

Society For
Clinical Social Work

NEWS

CONTENTS

President's Message..... 2
 Dues Assessment 3
 Maryland General Assembly 4
 GWSCSW Courses..... 11
 Classified Ads 15
 Directory Update 16

**GWSCSW General
Membership
Meeting**

Friday, October 26

Dinner Meeting

Alfio's

4515 Willard Avenue, Chevy Chase
Friendship Heights Metro
Free Valet Parking

6:30 P.M. ... Reception

7:00 P.M. ... Dinner

8:00 P.M. ... Lecture

Speaker: Cathy Gray, PhD

Associate Professor of Social Work,
Catholic University, Private Practice in DC

Topic:

*Balancing Space and Connections
in Couples Therapy*

Cost

Dinner Meeting... \$25

Coffee/Dessert Only...\$10

For more information, call

Joel Kanter
301-585-6126

GWSCSW Annual Conference

On Saturday, September 15, our annual half-day Conference will address the central clinical issue of the integration of body, mind, and spirit in clinical work. Dr. Joseph Lichtenberg, MD, a noted researcher, teacher, and clinician in the fields of infant attachment and the development of motivational systems, will address *When the Body Speaks, Do We Listen?* Lyndall Demere, a nationally-accredited educator for the National Association of Forensic Counselors and a specialist in clinical work with issues of energy and spirit, will address the interrelatedness of body, mind, and spirit. Deborah Blessing, Society member, teacher and clinician, will lead off the day with a case presentation in which the central symptom is an eating disorder.

The Conference, which will honor the late Eloise Agger for her outstanding service to the Society and profession, has built in time for conversation between speakers and audience.

The \$75 fee includes breakfast. The Sphinx Club is an attractive setting with comfortable seating, excellent sound system, ample parking, and access from the McPherson Square Metro stop.

GWSCSW Annual Conference

Body, Mind, Spirit

Saturday, September 15

8:00 A.M. – 1:00 P.M.

Sphinx Club at the Almas Temple
1315 K Street NW, Washington DC

Speakers: Joseph Lichtenberg, MD;
Lyndall Demere, PhD, MscD; Deborah Blessing, MSW

New GWSCSW Membership Directory—Soon!

Our new GWSCSW Membership Directory is in the final stages of production. This is your last chance to make changes in your personal and professional information.

If you have graduated; moved; changed offices; have a new phone number, email address or fax number; learned a new language or specialized clinical skill; or made changes in your practice since publication of the last directory in 1998-99, please let us know as soon as possible! An update form (*for changes only, please*) can be found on page 14 of this newsletter. ❖

President's Message

Marilyn Austin

Probably a good many of us started middle childhood with piano lessons. When I began, I aspired to be able to play the *Turkish March*, which I had heard on my father's record player. It had wonderful rhythms and enchanting chords, and I was certain that before long I would be able to play it just as I had heard. But, practice became boring with playing what I considered to be silly little songs, and the scales and etudes—insufferable! My piano teacher admonished, when I had “forgotten” to bring my etude book to a lesson, that the work represented the “peas and carrots” of the musical diet. Well, not liking peas and carrots very much anyway, I was not inspired to practice. But the metaphor stuck.

As you have probably surmised by this time, this message is not meant to be just a little story about my childhood, but a metaphor for where we are as a Society. The interest and enthusiasm which has welled up from our members has been encouraging, and voices of support freely given. Now, it is time for the “peas and carrots” of running the many tasks of our GWSCSW. We no longer have an executive director on whom we can call to take care of the tasks which are just not much fun and a lot of work. Everything is up to us—to our true willingness to do what must be done to make this Society resemble our inspired visions. If a small group of people works on a task, then it is not so much of a burden for any one person, and can also be fun.

At the present time, we have a need for people to suggest and organize study groups. These groups will meet in

homes and serve the purposes of networking and fellowship, as well as furthering our education and thinking processes. Another need is for a few people to review our By-laws and make suggestions for change, as needed. We also need some people to work on the final revisions for the membership directory. Then there is a need for a few people willing to develop a brochure to be given to students at the local universities granting the MSW degree, and to go out to the schools to speak to the students in person. If you believe that any of these tasks would be of interest to you, please call me at 301-261-0722 or send me a fax at 301-261-6415.

This is a good place to acknowledge the enthusiasm and work of Debby Vajda and her husband, who volunteered to bring about the moving of the materials we have had stored at our former executive director's house, and to store them in their house. It was a sweet sound to hear her say, “We will take care of it.”

There is opportunity for everyone to participate in our GWSCSW, even if it is the contribution of ideas and enthusiasm. Your active contribution of time and energy will follow.

We are a professional organization with a proud heritage and a mission in our world to bring about the relief of suffering. This does not mean a foolish giving to gratify wishes, but the difficult, growth-promoting work with our patients or clients as we practice in whatever modality in which we are trained, and within the ethical framework of our profession. We have much to offer!

We are hoping to be able to share the clerical and office space of the Clinical Social Work Institute. This will be advantageous for both groups and will go a long way toward bringing about a working harmony for us both. This should come about early in October.

Irv Dubinsky will be negotiating with the Federation in order to arrange a payment plan for our organizational dues. We had fallen so far behind in our dues obligations to the Federation that we lost our right to vote.

The Federation has a new executive director, Richard Yanes, who is situated here in Washington. Hopefully, we can have him come to a special brunch meeting in the near future so that he can tell us more about what he and the Federation are planning.

Your comments are always welcome. ❖

Greater Washington Society for Clinical Social Work, Inc.

PRESIDENT: Marilyn Austin

EDITORIAL BOARD:

Margot Aronson, Josephine Bulkley

The Newsletter is published four times a year. The next issue will be published in December 2001 and the deadline for articles is November 1. Late copy can not be accepted.

Op-ed articles expressing the personal views of members on issues affecting the social work profession are welcome and will be published at the discretion of the editorial board. Letters to the Editor may also be submitted. Maximum length for these articles is 300 words.

Submit articles to GWSCSW. E-mail is preferred (malevin@erols.com). All hard copy must be typed and double-spaced (P.O. Box 75417, Washington, DC 20013).

Publication does not in any way constitute endorsement or approval by the Greater Washington Society for Clinical Social Work.

For advertising rates and deadlines, see page 19.

GWSCSW Dues Reduced

All Members to be Assessed in October

In an effort to simplify complex administrative chores, GWSCSW will assess all members' dues annually starting this October. Each member's charge for this first year will be pro-rated, based on the date of last year's assessment. Watch for the membership mailing.

The new GWSCSW dues structure features the reduction of Full Membership cost to \$150 per year. Special rates are available for certain membership categories, as shown below. A portion of the dues is shared with the Clinical Social Work Federation.

NEW DUES STRUCTURE

- Full Membership – \$150
- Beginning LCSW (first 2 years) – \$100
- First year LGSW – \$50
- Second year LGSW (and thereafter) – \$75
- Affiliate Membership – \$75
- Retired – \$75
- Student Membership – \$25
- Emeritus Membership – free, open to members who are 70 years of age, retired from clinical social work practice and who have ten consecutive years of full membership in the Society. ❖

	<p>BALTIMORE- WASHINGTON INSTITUTE for PSYCHOANALYSIS, INC. BALTIMORE- WASHINGTON SOCIETY for PSYCHOANALYSIS, INC.</p> <p>www.bwanalysis.org (301) 470-3635 (410) 792-8060</p>
<p>TRAINING</p> <p>CONTINUING EDUCATION</p> <p>COMMUNITY OUTREACH</p> <p>REDUCED FEE CLINIC</p> <p>FELLOWSHIP PROGRAM</p>	

Washington Psychoanalytic Society, Inc.

Washington Psychoanalytic Institute, the educational component of the Washington Psychoanalytic Society, Inc., provides a comprehensive program of training in the theory and practice of psychoanalysis. For more information, please call 202-338-5453 or visit our web page: www.washpsa.org.

2001–2002 Scientific Program of Meetings

Continuing Medical Education and Continuing Education Credits for Psychologists and Social Work available

Scientific Programs will be held at the Park Hyatt Hotel, 24th and M Streets, NW. Cocktails begin at 6:30 PM; dinner at 7:15 PM; scientific meeting, followed by discussion, at 8:15 PM. Attendees are requested to register for dinner by Monday of the week of the Friday meeting by mailing a check for \$55 per person to the Washington Psychoanalytic Society office. Those who wish to attend only the meeting should register by Wednesday of the week of the meeting by mailing a check for \$5 per person to the Society office. These programs are directed towards all mental health professionals.

September 14, 2001 (Register by Monday, September 10)

Discussant: Lawrence Friedman, M.D.

Topic: Psychic Change in Analysis: Its Relation to Analyst and Patient's Goals (paper written by the late David L. Rappaport, M.D. and will be read by Stephen Rosenblum, M.D.)

October 26, 2001 (Register by Monday, October 22)

Joint program with the Washington Psychoanalytic Foundation's New Directions Program

Speaker: Theodore J. Jacobs, M.D.

Topic: Insights, Epiphanies, and Working Through:
On Healing, Self-Healing, and Creativity in the Writer and the Analyst

November 16, 2001 (Register by Monday, November 12)

Speaker: Cynthia E. Margolies, Ph.D.

Topic: Case Presentation:
Development of Psychoanalytic Understanding of the Effects of Trauma
Discussant: Arthur S. Blank, Jr., M.D.

February 22, 2002 (Register by Monday, February 18)

Joint program with the Washington Psychoanalytic Foundation's New Directions Program

Panel: Judith F. Chused, M.D.; Theodore Jacobs, M.D.; Karen Maroda Ph.D.; Henry Smith, M.D.; Robert Winer, M.D.

Topic: The Psychology of the Analyst

March 17, 2002 (Register by Monday, March 11)

[TIME: Sunday, 12:00–3:30 p.m. Place: to be announced]

Speaker: Stanley I. Greenspan, M.D.

Topic: The Affect Diathesis Hypothesis: Affect Transformations, Early Ego Development, and the Therapeutic Process

May 3, 2002 (Register by Monday, April 29)

Speakers: Glenn Gabbard, M.D.; Jonathan Lear, Ph.D.

Topic: Boundary Violations

Maryland Legislative Council of Social Workers

Making a Difference

by Stephen C. Buckingham

You could have heard a pin drop in the Senate committee room as the young woman recounted her nightmare experience trying to find inpatient treatment for severe depression, despite the efforts of her Montgomery County clinical social worker. A man from South Baltimore held the rapt attention of the fellow Vietnam veteran who chaired a House committee as he described almost losing his daughter due to managed care. A Washington County social worker informed another committee how his ability to sign emergency petitions on behalf of the local Health Officer has saved lives. Praising social worker professionals in glowing terms, a Senate committee chairman thanked the student from Towson for her testimony on the cost of social work education in comparison to the starting salaries in state agencies.

These are but a few of the magical moments I have seen over the years where personal advocacy has touched the minds and hearts of lawmakers. Significantly, each of these events contributed to the passage of much-needed legislation. In the past eight years, I have seen the impact of social workers on public policies grow to the point where the voice of the profession is respected and its support actively sought by legislators and interest groups alike.

Yet, many social workers appear unconvinced that they can make a difference by advocating changes in public policy. Last fall, I joined with Linda Friskey, Cathy Weber, and Ann Aukamp in making a presentation at the national NASW convention on the Maryland Legislative Council of Social Workers. My part of the program was to highlight our legislative accomplishments, and I found myself surprised at just how successful we had been since the group was founded. If someone so close to the Council's activities can lose track of the progress we have made, how can we expect our members to appreciate the impact that the social work community has been having on important public policy issues in Maryland? Perhaps this is one reason why the number of social workers participating in legislative activities has not increased over time.

While our recent legislative sessions have been very successful, our efforts to motivate and involve membership have been lagging behind. Fewer social workers testified in Annapolis in 2001, and we are uncertain how many contacted legislators on priority issues. As time goes by, it is vital that we recruit new members to further the social work impact on public policy in Maryland. Failure to do so

could result in loss of momentum on important health and social issues and reduction of the social work presence in lawmaking activities.

To address this challenge, I have suggested that we focus our primary efforts in the coming year on a single major issue with broad and direct impact on the social work community. Such an issue has been developing over the past few years as advocates proposed various reforms of the health care delivery system while the existing system has experienced significant problems of access and funding. The most recent session's mental health budget issues highlighted a host of problems with provider reimbursement, allocation of resources, and competition for state funding. Meanwhile, the Maryland Citizens' Health Initiative (MCHI) has been aiming for the 2002 legislative session as its target for passing meaningful comprehensive legislation to reform the health care delivery system. The coming year is the time for us to marshal our resources and focus our attention on influencing policy decisions regarding health care reform.

In order for us to be effective in this area, we need social workers of every type to be involved in developing our positions on the myriad of issues that will arise. Since health reform proposals will affect social workers in almost every area of practice, all members should have an interest in providing input. As the clearinghouse on public policy positions for the social work community, the Council should take a leadership role in assuring that social workers can provide that input.

The Council will convene a roundtable discussion of social workers from all types of practice areas to discuss the current health reform proposals (at the state level) and to examine them in light of social work principles and practice experience. In other words, we will invite social workers in schools, prisons, welfare agencies, mental health clinics, private practices, and nursing homes (etc.) to question proponents of the single-payer and MCHI proposals on how things would change under their new systems. Break-out sessions will be held to discuss the impact on schools, prisons, etc., and plenary sessions will be held to share information among the smaller groups. In this way, we will give our members an opportunity to ask critical questions and focus their expertise on concrete problems and challenges inherent in any comprehensive legislative proposal.

The event is scheduled for October, and the Council is currently planning, finding cosponsors, and preparing background materials for focus on the issues. The summer months are being spent doing research and analysis to narrow and structure the issues and to find appropriate

speakers, small group facilitators, and members interested in participating. We are hoping that social workers will recognize this as a unique opportunity to make a difference in the lives of many people they serve. If we examine health reform proposals through the lens of social work principals, we can begin to identify the practical impact each could have on people and institutions in our community. The profession cannot be absent from the debate. Lawmakers have come to expect and welcome our participation.

Social work principles relevant to health reform proposals:

- Mental health parity with somatic health
- Equal access to services: age, race, religion, disability, sexual orientation, economic status, immigration status
- Patient participation in health care decisions

- Culturally respectful, linguistically appropriate and compassionate care
- Promotion of economic, social, occupational and environmental policies that contribute to maintaining health [wellness]
- Consumer-dedicated and community-based health care systems
- Access to a comprehensive continuum of care, including supportive long-term and end-of-life care
- Focus on all the needs (medical and non-medical) of a person or family [holistic approach]
- Confidentiality in treatment/services
- Maintaining continuity of care
- Coordination of mental health and substance abuse treatment
- Use of qualified professional social workers to: assess/diagnose, develop & manage care plans, access resources, advocate for patients' needs ❖



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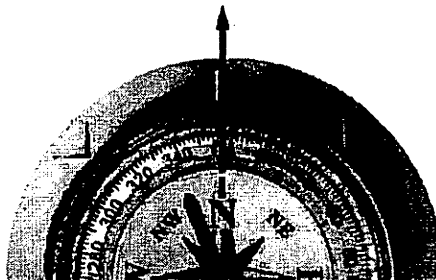
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American Board Of Examiners In Clinical Social Work

A Suggestion from CSWI for That "Windfall" Tax Rebate

As it begins the training of its third class of students, The Clinical Social Work Institute is entering a new phase of development. Expansion will include more space, more staff, and new equipment such as computers, printers, and furniture. Additional operating capital is needed to keep the dream of higher education for clinical social workers moving forward. CSWI suggests that social workers consider sharing half of that unanticipated windfall, the tax rebate, with the Institute. Collectively, it could make a real difference. ❖

Seeking New Mentors!

If you have two years post advanced licensure (LCSW, LCSW-C, LISW and/or LICSW) please give back to the profession and be a mentor!

Call Sarah Tyler
703-288-2949
for more information

GWSCSW Listserve

by Joel Kanter

After an inauspicious beginning, the GWSCSW listserv has been running smoothly for the past nine months with over 200 participants. Listees may receive one or two messages daily, and none have attachments. Thus there is no need to worry about an overloaded email box. Topics have included meeting announcements, information about jobs and available office space, clinical concerns and issues regarding managed care, queries and responses such as where to get HCFA 1500 forms, and more.

If you would like to participate, send me an email at joelssmd@juno.com and I'll sign you on. Membership in the group and access to the archives is limited to members of the Society.

To post a message, the email address is gwscswweb@yahoo.com (no attachments please).

Note that we also have a website at www.cswsgw.org with information about the history of GWSCSW, membership, benefits, and other items of professional interest. ❖

Clinical Ph.D Program

The Clinical Social Work Institute, Inc.



The Clinical Social Work Institute offers a clinically-based Ph.D. program consisting of three major interlocking components:

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website:www.wdc-cswi.org



Susan Drobis, LCSW
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Natalie Shaw, LCSW

2001/02 WEEKEND WORKSHOPS

- ◆ Using Imagery in Therapy - Oct 12/13
- ◆ Ego State Psychotherapy - Nov 30/Dec 1
- ◆ Enlivening & Inspiring the Therapist - Feb 2/Apr 6
- ◆ Using Imagery w/ Couples & Groups - March 1/2
- ◆ The Mind/Body Connection - May 3/4

2001/02 COURSES

- ◆ Using Imagery in Therapy: A Comprehensive Experiential Course For Practicing Clinicians
- ◆ Ego State Psychotherapy Clinical Case Seminar
- ◆ Imagery Clinical Case Seminar

Courses in Chevy Chase, McLean, Tenleytown
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call (703)821-0761

Peggy Papp And Monica McGoldrick at UMSSW Seminars**26 Workshops Offered at UMSSW in Baltimore, 10 at Montgomery County Campus**

The Office of Continuing Professional Education at the University of Maryland School of Social Work (UMSSW) has announced two upcoming seminars in addition to the Fall 2001 schedule of workshops.

Internationally renowned therapist Peggy Papp, MSW, CSW, of the Ackerman Institute for the Family, will be presenting the Fall 2001 Seminar entitled *Couples on the Fault Line: New Directions for the Therapist* on September 14 at the School of Social Work campus in Baltimore.

The Winter 2002 Seminar will be presented on January 18 by Monica McGoldrick, MA, MSW, director of the Multicultural Family Institute in Highland Park, New Jersey, and author of *Revisioning Family Therapy: Face, Culture and Gender in Clinical Practice*. The Baltimore campus is also offering an assortment of twenty-six one-day workshops, plus three certificate programs (Child and Adolescent Treatment, Human Services Management, and Divorce Mediation).

At the Montgomery County campus at Shady Grove Center, the workshops this fall will focus on Addictions/Task Groups, Rebuilding the Marital Connection, Child-Centered Play Therapy, Sexual Orientation Issues, Anger Management, Imagery in Psychotherapy, Adult Survivors/Sexual Abuse, The Healing Journal, Supervision, and Interest-Based Negotiation.

Workshops are also offered in Western Maryland and on the Eastern Shore. For more information or to request the brochure, call 410/706-1839. ❖

**Are you peppy, clever, spirited...
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Clinical Social
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ABE Update

The American Board of Examiners in Clinical Social Work (ABE) current priority activities are the development of position papers in five areas of specialty practice, research into the state of graduate education, and broadening the base of Board Certified Diplomate practitioners.

ABE supports clinical social work through advocacy with consumer organizations, payor systems, Congress, and the courts (co-filing briefs). ABE also maintains the BCD website, www.abecsw.org, which, in addition to membership information and descriptions of ABE's programs, includes position papers, newsletter, job postings, and on-line continuing education. (See below for new CE offerings.) ❖

Ethics and Violence are Topics of New Online Courses

The OnLine Continuing Education Center, sponsored by the American Board of Clinical Social Work in partnership with continuedlearning.com, has added six new courses to its selection of continuing education programs. These courses are valid for state-licensing requirements.

ETHICS III Client billing, collections, gifts, money issues. Produced by On Good Authority, 3.0 credits.

ETHICAL AND CLINICAL ISSUES FOR THERAPISTS WORKING IN THE LEGAL SYSTEM Produced by Planet Therapy, 2.5 credits.

ETHICAL CONSIDERATIONS IN THE WRITING OF PSYCHOANALYTIC CASE HISTORIES Produced by PsyBC, 1.0 credit.

THE ROOTS OF VIOLENCE Integrated model using theories of Adler, Stoller, dialectical social systems, Klein and Bion, applied to the Columbine High School Massacre. Produced by PsyBC, 3.0 credits.

MALE PERPETRATORS OF VIOLENCE AGAINST WOMEN: AN ATTACHMENT THEORY PERSPECTIVE Produced by PsyBC, 2.0 credits.

THE PSYCHOANALYSIS OF VIOLENCE Genesis of violence in relation to psychic reality and sense of self in early development. Produced by PsyBC, 1.0 credit.

To learn more, visit ABE's OnLine Continuing Education Center at www.abecsw.org. ❖

For All Members

Call the
Federation Hotline
(800) 270-9739

your link to our...

- **Marketing Specialist**
for advocacy, information and assistance with managed care and insurance
- **Forensic Specialist**
for consultation regarding clinical social work and the law
- **Public Relations Specialist**
for assistance with press, radio, TV and media issues and the professional image of clinical social work
- **New Clinicians Specialist**
for mentorship, advisement and other issues for new clinicians

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ALL CALLS ARE CONFIDENTIAL

Dr. Kay Redfield Jamison at Conference Co-Sponsored by Maryland Society for Clinical Social Work Guild

The 13th Annual Maryland Suicide Prevention Conference on Thursday, October 11, at Martin's West in Baltimore, is being sponsored by the Maryland Mental Health Association in partnership with the Maryland Society for Clinical Social Work-Guild 49, AFL-CIO, and other mental health organizations. The keynote speaker will be Dr. Kay Redfield Jamison, author of *An Unquiet Mind* and nationally recognized expert in the field of manic-depressive illness. The Conference will give attendees the opportunity to network with fellow professionals and to focus on Sexual Trauma and Suicide, Suicide Prevention in Custodial Care Facilities, Stigma, ER Treatment of Suicide Patients, and Psychological Autopsies.

For more information about the Conference, call 410-235-1178 ext. 203 or contact conference co-chair Christine McKee by email at cmckee@mhamd.org. ❖

Would you like to have a Mentor?

Do you know someone who would benefit from having a Mentor?

The Mentor Program is free to members of GWSCSW and \$10 for non-members. Non-members can apply this \$10 towards membership fees!

Individual mentors and groups are available.

For more information, call
Sarah Tyler
703-288-2949

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Continuing Education Courses Committee

Dolores S. Paulson, DSW, Chair

The new exciting course schedule for 2001-2002 is in your hands. Registrations are rolling in. Please note that in February 2002, an ethics course entitled "Ethical Dilemmas" is offered. This course fulfills the new Virginia legislature requirement for two hours of continuing education in ethics. Your registration is invited for this and all other courses. ❖

VISIT OUR WEBSITE: www.csmsgw.org

NMCOP Corner

by Audrey Walker

The National Membership Committee on Psychoanalysis in Clinical Social Work (NMCOP) is an affiliate of the Clinical Social Work Federation and welcomes all GWSCSW members. We sponsor a biennial national conference, publish a lively newsletter and conduct various local programs, all with the goal of promoting the use of psychoanalytic theory within social work practice. Last March, the NMCOP sponsored a "Dynamic Social Work" conference in Arlington, Virginia, which attracted over 80 participants to explore how analytic theory could be applied in community settings. The keynote speaker was Vivian Shapiro, who offered an evocative remembrance of her work with Selma Fraiberg treating at-risk infants and mothers, which served as the basis for the classic paper they co-authored, "Ghosts in the Nursery."

On March 7-10, 2002, the NMCOP will be holding a national conference in Chicago: *Representations and Re-Presentations: Psychoanalytic Reflections*. This promises to be an excellent meeting with such renowned speakers as Jessica Benjamin, Arnold Goldberg, Eda Goldstein, Jean Sanville, Vivian Shapiro and Alex Kotlowitz (author of *There are No Children Here*). Presenters from our local group will include Joel Kanter, Kerry Malawista, Golnar Simpson and Diane Dowling. Information on this conference is available by calling 630-241-2383; email bmeltonassoc@earthlink.net, or on our website at www.nmcop.org

For more information on our organization and local programs, call me at 202-331-1547. ❖

Advertising in the GWSCSW News

The GWSCSW News is published quarterly (March, June, September and December) and distributed by mail to members of the Society and other subscribers. Revenue from advertising pays the cost of producing and distributing the newsletter.

Advertising falls into two categories:

Classified ads are text-only listings. They are generally for office space, positions available, groups, programs or events. They are charged by the word (75¢/word) and should be emailed to malevin@erols.com. Checks for the ads should be mailed to: GWSCSW, PO Box 75417, Washington DC 20013.

Display ads can include text and graphics, and are sold in blocks—half-page, quarter-page, etc. They can be submitted either camera-ready (in EPS or PDF format) or can be designed for you. Please address all questions about display advertising to Margot Aronson, 202-966-7749, or malevin@erols.com. See the information at the top of page 15 for costs and sizes.

We will no longer be compiling complimentary calendar listings. However, if you feel your program or event is newsworthy and of general interest to the membership of the Society, please contact Margot Aronson (malevin@erols.com) to discuss its possible inclusion as a short article.

Deadlines for advertising are the same as the general deadline for each issue: the first of the month prior to the month of publication (i.e., November 1 for the December issue). ❖

GWSCSW Course Offerings 2001-2002

The following are the 2001-2002 course selections being offered by the Continuing Education Courses Committee of the GWSCSW. Considerable attention has been given

to insure that the topics meet the needs and interests of the clinical social work community. The program's focus is clinical. Non-Clinicians will be admitted to classes at the discretion of the instructor.

This year we are offering courses which have been especially designed for recent MSW graduates as well as members beginning a new interest. These courses are starred (☆). Please note, fees are reduced by 50% for members who received their MSW within the last 5 years. Some scholarship funds are available.

As in the past the Advanced Supervision course will be taught throughout the academic year. Licensed social workers employed in agencies or in private practice have found this course to be a valuable source of the skills and knowledge needed for supervision. Expanding private practice to include supervision can be a seasoning and enriching experience.

Participants will be issued a Certificate of Attendance at the conclusion of each course which will document the hours attended. CEUs are available.

Many of the courses fill up quickly. Priority in registering is given to GWSCSW members. In the event that a course is being offered for the second time, preference will be given to first time registrants. If you have any questions regarding a particular course please contact the instructor. Please call the Chair for scholarship information.

Dolores S. Paulson, DSW, Chair
Continuing Education Courses Committee
(703) 790-0786

CIRCLE OF SUPPORTING FRIENDS

Jon Frederickson
Marilyn Stickle
Marion Usher
Linda Levine
Audrey Thayer Walker
Dolores S. Paulson
Alice Kassabian
Connie Hendrickson

FALL & SPRING SEMESTERS

■ The Art of Supervision

This is a two semester course providing intensive training in the supervision of social workers. The course provides in-depth understanding of the supervisor-supervisee working relationship. It is designed to improve the knowledge and skills of licensed supervisors who train MSW-level social workers employed in social service agencies, hospitals, community mental health centers, schools, psychotherapy practice etc. The course consists of fifteen one and three quarter hour didactic seminar sessions and fifteen one and one half hour individualized experiential consultation sessions. Application deadline is September 15, 2001.

Constance Hendrickson, DSW, LICSW
3000 Connecticut Ave, NW #201
Washington D.C. 20008
(202) 332-0134

Every other Friday, 2:00 - 3:45 PM
Begins September 28, 2001
\$1,200 (total) for both semesters

FALL SEMESTER

☆ Introduction to EAP Work

Employee Assistance Programs continue to grow in number and size in large industries, universities and small companies. Since their inception in the 1970s, the value of these confidential programs has become increasingly essential to managers of organizations for both employee and organizational health. Employee Assistance Programs must be responsive to ever-changing needs of the 21st century work force. This four session introductory course will cover the rich history of the field, the diverse types of program models, the elements required to establish a start-up program, and a supervisory training video.

Lee M. Smith, DSW, LICSW
George Washington University
2112 F Street, NW, Suite 501
Washington, DC 20052
(202) 676-2002

Tuesdays, 5:00 PM - 6:30 PM
4 sessions, begins October 2, 2001

Members: \$90
Non-Members: \$150



A Map of the World by Jane Hamilton

Jane Hamilton entices us into the peaceful and predictable life of Alice, a mother, wife and neighbor, whose life is shattered through a horrific accident involving her neighbor's child. Alice is implicated in this as well as an incident that occurs at the school for which she works. She is unable to recall her whereabouts during the passage of these events. Together we can explore the dissociative aspects of Alice's personality and behavior. Is she responsible for these horrible episodes? Can we rely on a child's report of abuse? This seminar will explore these challenging psychological and forensic issues.

Beth Isen, MSW, LCSW-C
Clinical Social Work Institute
5028 Wisconsin Avenue, Suite 410
Washington, DC 20016
(301) 229-7130

Tuesday, 7:00 PM - 9:00 PM
1 session on October 2, 2001

Members: \$30
Non-Members: \$50

☆ The Whys and Wherefores of the Therapeutic Frame

The Therapeutic Frame is an underlying principle of psychotherapy. It applies to establishing the therapeutic relationship and endures throughout the therapeutic process. This course will concentrate on how to establish the frame and the effects on both the patient and the therapist. A variety of psychological and philosophical ways of thinking about the frame will be examined.

Ruth Neubauer, MSW, LICSW
5225 Connecticut Ave. NW #704
Washington, DC 20015
(202) 364-4929

Fridays, 1:00 PM – 3:00 PM
3 sessions, begins October 5, 2001
Members: \$90
Non-Members: \$150

■ Thought Field Therapy Simplified: The Emotional Freedom Technique

The Emotional Freedom Technique (EFT) is a simplified version of TFT and can be thoroughly learned in one day. It is used in the treatment of anxiety, depression, anger, fears and phobias, traumas, and other emotional illnesses. This course will prepare participants to integrate EFT into their clinical practice.

Debby Vajda, MSW, LCSW-C
Somerset Meeting Hall
4510 Cumberland Avenue
Chevy Chase, MD 20815
(301) 340-8650

Friday, 10:00 AM – 5:00 PM
1 session, October 5, 2001
Members: \$105
Non-Members: \$175

■ Getting Published

You're intrigued, maybe passionate, about some issues or ideas and want to develop and advance your concepts by writing about them. Or maybe life as a therapist has bestowed on you the outline for a novel. How do you move from this embryonic stage to seeing your work in print? Getting Published is a two-part course for mental health professionals who are considering writing as a way of speaking to a larger audience. We will examine writing skills, markets, "voice", resources, proposals and procrastination. The number of participants will be limited in order to facilitate mentoring, feedback, and personal encouragement for each participant.

Emily M. Brown, MSW, LCSW
Key Bridge Therapy and Mediation Center
1925 North Lynn Street, Suite 700
Arlington, VA 22209
(703) 528-3900

Thursdays, 12:00 NOON to 3:00 PM
2 sessions, begins October 18, 2001
Members: \$60
Non-Members: \$100

■ Thought Field Therapy: The Diagnostic Process

This one day seminar, which builds on the previous TFT seminar, will teach you how to use Energy Psychotherapy with your more challenging clients. Pre-requisite: Thought Field Therapy Simplified or individual approval by instructor.

Debby Vajda, MSW, LCSW-C
Somerset Meeting Hall
4510 Cumberland Avenue
Chevy Chase, MD 20815
(301) 340-8650

Friday, 10:00 AM – 5:00 PM
1 session, October 19, 2001
Members: \$105
Non-Members: \$175

■ Helping Patients Relinquish Defenses

This course will use videotaped sessions to help therapists learn how to help patients identify and relinquish the defenses that block emotional experience. Therapists will learn how to help patients recognize and analyze their defenses, how to help patients regulate the anxieties aroused by warded off feelings, and how to help patients experience and work through feelings which they have traditionally warded off. Each session will be organized around watching and analyzing a videotaped session that illustrates the principles presented in the readings.

Jon Frederickson, MSW, LICSW
1844 47th Place, NW
Washington, DC 20007
(202) 986-4575

Thursdays, 7:30 PM to 9:00 PM
4 sessions, begins Nov. 8, 2001
Members: \$90
Non-Members: \$150

📖 Emotional Alchemy by Tara Bennett-Goleman

In the Middle Ages, alchemists sought to transform lead into gold. Author Tara Bennett-Goleman suggests that emotional alchemy is possible and demonstrates the process in this book. Weaving together the latest neuroscience research and traditional Buddhist wisdom, she shows us how to transform painful affect into peacefulness and compassion for the self and others. Discussion will focus on clinical interventions that transform the neural pathways of the brain.

Marilyn Stickle, MSW, LCSW
5319 Lee Highway
Arlington, VA 22207
(703) 790-0232

Friday, 12:30 PM – 2:30 PM
1 session, November 30, 2001
Members: \$30
Non-Members: \$50

SPRING SEMESTER

📖 Amy and Isabelle by Elizabeth Strout

This seminar will explore the myriad bio-psychosocial issues raised by Elizabeth Strout's "ruthlessly intimate" accounting of a mother and daughter relationship. Can broken hearts (the wounded self) be mended? Can transformation (redifferentiation) arise from a pathological crises? The normal adolescent process within the mother / daughter dyad, complications within the single parent family, adolescent strivings and maternal repression, family secrets, and the role of shame in pathological and normal development will be discussed. This deceptively matter-of-fact straightforward readable novel contains passionately revealing and sophisticated insights into human behavior.

Audrey Thayer Walker, MSS, LICSW
Three Washington Circle NW #406
Washington, DC 20037
(202) 331-1547

Friday, 2:30 PM – 4:00 PM
1 session, January 25, 2002
Members: \$30
Non-Members: \$50

■ Ethical Dilemmas

This course will raise and review ethical questions the clinician faces in the course of practice. Questions will be analyzed and understood based on the *Clinical Social Work Federation's Code of Ethics* and texts of Frederic G. Reamer. Students are encouraged to bring into class ethical dilemmas they encounter.

Constance Hendrickson, DSW, LICSW
Dolores S. Paulson, DSW, LICSW
3000 Connecticut Ave, NW, #201
Washington, DC 20008
(202) 332-0134 or (703) 790-0786

Friday, 10:00 AM to 11:30 AM
2 sessions, begins February 1, 2002
Members: \$45
Non-Members: \$75

 **Lying on the Couch by Irving Yalom**

In this zany book about therapy Irving Yalom introduces us to a cast of characters whose analytic work is beset by professional and ethical choices. In the telling of the story he makes this funny and engrossing while depicting the politics within a professional community, the personal lives of the therapists and how this effects the work in the consulting room. He also takes us into the daily lives and therapy sessions of the people they treat. This book will give us an opportunity to discuss the myriad issues in a typical therapy session; issues which confront our training, ethics and better judgment.

Stacia Super, PhD, LCSW-C
2 Wisconsin Circle, Suite 210
Chevy Chase, MD 20815
(301) 656-8336

Thursday, 7:00 PM 9:00 PM
1 session, March 28, 2002
Members: \$30
Non-Members: \$50

☆ **Getting to the Heart of the Matter: Essential Elements in Psychodynamic Psychotherapy**

This course will provide through reading and discussion a brief review of key theoretical concepts informing the practice of psychodynamic psychotherapy, then turn to fundamental issues of therapeutic technique. Highlights of drive, ego, object and self psychology approaches will be considered. Concepts such as transference, countertransference, resistance, insight and interpretation will be presented. Practical issues such as boundaries, fees and ethics will be explored.

Diane Rainey, PhD, LCSW
2112 A Gallows Road
Vienna, Virginia 22182
(703) 734-1103

Fridays, 1:00 PM to 3:00 PM
4 sessions, begins April 5, 2002
Members: \$120
Non-Members: \$200

■ **Termination: Issues Raised in Saying Goodbye**

Termination is both a phase of therapy and a definition of the process. This course will look at the implications on termination from the point of view of countertransference, and the therapeutic frame. How do we say goodbye? What does it evoke for the patient? For the therapist? Clinical material, readings, film, music and poetry pertinent to endings will be included.

Ruth Neubauer, MSW, LICSW
5225 Connecticut Ave, NW #704
Washington, DC 20015
(202) 364-4929

Fridays, 1:00 PM – 3:00 PM
5 sessions, begins April 12, 2002
Members: \$150
Non-Members: \$225

■ **Women and Anger**

To acquaint clinical social workers with core concepts from theory and research on neurobiology, that together with a consideration of social / cultural factors, aids in our understanding of women's expressions of anger.

Danille Drake, MA, MSW, LCSW-C
Jessica Brown, MD
7021 Buxton Terrace
Bethesda, Maryland 20817
(301) 320-5659

Friday, 12:00 PM to 4:00 PM
1 session, June 7, 2002
Members: \$60
Non-Members: \$100

GWSCSW COURSES REGISTRATION FORM

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone (_____) _____ Office Phone (_____) _____

Social Security No. _____ - _____ - _____ Number of Years in Practice _____

Courses Desired:	Member Fee	Non-Member Fee
_____	\$ _____	\$ _____
_____	\$ _____	\$ _____
_____	\$ _____	\$ _____

Amount Enclosed: (make check payable to GWSCSW) \$ _____ \$ _____

Please return to: Dolores S. Paulson DSW • The Ashford Center • 7643 Leesburg Pike • Falls Church, Virginia 22043

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UPDATE FORM FOR CHANGES IN NEW DIRECTORY

If you have changes to make to your listing in the GWSCSW Directory: 1) fill in your name, 2) enter those changes in the appropriate field(s) below, 3) leave all other items blank, and 4) write "delete" in the spaces where you want information deleted from the directory. DO NOT complete the whole form—complete only those items which need correcting. PLEASE PRINT using upper and lower case. Some errors in the past have been due to problems with legibility. Due to the large volume of entries we do not have time to call to clarify information we can not decipher. If you have more than two offices, please duplicate the form for that information. This is the final call for changes for the new directory.

Last Name _____ First Name _____ MI _____

MSW School _____ Yr _____

DSW /PhD School _____ Yr _____

Office: Street Address _____ Phone (_____) _____
City / State _____ Zip _____

Office: Street Address _____ Phone (_____) _____
City / State _____ Zip _____

Home: Street Address _____ Phone (_____) _____
City / State _____ Zip _____

E-mail address _____ Fax (_____) _____

Special Skills and languages _____

Legislative Districts: State _____ Senate _____ Delegate _____

CHECK ALL THAT APPLY:

Private Practice: [] Full Time Practice [] Part Time Practice [] Handicapped Accessible
[] Day [] Evening [] Saturday Hours [] Sunday Hours

Age Range in Practice: [] Children [] Adolescents [] Adults [] Geriatrics

Treatment Modalities Used: [] Individual [] Group [] Couples [] Family

Case Management: [] Supervision [] Consultation

Licensure Jurisdiction: [] DC [] VA [] MD

Board Certified (BCD): [] Yes [] No

Please return ASAP! Thank you!

MAIL to: GWSCSW, PO Box 75417, Washington, DC 20013 • FAX to: 301-261-6415

LAST CHANCE TO UPDATE YOUR INFO BEFORE THE NEW DIRECTORY IS PUBLISHED!

ADVERTISEMENTS

Advertisements, accompanied by full payment, must be received in writing by the GWSCSW by the first of the month preceding publication. Material should be sent to GWSCSW, PO Box 75417, Washington DC 20013 or malevin@erols.com. For questions about advertising, please call Margot Aronson, 202-966-7749.

Classified Ads: 75¢ per word
Minimum price \$15 (20 words)

Display Ads: Full page 7½ x 9¼.....\$300 Half page..... \$175
Quarter page 3½ x 4½\$100 Horizontal: 7½ wide by 4½ high
Eighth page 3½ x 2¼\$ 50 Vertical: 3½ wide by 9¼ high

Size of display ads indicated above is width by height. These are the only sizes that will be accepted.

Publication does not in any way constitute endorsement or approval by GWSCSW which reserves the right to reject advertisements for any reason at any time.

OFFICE SPACE

CLEVELAND PARK METRO: Attractive, bright newly decorated office; part time, flexible scheduling, reasonable rates. 202-966-1383

DUPONT CIRCLE OFFICE: Attractive psychotherapy office available Wednesdays and Fridays (weekends optional), great building, waiting room, bathroom, near Metro. Call Susan Lieberman 202-299-0059.

NW DC: Psychotherapy office to sublet Thursdays and Mondays. Quiet, comfortable, well equipped, and large enough for groups. 3000 Connecticut Avenue, NW (accessible by Metro and Bus). Use of kitchen, bathroom and reserved parking. Call Hendrickson, 202-332-0134.

McLEAN, VA: Ideal psychotherapy offices. Three window, one interior, great location, easy parking. Call Liza H. Gold, MD, 703-734-3388.

RESTON, VA: Sunny, windowed office space available with other mental health practitioners. Professional building eight minutes from Beltway, convenient to Dulles Toll Road. Handicap accessible. Part or full-time, available September 1st. Call Charles Burt, Ph.D., 703-471-4123.

GROUPS

PSYCHOTHERAPY & PSYCHOANALYSIS at affordable fees is available to children, adolescents and adults through the Washington, D.C. and Baltimore Clinics of the Baltimore-Washington Institute for Psychoanalysis, Inc. For information, please call 301-470-3635 or 410-792-8060.

ADOLESCENT GROUPS: Seven evening groups currently meeting in Rockville. Ages 13-18. Effective, quality treatment. Call Britt Rathbone, LCSW-C, at 301-230-9490.

SUPERVISION

BETHESDA SUPERVISION GROUP: Experienced group of therapists has one opening for an additional participant (total number is 4). Group leader is Michael Stadter, PhD. Supervision is from an object relations perspective with special emphasis on therapist's use of self. **TIME:** Wed. 4:00-5:30 PM every other week. **LOCATION:** 2½ blocks from Bethesda Metro Station. **FEE:** \$65/session. For more information call 301-656-4778 or mikstadter@aol.com.

PROGRAMS & EVENTS

INTRODUCTION TO PSYCHOANALYSIS: CASE CONFERENCE SEMINAR offered by Washington Psychoanalytic Society to clinicians interested in psychodynamic thinking and psychoanalytic treatment. The 10-week seminar will focus on an ongoing psychoanalytic case. Participants will be mentored by an analyst from the Society. Call Joyce Burke, 202-338-5453.

CONTINUING EDUCATION SERIES The Child Center and Adult Services announces its fall schedule: October 12, *Post Partum Depression*, Ralph Wittenberg, MD; October 26, *Women's Mental Health Issues from Menarche to Menopause*, Peggy Baker, MD; December 7, *Eating Disorders from Childhood through Adulthood*, Kay Abrams, Ph.D. For information and registration forms, call 301-978-9750.

A CONVERSATION WITH MICHAEL EIGEN, PH.D., Fri., October 19, 2001, 8-10 PM, in N.W., D.C. A small group discussion, limited to 15 people. \$100/person. Mail check, payable to Michael Eigen, to: ICP&P, 3000 Connecticut Ave., N.W., #108A, D.C. 20008. Info: 202-686-9300x4.

The Institute of Contemporary Psychotherapy & Psychoanalysis presents **MICHAEL EIGEN, PH.D.: DAMAGED BONDS-TOXIC NOURISHMENT**, Saturday, October 20, 2001, 8:30 AM-12:30 PM at Reid Foundation, 1319 18th St., NW, DC. \$60 nonmembers, \$50 members, \$20 students. Mail check, payable to ICP&P, to: ICP&P, 3000 Connecticut Ave., N.W., #108A, D.C. 20008. Info: 202-686-9300x4.

INTRODUCTION TO IMAGO RELATIONSHIP THERAPY, an 8-session course offered by Gloria J. Mog, LCSW in Falls Church, Va. The small group seminar will meet on Thursdays 10:00 AM-12 NOON, beginning September 27. Participants will learn the basics of Imago theory and practice and will be exposed to several of the processes used in Imago Relationship Therapy for couples. For more information or to receive a flier, call Gloria at 703-550-4164.

UPCOMING PROGRAMS sponsored by the Baltimore-Washington Society for Psychoanalysis, Inc. Call for details and directions 410-792-8060 or 301-470-3635. September 15: *The Toddler Terrorist: Observations on the Development of the Aggressive Drive*, Speaker, Ruth Karush, MD, Discussant, Charles Parks, PhD, 5:00-6:30 PM November 10: *Analytic Trust*, Speaker, Steven Ellman, MD, Discussant, James C. Miller, PhD, 5:00-6:30 PM.

HIV PREVENTION COUNSELING: THE FUNDAMENTALS, 8:00 AM-4:45 PM, September 26 & 27 OR October 30 & 31. \$50. INOVA Juniper Program, HIV Clinical & Education Services, 703-204-3780

Greater Washington Society for Clinical Social Work

P.O. Box 75417
Washington, DC 20013

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Directory Update

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Fax 703-841-2572

CHANGES

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Patricia Y. Braun

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Hannah Craven

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Robert R Gerlits

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Sterling Hawkins

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Email thoughtprint@aol.com

Margaret C. Isenstein

No office phone (retired)

Susan H. Johnston

Office 703-309-3077

Beulah A. Levy

Office 703-356-8994
Email beulahalevy@aol.com

Ann C. Lin

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Silver Spring MD 20903

Patrice Monell-Goncz

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Fax 703-385-8353

Joan Pedersen

Office 202-387-3115

Heather Quinlan

Office 202-320-7335

E. Anne Riley

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Isabel Scharff

Email Isabelscharff@aol.com

James R. Schmidt

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Fax 703-558-6771
Email jamesrschmi@aol.com

Eileen C. Selz

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Dr. Frances Simsarian

5429 Cathedral Ave NW
Washington DC 20016

Wendy J. Zack

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Home 703/549-4466
703/408-1880
Email psywjz@gwumc.edu

Please send Directory changes to:

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Last chance to make changes in new directory. See page 14.