialogue with the following senior clinicians:

- March 7, 2003. Martha W. Chescheir, "From Holding to Interpretation"
- March 14, 2003. Marilyn A. Austin, "Recovered Memories of Childhood Sexual Abuse: Problems and Concerns"
- March 21, 2003. Katherine A. Brukow, "Working with Dreams of Survivors of Violence: Facilitating Crisis Intervention with a Psychoanalytic Approach"

This course will be relevant to all levels of practice, and a special welcome is extended to agency practitioners, in particular those who have limited experience with psychoanalytic theory and those who teach in schools of social work. Participants will receive a complimentary copy of the *Fostering Healing and Growth*. Registration is limited.

continued on next page

CSWI

The Clinical Social Work Institute

by Carolyn Gruber

The Clinical Social Work Institute (CSWI), the Greater Washington area's very new (and only) clinical doctoral program for social workers, is proud to announce that we have our first graduate, one year ahead of schedule! Kerry Malawista successfully defended her dissertation on June 26. While official graduation ceremonies will not be held until this spring (by which time we will have additional graduates), Dr. Malawista is to be congratulated.

We have a wonderful new class of eight outstanding clinical social workers entering the program this fall. As always, they reflect the experience and diversity of our student body.

Phil Rosenblum has joined our staff as a consultant to the board for fund development, grants, and student recruitment. Phil brings enthusiasm, fresh perspectives, and experience to this role. We are delighted to have him on board.

Now that a student has graduated, it is imperative that the Institute build a financial base as the next step to our goal of earning accreditation from the Middle States Association of Colleges and Universities. Former GWSCSW president Eileen Selz is heading the campaign for accreditation. She and Phil have great plans—don't be surprised if you hear from them!

On July 26, we had a very productive meeting between the leaders of GWSCSW and CSWI. We plan to work cooperatively to educate, grow, and serve the clinical social work community.

We will again be having Friday night lectures this year. GWSCSW will be co-sponsoring them, so there will be a reduced rate for GWSCSW members. You will receive fliers about dates and topics as soon as they are firmed up.

Have you thought about seeking a doctorate at CSWI? See our ad in this edition for further information. Please note that many of our courses are also available for audit for those who are not enrolled. ♦

To reach GWSCSW...

202-537-0007

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CSWF, continued from page 6

in transition; and, finally, future research, effectiveness measurements and standardizations.

Unfortunately, adding to the limitations brought about by the amount of time and the scope of the Commission's work is the requirement that the recommendations be budget neutral; no new federal dollars will be available for the recommendations of the Commission.

For more information on the Commission, visit its website at www.mentalhealthcommission.gov.

■ **HIPAA**

The Federation submitted Comments last spring opposing many of the changes to the Privacy Rule (HIPAA) proposed by the Bush Administration (through the Department of Health and Human Services). HHS completed its review and issued its final rule a few weeks ago. The new rules significantly weaken the protection of an individual's health records. More on the Federation's position can be found on the website at www.cswf.org.

■ **New CSWF officers**

On another note, the Federation has a new President, Abbie Grant from the Ohio Clinical Social Work Society. Other officers include Al Du Mont (New York), President Elect; Julie Hughens (Virginia), Secretary; Virginia McIntosh (Pennsylvania), returning as Treasurer; and Kevin Host (Washington), Finance Chair.

■ **Hawaiian licensing bill**

Congratulations to the Hawaii Society who saw their licensing bill signed into law this June after a brutal and long fight. Success was due to the efforts of a small committed group of Society members and the coalition they put together. The Governor's signature was in doubt until the Society marshaled an email campaign and enlisted the support of two critical state agencies. As Richard Yanes notes, "Well done!"

Report courtesy of Richard Yanes, Executive Director, CSWF

Seeking New Mentors!

If you have two years post advanced licensure (LCSW, LCSW-C, LISW and/or LICSW) please give back to the profession and be a mentor!

Call Sarah Tyler
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for more information

COP, continued from previous page

■ **Tarpley Long Reviews "The Sweet Hereafter"**

In a review in the NMCOP Summer Newsletter, author Tarpley Mann Long, a local social worker and psychoanalyst, explores the psychodynamic repercussions of tragedy in the film *The Sweet Hereafter*, based on the novel by Russell Banks. Ms. Long suggests that the fairy tale structure of this film creates a container for potentially intolerable human experience: the death of school children in a bus accident interwoven with a case of sexual abuse. She explains the effects of such tragedy, and states that "no one walks away from calamity unscathed." Using psychoanalytically-informed insights, Ms. Long is able to help therapists understand the ways individuals survive these kinds of unbearable circumstances.

■ **Membership Information**

All GWSCSW members are eligible to join our local Greater Washington COP Chapter. For information, call Audrey Thayer Walker at 202-331-1547.

The National Membership Committee on Psychoanalysis in Clinical Social Work is affiliated with the Clinical Social Work Federation.

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New Way to Save for Retirement

by *Tacy Paul*

Did you know that self-employed individuals such as social workers, therapists, and consultants now may save as much as \$40,000 each year in a tax-deferred retirement account? A new tax law passed last summer allows one-person businesses to establish what is called an Individual 401(k) Plan.

An example would be: Sheila, who is 50 years old, works as a social worker in private practice, earning (to make the math easy) \$100,000 per year in her unincorporated business. Using a Self-Employed Pension Plan or Profit Sharing Plan (SEP or Keogh), Sheila could save about \$20,000 per year for her retirement. If, instead, she uses an Individual 401(k), she can save more than \$30,000, and these dollars may be taken as a tax deduction for her business.

Since Sheila works for herself, she is both an employer and an employee. Thus, in addition to money she adds to her retirement account as an employer (25% of income less the appropriate deduction for self-employment tax), she can also make a contribution as a 50 year-

old employee (\$12,000). The employee's contribution must be completed by December 31—Sheila had better get started right away to avoid a cash-crunch at the end of the year!

And there's more! You may also roll over your other retirement accounts (SEPs, IRAs and so forth) to your Individual 401(k). You benefit in two ways—one is by consolidating your accounts, which makes it easier to keep things straight. The second way is that you can borrow money from yourself in a 401(k). Thus, you may generally withdraw the money in your retirement accounts without having to pay taxes or penalties (some limitations may apply). The interest rate is very low at current prime rate.

A final caveat: be sure to consult your individual tax advisor before making any tax-related retirement planning decisions. ♦

Tacy Paul is a Financial Advisor at Prudential Securities. She can be reached at (202) 861-4463 or at Tacy_Paul@prusec.com

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 CONNECTICUT (877) 384-2885 NEW JERSEY (800) 426-0932 MARYLAND (800) 277-0403 VA/DC METRO (800) 533-8180
 MASSACHUSETTS (800) 243-6710 RICHMOND VA (877) 384-2884 OHIO (877) 384-2886 ILLINOIS (800) 500-8007

Legislative News

■ Virginia

From Chris Spanos, the lobbyist who advocates for mental health issues in the Virginia legislature for GWSCSW and Virginia's CSW Society, we learned the following about the 2001-2002 legislative session:

➤ HB 1001, a bill ensuring that mental health treatment records are confidential and prohibiting their use in court proceedings involving custody or visitation disputes, was introduced by Delegate Bob McDonnell (R-Virginia Beach). The Virginia Academy of Clinical Psychologists proposed the legislation to enable people involved in divorce actions to obtain mental health care or marital therapy without fear it will be used against them in subsequent proceedings. HB 1001 will become effective July 1, 2003, as amendment 20-124.3:1 to the Code of Virginia. It does not supercede regulations related to the required reporting of suspicion of an abused or neglected child; further, the court may order a licensed mental health care provider to testify on matters specifically related and limited to suspicion of an abused or neglected child as defined in the Code. Nor does HB 1001 apply to mental health care providers

who have conducted or are conducting an independent mental health evaluation pursuant to a court order.

➤ Legislation was passed that restructures mental health facilities and hospitals; it is not yet clear how this will be implemented or what it will mean to clinicians and other health care providers.

➤ A study on Medicaid rates, supported by the Societies, was opposed because of the severe budget shortfall.

■ Maryland

Maryland's Assembly is not in session, but our GWSCSW lobbyist Steven Buckingham provides information on last year's efforts at: www.marylandadvocate.com.

Because the website is for members only, to gain access you must first email s.c.Buckingham@worldnet.att.net and let him know of your interest and your GWSCSW affiliation. Once your GWSCSW membership has been verified, you will be sent a password, added to the user file, and have full access to reports on sessions, bills, and hearings. The website is updated on a weekly basis once the Assembly is in session. ♦



Treating People With Bipolar Illness or Depression?

The Mood & Anxiety Disorders Program at NIMH is seeking people with bipolar illness or depression who are:

- Free of other serious medical conditions
- Over age 18

to participate in inpatient & outpatient studies at the NIH Clinical Center in Bethesda, Md. Studies include looking at new ways of improving symptoms for:

- Major depression
- Bipolar depression
- Acute mania

The studies include medical and psychiatric evaluations, and research medications at no cost. Transportation reimbursement provided. All volunteers will be referred back to referring mental health caregiver to assure continuity of care.

Atendemos pacientes de habla hispana.

Call: **301-496-5645**
(TTY 1-866-411-1010)

National Institute of Mental Health

NIMH
National Institute
of Mental Health

DC Government Master Business License Affects Social Workers

by Ann Aukamp

The District of Columbia government has implemented new requirements for businesses operating in the District of Columbia. Social workers and other professionals, formerly excluded from requirements for business licenses, now will have to have a Master Business License if their practice as independent contractors or private practitioners grosses more than \$2,000 per year. The original deadline of August 31, 2002, to obtain this license has been extended to December 31, 2002. Home-based businesses qualify for a further extension to February 28, 2003 because these businesses first need to obtain a Home Occupation Permit before applying for the Master Business License.

As this is written, it is not clear whether a social worker practicing under his or her own name would need to apply for a trade name. However, those who use some other designation for their practice probably already have obtained a trade name.

The Master Business license is required for both For Profit and Non-Profit businesses. The only exception social workers might find would be if all of their earnings derived from their work as a W-2 employee (please remember that independent contract work for an agency does not warrant exclusion). Also, disregard language suggesting that businesses that require insurance are excluded. While malpractice insurance makes good business and ethical sense, no one requires that a social worker have it in order to practice professionally. Information regarding home-based practices and those who practice from commercial space is also contained at www.brc.dc.gov.

The DC government now maintains a directory of all licensed professionals on the Department of Health section of its website, so it will be easy for them to cross check those who register, and query those who do not file for the license about the source of their earnings. Please also note that businesses in DC must register with the Office of Tax and Revenue (202-727-4TAX) for the DC business tax. The penalty for not filing as required is \$500.

While the DC government is using language that implies the business license is the only one a business needs, social workers and other professionals should not drop their professional licenses! These will still be needed, despite language saying the new Master License streamlines licensing requirements by requiring a business to file for just one license.

You can get further information about the new license and its related requirements at www.brc.dc.gov or by

calling 202-442-4434. Information is also available at the Department of Consumer and Regulatory Affairs, 941 N. Capital Street, NE, Room 1100, Washington DC, open between 8:30 A.M. and 4:15 P.M. Monday through Friday.

Many applicants will be able to complete their applications on line at www.brc.dc.gov (the same as the website above). Those who cannot should at least be able to download application forms. ❖

Intriguing Ruling in DC

According to Richard Yanes, Executive Director of the Clinical Social Work Federation, the U.S. District Court for the District of Columbia has opened a breach in the artificial wall that has long separated coverage of physical and mental illnesses in insurance policies. In *Fitts v. Federal National Mortgage Association*, the judge held that Fannie Mae and Unum Life Insurance Company improperly classified an employee's bipolar disorder as a mental rather than a physical illness, limiting treatment to just 24 months. It is unclear whether the defendants intend to appeal. ❖

How you can get a *meaningful PhD degree at* The Clinical Social Work Institute

- ▶ Use and teach advanced theory and practice knowledge
- ▶ Solve complex clinical and research problems with confidence

Our expert clinical and research faculty and highly motivated, diverse students create a stimulating culture for integration and individual learning.

To learn more about the clinical doctoral program developed by and established for clinical social workers, visit our website: www.wdc-cswi.org

To request info, catalog and application call, write or email us.

The Clinical Social Work Institute
5028 Wisconsin Avenue, NW, Suite 404
Washington DC 20016

(202) 237-1202

Email: cswi@mindspring.com

Maryland Board of Social Work Examiners

Continuing education regulations

New Continuing Education regulations for Maryland licensees will take effect on November 1, 2003. Licensees renewing in October, 2004, will have to have 40 continuing education hours, with three Category I CEUs required in the area of ethics. The decision to raise the requirements was the result of a review of the requirements of Maryland psychologists and professional counselors. These allied professions both require 40 credit hours per renewal period. Further, 40 credit hours is the average social work requirement nationally.

In addition to the increase in required continuing education hours, CEU documentation requirements will also change. While, currently, social workers are required to keep continuing education documentation for four years, the revised regulations will require that this documentation be kept for only one year after the license renewal. (However, social workers on inactive status or with an expired license will be required to keep records for a longer period to facilitate reactivation or reinstatement.)

What constitutes "adequate" patient records

Since the recent addition of "failure to maintain adequate patient records" to the social work statute as a grounds for disciplinary action, the Board of Social Work Examiners has received frequent phone calls questioning what constitutes "adequate patient records." Licensees are referred to the section on General Conduct in COMAS Title 10 Subtitle 42 Chapter 03 Code of Ethics. According to Gloria Jean Hammel, LCSW-C, the Board's staff social worker, the following, in essence, are considered minimum standards:

The licensee shall maintain documentation in the client's record which: accurately reflects the services provided; indicates the time and date the services were provided; protects the client's privacy by including only information directly relevant to the delivery of services; is sufficient and timely to facilitate the delivery and continuity of services to be delivered in the future; and is reasonably accessible for the period required by law after termination of services. In addition, the records should be legible.

If a social worker charges a fee for service, then the social worker must maintain adequate financial records. The social worker must make the client aware of the services available and the cost of those services.

Category I CEUs

The Maryland Board of Social Work Examiners authorizes the following groups to offer Category I CEUs (with the stipulation that programs must be at least three hours in length): recognized social work associations; accredited academic institutes offering academic courses or programs recognized as acceptable social work curriculum subject areas; and national level non-social work professional organizations such as the American Psychological Association and the American Psychiatric Association. (As a recognized social work association, your GWSCSW is a Board Authorized Sponsor.) Other agencies and organizations may complete an approval process by the Maryland Board, the Association of Social Work Boards (ASWB) or the National Association of Social Workers (NASW) to become Board Authorized Sponsors.

Note that Category I CEU may be offered when programs less than three hours long are part of a longer series, but only if the participant has attended a minimum of three hours of the series. ❖

(Information compiled from the Bulletin of the Maryland Board of Social Work Examiners, Spring, 2002)

MEDICAL INSURANCE BILLING

Tired of having to pay for extra space and people in the office? Want to spend more time with your patients, and less time worrying about whether claims have been processed, and if payments have been received? I CAN HELP!!!

I WILL, WITH STRICT CONFIDENTIALITY:

- Verify patient eligibility
- Process all claims, paper and electronic
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- Print and mail patients statements
- Credential with insurance carriers

HILL'S MEDICAL BILLING SERVICE

(301-933-4661)

or email at anhill@erols.com

Book Review

A Widow for One Year

Reviewed by Martha Dupêcher

John Irving, in *A Widow for One Year* (Random House, 1998), takes us on a hilarious and engrossing romp through a multi-generational saga. We travel from 1958 to 1995, watching the evolution of a central character, Ruth, who grows from a 4-year-old child living in the shadow of parental grief, into a successful writer, much as her father before her. The stops along the way are poignant and full of portent in a novel that touches on the life themes of love, abandonment, death, sibling relationships, sexuality, and friendship. A rich narrative containing stories within stories and multiple plot lines, this novel has much to teach us about the psychological struggles of our age.

Irving's characters ring true to life thanks to his ability to capture complexity of motivation. Take, for example, Marion, Ruth's mother, who beds 16-year-old Eddie in an attempt to relieve her sadness following the death of her two teenage sons some five years before. Then there's Ted, Ruth's father, who relies on patterns of drinking and perennial attraction to young women to deal with the tasks of grieving, parenting, and coming to terms with aging. Eddie's love for Marion never dies—a portrait of constancy? A picture of potential never achieved?

A Widow for One Year gives us the opportunity to study a group of complex characters with an eye to how Oedipal struggles, trauma, professional aspirations and fantasies about the past affect us all. Please join with me in what I hope will be a lively and far-ranging discussion on a fascinating book.

The GWSCSW Book Seminar on *A Widow for One Year* will take place on Sunday, November 17, 7:30–9:30 P.M. Martha Dupêcher will lead the discussion. See page 17 of this newsletter for more information. ♦


**"Retirement"
or
WHAT NEXT™**



September 21–22, 2002
February 1–2, 2003

For women in their 50s and beyond
...who want to make the most of life; have concerns about "retirement;" wish to redefine "work;" long for meaningful self-expression; feel external pressures ("empty nest," illness of a spouse, divorce) or internal pressures (restlessness, longings, feeling overloaded)

REGISTRATION & INFORMATION
202-364-4929 Ruth Neubauer, LICSW
202-387-7931 Karen Van Allen, LICSW



Baltimore-Washington Institute and
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- two-year child psychotherapy program
- two-year adult psychotherapy program
- psychoanalytic training
- continuing education programs
- community outreach
- affordable referral and consultation service
- fellowship program


Child & Adolescent Mood & Anxiety Problems

The NIMH is seeking children and adolescents, ages 7-17, to volunteer for research studies at the NIH Clinical Center in Bethesda, Md. Treatment and evaluation studies are offered in:

- Depression
- Bipolar Disorder
- Anxiety Disorders
- Chronic mood problems

Research evaluation & participation provided free of charge. Travel expenses paid. Participants may be compensated. All volunteers will be referred back to referring mental health caregiver to assure continuity of care.

Call: **301-496-5645**
(TTY: 1-866-411-1010)



COMMITTEE REPORTS

Annual Conference

Kimberly Satin Kubler

Now that the September 28 conference program, speakers, and venue arrangements are in place, the conference committee is concentrating on less glamorous, more nitty-gritty tasks. Committee members are busy preparing handouts, distributing brochures widely, and making sure there will be enough helping hands for registration on the day of the conference. Please call Kimberly Satin Kubler at 202-299-1201 or Kathleen Kenyon at 301-656-8581 if you would like to volunteer.

This year we're offering a conference discount for those who join GWSCSW or renew membership *and* register for the conference by September 14. Use the brochure or the REGISTRATION form on page 18.

Continuing Education

Dolores Paulson

The Continuing Education brochure for 2002-2003 courses was mailed out in mid-August, and course information appears in this newsletter as well (see pages 16-17).

We continue to put an emphasis on providing a variety of reasonably priced ethics courses to satisfy the ongoing Virginia licensing regulations, and will be extending this effort next year, when Maryland licensees will be required to take 3 hours of ethics.

Many of our classes are filling up, so be sure to register soon.

Directory

Connie Hendrickson

Now that we all have the 2002 Directory, we're beginning the inevitable focus on updates and corrections. When you send in your renewal, be sure to fill out any new information on the DIRECTORY UPDATE/CHANGE OF ADDRESS form on page 18. We'll be happy to add your information to the GWSCSW database, and list it on the Member Update section of the next newsletter.

Anyone who has not received the Directory should alert the GWSCSW office at 202-537-7000.

Newsletter

Editors

We are delighted to announce that Cecilia McKay has joined Jo Bulkley on the Editorial Board, and Diana Seasonwein has agreed to come aboard starting with the next issue. We welcome other volunteers as well—there's always room for an extra pair of hands—or eyes.

We urge members and others to submit letters or articles to be considered for publication. Contact the Newsletter Editor at GWSCSW@juno.com or call 202-537-0071 for information. The deadline for next issue is November 1, 2002, for publication and distribution the first week in December.

Referral Panel

Eileen Ivey

Thanks to all those referral panel members whose generosity brought in over \$450 for use in advertising the referral panel. We were able to place an ad in the Family Health edition of the Washington Post's Health section. Hopefully, contributions and the modest fee for panel members planned for next year will enable us to do more advertising and become even more visible.

On a less happy note, calls to the referral line continue to be quite sparse, perhaps as a result of the ever-greater control and impact of managed care. Increasingly, our clients are authorized by their managed care gatekeepers for only a few sessions, and given names of a few providers in their insurance network. Given insurance limitations, not many potential clients conduct a personal search for experienced, appropriate clinicians. If you have ideas about how the referral panel can more successfully operate in this climate, please consider getting involved in the operation of the referral panel, or call Eileen Ivey at 301-652-1030.

Membership

Beth Altman

It's that time again: time to renew! You'll find the MEMBERSHIP RENEWAL form on page 18 of the newsletter; please take a moment to fill it out and send it in with your dues for 2002-2003.

Please advise potential new members to contact the GWSCSW office at 202-537-0007. They'll receive an application packet including a GWSCSW brochure and application form, and, if they so request, a call from the membership committee to answer questions. ♦

SUPPORT YOUR SOCIETY...

JOIN A
COMMITTEE!



June's "Celebration 2002" brought together GWSCSW members and officers for music, champagne, potluck dinner, door prizes, and a good time. Pictured at the party are the Board of Directors and Committee Chairs. Left to right, front: Nancy Nollen, Eileen Ivey, Marilyn Austin, Beth Altman, Audrey Thayer Walker, Alice Kassabian; back row: Charles Rahn, Ann Aukamp, Joel Kanter, Margot Aronson, Dolores Paulson, Anna Taft, Connie Hendrickson.

**THE INSTITUTE OF CONTEMPORARY
PSYCHOTHERAPY & PSYCHOANALYSIS**

presents

A MORNING WITH IRWIN HOFFMAN

**Saturday, December 7, 2002
8:30 am – 12:30 pm**

The Holiday Inn in Georgetown,
2101 Wisconsin Avenue, NW

Nonmembers – \$60
Members – \$50
Preregistration required

Mail to:
ICP&P
3000 Connecticut Ave, NW 108A
Washington, DC 20008

Info:
202-686-9300 ext.1

**SHORT-TERM
PSYCHO-EDUCATIONAL GROUPS**

Beginning in late September, I'm adding a variety of short-term psycho-educational groups to my practice. Please consider referring appropriate clients for the following 6 to 12 week renewable groups:

Brighten Our Smiles Group for widows, widowers, and older singles with dysthymic, depressive, psychosomatic and other disorders

Chronic Pain Sufferers Group for people in chronic pain, their partners, family, and caregivers

I'm New Here Group for newcomers to the DC area, students, international guests, home-bound moms/dads, and transitionally vulnerable or socially underfunctioning adults

Hectic Life Syndrome Group for functioning adults overwhelmed by life stresses

Six Week Support Group and Coaching for victims of sexual or other exploitation by health professionals and clergy

In addition, some spaces are open in ongoing **Couples Groups and Workshops** for couples in crisis, conflict, or apathy.

*Initial consultation a requirement
for assessing suitability of group for individual*

Call Dr. Heidi Spencer at 301-951-8670



THE WORDSWORTH CENTER

**Fall 2002
Poetry Therapy Training Programs**

The Wordsworth Center offers two 2-year educational programs, consistent with the training and supervision requirements for credentials conferred by the National Federation for Biblio/Poetry Therapy. The diligent learner can complete the 440-hour certification requirement in a two-year period.

Both programs include two 4-day (30 hours) Summer Intensives and two 15-hour Winter Marathons and provide directed reading, workbook exercises, peer group experience, and supervised practicum geared to the trainee's interest and expertise.

Please call or email for an application/information packet.

Potomac Program:

The Poetry Therapy Training Institute provides a monthly, all-day Saturday seminar that meets near Great Falls, Md. from October to July. Peggy Osna Heller, Director (301) 983-3392, email: PegOHeller@aol.com

D.C. Program:

Bi-weekly, three-hour late afternoon seminars are held from September to June in northwest Washington convenient to Metro and bus. Kenneth Gorelick, Director (202) 232-4338, email: KenGorel@erols.com

GWSCSW Course Offerings 2002-2003

■ The Art of Supervision

This is a two-semester course providing intensive training in the supervision of social workers. The course provides in-depth understanding of the supervisor-supervisee working relationship. It is designed to improve the knowledge and skills of licensed supervisors who train MSW-level social workers employed in social service agencies, hospitals, community mental health centers, schools, psychotherapy practice etc. The course consists of fifteen 1¾-hour didactic seminar sessions and fifteen 1½-hour individualized experiential consultation sessions. Application deadline is August 15, 2002. *Scholarship funds are available.*

Constance Hendrickson, DSW, LICSW
3000 Connecticut Ave, NW #201
Washington D.C. 20008
(202) 332-0134

Every other Friday, 2:00 – 3:45 PM
Begins September 20, 2002
\$1,200 (total) for both semesters

■ Ethical Dilemmas

This course raises and reviews ethical questions the clinician faces in the course of practice. Questions are analyzed and understood based on the *Clinical Social Work Federation's Code of Ethics* and texts of Frederic G. Reamer. Students are encouraged to bring into class ethical dilemmas they encounter. **THIS COURSE MEETS THE VIRGINIA LICENSING REQUIREMENTS.**

Constance Hendrickson, DSW, LICSW
(202) 332-0134
Dolores S. Paulson, DSW, LCSW
(703) 790-0786

Friday, 10:00 AM to 1:30 PM
(4 separate offerings, see below)
Members: \$45
Non-members \$75

October 4, 2002	10:00 – 1:30 PM	3000 Connecticut Ave NW, #201 Washington, DC 20008
November 1, 2002	10:00 – 1:30 PM	7643 Leesburg Pike Falls Church, VA 22043
February 7, 2003	10:00 – 1:30 PM	3000 Connecticut Ave NW, #201 Washington, DC 20008
March 7, 2003	10:00 – 1:30 PM	7643 Leesburg Pike Falls Church, VA 22043

📖 *A General Theory of Love* by Thomas Lewis, MD, Earl Amini, MD and Richard Lannon, MD.

This book, written by three psychiatrists, integrates psychoanalytic thinking with neuroscience research in developing an understanding of the importance of love as an organizing force in human experience. Research demonstrates that from earliest childhood our brains link with those we love in a silent rhythm that determines our moods, stabilizes our bodily rhythms, and changes the structure of our brains. In this eloquently written book, the authors demonstrate that when intellect and emotion clash, the heart often has the greater wisdom, concluding that love is the critical factor that makes us who we are and who we can become. The implications of these findings will be examined as they relate to the therapeutic relationship.

Marilyn Stickle, MSW, LCSW
5319 Lee Highway
Arlington, VA 22207
(703) 790-0232

Friday, 12:30 – 2:30 PM
1 session: September 27, 2002
Members: \$30
Non-members \$50

■ Readings and Discussion in Contemporary Supervision

This course is designed to enrich the work of intermediate and experienced supervisors through discussion of the literature. The required readings will be predominantly current theoretical explorations on the supervisory relationship and interventions. Also explored will be the inner experience of both the supervisor and supervisee and its influence on the development of the supervisory relationship. Students will be expected to bring to class examples from their current supervision, if possible.

Constance Hendrickson, DSW, LICSW
3000 Connecticut Ave, NW, Suite 201
Washington, DC 20008
(202) 332-0134

Mondays, 10:00 – 11:30 AM
4 sessions: October 7, 14, 28
and November 4, 2002
Members: \$90
Non-members \$150

■ Face-to-Face with Children: The Life and Work of Clare Winnicott

Known to most as the wife of the renowned analyst D.W. Winnicott, Clare Winnicott was one of the leading British social workers of this century. A leader in British child welfare, she was one of the last analysts of Melanie Klein and a graduate of the British Psycho-Analytical Society. This course will review her unique life history, her impact on her husband's thinking and practice, and her unique appreciation of how the inner and outer worlds of children-in-need affect their adjustment and development.

Joel Kanter, MSW, LCSW-C
8811 Colesville Road #104
Silver Spring, MD 20910
(301) 585-6126

Wednesdays, 7:30 – 9:00 PM
4 sessions: October 9, 23,
November 6, 20, 2002
Members: \$60
Non-members \$100

☆ Attachment Theory and Trauma

This course provides some fundamental concepts within attachment theory and ventures into the world of trauma and its impact on attachment. Classic attachment patterns, how infants behave and interact within each pattern, trauma and its meanings as associated with attachment theory and its implications for forming adult attachments with others including the therapist, are discussed.

Eileen Stanzlone, MSW, LCSW-C
3000 Connecticut Ave, NW, Suite 201
Washington, DC 20008
(301) 293-6999

Mondays, 12:00 – 2:00 PM
2 sessions: October 21, 28, 2002
Members: \$60
Non-members \$100

■ Helping Patients Change

How do we help patients change their character, i.e., their customary defenses against adaptive feelings, thoughts, and desires? This course provides a brief introduction to key concepts necessary for character changes. Each presentation consists of a brief lecture followed by videotaped therapy sessions illustrating the principles and concepts.

Jon Frederickson, MSW, LICSW
1844 47th Place, NW
Washington, DC 20007
(202) 986-4575

Thursdays, 7:00 – 9:00 PM
3 sessions: November 14, 21,
December 5, 2002
Members: \$90
Non-members \$150

☆ Indicates courses especially designed for recent MSW graduates as well as members beginning a new interest. Fees are reduced by 50% for members who received their MSW within the last 5 years.

Widow for One Year by John Irving

This is a 20th century saga covering 35 years and taking its main character, Ruth Cole, from childhood to motherhood to widowhood. At once comic and moving, with stories within stories and multiple plot lines, Irving's novel illustrates a number of concepts: how the past informs the present; the force of early struggles in determining a life's course; the roles of grief, forgiveness and healing in coming to terms with one's life. Other themes include friendships between women, the writing life, prostitution, faithfulness, and aging, all of which combine to make for a memorable reading experience.

Martha Dupecher, MSW, LCSW Sunday, 7:30 – 9:30 PM
1443 Dewberry Court 1 session: November 17, 2002
McLean, VA 22101 Members: \$30
(202) 824-0677 Non-members \$50

Bee Season by Myla Goldberg

This is the story of a dysfunctional family. The author shows the impact of the parents' difficulties on how their two teenagers negotiate their adolescence. The sudden shift in alliances between the children and their father, in particular, reveals an oedipal victory that loosens the seams of the family structure. Each individual copes using a unique compromise.

Stacia Super, PhD, LCSW-C Wednesday, 7:00 – 9:00 PM
2 Wisconsin Circle, Suite 210 1 session: February 12, 2003
Chevy Chase, MD 20815 Members: \$30
(301) 656-8336 Non-members \$50

■ **The Role of Religion and Spirituality in Clinical Practice**

Research supports the importance of including the religious/spiritual dimension within the framework of a biopsychosocial treatment plan. This course reviews social work literature on the integration of religion and spirituality in clinical practice, familiarizes clinicians with current language and spiritual assessment tools, and facilitates the ability to treat spirituality as "grist for the mill" like everything else.

Marlyn Stickle, MSW, LCSW Friday, 12:30 – 2:30 PM
5319 Lee Highway 2 sessions: February 21, 28, 2003
Arlington, VA 22207 Members: \$60
(703) 790-0232 Non-members \$100

■ **Is There Life After Retirement?**

This workshop focuses on some of the questions, both clinical and personal, in making the transition to retirement. Our culture gives us a strong work ethic, and our clinical work offers many rewards, both conscious and unconscious. On the other hand, the options of cutting back or ending one's practice can feel increasingly appealing. We share hopes, fears, and lifestyle questions. The common threads of our experiences as clinical social workers, and our differences as individuals involved in choices set the stage for discussion. The course is both theoretical and practical. It involves issues of endings and beginnings, "holding on" and "letting go," with ideas about adult development as a framework.

Marjorie Lane, MSW, LCSW Monday, 7:30 – 9:00 PM
7643 Leesburg Pike 2 sessions: April 7, 21, 2003
Falls Church, VA 22046 Members: \$45
(703) 437-4840 Non-members \$75

Courses Registration Form on p. 20

☆ **Difficult Parents, Desperate Children**

Coping With Your Difficult Older Parent: A Guide for Stressed Out Children, the presenters' book, provides the basis for this seminar. Forty difficult behaviors are identified and attendees are guided in understanding the roots of the problem personality. The focus is on strategies for dealing with personality disordered parents and other elders.

Grace Lebow, MSW, LCSW-C Fridays, 2:00 – 3:30 PM
Barbara Kane, MSW, LCSW-C 3 sessions: March 28, April 4, 11,
4400 East West Highway 2003
Bethesda, MD 20814 Members: \$70
(301) 657-4329 Non-members \$115

A Beautiful Mind by Sylvia Nasar

This biography of John Forbes Nash, Jr., the 1994 Nobel Prize recipient in Economics, describes the life of this brilliant mathematician and his struggle with schizophrenia. Nash's family relationships, his support systems, and his interaction with the mental health community is discussed. Particular emphasis is put on the controversial treatment modalities for this disease.

Barbara Cristy, MSW, LCSW-C Thursday, 7:00 – 9:00 PM
1015 Spring Street, #201 1 session: May 8, 2003
Silver Spring, MD 20910 Members: \$30
(301) 565-0021 Non-members \$50

☆ **Clinical Practice in the Real World: A Dialogue with the Experts**

Co-sponsored by Greater Washington National Membership Committee on Psychoanalysis in Clinical Social Work

The remarkable book, *Fostering Healing and Growth: A Psychoanalytic Social Work Approach*, edited by Jean Sanville and Joyce Edward, is the centerpiece for this seminar. Copies of this book will be awarded to each registrant. This will be an opportunity to discuss three of the case studies with their authors, all senior clinicians and members of the GWSCSW and NMCOP, thus registration will be limited. Recent social work graduates and beginning and/or intermediate agency based clinicians are especially invited to attend.

March 7 Martha W. Chescheir, PhD, LCSW-C
From Holding to Interpretation

March 14 Marilyn A. Austin, PhD, LCSW-C
Recovered Memories of Childhood Sexual Abuse: Problems and Concerns

March 21 Katherine A. Brunkow, MSW, LICSW
Working with Dreams of Survivors of Violence: Facilitating Crisis Intervention with a Psychoanalytic Approach

Audrey Thayer Walker, MSW, LICSW Fridays, 3:00 – 5:00 PM
4416 Q Street, NW 3 sessions: March 7, 14, 21, 2003
Washington, DC 20007 Members: \$90
(202) 331-1547 Non-members \$150

Many of the courses fill up quickly—enroll early! If you have any questions regarding a particular course please contact the instructor. Please call the Chair for scholarship information.

Dolores S. Paulson, DSW, Chair
Continuing Education Courses Committee
(703) 790-0786

PLEASE PRINT!

Name _____

Home Phone (_____) _____

Address _____

Office Phone (_____) _____

City/State/Zip _____

E-Mail _____

■ GWSCSW Membership Renewal

2003 Membership Renewal is due October 1, 2002

Full Membership (\$150) in the Society is open to persons who hold a Master of Social Work or a Doctor of Social Work degree with a clinical concentration from a graduate school of social work accredited by the Council on Social Work Education, and who have two full-time or three part-time years of supervised postgraduate clinical experience.

Graduate Membership (\$125) is available to persons meeting the educational requirements for full membership, but who have less than two full-time or three part-time years of supervised postgraduate clinical experience.

Student Membership (\$25) is available to persons enrolled in an accredited school of social work. Office and practice information will not be listed in the Directory.

Affiliate Membership (\$75) is open to persons who meet the requirements for full membership and are retired from active clinical practice; meet the requirements for full membership and are living abroad or in a jurisdiction that does not have an active clinical society; or are full members of a clinical society in another jurisdiction. Office and practice information will not be listed in the Directory.

Emeritus Membership (\$25) is open to members who are at least 70 years of age, retired from clinical social work practice and who have ten consecutive years of full membership in the Society. Current Emeritus members are exempt from the \$25 fee but must return this form.

AMOUNT ENCLOSED: \$

■ Annual Conference Registration

**The Hidden Baby:
How Infant Observation Informs Clinical Practice**

Saturday, September 28, 2002

**8:00 AM Registration & Continental Breakfast
8:30 AM – 1:00 PM Program**

Catholic University, Herzfeld Auditorium

Early Bird Registration (by September 14) **\$75**

Registration after September 14 **\$80**

Special Combo Discount **\$60**

With new or renewed 2003 GWSCSW membership received by 9/14/02 (fill in renewal box to left and enclose check(s) for both dues and conference registration)

Students **\$30**

AMOUNT ENCLOSED: \$

■ GWSCSW Directory Update / Change of Address, Office Info, Email, etc.

Please enter only information that has CHANGED since the last directory.

Name _____

Remove Office: located at _____

Home Address _____

Add Office:
Address _____

City/State/Zip _____

City/State/Zip _____

Home (_____) _____

Office (_____) _____

Home Office (_____) _____

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**5028 Wisconsin Avenue NW, #410
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ADVERTISEMENTS

Advertisements, accompanied by full payment, must be received by the GWSCSW by the first of the month preceding publication. Material should be sent to GWSCSW, 5028 Wisconsin Ave. NW, Suite 410, Washington DC 20016 or gwscsw@juno.com. For questions about advertising, call 202-537-0007.

Classified Ads: 75¢ per word	Display Ads: Full page 7½ x 9¼\$300	Half page \$175
Minimum price \$15 (20 words)	Quarter page 3½ x 4½\$100	Horizontal: 7½ wide x 4½ high
	Eighth page 3½ x 2¼\$ 50	Vertical: 3½ wide x 9¼ high

Size of display ads indicated above is width by height. These are the only sizes that will be accepted. Electronic submission (EPS, PDF) preferred.

Publication does not in any way constitute endorsement or approval by GWSCSW which reserves the right to reject advertisements for any reason at any time.

OFFICE SPACE AVAILABLE

FARRAGUT SQUARE: Large furnished office in psychotherapists' suite available Mondays, Tuesdays, Thursdays. Great location. Call Elizabeth Carr, 202-822-8371.

CLEVELAND PARK METRO: Attractive, bright, newly decorated office. Part-time, flexible scheduling, reasonable rates. 202-363-4459.

BETHESDA: Prime location office to share. Metro-friendly, free parking, attractive waiting area. Available ½ days or longer. Call Heidi Spencer, 301-951-8570.

MCLEAN, VA: Attractive, bright, spacious office to share with psychiatrist in McLean. Call 703-821-0761.

POSITIONS

DYNAMIC CHILD PSYCHOLOGY AND NEUROPSYCHOLOGY practice in Reston is seeking part time talented and engaging MH professionals (a) to do therapy with children using drama therapy techniques and/or (b) experience working with preschoolers with developmental delays. E-mail: familycompass@aol.com with letter of interest and CV.

GROUPS

ADOLESCENT GROUPS: Ongoing psychotherapy groups meeting evenings in Rockville. Call Britt Rathbone, LCSW-C at 301-230-9490. www.rathboneandassociates.com

OBJECT RELATIONS SUPERVISION GROUP: Led by Judy Rovner, faculty member IORT. Group will provide an opportunity to explore clinical work from an Object Relations perspective. Begins in September. Will meet 2 hours biweekly. Call 301-654-8747.

MEDITATION AND CLINICAL PRACTICE GROUPS: Groups meet twice monthly, in Arlington, and include discussion and meditation in a framework that evolves from the needs of participants. Groups incorporate understanding from the fields of neurobiology and quantum physics in a practice paradigm that treats the whole person. A new group is forming. Please call Marilyn Stickle at 703-790-0232 for further information.

PROGRAMS & EVENTS

SUPERVISION TRAINING COURSE: There is still room in this course at the Washington School of Psychiatry. Those who have taken it have all found that their skills and their satisfaction in supervision has increased significantly. Reading, class discussion, sharing of problems in supervision with the group, plus individual consulting about your own supervision and agency issues. Hope I can interest you in joining us. Call Anne Stephansky, 202-237-2700.

SOCIAL WORK LICENSING: Prep Courses and Home Study Materials. For sample questions, schedule, and information call Jewell Elizabeth Golden, LCSW-C, LICSW, BCD, 301-762-9090.

UPCOMING PROGRAMS sponsored by the Baltimore-Washington Society for Psychoanalysis, Inc. Call for details and directions, 410-792-8060 or 301-460-3635.

September 14: *Regression and Psychoanalytic Technique: The Concretization of a Concept*, Speaker: Lawrence Inderbitzin, MD, 5:00-6:30 P.M.

November 23: *Conflicts of Aggression in Coming of Age: Developmental and Analytic Considerations, Observations on Re-Analysis*, Speaker: Samuel Ritvo, MD, Discussant: Robert Gillman, MD, 5:00-6:30 P.M.

FREE SYMPOSIUM co-sponsored by the Baltimore-Washington Society for Psychoanalysis, Inc. and the George Washington University's Center for Professional Psychology. Visit our web page at www.bwanalysis.org, or call for details and directions, 410-792-8060 or 301-460-3635.

October 5: *Sex and Race in World Culture and History*. A Free to the Public Symposium, George Washington University, Jack Morton Auditorium, 805 21st Street, NW, Washington, DC, 9:00 A.M. - 1:00 P.M.

THE IMAGERY TRAINING INSTITUTE announces its 2002-2003 courses and weekend imagery workshops. For information and a brochure, please call 703-821-0761.

Workshop topics include: *Using Imagery in Therapy*, September 20/21; *Ego State Psychotherapy*, December 6/7; *Enlivening and Inspiring the Therapist*, November 2; *Using Imagery with Couples and Groups*, February 28/March 1; and *The Mind/Body Connection*, May 2/3.

Course topics include: *Using Imagery in Therapy: A Comprehensive Experiential Course for Practicing Clinicians*; *Ego State Psychotherapy Clinical Case Seminar*; and *Imagery Clinical Case Seminar*.

THE INSTITUTE OF CONTEMPORARY PSYCHOTHERAPY & PSYCHOANALYSIS is cosponsoring with The Institute of Contemporary Psychoanalysis *The 25th Annual International Conference on the Psychology of the Self: A Self-Psychological Approach to Gender and Sexuality*, October 24-27, 2002 at the Marriott Wardman Park Hotel, Woodley Park, Washington, DC. Info: 858-565-9921.

SPANISH CLASSES FOR PROFESSIONALS: 10 private lessons (1½ hours each) \$500. Also group rates. Call 202-244-0128 or email laurelreiner@aol.com.

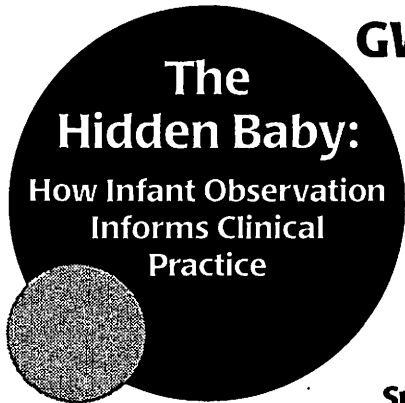
VACATION SPOT AVAILABLE

HEAVENLY YEAR-ROUND COOLFONT RETREAT! Comfortable, spotless home, four+ bedrooms. Lake, beach, health club, pools, spa; bird & animal sanctuary, nature trails; Tree-top Restaurant. 301-951-8570.

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GWSCSW Annual Conference
Saturday, September 28
8:00 A.M. – 1:00 P.M.

*See pages 1 and 4 of
this newsletter for more
details.*

Jeanne Magagna
Keynote Speaker

*Call 202-537-0007
for a conference brochure.*

Conference registration form on page 18 of this newsletter.
Special Combo Discount: Register and Renew Membership by September 14

GWSCSW 2003-03 COURSES REGISTRATION FORM

See p. 16-17 for full listing of GWSCSW Course Offerings!

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone (____) _____ Office Phone (____) _____

Social Security No. _____ - _____ - _____ Number of Years in Practice _____

Courses Desired: _____ Member Fee Non-Member Fee

_____ \$ _____ \$ _____

_____ \$ _____ \$ _____

_____ \$ _____ \$ _____

Amount Enclosed: (make check payable to GWSCSW) \$ _____ \$ _____

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