

# NEWS

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## Celebration 2002!

### GWSCSW Annual Meeting

**Friday, June 14**

**7-9:00 PM  
St. Alban's Guild Hall**

**Potluck Dinner**

**Wine**

**Music**

**Surprises!**

For more information  
call GWSCSW at  
202-537-0007.

## Celebration 2002: June 14 Annual Meeting To Celebrate Society, Members

Champagne, classical guitar music, door prizes...this will be no ordinary meeting! Instead, this year, in celebration of the re-vitalization (and restored solvency) of the GWSCSW, the Annual Meeting will be a potluck celebration—with complimentary champagne and wine, Kevin Mittelman playing classical guitar, the chance to win dinner at Chef Geoff's and more!

The June 14 pot-luck dinner will provide a chance for us to enjoy one another and to showcase not only our culinary talents but also our creative sides. We know that our members have talents in addition to providing expert psychotherapy, and we hope that—be it painting, flower arranging, photography, poetry-writing, or other type of artistic expression—you'll bring a piece of your work to share with us all.

During the brief "business" portion of the dinner, newly elected officers will be introduced. (Much appreciation to Irv Dubinsky and Alice Kassabian for handling the nominations.) We'll also have a chance to say thanks to retiring president Marilyn Austin for coming forward a year ago to keep the Society from folding.

The Annual Meeting will take place on Friday, June 14, from 7:00 to 9:00 P.M. in the Guild Hall of St. Alban's Parish, on the grounds of the Washington Cathedral (3001 Wisconsin Avenue, NW).

Be sure to RSVP with what dish you will bring, and what type of objet d'art you'd like to showcase, by June 4 to the GWSCSW office (202-537-0007).

## Alice Kassabian Honored

On May 31 the Clinical Social Work Institute will present Alice Kassabian, DSW, with the Elma Kahn Wolf Award, established in 1999 to honor women who have demonstrated outstanding leadership and have made significant and sustained contributions to the field of mental health.

GWSCSW Past President Alice Kassabian began her career in public welfare, medical, and psychiatric social work services. In 1969 she was named Fairfax County Citizen of the Year for her work in establishing the first non-profit daycare center in Fairfax. Later, Alice served as clinical director of the Reston office of the Pastoral Counseling & Consultation Center, and more recently as Adjunct Faculty at Virginia Commonwealth University, President of GWSCSW, and a founder of the Clinical Social Work Institute.

Alice has published on the genocide of the Armenians in the late 19th and early 20th century, and on the multi-generational legacies of trauma; she

*continued on page 4*

## Greater Washington Society for Clinical Social Work, Inc.

### GWSCSW Board of Directors

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Irv Dubinsky, Audrey Walker, Alice Kassabian

-- ♦ --

### GWSCSW NEWS

Editor: Margot Aronson  
Associate Editor: Jo Bulkley

The News is published four times a year: March, June, September and December. The deadline to submit articles and advertising is the first of the month prior to publication; late copy cannot be accepted.

Op-ed articles expressing the personal views of members on issues affecting the social work profession are welcome and will be published at the discretion of the editorial board. Letters to the Editor may also be submitted. Maximum length for these articles is 300 words.

Submit articles to GWSCSW. E-mail is preferred (malevin@erols.com). All hard copy must be typed and double-spaced and may be mailed to 5028 Wisconsin Ave. NW, Suite 410, Washington DC 20016.

Publication does not in any way constitute endorsement or approval by the Greater Washington Society for Clinical Social Work.

For advertising rates see page 19.

The next issue will be published  
September 2002 and the  
Deadline is August 1.

# President's Message

Marilyn Austin

Back in the days when the Saturday matinee movie feature was preceded by news and a cartoon, we could count on Porky Pig to end with "th...th...th... that's all folks!" That famous sign-off marked an age shadowed by the Great Depression, the violent horror of the Second World War, and the Korean War. Nonetheless, we who lived in the heart of America could feel free to walk to our schools, to leave doors and windows open in mild weather. We didn't have to give much thought to being assaulted or burglarized, and we did not have terrorists invading our thoughts and our lives. We could relax and listen to the radio in the evenings; we didn't need to consult complicated palm pilots to be sure we had an hour or two free.

The world has changed exponentially since that time; those days have come to an end—as, of course, everything must, regardless of its merit.

But this is not the time for the end of our GWSCSW! We have revitalized and grown, and we have every reason to feel confident that we will continue as a strong professional society for many years to come, making the changes and adaptations necessary for continuance. Our identity as Clinical Social Workers is worth preserving.

I'm thinking about endings because I am at the end of my term as your President; indeed, this letter is my sign-off. I have decided to use this space to share my thoughts about some issues, as well as thanking those whose hard work made it possible to save our Society.

I believe our Clinical Social Work Federation provides an important framework for all of us. With the recent decision to hire a professional lobbying firm here in Washington, CSWF has taken an important step toward political effectiveness on a national scale. It is my hope (and that of many others at the recent Federation meeting) that we will be able to combine forces with other mental health professional groups to bring pressure on the legislatures of our nation and of our individual states to tend to the real needs of those who use mental health services, and of those who provide it. Pressure must come from joint efforts with other like-minded, similarly invested (and similarly jeopardized) professional groups. We have seen an example of that sort of cooperation right here in the District of Columbia when we worked with psychiatrists and psychologists to try to keep the insurance companies from eroding the District statute concerning confidentiality in a therapeutic relationship. (See page 12.) If we are to be effective, we cannot continue to fight our battles with divided forces.

Further, we must challenge the standard way of thinking whereby professionals in other fields profit from their advanced degrees and longevity, while we seem to be rewarded with little more than increased paper work for our training and years of experience. The same seems to be true for many in the health professions, and this has to do, in my opinion, with the profound influence of the insurance companies who have their own profit to consider. That profit is the intruder between the patient and the health care provider.

The spiraling of health care costs, I suspect, has to do with the middle level of "managing" what kind of care is provided, and with the extra procedures done to try to keep from being sued by patients encouraged by hungry lawyers. How is it that health professions are being heavily regulated while

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## Treasurer's Report

by Ann Aukamp, Treasurer

We are almost at the one-year anniversary of learning of trouble in the treasury of the Society. I am pleased to report that we are solvent! The Board felt secure enough to offer a significant payment on the past due fees for the Federation, which they have accepted. We now have a reasonable debt and several years in which to repay the balance owed.

This year has been difficult, but we can congratulate all our Committee Chairs and Officers for their hard work and saving efforts. As I write this, we have \$4,987.47 in our checking account and more than \$20,000 in our Money Manager. However, we have six months left in the year with no expected significant income. We do have large outstanding bills for taxes, Maryland and Virginia lobbying, rent and clerical support. Nonetheless, we'll end the year "in the black." I think we should all be pleased. ❖



### Poetry Therapy

The Wordsworth Center for Growth and Healing  
presents its

### Annual Summer Intensive Seminar

Friday, July 19 to Monday, July 22, 2002

St. Gregory Hotel  
Washington, DC

The Intensive seminar provides a broad overview of poetry therapy theory and process for the newcomer to the field as well as comprehensive review for the current trainee or practitioner seeking to acquire new materials and techniques.

Poetry therapy process is taught through lecture, experientials, and role play. The seminar offers peer experience, group supervision, collegial interaction and discussion. Readings and references will be supplied.

The Maryland State Board of Social Work Examiners and National Association of Social Workers approve this seminar for 30 hours of Category 1 continuing education credit. The Wordsworth Center maintains responsibility for all programs.

For information, contact:

Kenneth Gorelick, MD, RPT  
202-232-4338 • KenGorel@erols.com

Peggy Osna Heller, MSW, PhD, RPT  
301-983-3392 • PegOHeller@aol.com

## A Time of Challenge For the Referral Panel

by Eileen Ivey, Referral Panel Coordinator

As many of you are aware, the Clinical Society has struggled over the past couple of years to find a balance between dues and services, between volunteerism and professional management. As other expenses went up, the decision was made to cut back on parts of our advertising and PR budget. As a result, our display ad in the Yellow Pages was not renewed. With the decline in our overall visibility in the community, the volume of calls made to the referral panel phone line has declined as well.

On the plus side, over a hundred GWSCSW members have signed up for inclusion on the panel this year. Most responded to the informal poll in the referral panel application regarding willingness to pay a surcharge for being on the referral panel, if that money could be used for advertising to increase our visibility.

The results were heartening. The largest number of responders (45) said they would be willing to pay \$10-\$15 annually. Another 28 said they would pay \$20-\$25. And an additional 12 indicated they were willing to pay more than \$25. Only three people indicated that they would not support a surcharge of any amount.

Based on these results and the need to maintain an advertising profile to support the existence of the referral panel, the Board has made two important decisions. One is to invest some money immediately in advertising the rich resources we have to offer the DC community. A Family Health Directory is about to be published in the Washington Post, in which we will advertise.

Second, as of 2003, there will be a mandatory surcharge of \$15 for those who are included in the referral panel (that is, any full member of the Society who submits an annual application along with proof of current licensure and malpractice insurance).

In a related initiative, I will be soliciting voluntary donations this year from referral panel members (and any other generous Society members who feel so moved) to boost our ability to advertise this year. The Board has assured me that all money we collect in this way would go towards advertising the services of the referral panel. As they say on NPR, "...for less money than you spend at Starbucks in a week..." And just think, that coffee money never brings in a referral!

I would welcome your questions, comments, ideas, and, yes, even your donations as we work to reinvigorate the referral panel! ❖

**Kassabian, cont. from page 1**

trained psychotherapists in Armenia to work with survivors after the 1988 earthquake; and last year, Virginia Governor Gilmore appointed her to serve on the Armenian Advisory Commission.

Alice has remained active as a guiding force in the re-establishment of our Society. She maintains a private practice in Virginia. Congratulations, Alice! ♦

**Questions regarding membership status should be addressed to the GWSCSW office at 202-537-0007.**

## Clinical Trials—An NIMH Resource

by Susanna S. Sung, LCSW-C

Studies of schizophrenia, depression, bipolar disorder, anxiety disorders, Alzheimer's disease, hormone-related mood disorders, childhood psychiatric disorder, and more—over eighty protocols examining both children and adults—are now in progress at the internal research division of the National Institute of Mental Health (NIMH).

This Bethesda resource provides free evaluations, educational information, and, in some cases, time-limited treatment for eligible participants. Studies may be inpatient or outpatient, and vary from a few hours to months. Some studies focus on the physical and biochemical changes associated with psychiatric disorders, while others test potential treatments.

All studies are reviewed by an Institutional Review Board to ensure that study participation does not entail undue risk to participants. Patients are involved in the process of informed consent, and may withdraw from a research study at any time. All study participants are followed by clinicians to monitor their progress and offer assistance if needed. Many studies require a referring mental health caregiver so that NIMH may coordinate care upon discharge.

Research participation is not for everybody, but for many it can be a win-win situation. Some studies also provide travel costs or other financial reimbursement. Call 301-496-5645 or visit: [www.nimh.nih.gov/studies/index.cfm](http://www.nimh.nih.gov/studies/index.cfm) or [www.nimh.nih.gov](http://www.nimh.nih.gov). ♦

VISIT OUR WEBSITE: [WWW.CSWSGW.ORG](http://WWW.CSWSGW.ORG)

Do you have something you'd like to say in the Newsletter? Letters to the Editor are welcome and will be considered for publication. Or perhaps you would like to write an article sharing your interest or experience? You can reach the Newsletter Editor at [malevin@erols.com](mailto:malevin@erols.com) or at GWSCSW, 5028 Wisconsin Avenue NW, Suite 410, Washington, DC 20016, or leave a message at 202-537-0007.

As a courtesy to our advertisers, we will be happy to post information free of charge on the GWSCSW list-serve.

Our display advertisers may request a complimentary listing of an upcoming workshop or seminar in the PROGRAMS & EVENTS section on the Newsletter classified page.

### **GWSCSW ANNUAL CONFERENCE**

**Save the date –  
September 28, 2002**

## **Depression & Osteoporosis**

The NIMH is seeking women who have experienced depression in the past to participate in a study at the NIH Clinical Center in Bethesda, Maryland.

Participants should:

- Be otherwise medically healthy
- Be ages 21-45
- Be able to come for 6 visits over one year
- Have a primary mental health caregiver

Depression may contribute to low bone mass. This study examines whether a medication FDA-approved for osteoporosis is effective in maintaining or increasing bone mass in women with depression. Eligible participants will receive free psychiatric, medical, dietary and stress hormone evaluations, including bone mineral density measurements. This is not a treatment study for depression.

Participants will be compensated.

Call: 301-496-5645

**NIMH**  
National Institute  
of Mental Health

## Women and Anger

by Danille Drake

On Friday afternoon, June 7, the Society's Continuing Education Program will offer a four-hour presentation on the subject of Women and Anger. This workshop, which has also been presented at the Montgomery County Commission on Women, will draw from contemporary psychoanalytic theories of female development and recent research in neurobiology to discuss our understanding about causes of anger and problems for women in expressing anger. Leaders Danille Drake, MSW and Jessica Brown, MD, will consider social and cultural factors, focus on assessment, and provide a survey of treatment options, with special attention to issues of transference/counter-transference, resistance, and the relationship between shame and rage.

The workshop is geared to all levels of practice experience: those new to the field will learn some of the basics of psychoanalytic ideas, and others who are familiar will be able to expand upon that knowledge. Participants will:

- Learn about the neurobiological causes and manifestations of anger.
- Gain more understanding about psychoanalytic theories of anger.
- Learn about treatment approaches to anger through the use of clinical examples.

Only a limited number of spaces are available and this workshop is filling up quickly, so please call now to register. ❖

## April GWSCSW Membership Meeting

On April 26, Dan Buccino, LCSW, spoke at our General Membership Meeting at Chef Geoff's on *Evidence-Based Treatment: Science and Creativity in Clinical Practice*. In his provocative talk, Mr. Buccino reviewed recent and emerging research demonstrating empirically the effectiveness of psychotherapy as a mental health intervention, although the influence of such specific factors as the clinician's experience, training or theory on outcome has been difficult to identify.

The nature of the therapeutic relationship appears to be most predictive of outcome: in most instances, successful outcome can be predicted when a therapeutic alliance develops in the first several sessions. Factors such as client motivation and external events appear to have a much stronger impact on outcome than the therapist's method.

Mr. Buccino reminded us that although therapists most often focus on and discuss their long-term cases, the average treatment duration for new clients is only five sessions. He pointed out that these brief interventions can have a significant impact, and indeed even a single session can make a difference.

Co-founder and co-director of the Baltimore-Washington Brief Therapy Institute, Daniel Buccino is on the faculties of the Johns Hopkins University School of Medicine and the Smith College and University of Maryland Schools for Social Work. He has published and presented widely on psychoanalysis and consumer culture, serious mental illness and cognitive impairment, civility and society, and effective psychotherapy.

As might be expected, a lively discussion ensued about the meaning and interpretation of the research presented. ❖

## GWSCSW List-serve

Over 200 members of the GWSCSW participate in the Society's list-serve. For those unfamiliar with a list-serve, this is a way that members with email can communicate instantly with all other members. When a member wants to send a message to all who participate, he or she sends an email to [gwscsw@yahoogroups.com](mailto:gwscsw@yahoogroups.com) and the message is immediately sent to all "listees". For example, one member in Bethesda might want to find a therapist who works with adolescent males in Annandale. Another might want to share an announcement of a continuing education program. Someone else might wish to sublease office space, or share an interesting news story or managed care issue. And, of course, using this method to let members know about various upcoming programs or activities makes it possible for our GWSCSW communication to be both timely and economical.

Responding to a list-serve message is as easy as pressing the "reply" button; you can reply to all on the list-serve...or just to the individual who sent the message.

When the list-serve began, it was without adequate preparation; members were deluged with dozens of "unsubscribe" messages. This is ancient history now, and "traffic" on the list-serve averages only two to four emails daily. Since the subject of the email identifies the topic, listees can delete emails of no interest without even opening them—it's quicker than tossing your junkmail in the wastebasket!

If you don't participate on our list-serve now and wish to try it out, just send an email to [gwscsw@juno.com](mailto:gwscsw@juno.com) and ask to subscribe. You can even ask to have all emails combined into a single "daily digest" email. If you don't find it useful, you can be removed at any time. ❖

## CSWF

### Clinical Social Work Federation

#### ■ *The Federal Mental Health Budget*

Charles Curie, the Administrator of the Substance Abuse and Mental Health Services Administration (SAMHSA) faced tough questioning by CSWF and others at the National Mental Health Association's National Prevention Coalition meeting this spring. The proposed "level funded" federal mental health services budget represents a significant loss due to double-digit medical inflation. Curie enjoys a good reputation within most of the mental health community; he brings to SAMHSA an awareness that those in recovery want a job, a safe place to live, and a day-to-day life, and he sees prevention as a reasonable use of federal dollars.

As a member of the Appropriations Committee of the Mental Health Liaison Group (MHLG), a coalition of 50 mental health professional, consumer, and organizational members, the Federation supported the MHLG's recommended funding increases.

#### ■ *Mental Health Parity Legislation*

At the end of last year, the Senate demonstrated its support of its Parity bill (S. 543) by including it as an amendment to the Education Appropriations Act. House Republican leadership opposed to the legislation was able to reject the amendment in Conference Committee just before the holiday recess.

Grassroots efforts by CSWF and many mental health organizations increased the number of cosponsors on the House bill from 160 to 244, more than enough for passage this year. While House Republicans are feeling pressured for passage this legislation, the health and business communities have mounted major efforts to kill it. It remains a tough fight.

#### ■ *Advocacy*

Black, Kelly, Scruggs, and Healy (BKSH) has been selected as the Federation's new advocacy firm, following a year-long search and evaluation process. BKSH have lobbyists that cover both sides of the political aisle, bring strong connections to the Administration, Office of Management and Budget (OMB), and the Centers for Medicare and Medicaid Services (CMS), formerly known as HICFA, within the Department of Health and Human Services (DHHS). For financial reasons, BKSH's services will be limited to monitoring and reporting on regulatory activity of the DHHS, OMB, and the White House. ❖

## NASW

### National Association of Social Workers

In March, NASW, working with the Council on Social Work Education (CSWE), and the Institute for the Advancement of Social Work Research (IASWR) convened representatives from a broad range of social work agencies (including NASW, CSWE, IASWR, Association of Social Work Boards, Gerontological Society of America, and New York Academy of Medicine) to meet with representatives of federal agencies including the Bureau of Labor Statistics, Bureau of Health Professions, the General Accounting Office, Substance Abuse and Mental Health Services Administration, and the Center for Mental Health Services. The goal? To begin a process of developing accurate statistics about the social work profession.

Traditionally, information collected by federal agencies regarding social workers in the labor market has been based on self- or employer-identification rather than on social work education and degrees. Resulting studies have not distinguished between unlicensed or licensed, trained and untrained, BSW or MSW; those in private practice have not even been included. Resulting data is misleading, making strategic planning around supply/demand and salary issues impossible.

The process of making changes will be slow—study of the Standard Occupational Classifications definitions will begin in 2005 for changes to follow in 2010.

#### ■ *Friend-of-the-Court Briefs*

NASW has signed on to friend-of-the-court briefs for two Supreme Court cases, reflecting social work concerns. In *Pottawatomie v Earls*, the brief argues that school district policy of administering urine drug testing to all high school students participating in any extracurricular activity makes students (particularly those at high risk for drug use) less likely to participate in these activities. *South Carolina v Regina McKnight* seeks to overturn McKnight's homicide conviction following the stillbirth of her child and positive test for cocaine, arguing that the precedent may result in pregnant drug users being less likely to fully confide in their health care providers for fear of prosecution.

#### ■ *How to lobby using NASW's Congress Web*

To send form letters or draft personal letters to Congress on federal issues, go to [www.socialworkers.org/advocacy/congressweb.htm](http://www.socialworkers.org/advocacy/congressweb.htm). ❖

## CSWI

### The Clinical Social Work Institute

by Carolyn Gruber

This year our annual reception will honor Alice Kassabian with the Elma Kahn Wolf award. As a past president of the clinical society, Alice is well known to members. We will also honor Barbara Meade with our leadership award. Barbara is the co-owner of Politics and Prose Bookstore and is the Treasurer of our Board of Trustees. Many of you are acquainted with her store's great selection of books in our field. The reception will be held May 31st at St. Columba's Church.

CSWI is making its intellectual mark in our community: two of our students, Kerry Malawista and Diane Dowling, presented outstanding papers at the NCOP meetings in Chicago. Dr. Golnar Simpson of our faculty also presented a superb neuroscience paper at the conference.

We have just finished our third year of classes and we already have a dissertation in process. Several other students are preparing their proposals. We will soon have our first graduating class—a dream come true.

Finally, our first round of Friday evening lectures all received outstanding evaluations from participants, and we are now ready to begin registering for our three summer seminars: on spirituality, on issues in dealing with older parents, and on couples therapy. All of you should have received a brochure on these seminars. If you did not, please call our office at 202-237-1202.

Our deadline for enrollment in next year's CSWI doctoral class has been extended due to a late start in recruitment because of 9/11; a few openings are still available. ♦

## COP Corner

### Committee on Psychoanalysis

by Audrey Thayer Walker, Area Chair

#### ■ Allan Schore Conducts Master Class

For the past three years, the GWSCSW/COP Study Group has diligently studied Allan Schore's *Affect Regulation and the Origins of the Self: the Neurobiology of Emotional Development* on the integration of neurobiology and psychoanalytic theory. On Sunday, March 17, Dr. Schore graciously held a Master Class for Study Group members, followed by a luncheon, at Audrey Thayer Walker's home. The group was honored by invited guests Golnar Simpson and Marilyn Austin. The discussion was animated, productive and, of course, challenging and integrative.

Dr. Schore is a remarkable leader and pioneering scholar, committed to inter-disciplinary integration of theory, including neurobiology, developmental neurochemistry, behavioral neurology, developmental psychoanalysis, developmental psychology, evolutionary biology, sociology, and infant psychiatry. He heralds and documents an evolutionary step toward interdisciplinary understanding that the future sophisticated clinician will require.

During his weekend in Washington, Dr. Schore delivered an all-day lecture for the Institute of Contemporary Psychology. There he focused on attachment theory and trauma as played out on this interdisciplinary stage—challenging, complex, integrative, just remarkable. To the experienced psychoanalytically-oriented clinician, this material truly resonates.

During the Master Class we discussed the application of his syntheses to clinical work. Additionally, we learned that Dr. Shore, whose wife Judith Schore is well known to COP and the UCLA School of Social Work faculty, has the soul of a social worker, even though he is a psychologist by training. He is highly interested in developing national teams of social workers, who will educate and train parents, caretakers, teachers and mental health professionals in prevention rather than pathology.

Next year our Study Group plans to focus on Beatrice Beebe's new work on the application of infant research to clinical work. Some are suggesting also rereading Dr. Schore's book.

*continued on next page*

### "Retirement" or WHAT NEXT™

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contemplating change



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Karen Van Allen, MSW  
Upper Connecticut Avenue, NW, DC

Registration & Information  
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# NAMI

## National Alliance for the Mentally Ill

### ■ "Sound bite advocacy" on 60 Minutes decried

In a recent segment of 60 Minutes, Dr. E. Fuller Torrey made "sweeping criticism of NIMH's scientific research priorities". In response, NAMI Executive Director Richard C. Birkel, PhD, writing in the NAMI Maryland Online News, decries the "lack of perspective, context, and depth in CBS's reporting in this complex area of science—including failure to note significant advances made through the very kinds of research that the segment criticized".

Dr. Birkel faults the news media: "Unfortunately, the 60 Minutes segment only exacerbates the trend toward "sound bite advocacy" that is increasingly evident in mental health. Assuming that the public has little understanding or interest in the complex, mundane issues of mental health system reform, the news media offers opportunities for sensational reviews that titillate but fail to educate. Advocates are encouraged to offer their most outrageous quotes as fodder for sensational broadcast on publication. Sniping, rather than honest dialogue among advocates, is encouraged and rewarded. As a result, the public is exposed only to extreme views on issues where the middle ground is nearly always more fertile and productive, and correct. This trend ultimately leads to a feeling among the public that the mental health community is self-serving, polarized, and does not deserve public trust..."

Dr. Birkel praises the On-Line Forum organized by PBS in conjunction with the premiere of the documentary *A Brilliant Madness: The Story of John Nash*, which brought together several experts (including Dr Torrey) in a "careful, nuanced discussion."

### ■ NAMI announces creation of National Policy Research Institute (NPRI)

NAMI has recently formed the NPRI to bring together a wide range of advocates for mental health services. NPRI will try to identify common ground and provide a forum for open dialogue.

### ■ NAMI Maryland Online News

NAMI Maryland Online News can be found at <http://md.nami.org>. ♦

### COP Corner, continued from previous page

### ■ Local Social Workers Present at NMCOP Conference

Many Washington area social workers attended and presented at the March NMCOP Chicago Conference, "Representations & Re-Presentations: Psychoanalytic Reflections." Local presenters were Diane Dowling, Joel Kanter, Kerry Malawista, and Golnar Simpson. Leaders of the Clinical Social Work Institute, Carolyn Gruber and Anita Bryce, were a strong presence as were their Institute's candidates Diane Dowling and Kerry Malawista.

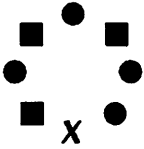
### ■ Book Awards

COP and the GWSCSW Continuing Education Committee are exploring a course based on the NMCOP Study Group's book, *Fostering Healing and Growth*, edited by Jean Sanville. The course will be oriented towards recent graduates (five years or less) and beginning clinicians. Participants will be awarded special copies of the book. Local social workers Marilyn Austin, Katherine Brunkow, and Kerry Malawista contributed chapters and may be involved in teaching the course. Dolores Paulson, Chair of the Continuing Education Committee, will be providing more information about this course.

### ■ Membership Information

All GWSCSW members are eligible to join our local COP Chapter. For information, call Audrey Thayer Walker at 202-331-1547.

The National Membership Committee on Psychoanalysis in Clinical Social Work is affiliated with the Clinical Social Work Federation. ♦



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## CSWF Biennial Board of Directors Meeting

Marilyn Austin, Irv Dubinsky, and Alice Kassabian represented GWSCSW at the Biennial Meeting of Federation's Board of Directors, May 1st to 5th, at the Phoenix Park Hotel here in Washington.

Although unable to vote on CSWF issues (as we are in arrears), we were not mute. Our Report [see below] received a very supportive response. We also spoke out about the need for mental health professionals in all disciplines to work together to combat incursions by managed care companies and other restrictive insurances and legislatures, and there were many nods of agreement around the room.

A near-unanimous vote raised the Federation dues by \$3.00 a head for this coming year. Therefore, we will be charged \$33.00 for each full member on our rolls for the CSWF fiscal year beginning July 1, 2002.

Some of those representing other Societies made negative comments about the effectiveness of the Guild. The ground may be shaking a bit.

All States were advised to keep an eye on legislation affecting licensure. Apparently, in some areas, marriage and family therapists are attempting to carve out that area of practice as their own, and to prohibit the rest of us (who have been doing marriage and family therapy for a great many years) from continuing to do that type of work. We must be sure that marriage and family therapies are included among those we are allowed privileged to practice.

As for the arrears: in a meeting with Federation leaders, we discussed how we might satisfy our debt and reinstate our vote. For fiscal year (FY) 1999, we were listed as having 441 full members and were assessed accordingly; of that amount, we have a remainder due of \$5145.00. For FY 2000 our full members were listed as 402, and we owe \$8,560 for that year. As we are current for the present year (FY 2001), that left a total debt of \$13,705. We were assured that, despite rumors and hints to the contrary, there is no mechanism or precedent for reducing debt. However, the Federation offered to work with us to establish terms for a loan, and to reinstate our voting rights. We were pleased to make a partial payment of \$4500 toward debt reduction.

The Federation also agreed to write a letter to both VA and MD concerning our territory and our interests, making a strong statement supporting the integrity of each Society's traditional area of influence. (This means that we will retain our jurisdiction over the counties listed in our By-laws. Of course, any individual can join any State society he/she wants to join, but Societies should not interfere in or solicit in one another's histori-

cal territory.) If this approach does not prove effective, the Federation will mediate a dialogue among our three territories.

### GWSCSW Report to the Board of Directors

*Note: Each State Society was asked to make a report on the year's progress in the plenary session. Following are excerpts from Marilyn Austin's presentation for GWSCSW.*

"This has been an eventful year for every one of us, whether in this country or abroad. The world has changed with global warming and water shortages, and the emotional climate has intensified with hatred and desires for revenge. Our particular problems seem minuscule and of little importance in the global scheme of things, but for those of us who live and practice in the Washington DC area, ...a near-catastrophe [of] ...falling membership, tensions, lack of money, and most importantly, loss in vitality for carrying on the work of our Society...brought us literally "down to the wire" on whether or not we could continue as a viable organization.

"The coincidence is not lost on us that this year's Federation meeting should be held at the Phoenix Hotel in Washington. We have, through the efforts of many of our members, risen from the ashes as did the phoenix of mythology. Our current membership has grown impressively, and the enthusiasm is truly inspiring. Our financial status is solid and we are working out plans to pay off the debt we owe to the Federation for past years....

"We are in a unique setting because of representing three jurisdictions: Northern Virginia, Washington, D.C., and parts of Maryland close to the Washington metropolitan area. Legislatively, we help to support lobbyists in Maryland and in Virginia and attempt to keep abreast, in all three jurisdictions, of legislative events that would impact on mental health and, in particular, on clinical social work.

"[In addition to a variety of popular and substantive activities]...we have had a series of Sunday mid-day meetings with speakers and refreshments at Universities in the area, are in close contact with the several local Schools of Social Work, and very soon we will be starting a membership drive to try to reach those clinicians who may not yet be familiar with us.

"Morale is high and more and more of our members are participating with each other through our e-mail list serve, which has proven to be an invaluable tool for keeping in touch. Altogether, we can say that we have had a very successful year in spite of the fact that we almost ceased to exist!" ❖

## Maryland General Assembly Completes Difficult Session

by Stephen C. Buckingham

At midnight on April 8, 2002, the final gavel came down, signaling the end of a legislative session marked by tough budget decisions and wrangling over funding for priority programs. Virtually every program experienced flat or decreased funding, and although the Legislature was able to approve modest improvements for a few programs, it failed to significantly address overall structural deficits in the public mental health system or inadequate reimbursement levels for providers.

While the lack of state resources overshadowed all discussions on policy matters, the Legislature was able to begin a few important initiatives such as a statewide mental health crisis response system (to be implemented when federal funds are available) and to prepare the way for more legislation by establishing advisory groups on pain management and end-of-life care. Lawmakers also created the Maryland Health Insurance Plan to cover individuals who cannot obtain insurance, and private health insurance was required to cover residential crisis services for mental illness. The right to vote was restored for many felons unless they are convicted of a second or subsequent crime of violence, and new parents can avoid child abandonment charges by turning an infant over to a "responsible adult" who then takes the child to a hospital.

A handful of professional practice bills also passed, including one to allow clinical professional counselors to issue petitions for emergency evaluation, mirroring a measure passed for social workers last year. In addition, a bill to establish a "graduate" level of licensure for professional counselors was amended at the last minute to establish a "provisional" graduate social work license for students receiving their master's degrees from schools not yet accredited by the Council on Social Work Education.

One of the most important issues addressed by the General Assembly was the proposed conversion of the State's only nonprofit health plan, CareFirst Blue Cross Blue Shield, to a for-profit venture, and its subsequent sale to Wellpoint, a California company. Although the lawmakers decided against proposals to prohibit the transaction, they did impose additional requirements for it to take place, including prohibiting CareFirst officers from personally benefiting, and requiring payments to the State in cash instead of stock. They also delayed any conversion for 90 days after the Insurance Commissioner makes a determination (expected next January), giving the General Assembly another chance to block it in the 2003 legislative session.

### *The Budget and MHA*

Recognizing the continuing deficits incurred by the Mental Hygiene Administration (MHA), lawmakers chose to adopt language in the budget requiring the agency to work with providers and other stakeholders to find ways to live within its budget allocation. They also included language directing MHA to provide services to the non-Medicaid eligible ("gray zone") population through a system of grants and contracts, instead of the current fee-for-service system. Since Medicaid recipients also receive some services not available through Medicaid ("gray zone services"), MHA is now considering whether to extend these services through grants and contracts as well. Unfortunately, with the failure of Senate Bill 10, the General Assembly failed to provide additional revenues to fund the public mental health system.

Another disappointment was the failure of HB 1025 (Sher), which would have provided health insurance parity for treatment of mental illnesses, emotional disorders, and drug and alcohol abuse. This bill, which passed in the House (amended to become a study of parity), was voted down in the Senate Finance Committee.

A detailed report of all bills relevant to social workers can be found on the web at [www.marylandadvocate.com](http://www.marylandadvocate.com). Following are summaries of some bills of special interest to clinical social workers that passed and have been sent to the Governor for signature or veto:

#### **HB 1228 (Taylor) Health Insurance Safety Net Act of 2002**

Establishes an independent, nonprofit Maryland Health Insurance Plan to subsidize health insurance coverage for individuals with pre-existing health problems who cannot obtain coverage. Requires a nonprofit health plan to administer and subsidize the Senior Prescription Drug Program. Makes it illegal for a carrier to refer anyone to the Plan in order to separate him/her from a group plan.

#### **SB 481 (Kelley) Maryland Medical Assistance Program and Maryland Children's Health Program, Reimbursement Rates**

Requires annual reporting by the Department of Health and Mental Hygiene (DHMH) on its progress in establishing a process to set fee-for-service reimbursement rates for the Maryland Children's Health Program (MCHP) and the Medicaid program in a manner that

reflects either: (1) fee-for-service rates paid in the community; or (2) the Resource Based Relative Value Scale (RBRVS) system used in the Medicare program.

**HB 896 (Rosenberg)  
Health Insurance/Mental Illness Coverage  
for Residential Crisis Services**

Requires all carriers to provide coverage for residential crisis services for an insured or enrollee with a mental illness if, in the judgment of the insured's or enrollee's treating physician or an appropriately licensed health care professional, the residential crisis services are medically necessary.

**HB 805 (Donoghue) & SB 466 (Astle)  
Health Maintenance Organizations (HMO)  
Reimbursement of Providers**

Repeals termination of a provision requiring an HMO to reimburse non-contracting health care providers at a specified rate. Requires the Maryland Health Care Commission and the Health Services Cost Review Commission to conduct a study on health care provider reimbursement.

**HB 483 (Rosenberg) & SB 556 (Exum)  
Mental Hygiene  
Maryland Mental Health Crisis Response System**

Establishes a system in MHA to develop and coordinate 24-hour a day, 7-day a week crisis response services to serve all individuals in the State by providing skilled intervention to help prevent suicides, homicides, unnecessary hospitalizations, and arrests or detention, and to reduce dangerous or threatening situations involving individuals in need of mental health services. The system will include: (1) communication systems; (2) coordination with police, local core service agencies, emergency medical service personnel, and mental health providers; (3) a variety of intervention services; (4) mobile crisis teams; (5) follow up services; (6) community outreach and training; and (7) annual evaluations of outcomes. Implementation is contingent on the receipt of funding from federal or other sources and will occur in collaboration with core service agencies on a regional or jurisdictional basis as funds become available. The State is prohibited from spending more than \$250,000 in general funds each year to implement the system

*Note: to gain full access to Steven Buckingham's legislative website [www.marylandadvocate.com](http://www.marylandadvocate.com), email [s.c.Buckingham@worldnet.att.net](mailto:s.c.Buckingham@worldnet.att.net) and let him know of your interest and your GWSCSW affiliation. Once your GWSCSW membership has been verified, you will be sent a password, added to the user file, and have full access to current reports on sessions, bills, and hearings. ❖*

## Washington Psychoanalytic Society, Inc.

4545 42nd Street, NW #309  
Washington, DC 20016-4623

### Scientific Meetings September & October 2002

Location:  
Park-Hyatt Hotel  
24th & M Streets, NW  
Washington, DC

Cocktails 6:30 pm  
Dinner 7:15 pm  
Meeting 8:15 pm

Registration:

Dinner & Meeting: Send check for \$55 per person, (*payable to Washington Psychoanalytic Society, Inc.*) by the registration deadline as listed below.

Meeting only: Send check for \$5 per person.

These programs are directed towards all members of the Society and Institute and mental health professionals either graduates or in training who use psychoanalytic therapy as a treatment modality.

**September 13, 2002 (Register by Monday, September 9)**

- Speakers: Harold Blum, MD, and Sara Boxer (author of *The Floyd Archives*)
- Moderator: Elizabeth K. Hersh, MD
- Topic: The Floyd Archives and Contemporary Views of Freud's Cases
- Objectives: 1) To learn about current perspectives on Freud's clinical cases; 2) To understand the application of psychoanalytic case material to fictionalized treatment.

**October 25, 2002 (Register by Monday, October 21)**

- Speaker: Hannah Segal, MD
- Topic: Hiroshima, the Gulf War, September 11th and After
- Objectives: 1) To understand why groups exhibit more psychotic views than individuals; 2) To show how psychoanalytic writing since Hiroshima warned against subsequent disasters.

## ***District of Columbia Legislation***

# **Challenge to the Statute Protecting Confidentiality**

The Mental Health Act of the District of Columbia stipulates that, even with the patient's consent, a therapist may release only the following information to a third party payer:

- Administrative information
- DSM diagnosis, limited to Axis I, II, and III (if relevant)
- Status of patient (voluntary or involuntary)
- Reason for continuation of treatment (limited to a brief statement), and
- Prognosis, limited to estimated length of treatment.

The statute also states that in cases of dispute the patient is entitled to an Independent Peer Review and requires that the information disclosed for the purpose of review "shall not be disclosed to the third party payer."

Under significant pressure from the insurance industry, the District is considering allowing health insurance plans to have access to the content of patient-psychotherapist communications. GWSCSW has joined local psychology and psychiatry professional associations to oppose this change. See GWSCSW's letter to Commissioner Mirel on the right.

**Watch for the update on what happened in this year's Virginia legislative session with regard to mental health issues in the September issue of the Newsletter.**

**Our Virginia legislative advocate is Chris Spanos of SPANOS Consulting Group LLC.**

April 16, 2002

Commissioner Lawrence Mirel  
D.C. Department of Insurance and Securities Regulation  
810 First Street, NE, Suite 701  
Washington, D.C. 20002

Dear Commissioner Mirel:

The Mental Health Information Act of the District of Columbia, which was instituted some years ago, has been recognized throughout the mental health professions as an enlightened and sophisticated piece of legislation. The Law is exemplary in its grasp of the issues and its capacity to offer the public strong and reliable privacy protections for mental health treatment. It has also provided for sufficient access to information via the DSM diagnostic codes so that the third party payers may process claims.

The privacy and confidentiality, for which the D.C. Law provides in health and mental health treatment, is widely accepted by the professional judgments and standards of the members of the various disciplines who practice in these fields. Furthermore, the U.S. Supreme Court in the 1996 Jaffee-Redmond decision noted that "reason and experience" have shown that the communications between patient and psychotherapist must be extended the same or analogous privacy protection which is offered to lawyers and clients, to priests and penitents, and to spousal relationships.

In light of your former statements in support of the necessity for confidentiality, we were dismayed to learn that you have been considering a reinterpretation of the D.C. Law and its implementation to allow health insurance plans to have access to the content of patient-psychotherapist communications. The very nature of psychotherapy requires that the patient be able to have confidence that the therapist will protect the privacy of their communications. To even consider that information other than the DSM codes be disclosed to insurers is abhorrent.

We also are concerned that any process for independent review of a disputed denial of coverage be conducted by a professional of the same or greater professional background as the treating therapist. It would be extremely self-serving for the insurers to appoint their own "independent" reviewers.

On the whole, we concur with the thoughts and evidences given in the letter submitted by Barry J. Landau, M.D., which address our parallel concerns as Clinical Social Workers practicing in this area. We consider the need for confidentiality in mental health treatment to be of utmost importance, and we also endorse the original intent of the Law to provide for independent reviewers with the same or higher professional qualifications as the therapist appealing an insurance decision. Such reviewers should be appointed by the professional organizations and not by the insurance companies.

We appreciate your consideration and attention to these very important issues.

Sincerely,  
Marilyn A. Austin, PhD, LICSW  
President, Greater Washington Society for Clinical Social Work

## Clinical Social Work Publications

by Joel Kanter

The *Clinical Social Work Journal* is the official publication of the Clinical Social Work Federation. Edited by Carolyn Saari, this excellent journal is written primarily by and for clinical social workers.

Articles in the *Journal* encompass clinical issues, theory, research and policy. Many of our members have published articles here, and three of our members (Martha Chescheir, Carolyn Gruber and I) are members of the Editorial Board.

Members can learn more about this journal online at the website ([www.wkap.nl/journalhome.htm/0091-1674](http://www.wkap.nl/journalhome.htm/0091-1674)), where you will find a Table of Contents and Information for Contributors. Abstracts for all articles are available, and the full content of one issue is available without charge (in the Table of Contents). If you would like a free print sample copy, call toll-free (888) 640-7378 and ask for the Sample Copy Dept.

If you would like to subscribe to the *Clinical Social Work Journal*, our Society has been able to arrange a discounted (50% off) price of \$34.50/year for a group order. If interested, send a check for \$34.50, payable to the GWSCSW, to our office (5028 Wisconsin Avenue, #410, Washington, DC 20016; Attention: CSW Journal) with your name and address. As this offer can only be extended on an annual basis, all payments must be received by June 21, 2002. For more information, email us at [gwscsw@juno.com](mailto:gwscsw@juno.com).

The new magazine *Social Work Today* is available free to all social workers in the United States. This biweekly publication addresses a range of social work topics relevant to clinical social workers such as surviving child abuse, and spirituality and social work. For a free subscription, go to the website at [www.socialworktoday.com](http://www.socialworktoday.com) (or email the magazine at [subscriptions@gvpub.com](mailto:subscriptions@gvpub.com)) and request a subscription to *Social Work Today*. Or call 610-948-9500. ♦

VISIT OUR WEBSITE: [WWW.CSWSGW.ORG](http://WWW.CSWSGW.ORG)



### Ever Been Flooded with Anxiety?

- Does your heart start pounding?
- Start shaking or sweating?
- Feel like you're choking or short of breath?
- Feel dizzy, nauseous or lightheaded?
- Even feeling afraid you might die?

If you are afraid of another attack occurring and these come out of the blue, you may be suffering from an anxiety disorder called **Panic Disorder**. NIMH is seeking volunteers over 18 years old who are not currently taking any psychiatric medications to participate in a brain imaging research study and/or a treatment study. The treatment trial is trying to find out if a combination of medications can rapidly improve symptoms. Study participation includes free:

- Thorough mental health assessment
- Commonly used psychiatric medications
- Compensation for brain imaging

Call: **301-496-5645**  
(TTY 1-866-411-1010)

**National Institute of Mental Health**

**NIMH**  
National Institute  
of Mental Health

## COMMITTEE REPORTS

### Marketing

by Tricia Braun

When I published the Needs Assessment Questionnaire I promised to report back on the information gathered. Unfortunately, we did not have enough responses for a statistically significant result. A big "thank you" to all of you who responded. Your information will be considered when planning for next year.

Be sure to mark your calendars to join us on Friday, June 14, for the GWSCSW Annual Meeting—a potluck dinner with wine, music, a little business and a few surprises. And for you "party planner" types, please consider joining this fun committee! Call Tricia Braun at 301-948-4506 or email at [clbraun@erols.com](mailto:clbraun@erols.com).

### Newsletter

by Margot Aronson

Special thanks to social worker Susanna Sung for contributing the article in this issue on clinical trials at the NIMH. Susanna will be following up in future issues with information on specific studies and clinical trials at this wonderful resource in our community.

Would you like to share the writing or editing tasks, provide an extra pair of proofreading eyes, or (and for this you could earn my eternal appreciation) take over the billing of advertisers? Volunteers for the newsletter would be most welcome.

And, once again, I urge you to submit letters or articles to be considered for publication. Contact the Newsletter Editor Margot Aronson at [malevin@erols.com](mailto:malevin@erols.com) or at GWSCSW, 5028 Wisconsin Ave NW, Suite 410, Washington DC 20016, or by phone at 202-537-0071.

### Membership

by Beth Altman

The Membership Committee answers prospective members' questions about the Society. Please urge colleagues who are not members to leave their names with the GWSCSW office (202-537-0007); someone from the committee will call.

### Directory

by Connie Hendrickson

Preparing the Directory has been a daunting challenge. The good news is that, as this newsletter was going to press, the Directory was somewhere in the printing process. It should be in your hands by now—or within a few days!

Soon we'll turn to the task of preparing the next Directory: considering alternative ways to organize the data to provide the most useful resource for members; setting a process in place to overcome the "glitches" that have beset this one. We'd be delighted to hear from anyone who'd like to work on the next go-round.

### Referral Panel

by Eileen Ivey

Major changes in the Referral Panel will be coming next year; these are described on page 3, "A Time of Challenge for the Referral Panel." For more information about the Panel, call Eileen Ivey at 301-652-1030.

*Note: Calls requesting referrals should be made directly to the Referral Panel number, 301-530-4765.*

### Continuing Education

by Dolores S. Paulson

Thank you for a banner year in Continuing Education! This year we have record enrollment! A special thank you to our dedicated instructors and eager students.

Only one course remains in this year's offerings: *Women and Anger*, led by Danille Drake, MSW, and Jessica Brown, MD, promises to be a fascinating look at research on this topic. (See page 5 of this newsletter.)

Next year's offerings are beginning to take form. The book seminars will continue, with Marilyn Stickle offering the first seminar, *A Theory of Love*, on Friday, September 27. Marilyn reviews the book on page 16 of this newsletter.

There is high demand for continuing education in ethics, due to licensing requirements in Virginia (and soon in Maryland as well). We will continue to offer classes to fill this need. The 2002-03 brochure will be in your hands soon!

### Annual Conference

The Conference Committee (Kathleen Kenyon, Kimberly Satin, and Margot Aronson) is exploring several exciting possibilities for our annual half-day event. We have a date selected—September 28—and hope you'll pencil it onto your calendars.

Many thanks to those of you who have helped us come up with ideas for the topic and agenda: Board members, Society members who sent suggestions in response to an e-list request, and especially Sheila Hill and last year's conference organizers who have provided a wealth of information and experience. ❖

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**SUPPORT YOUR SOCIETY ...  
JOIN A COMMITTEE!**

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## Training in Ethics

by Joel Kanter

As Virginia licensing regulations now require 2.0 CEU's in ethics for license renewal, the GWSCSW has been active in offering continuing education in this area. Delores Paulson and Connie Hendrickson's course in our Continuing Education program, Ethical Issues in Clinical Practice, was oversubscribed and was presented three times this spring.

In addition, over 40 social workers attended a workshop on Ethical Issues in Agency Practice led by Barbara Harling, Joel Kanter and Alice Straker on March 22.

There have been many inquiries from members seeking CEU's in this area and our Society plans to conduct a series of courses and workshops on various aspects of ethics in clinical social work during the 2002-03 year. If anyone would be interested in leading such a course or workshop, please contact Joel Kanter at 301-585-6126. ❖



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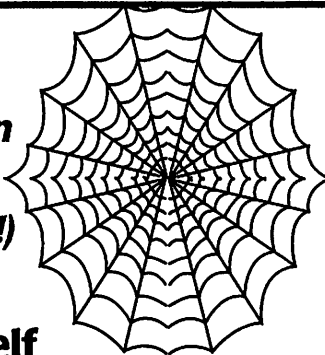
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**"Oh, what a tangled web we weave, when first we practice..."**

**(and later on, too!)**



**Help get yourself UNTANGLED!**

**Visit the Clinical Social Work Federation website at:**

**www.cswf.org**

- Legislative Alerts • Social Work Schools
- Managed Care News • Committee Activities
- Social Work Chat • Membership Directory
- Clinical Resources • State Society Pages
- Hyperlinks to Other Sites

**DID YOU KNOW... A purchase from Amazon.com made through the GWSCSW website results in a contribution to your Society!**

### Legal questions for your practice? Preparing to testify in your professional capacity?

The Federation's Committee on Clinical Social Work and the Law/Forensic Practice can HELP!

#### FREE BRIEF TELEPHONE CONSULTATION FOR MEMBERS

We operate as a consultation and education resource to help social workers to function in legal and quasi-legal settings and to better understand the impact of legal criteria on various aspects of clinical social work practice. Not an attorney.

*NOT FOR CLINICAL EMERGENCIES OR ADVICE*

- How to interface with the legal system
- Testifying as a lay or expert witness
- Structuring attorney-solicited reports
- Social worker recognition by the courts
- Risk management and practice issues
- Definition of privileged communications
- Confidentiality decisions

**Call us at 1-800-270-9739**

**Book Review****A General Theory of Love***by Marilyn Stickle*

*A General Theory of Love*, by Thomas Lewis, MD, Fari Amini, MD, and Richard Lannon, MD, is written by three psychiatrists who integrate psychoanalytic thinking with neuroscience research in developing an understanding of the importance of love as an organizing force in human experience.

Research demonstrates that from earliest childhood our brains link with those we love in a silent rhythm that determines our moods, stabilizes our bodily rhythms, and changes the structure of our brains. In this eloquently-written book, the authors demonstrate that where intellect and emotion clash, the heart often has the greater wisdom; they conclude that love is the critical factor that makes us who we are and who we can become.

The GWSCSW Book Seminar on *A General Theory of Love* will provide an opportunity for us to examine the implications of these findings as they relate to change within the context of the therapeutic relationship. Please join us for the seminar on Friday, September 27, 2002, from 12:30 to 2:30 P.M., at 5319 Lee Highway in Arlington, Virginia. Marilyn Stickle will lead the discussion. ♦

## Are You a Family Therapist?

Do you work with couples? Parents and children?



Define and maintain your professional identity!

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**Call (202) 342-3333 after June 18 for more info**



## Resources

A series of four colorful and well-written handbooks offer practical, to-the-point advice on how to recognize when a relationship is at risk of becoming abusive and what to do about it. Aimed at preventing domestic violence, these little handbooks are available at no cost for distribution to clients. They are:

- *What You Need To Know About Dating Violence, A Teen's Handbook*
- *A Parent's Guide to Dating Violence: 10 Questions to Start the Conversation*
- *How to Talk to Your Children About Developing Healthy Relationships, A Parent's Handbook*
- *A Practical Guide to Discussing Relationship Abuse, A Woman's Handbook*

Developed by the Women's Work division of Liz Claiborne, Inc, with the assistance of teen and adult panelists across the country, the handbooks provide addresses, phone numbers and websites for national resource centers providing support for victims of domestic violence, as well as the National Domestic Violence Hotline number (1-800-799-SAFE or TTY 1-800-787-3224).

The handbooks can be ordered by calling 1-800-449-STOP; expanded versions (including statistics, quizzes, and other special sections) can be downloaded from the website [www.loveisnotabuse.com](http://www.loveisnotabuse.com).

Richard Yanes, CSWF's Executive Director has identified several other useful resources:

- *Helping Your Children Navigate Their Teenage Years* is an easy to read booklet issued by the White House Council On Youth Violence. Filled with examples and helpful suggestions, the publication may be ordered by calling 800-789-2647.
- *Youth Violence Prevention Resource*, issued by SAMHSA, offers a bibliography covering reports, programs, federal and organizational agencies, and more. For more information, go to <http://www.safeyouth.org> or call 866-723-3968.
- The Center for Mental Health Services Knowledge Exchange Network has issued a *Summary of the National Strategy for Suicide Prevention: Goals and Objectives for Action*. It's available by calling 800-789-2647 or on the web at [www.mentalhealth.org/suicideprevention](http://www.mentalhealth.org/suicideprevention).

Finally, subscriptions to publications the *Clinical Social Work Journal* are available at a 50% discount to GWSCSW members and *Social Work Today* is free! (See page 13 "Clinical Social Work Publications" for details.) ❖

## For All Members

Call the  
Federation Hotline  
(800) 270-9739

your link to our...

- **Managed Care Specialist**  
for advocacy, information and assistance with managed care and insurance
- **Forensic Specialist**  
for consultation regarding clinical social work and the law
- **Public Relations Specialist**  
for assistance with press, radio, TV and media issues and the professional image of clinical social work
- **New Clinicians Specialist**  
for mentorship, advisement and other issues for new clinicians

### Call for...

Information on  
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Latest data on our competitive  
**Malpractice & Major Medical**  
**Insurance Packages**

If you belong to GWSCSW, you are automatically a member of the Clinical Social Work Federation—so feel free to call. There's no charge!

*Everything NON-clinical  
that clinicians need to know!*

**(800) 270-9739**

ALL CALLS ARE CONFIDENTIAL

**President's Message, continued from page 2**

other professions profit enormously and are encouraged to charge fees "as high as the market will bear"? We are being discriminated against in the name of profit for insurance companies.

In addition, we all know that those involved in providing human services are frequently ill paid and heavily burdened. When we speak out about the problems of our social and economic system, and about the needs of the children, the abused, the disenfranchised and the marginalized, we often are brushed aside as impractical. Well, it's a tough world we live in, but we must not give up in the face of opposition and reversals. Although we are psychotherapists, we are, after all, social workers: let's not forget our professional roots!

We have accomplished so much this year; it is truly amazing! We have converted to a once-a-year membership renewal date, thus making it easier to control expenditures and to give a more accurate count to the Federation. We have amended our by-laws to eliminate the position of executive director and to enlarge the participating Board. We have changed to evening dinner meetings with speakers, in order to bring a more festive atmosphere to our general meetings; we also have instituted some lunchtime programs at Social Work schools in the area. We have continued a very active educational program with a variety of classes offered, as well as multiple ethics courses. And we finally have put out a Directory, after a hiatus of a couple of years. (We will need to revisit the information we want to include in the Directory, in order to make it most useful to everyone.)

And more! The referral panel will be boosted by the requirement of a contribution from anyone wishing to be listed, with the all monies collected used to advertise this service. Although we had to cut back on our contribution this year to the Maryland lobbyist, it is my hope that we can increase the amount for next year; we continue to pay half of the fee for the Virginia lobbyist. Finally, the most urgent challenges faced by the new Board were the lack of a unified, accurate database and our need to find a physical space and someone to handle various administrative tasks; I am happy to report that these problems have been solved.

This year has been an exciting adventure with a great infusion of ideas and energy. The work and the support of the Board members never flagged. The four volunteer advisors—Connie Hendrickson, Alice Kassabian, Delores Paulson and Audrey Walker—have all shown extraordinary interest and energy; their contributions to the success of this year cannot be overestimated. Our three other officers—Joel Kanter as vice-president, Anna Taft as secretary and Ann Aukamp as treasurer—have all shown dedication and willingness to devote many

hours to the jobs to be done. In addition, we could not have functioned so successfully if it had not been for committee chairs such as Delores Paulson; Tricia Braun; Eileen Ivey; the tri-part membership heads: Beth Altman, Pauline Kline and Charles Rahn; Tybe Diamond who took on the emergency response committee; Rob Baber who has worked on the web site; Danille Drake as our representative to the D.C. coalition; Mary Avery Edwards as our representative to the Maryland coalition; Alice Straker who worked on programs; and past presidents Irv Dubinski and Nancy Nollen, who graciously provided continuity and much-needed advice.

The list of those who have been willing to get involved goes on and on, and I ask for pardon from any whose names and efforts I may have inadvertently left out. But one I will not leave out, who has spent many, many hours of work in putting together our Newsletter, is Margot Aronson. She has taken charge of that publication and faithfully delivered the news to us all. In addition, she has agreed to chair the committee working on the Annual Conference.

This has been a fantastic year for me and for our Society. So many of us have worked together to make this a rejuvenated Society—and we will soon have a new Board to continue on with our work. It could not have been done without the contributions of so many of our members! Congratulations to us all...and...th...th...th...that's all, folks! ♦

**Would you  
like to have  
a Mentor?**

**Do you know someone  
who would benefit  
from having  
a Mentor?**

The Mentor Program is free to members of GWSCSW and \$10 for non-members. Non-members can apply this \$10 towards membership fees!

Individual mentors and groups are available.

For more information, call  
**Sarah Tyler**  
**703-288-2949**

## ADVERTISEMENTS

Advertisements, accompanied by full payment, must be received by the GWSCSW by the first of the month preceding publication. Material should be sent to GWSCSW, 5028 Wisconsin Ave. NW, Suite 410, Washington DC 20016 or malevin@erols.com. For questions about advertising, call Margot Aronson, 202-537-0007.

**Classified Ads:** 75¢ per word  
Minimum price \$15 (20 words)

**Display Ads:** Full page 7½ x 9¼ .....\$300    Half page .....\$175  
Quarter page 3½ x 4½.....\$100    Horizontal: 7½ wide x 4½ high  
Eighth page 3½ x 2¼ .....\$ 50    Vertical: 3½ wide x 9¼ high

Size of display ads indicated above is width by height. These are the only sizes that will be accepted.

*Publication does not in any way constitute endorsement or approval by GWSCSW which reserves the right to reject advertisements for any reason at any time.*

### OFFICE SPACE AVAILABLE

**CONN AVE/VAN NESS METRO:** Two offices for rent, part-time and full-time. Large, windowed office in psychotherapy suite two blocks from Metro w/kitchenette, waiting room. Great location! Large office available P/T at \$10/hr. Smaller office, also windowed & cozy, available F/T at \$400/month. Call Judy Mullan, MSW, at 202-244-9242.

**DUPONT CIRCLE:** Psychotherapy office in beautiful building, near Metro, shops. Sublet available 2 days/week, weekends. Call 202-299-0059.

**TENLEY METRO:** Bright, sunny, nice-sized office. Excellent parking. Call 202-966-7498.

**FRIENDSHIP HEIGHTS METRO:** Attractive office for rent, Highland House. Available weekdays, some evenings. Charles Rahn, PhD, 301-493-6841.

**SILVER SPRING:** Bright, windowed office in mental health suite with pleasant waiting room, kitchenette, storage. Handicap accessible, available immediately. \$325/month. Call 301-593-4426.

### POSITIONS

**CLINICAL SOCIAL WORKER:** The Women's Psychotherapy Institute is seeking a licensed clinical social worker to provide psychotherapy services to adults. BCBS provider or eligible. Dupont Circle or your office. Fax CV to 410-730-4881 or mail to 1429 21st St NW, 20036.

### GROUPS

**ADOLESCENT GROUPS:** Ongoing psychotherapy groups meeting in Rockville throughout summer. Call Britt Rathbone, LCSW-C, at 301-230-9490. Effective quality service.

### PROGRAMS & EVENTS

**SOCIAL WORK LICENSING.** Prep Courses and Home Study Materials. Call Jewell Elizabeth Golden, LCSW-C, LICSW, BCD (301-762-9090) for sample questions, schedule, and information.

**SCIENTIFIC MEETINGS** of the Washington Psychoanalytic Society take place at the Park-Hyatt Hotel at 24th and M Streets NW. Cocktails, dinner and meeting at \$55; meeting only at \$5.

September 13: Harold Blum, MD, and Sara Boxer (author of *The Floyd Archives*) will discuss *The Floyd Archives* and *Contemporary Views of Freud's Cases*

October 25: Hannah Segal, MD, will speak on *Hiroshima, the Gulf War, September 11th and After*. See page 11 for registration information.

**DO YOUR CLIENTS USE CREATIVE WRITING?** Would you find journaling techniques valuable in your work? Come to Wordsworth Center's 8th annual Poetry Therapy Summer Intensive, July 19-22 in DC for practice-enhancing, enlivening skills (and 30 approved SW CEUs). Contact Peggy Heller at 301-983-3392 or [pegoheller@aol.com](mailto:pegoheller@aol.com)

**FRIDAY, JUNE 14, 7-9 PM:** Celebration 2002, the GWSCSW Annual Meeting and Potluck Dinner, at the St. Alban's Parish Guild Hall, 3001 Wisconsin Avenue NW (Washington Cathedral grounds). Parking available.

**CONSULTATION GROUP EXPERIENCE** conducting one or more therapy groups, *Developing the Group Therapist's Analytic Activeness*. Weekly 1½ hrs, fall to spring 2002-03, in Georgetown. Call after June 18 for more information, Sy Rubinfeld, PhD, 202-342-333.

**SEPTEMBER 28, 2002:** GWSCSW Annual Conference. Save the date!

### GWSCSW Phone Numbers

202-537-0007

Fax 202-364-0435

### GWSCSW Address:

5028 Wisconsin Ave., NW, Suite 410

Washington, DC 20016

**Greater Washington Society  
for Clinical Social Work**  
5028 Wisconsin Avenue, NW  
Suite 410  
Washington, DC 20016


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**Celebration 2002: GWSCSW Annual Meeting and Potluck Dinner**

Join us to celebrate the 2001-2002 success of the GWSCSW  
with a potluck dinner, wine, music, a little business, and a few surprises!

**Friday June 14, 2002  
7:00-9:00 PM  
St Alban's Parish Guild Hall  
3001 Wisconsin Avenue, NW  
(parking available)**



**RSVP (dish and art)  
202/537-0007**

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**ISO – Volunteers to help  
decorate for Celebration 2002.  
Please call Tricia Braun at 301-948-4506  
or email at [clbraun@erols.com](mailto:clbraun@erols.com).**

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